WEDNESDAY
BOOKS
Choose Wonder Over Worry

Move Beyond Fear and Doubt to Unlock Your Full Potential

Amber Rae

From the powerhouse Mind Body Green calls "the Brené Brown of Wonder" comes a self-help book that will reframe the way we look at ourselves and the world, and help us reach our full potential.

Wonder is what we’re born with. Worry is what we learn.

Has fear or worry ever stopped you from doing something you love? Has that pesky voice in the back of your mind ever told you that you aren’t good enough, smart enough, or talented enough to realize your dreams? Have you ever felt like an imposter in your own life?

Now is the time to stop letting worry define you. Amber Rae—a world-traveling motivational speaker, teacher, and artist who has inspired countless people across the globe—wants you to reclaim your sense of wonder, live courageously, speak your truth, and unlock your full potential.

CHOOSE WONDER OVER WORRY is your official invitation to face your fears, navigate your discomfort, and rewrite the "worry" narratives in your mind that keep you from being your best and truest self. This guide walks you through the origins of worry and wonder, teaches you to listen to your emotions rather than silence them, and encourages you to rethink the ways in which you view yourself and the world. Through a thoughtful blend of vulnerability, soulfulness, and science, Amber Rae teaches you how to express the fullness of who you are and everything you have to offer the world.

You don’t have to be held back by worry when wonder awaits you every moment of every day.

Worry or Wonder: which will you choose?

PRAISE

"What Brené Brown is to vulnerability, Amber Rae is to wonder. She’s a real, living, breathing wonder-woman." —Mind Body Green

"This book is a gift. If you're lucky enough to read it once, you'll probably read it ten times, and then buy copies for all the people you care about." —Seth Godin,
New York Times bestselling author of Linchpin

AMBER RAE is an author, artist, and speaker devoted to inspiring people to express the fullness of their gifts. Her writing has reached over 5 million people in 195 countries, her public art has spread to over 20 countries, and she’s spoken to and collaborated with brands like Kate Spade, Apple, Amazon, and Unilever. She’s been featured in The New York Times, TIME, Fast Company, BBC, ABC World News, Tim Ferriss’s blog, and more. She lives in Brooklyn and around the world.
How I Resist

Activism and Hope for a New Generation

Tim Federle and Maureen Johnson

An all-star collection of essays about activism and hope, edited by bestselling YA authors Tim Federle and Maureen Johnson.

Now, more than ever, young people are motivated to make a difference in a world they're bound to inherit. They're ready to stand up and be heard - but with much to shout about, where do they begin? What can I do? How can I help?

How I Resist is the response, and a way to start the conversation. To show readers that they are not helpless, and that anyone can be the change. A collection of essays, songs, illustrations, and interviews about activism and hope, How I Resist features an all-star group of contributors, including, John Paul Brammer, Libba Bray, Lauren Duca, Modern Family's Jesse Tyler Ferguson and his husband Justin Mikita, Alex Gino, Hebh Jamal, Malinda Lo, Dylan Marron, Hamilton star Javier Muñoz, Rosie O'Donnell, Junauda Petrus, Jodi Picoult, Jason Reynolds, Karuna Riazi, Maya Rupert, Dana Schwartz, Dan Sinker, Ali Stroker, Jonny Sun (aka @jonnysun), Sabaa Tahir, Shaina Taub, Daniel Watts, Jennifer Weiner, Jacqueline Woodson, and more, all edited and compiled by New York Times bestselling author Maureen Johnson and Lambda-winning novelist Tim Federle.

In How I Resist, readers will find hope and support through voices that are at turns personal, funny, irreverent, and instructive. Not just for a young adult audience, this incredibly impactful collection will appeal to readers of all ages who are feeling adrift and looking for guidance.

How I Resist is the kind of book people will be discussing for years to come...

Maureen Johnson is the New York Times bestselling author of over a dozen YA novels, including 13 Little Blue Envelopes, The Name of the Star, and Truly Devious. She is also the co-host of the political podcast Says Who and lives in New York City.

