No-Thaw Paleo Cooking in Your Instant Pot®

Fast, Flavorful Meals Straight from the Freezer

Dr. Karen S. Lee

This no-thaw Instant Pot cookbook follows on the heels of two exceptionally strong selling Paleo Instant Pot cookbooks with over 100k copies in print.

This book is a godsend for busy people who need to get dinner on the table now, especially for when you get home from work and have to choose something out of the freezer. Dr. Karen S. Lee’s third cookbook—her first two books have shipped more than 30k copies—makes the most of the Instant Pot’s features so you can bring healthy, delicious meals straight from your freezer right to your table.

With minimal prep and cook time, this straightforward cookbook yields healthy, flavorful dishes from comforting classics like Chicken Pot Pie Soup to fancier fare like Braised Short Ribs with Red Wine or Coq au Vin. No-Thaw Paleo Cooking in Your Instant Pot serves up a diverse array of foolproof recipes like Shoyu Ramen, Thai Green Curry and even Moroccan Chicken Tagine. Perfect for busy lives, this no-thaw cookbook will have dinner on the table in no time.

This book will have 75 recipes and 75 photos.

Dr. Karen Lee is the author of Paleo Cooking with Your Air Fryer and Keto Cooking with Your Instant Pot. She lives in Westchester, NY.
Fast & Flavorful Paleo Cooking

75 Easy, Delicious Recipes for the Weeknight Chef

Amanda Torres

Amanda Torres, author of *Latin American Paleo Cooking*, created 75 delicious recipes for the popular Paleo diet that come together quickly on a weeknight.

Paleo is one of the most popular diets in the United States, and this cookbook helps you get a wholesome meal on the table in under an hour any day of the week. With one-pot wonders and set-it-and-forget-it showstoppers made with accessible, everyday ingredients, each meal comes together with a little time and even less mess.

Converting to Paleo cooking helped Amanda drop 80 pounds in a year and reversed several of her chronic illnesses, and now her recipes can help you stick to a healthier lifestyle with minimal effort. Whether you’re in the mood for Hearty Pumpkin Chili, Garlicky Chicken Alfredo or Coconut Shrimp, these exciting recipes are all a breeze to whip up.

This book has 75 recipes and 75 photos.

Amanda Torres is the author of *Latin American Paleo Cooking* and founder of the Curious Coconut, a popular Paleo blog. She has been featured in *Redbook*, *The Huffington Post, First for Women*, *Buzzfeed* and *PopSugar*. She lives in Memphis, TN.
One-Day DIY: Modern Farmhouse Furniture

Beautiful Handmade Tables, Seating and More the Fast and Easy Way

JP Strate and Liz Spillman

The DIY duo behind the YouTube Channel Rehab Life, with over 200k subscribers, share 20 all-new step-by-step woodworking projects anyone can make—even if you’ve never touched a power tool.

JP Strate and Liz Spillman, known for their hit YouTube channel The Rehab Life, are here to show readers that anyone can build amazing custom furniture and home decor without a large budget or time commitment. With simple techniques and tips on renting tools and buying pre-cut wood, this book makes it easy to get impressive results without a woodshop. Best of all, each of these modern, farmhouse-style projects can be completed in just one day.

Readers can update their kitchen, with a chef-worthy Butcher Block Island, solve a storage dilemma in style with a Mid Century Mod Bookshelf, or add a personal touch to their bathroom with a Wine and Candles Tub Shelf. With Liz and JP’s friendly, fun approach and, readers can custom build the perfect item for their space for a high-end, personalized look at a far lower cost than buying new.

This book will have 20 projects and 75 photos.

JP Strate and Liz Spillman are professional house flippers and stagers, and the creators of The Rehab Life, the popular YouTube channel focused on making woodworking accessible to everyone. They’ve built a devoted following, with over 100K followers on Facebook and Instagram. They live in Minneapolis, MN.
**Vegan Buddha Bowls**

*Easy, Healthy Recipes to Feel Great from the Inside Out*

Cara Carin Cifelli

Readers will fuel their bodies and be inspired to live better with trendy plant-based Buddha bowl recipes from a food blogger who overcame an eating disorder with holistic eating.

In this collection of exciting plant-based bowl foods, Cara Carin Cifelli combines her profession as a certified holistic nutritionist with her personal experience overcoming an eating disorder to demonstrate how readers can care for both body and mind through the food they eat. At the core of each recipe are SOUL foods: ingredients that are sustainable, organic, unprocessed and local, making each bowl the perfect gateway to celebrating holistic health. Bowls are a fun, tasty, exciting and easy way to get a balanced, nutrient-dense meal, and Cara’s inventive recipes hit the mark. With 60 recipes for bowls, plus 15 toppings and sauces, she has a recipe to satisfy every craving, from delightful Buddha bowls to invigorating salads, comfort pasta bowls, cozy soups and more.

Some of the exciting recipes included are Coconut Rice Bowl with Broccolini, Shiitake and Avocado, BBQ Cauliflower Southern-Style Bowl, Zoodle Noodle Pad Thai Salad, Avocado Cilantro Pesto Pasta and Farro and Vegetable Soup. Loaded with fresh, vibrant ingredients and creative flavor combinations, these recipes combine with Cara’s young, enthusiastic voice to inspire readers to live more holistically. By being more mindful in preparing wholesome foods readers learn to nourish their spirits as well as their bodies, which leads to long-term holistic health.

This book contains 75 recipes and 60 photos.

Cara Carin Cifelli is a certified health coach, holistic nutritionist and the creator of the food blog Cara’s Kitchen. Her writing and recipes have been featured on Mind Body Green, Empowered Women’s Channel, Fit Girls Diary, Online Wellness Community and more. She lives in Los Angeles, California.
**Chunky Knits**

*Cozy Hats, Scarves and More Made Simple with Extra-Large Yarn*

Alyssarhaye Graciano

Everyone can knit with these 30 fun, stylish patterns using large and oversized yarns for bold, trendy handmade accessories and home décor in a flash.

Discover the magic of great big yarn with teacher and knitwear designer Alyssarhaye Graciano, founder of BlackSheepMade. Using chunky and oversized yarns, readers can knit up stylish, extra-warm hats, scarves, cowls, blankets and more in just a couple hours or a weekend. Perfect for absolute beginners, larger needles and yarns make it easy to learn even the most complicated stitches and to enjoy the satisfaction of a beautiful finished project in less time. Experienced knitters can tackle large-scale projects like full-size blankets, or knit up a last-minute gift with fun texture and bold design motifs. Crafters of all levels will go crazy for arm knitting—no needles necessary! Knitting doesn’t have to be a painstaking craft or major time commitment. Alyssarhaye’s clever tips and tricks, encouraging conversational instructions and colorful, contemporary style make knitting faster, more approachable and a whole lot more fun.

This book will have 30 projects and 60 photos.

Alyssarhaye Graciano is a knitwear and crochet designer and founder of BlackSheepMade. She sells her work on Etsy and teaches knitting and textile workshops. She lives in Portland, Oregon.
Incredible One-Pot Cooking

Easy, Delicious Recipes for Exciting Meals Without the Mess

Megan Marlowe

Popular food blogger Megan Marlowe revamps beloved family classics with the variety and creativity busy families crave.

Megan Marlowe, founder of Strawberry Blondie Kitchen, has created a cookbook chock full of reimagined classics from Shepherd’s Pie Poutine to Pizza Wafflewiches. Megan’s one-pot and one-pan recipes put a spin on beloved traditional foods so that even the most familiar of foods can bring something new to the table.

Traditional foods are delicious, but even macaroni and cheese gets boring. Explore new flavors with foods your family already loves like Hawaiian Mac ‘n’ Cheese and Stuffed Italian Meatloaf. Perfect for busy families, these recipes make cooking and clean-up quick on a weeknight, and every meal is as surprising as it is satisfying.

This book contains 60 recipes and 60 photos.

Megan Marlowe is the founder of Strawberry Blondie Kitchen. She has a combined social media following of 22k. She has collaborated on sponsored posts with Oreo, M&M’s, Bigelow Tea and Idahoan Foods. She lives in Bloomington, Illinois.
Gluten-Free, Vegan Cooking in Your Instant Pot®

65 Delicious Whole Food Recipes for a Plant-Based Diet

Kathy Hester

Bestselling vegan author Kathy Hester uses the ever-popular Instant Pot to make gluten-free, vegan cooking easier than ever.

Instant Pot pro Kathy Hester delivers once again with a collection of delicious vegan recipes that have the added bonus of being completely gluten-free. She even offers plenty of substitutions for salt, oil and sugar, making her recipes adaptable to many dietary needs.

With Gluten-Free Vegan Cooking in Your Instant Pot®, you will have all the know-how needed to stock your pantry with staples like Dry Nooch Bouillon Mix, Oat Yogurt and No OiI Sliceable Bean “Cheese.” Cook nourishing meals from French Onion Soup to White Bean and Mushroom Cassoulet to Stuffed Spaghetti Squash that are free from processed ingredients. Other tasty recipes include Teriyaki Veggies over Not Fried Rice, Vegetable Enchiladas and Green Cilantro Rice and Tempe Shiitake Bibimbap.