Tim Federle is an award-winning writer whose works include the New York Times Notable Books The Great American Whatever and Better Nate Than Ever, and the global bestseller Tequila Mockingbird: Cocktails with a Literary Twist. He lives in New York City.
Smothered

Autumn Chiklis

A humorous debut crossover young adult novel about what happens when entering the "real world" means moving back in with your mother, inspired by actress and celebrity Autumn Chiklis' real life.

Eloise “Lou” Hansen is graduating from Columbia University summa cum laude, and she's ready to conquer the world. Just a few minor problems: she has no job, no prospects, and she’s moving back into her childhood bedroom. Lou is grimly determined to stick to a rigorous schedule to get a job and get out of her parents’ house. Shelly “Mama Shell” Hansen, on the other hand, is ecstatic, and just as determined to keep her at home. Who else will help her hide her latest binge-shopping purchases from her husband, go to SoulCycle with her, and hold her hand during Botox shots?

Smothered is a hilarious roman à clef told via journal entries, text messages, emails, bills, receipts, tweets, doctor’s prescriptions, job applications and rejections, parking tickets, and pug pictures, chronicling the year that Lou moves back home after college. Told from Lou’s point-of-view, Smothered tells the story of two young(ish) women, just trying to get it right, and learning that just because we all grow up doesn’t mean we necessarily have to grow old. (After all, what is Juvaderm for?)

PRAISE

"The next great female writer and millennial Hollywood voice, Autumn Chiklis' glimpse into, and realization of, the mom and adult daughter dynamic of today is altogether entertaining, accurate, poignant, startling, educational and INCREDIBLY hilarious. This is a must read enabling you to say you discovered her first!" —Maria Menounos, actress and television host

"Autumn Chiklis' debut novel Smothered is a hilarious, gimlet-eyed, and affectionate take on the familial catastrophes that occur when a recent college grad moves back home with her helicopter mom. Whether you have a mother, are a mother, or know a mother, you will love and laugh 'til ..."
Sky in the Deep

Adrienne Young

In this stunning debut, a young Viking warrior must challenge everything she's been taught in order to survive and protect those she loves.

A lush and vivid debut that is part Wonderwoman part Vikings and all action and heart.

Raised to be a warrior, seventeen-year-old Eelyn fights alongside her Aska clansmen in an ancient, rivalry against the Riki clan. Her life is brutal but simple: fight and survive. Until the day she sees the impossible on the battlefield—her brother, fighting with the enemy—the brother she watched die five years ago.

Faced with her brother's betrayal, she must survive the winter in the mountains with the Riki, in a village where every neighbor is an enemy, every battle scar possibly one she delivered. But when the Riki village is raided by a ruthless clan settling in the valley, Eelyn is even more desperate to get back to her beloved family.

She is given no choice but to trust Fiske, her brother's friend, who sees her as a threat. They must do the impossible: unite the clans to fight together, or risk being slaughtered one by one. Driven by a love for her clan and her growing love for Fiske, Eelyn must confront her own definition of loyalty and family while daring to put her faith in the people she’s spent her life hating.

PRAISE

"With THE SKY IN THE DEEP, Adrienne Young has brought to life fascinating, multi-dimensional characters in a starkly beautiful world. Everything is rich and evocative. The ice melts against your skin at the same time the adrenaline takes hold of your heart. This is a gripping story, richly told." -- Renee Ahdieh, #1 New York Times bestselling author

Adrienne Young is a born and bred Texan turned California girl. She is a foodie with a deep love of history and travel and a shameless addiction to coffee. When she’s not writing, you can find her on her yoga mat, scouring antique fairs for old books, sipping wine over long dinners, or disappearing into her favorite art museums. She lives with her documentary filmmaker husband and their four little wildlings beneath the West Coast sun.
Odd Birds

Ian Harding

Take a look into the life of TV star Ian Harding, an actor on *Pretty Little Liars*, through the lens of his favorite past time, birding.

A 7-time Teen Choice Award Winner on Freeform’s most-watched series, *Pretty Little Liars* … A social media influencer with over 7 million followers … An avid birdwatcher? Yes, you read that correctly. Ian Harding is all of these things, and so much more. In this memoir, explore the unexpected world of a young celebrity through the lens of his favorite pastime — birding.