Kathy’s careful explanation of the Instant Pot and its operation ensures that Instant Pot newbies and pros alike will be able to successfully use this life-changing multi-cooker to save time while making wholesome, nutritious meals.

This book contains 65 recipes and 65 photos.

Kathy Hester is the bestselling author of The Ultimate Vegan Cookbook for Your Instant Pot®, The Easy Vegan Cookbook, The Great Vegan Bean Book, The Vegan Slow Cooker and Vegan Cooking in Your Air Fryer. She is also the blogger behind HealthySlowCooking.com and lives in Durham, North Carolina.
Wait, That's Vegan?!

Plant-Based Meatballs, Burgers, Steaks and Other Dishes You Thought You'd Never Eat Again!

Lisa Dawn Angerame

This is the ultimate beginner’s guide for the increasingly popular vegan lifestyle.

Lisa Dawn Angerame, founder of Lisa’s Project: Vegan and recipe creator for the popular vegan website, OneGreenPlanet, has all of the expertise to make eating vegan easy for people interested trying out this popular health trend. With exciting, straight-forward recipes Wait, That's Vegan?! transforms comforting classics into healthy dishes everyone can feel good about like Mushroom Bolognese or Lobster Mushroom Mac ‘n’ Cheese.

Veganism is on the rise and this book has all the know-how you need to make your own delicious, plant-based dairy substitutes like Almond Parmesan, Cashew Cream and Nut Milk. You’ll never miss meat-based dishes when you have meals like Beet Burgers, Baja Tofu Fish Tacos and Portobello Fajitas. Vegans and non-vegans alike will be impressed with nutritious, show-stopping dinners like Paella Verduras and Portobello Steaks with Creamed Spinach and Herbed Butter. With incredible recipes ranging from Avocado Benedict with Heirloom Tomatoes and Hollandaise Sauce to Classic New York Cheesecake, Wait, That's Vegan?! has everything you need to make eating vegan simple, satisfying and scrumptious.

This book contains 75 recipes and 75 photos.

Lisa Dawn Angerame is the founder of Lisa’s Project: Vegan. She is writes recipes for OneGreenPlanet and offers nutrition counseling and cooking consulting. She has a combined social media following of 3.4k. She lives in New York City, NY.
Paleo Baking at Home

The Ultimate Resource for Delicious Grain-Free Cookies, Cakes, Bars, Breads and More

Michele Rosen

The Paleo diet has proven longevity, being much easier than Keto, but quality, easily-baked treats remained elusive to these dieters until now.

Enjoying baked goods can be difficult on the Paleo diet, but Paleo Baking at Home makes it simple. This book focuses on minimally processed ingredients and incorporates whole foods to make nutrient-rich treats like Almond Butter Blueberry Banana Bread and Carrot cake with Cashew Cream Cheese Frosting. Michele Rosen, founder of the popular food blog Paleo Running Momma, strikes the perfect balance between natural sweeteners and alternative flours to make each treat as fluffy and delicious as its traditionally baked counterpart. Whether you’re new to the Paleo diet or a longtime follower, each foolproof recipe delivers delectable results.

Paleo Baking at Home is the ultimate guide to low-carb baked goods so that each baker can have all the foods they love from bars to bread and everything in between. Indulge in your favorite desserts made healthy with Ultimate Chewy Chocolate Chip Cookies and Triple Chocolate Brownies. Slip low-carb alternatives back into lunch with recipes for sandwich bread, pizza crust and biscuits! Serve up exciting low-carb breakfasts with Sticky Pecan Sweet Rolls and Maple Cinnamon Doughnuts. This book has all your Paleo baking needs covered.

This book contains 60 recipes and 60 photos.

Michele Rosen is the founder of Paleo Running Momma, a popular food blog that has a combined social media audience of over 130k. She has collaborated on sponsored posts with several brands including Jones Dairy Farm, Pompeian and Fronen. She lives in Tenafly, New Jersey.
The Big Book of Homemade Products for Your Skin, Health and Home

Easy, All-Natural DIY Projects Using Herbs, Flowers and Other Plants

Jan Berry

Fifty brand-new recipes and over a hundred tried and tested favorites from popular author Jan Berry make green living a cinch with all natural DIY products for your skin, laundry, bath and more.

With a flood of research showing the dangers of chemicals and toxins in most skin care products, cleaners and food items, The Big Book of Homemade Products for Your Skin, Health and Home shows readers how to make nontoxic homemade products they can trust. This new and expanded edition of 101 Easy Homemade Products for Your Skin, Health and Home serves as a complete resource for readers’ green living habits and contains 50 brand new recipes for natural products you can use every day. Readers get a huge variety of projects, including natural skin care products like Dandelion Body Butter, bath and beauty products like Fizzy Rose Lemonade Soak and Forsythia Clear Skin Toner, soaps like Sunflower Shampoo Bar or Carrot & Calendula Soap, home products like Lavender Fabric Softener and Thyme Counter Cleaner, health remedies like Basil Mint Sore Throat Spray and pet products like Herbal Dry Shampoo or Flea-Repelling Powder.

Our book stands out from others on the market because each project uses real herbs, flowers and other plants, instead of essential oils or manufactured solutions. This makes the projects more affordable and effective.

Newcomers to Jan Berry’s blog and books will love the easy guides and step-by-step projects for going green in every part of their lives, and the new recipes give the book a fresh start in the growing market of natural DIY products.

This book has 151 projects and over 100 photos.

Jan Berry is the author of 101 Easy Homemade Products for Your Skin and Health & Home, Simple Natural Soapmaking founder of the blog The Nerdy Farm Wife, which has a combined 128,000 social media followers and over 15,000 email subscribers. Many of her projects have been featured by Natural Herbal Living magazine, Hobby Farms, Natural Living Mama, Purposeful Nutrition, The Mind to Homestead, Thoroughly Natural and more. She lives in Monroe, Virginia.
101 Incredible Gluten-Free Recipes

Over 100 Nutritious Meals That Are Easier Than Ever

Jennifer Bigler

Packed with over 100 recipes, Jennifer Bigler’s collection of mouthwatering meals is the ultimate guide to gluten-free cooking.

After nearly a decade of maintaining a strictly gluten-free diet, Jennifer Bigler proves that cutting out wheat doesn’t mean giving up all your favorite foods. Instead, she shows you how to transform homey classics like Family-Style Lasagna and Hearty Homestyle Chicken Pot Pie into gluten-free masterpieces and demystifies gluten-free baking with Perfect Popovers, Everything-but-the-Gluten Bagels and Red Velvet Cake with Cream Cheese Frosting.

Home cooks dealing with gluten allergies or following a gluten-free diet will love cooking healthier versions of traditional favorites that make gluten-free eating simple, delicious and satisfying. Jennifer’s entire family—young children included—follow a gluten-free diet, so you can be sure that sides and snacks like Coconut Prawns, Lemon Pepper Asparagus and Marinated Grilled Veggies will please all palates.

This impressive collection of gluten-free classics ranging from hearty breakfast favorites to showstopping main dishes is sure to be the go-to resource for all gluten-free home cooks.

This book contains 100 recipes and 100 photos.

Jennifer Bigler is the creator of Living Freely Gluten Free. She regularly appears at festivals and events, such as the Nourished Festival. She lives with her family in Seattle, Washington.
Low & Slow Cooking

60 Hands-Off Recipes That Are Worth the Wait

Robyn Almodovar

Low and slow cooking that delivers rich flavors and explosive taste from Chopped and Cutthroat Kitchen winner Robyn Almodovar.

While there can be something said for quick meals, nothing quite beats the layers of flavor that can only achieved through low and slow cooking methods.

Robyn Almodovar, winner of Chopped and Cutthroat Kitchen and owner and operator of the award-winning Palate Party food truck, offers recipes that turn cooking from a chore to an experience with a delicious, flavorful payout. Home cooks looking to slow down and enjoy the process of cooking will find incredible meals, desserts, snacks and staples they will revisit over and over again.

There may be some prep and waiting times involved in Chef Robyn Almodovar’s recipes, but the end result is well worth the wait. Sunday’s Gravy Bolognese is simmered all day long to develop complex flavors, Soy Marinated Short Ribs are marinated for hours so it really packs a punch and chicken is roasted slowly so the meat is tender and juicy. Chef Robyn also shows you how to take your time making staples that will elevate any meal time and time again.

This book has 60 recipes and 75 photos.

Chef Robyn Almodovar received her formal training at Le Cordon Bleu College of Culinary Arts and has worked at many of South Florida’s finest restaurants and on board luxury yachts. She is a winner of both Chopped and Cutthroat Kitchen and was a finalist on Hell’s Kitchen. She currently owns and operates the award-winning Palate Party Gourmet Food Truck and Catering Company. She lives in Fort Lauderdale, Florida.
Plant Magic for the Beginner Witch

An Herbalist’s Guide to Heal, Protect and Manifest

Ally Sands

Master herbalist and founder of Aquarian Soul, Ally Sands, teaches you the easy-to-use, everyday magic of herbs to promote love, healing, abundance, protection and more.