*Odd Birds* is more than just a Hollywood memoir or tell-all. At its heart, this book is a coming-of-age story in which Ian wrestles with an ever evolving question—how can he still be himself, while also being a celebrity. Each humorous and heartfelt story features a particular bird—sometimes literal, at other times figurative. Using this framework, Ian explores a variety of topics, including growing up, life as a television actor and nature lover, and whether it is better to shave or wax one’s chest for an on-screen love scene.

A funny and heartwarming window into Ian’s life, *Odd Birds* is a must-read for fans of nature writing and memoir alike.

PRAISE

"The author deftly interweaves both acting and nature loving into a unique group of memories and experiences." — *Kirkus Reviews*

"One of the main pleasures of *Odd Birds* is the contagion of resilience and optimism that you can't help catching yourself." — *Los Angeles Review of Books*

"Harding recounts with charm and enthusiasm his road to success as an actor and his rediscovery of the joys of birding." — *Booklist*

"Harding’s breezy memoir uses his hobby of birdwatching as a lens to muse about his career, craft and values... audiences will take away refreshing insights from a likable nature lover." — *Publishers Weekly*

Born in Heidelberg, Germany, to a US military family, IAN HARDING discovered acting at a young age. He attended Carnegie Mellon University’s School of Drama and moved to LA shortly after graduating to pursue acting and writing. He is best known for his role as Ezra Fitz on Freeform’s (formerly known as ABC Family) *Pretty Little Liars*, for which he has won seven Teen Choice awards. Ian is passionate about birdwatching and nature, and he tries to spend as much time outdoors as humanly possible.
Kissing Games
A Novel
Tara Eglington

After a perfect first kiss, Aurora's second kiss lands her boyfriend in the hospital, and her matchmaking strategies start to backfire in this sequel to How to Keep a Boy from Kissing You.

For a girl who shares her name with a princess (aka Sleeping Beauty), Aurora Skye's romantic life seems fathoms away from a fairy tale. Sure, she’s landed her prince charming, Hayden Paris. And she got her wish—one first kiss with all the knee-trembling, butterfly-inducing gloriousness she’d hoped for. But instead of happily ever after, their second kiss landed Hayden in the emergency room. If that’s not mortifying enough, the whole school is now referring to her as "Lethal Lips."

When Aurora's best friend decides to run for class president and offers up Aurora's matchmaking service as one of her campaign initiatives, the kissing games begin. Aurora has to convince everyone that her program works—but that might be hard to do when it seems like her own love life might be falling apart.

PRAISE
"Adorably sweet and full of hilarious pratfalls, this rom-com is the rare one that delivers equally on both the rom and the com!" -Jen Malone, author of Wanderlost

"Aurora’s indefatigable enthusiasm permeates Eglington’s writing, and keeps every plot twist frothy and fun, whether it involves family, boys, or the production of Much Ado About Nothing Hayden and Aurora star in. . . . Eglington celebrates female friendship and loyalty, too, and Aurora’s sunny outlook will satisfy readers looking for a romantic comedy with a dash of Shakespeare." —Publishers Weekly, on How to Keep a Boy from Kissing You

TARA EGLINGTON grew up in Byron Bay, Australia. Her hobbies when she’s not writing include watching endless cat videos on YouTube, planning pretend holidays to the Maldives, and day-dreaming about who would play Hayden Paris in a film adaptation of How to Keep a Boy from Kissing You, her first novel. She lives in Australia.
30 Before 30
How I Made a Mess of my Twenties and You Can Too
Marina Shifrin

A charming, relatable and hilarious collection of essays documenting a young woman's attempt to accomplish thirty life goals before turning thirty.

Something was nagging Marina. As a freshly minted adult with student loan payments, a barely hospitable New York apartment, a “real” job she hated that paid her enough to get by if she also worked two other jobs: something needed to change. Over a few bottles of Two Buck Chuck, Marina and her friend each made lists of thirty things they’d do before the age of thirty. The first thing on Marina’s list was, “Quit My Shitty Job.” So she did, and just like that The List powered her through her twenties.

In 30 Before 30, Marina takes readers through her list and shares personal stories about achieving those goals. Ranging in scope from the simple (Ride A Bike Over the Brooklyn Bridge; Donate Hair) to the life-changing (Move to A Different Country; Become internet Famous), each story shows readers that we don’t all have it figured out, and that’s okay. But for Marina, she did become internet famous (a viral video of her quitting her job after moving to Asia has nearly 19 million views on You Tube) and now writes for Comedy Central’s hit show @Midnight, is also an in-demand stand up comic, and had a very popular Modern Love column published in the New York Times. None of that would have happened if she hadn't started her list that night. Thank you, Two Buck Chuck.

Told with humor and heart, 30 Before 30 will entertain, motivate, and challenge readers to get out of their comfort zones and live their best lives.

Marina V. Shifrin is a published writer who lives in East Hollywood and likes it. Sometimes. She’s written for TV, but not enough. She’s written for free, but too much. Her middle name is Vladimirovna. 30 Before 30 is her first book.
Star-Touched Stories

Roshani Chokshi

Three lush and adventurous stories in the Star-Touched World.

Death and Night

He was Lord of Death, cursed never to love. She was Night incarnate, destined to stay alone. After a chance meeting, they wonder if, perhaps, they could be meant for more. But danger crouches in their paths, and the choices they make will set them on a journey that will span lifetimes.

Poison and Gold

Now that her wish for a choice has come true, Aasha struggles to control her powers. But when an opportunity to help Gauri and Vikram's new reign presents itself, she will have to battle her insecurities and maybe, along the way, find love.

Rose and Sword

There is a tale whispered in the dark of the Empire of Bharat-Jain. A tale of a bride who loses her bridegroom on the eve of her wedding. But is it a tale or a truth?

PRAISE

Praise for A Crown of Wishes:

"Careful plotting, multiple viewpoints, high-stakes action, and a slow-burn relationship makes this heady fantasy completely engrossing. A first pick for YA collections."—School Library Journal, starred review

"Chokshi's debut, The Star-Touched Queen (2016), was lush and gorgeously written, and Chokshi has only improved; this lovely companion tale boasts a stronger narrative structure in addition to the delightful prose."—Booklist

Praise for The Star-Touched Queen:

“Chokshi’s prose is captivating.” —Publishers Weekly, starred review

Roshani Chokshi is the New York Times bestselling author of The Star-Touched Queen. Her work has appeared in Strange Horizons, Shimmer, and Book Smugglers. Her short story, “The Star Maiden,” was longlisted for the British Fantasy Science Award.
The Raging Ones

Krista & Becca Ritchie

An edge of your seat sci-fi romance with twists and turns that you will never see coming!

In a freezing world, where everyone knows the day they will die, three teens break all odds.

Franny Bluefort, a tough city teen, dreams of dying in opulence, to see wealth she’s never known. Like the entire world, she believes it’s impossible to dodge a deathday.

Until the day she does.

Court Icefort knows wealth. He also knows pain. Spending five years in Vorkter Prison, a fortress of ice and suffering, he dreams of life beyond the people that haunt him and the world that imprisoned him.

Mykal Kickfall fights for those he loves. The rugged Hinterlander shares a frustrating yet unbreakable connection with Court—which only grows more lawless and chaotic as their senses and emotions connect with Franny.

With the threat of people learning they’ve dodged their deathdays, they must flee their planet to survive. But to do so, all three will have to hide their shared bond as they vie for a highly sought after spot in the newest mission to space. Against thousands of people far smarter, who’ll live longer, and never fear death the way that they do.

Krista & Becca Ritchie are New York Times Bestselling Authors and identical twins, one a science nerd, the other a comic book geek. With their shared passion for writing, they combined their mental powers as kids and have never stopped telling stories. Graduates from the University of Georgia in Biology and English & Journalism, the twin writing duo now lives in Atlanta. The Raging Ones is their first young adult novel.
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