Ally uses her background in herbalism to create a practical guide for busy people who are still interested in a daily magic practice. Using a combination of herbalism and mindfulness, she teaches you how to practice radical self-love by manifesting your best and most positive intentions of love, healing, protection and prosperity. Witchcraft is trendy—from tarot decks at Urban Outfitters to spell books being featured at major retailers—and Ally makes it more accessible than ever.

Each chapter covers one of those four intentions, with information about the best herbs to use as well as projects focused on rituals and DIY crafts to call the intentions into your life. Whether you want to ward your house by making a wreath of protective herbs, make an herbal tea to open your heart to new love, or an amulet to draw in abundance, Ally shows you that incorporating ritual into your everyday doesn’t have to be time consuming or complicated—it’s just about focusing your energy.

This book will have 50 projects and 50 full-color photographs.

Ally Sands is the owner of Aquarian Soul, a popular company that specializes in herbal- and gemstone-infused products to make your beauty routine a sacred ritual. She is a certified master herbalist who studies under Rosemary Gladstar, a bestselling author and major figure in the herbalism community. Ally lives in San Diego, California.
Traditional Meals for the Frugal Family

Delicious, Nourishing Recipes for Less

Shannon Stonger

Feed your family wholesome, nutritious meals for about $3.60 per person per day.

With Shannon Stronger’s homestead-style recipes, it’s easier than ever to feed your family wholesome, traditional meals that are both simple and affordable. Utilizing traditional ingredients like bone broth, grass-fed animal products, cultured foods, veggies and whole grains allows you to maximize the nutritional value of your meals while minimizing the strain on your wallet. In addition to teaching you to make the most of meat and other pricier ingredients, Shannon also helps you keep costs low by showing you how to ferment and store certain foods so that they stay fresher longer and make common ingredients from scratch.

Start off your day right with Soured Gluten-Free Pancakes or Sweet Potato and Greens Breakfast Skillet. Dinnertime is made simple with hearty favorites like Dutch Oven Whole Chicken Cacciatore with Rice, Stretch the Meat-and-Bean Loaf and Moroccan-Spiced Sprouted Chickpea Stew. Complete the meal with Zesty Cabbage Salad or Kids’ Favorite Broccoli.

Shannon tells you how to stretch your ingredients and transform frugal foods into even more delicious through processes like fermenting, sprouting, souring and soaking. These accessible gluten-free recipes are ones you’ll be reaching for again and again.

Shannon Stonger is the founder of the blog Nourishing Days and the author of Traditionally Fermented Foods and The Doable Off-Grid Homestead. She lives with her husband, children and an ever-growing number of barnyard animals on a five-acre off-grid homestead in Santa Anna, Texas.
The 25 projects in this book present a modern, easy-to-follow approach to the ancient art of wood burning, also known as pyrography. By pressing a heated wood burning tool to wood, you can “write with fire” to engrave words, a picture or other design and create your own custom art, and with this book Aney Carver of Pyrocrafters shares her expert tips and tutorials to ensure beginners can get an amazing result from their very first try. It’s the perfect guide for anyone looking for a new, impressive yet easy artistic hobby, or who simply wishes to create a custom piece of art to complement the farmhouse décor of their home. Many of the tutorials feature lettered designs, providing fresh inspiration for hand lettering artists to apply their art in a new medium.

Readers can create a beautiful lettered sign with the quote “Always kiss my goodnight” in an elegant script, or Christmas tree ornaments featuring a textured mandala design. Each project is has step-by-step photos and a pattern template at the back of the book. With projects for coasters, a front door sign, key chains, a clock, jewelry and advanced animal portraits, the creative potential is endless!

This book contains 25 projects more than 100 photos.

Aney Carver is a pyrography artist with a background in graphic design. She and her husband, Clay, run Pyrocrafters, an online business where they create custom-made pyrography art. They also sell pieces through Etsy. Aney has nearly 50k followers on Instagram and a growing audience on YouTube with nearly 4k subscribers. Aney lives in Prattville, Alabama.
Beyond Borscht

Old World Recipes from Ukraine and Eastern Europe

Tatyana Nesteruk

Celebrate the foods of Eastern Europe with repeat author and YouTube personality Tatyana Nesteruk, who shares fresh takes on her family’s recipes passed down for generations.

With 385k YouTube subscribers and nearly 200k Facebook fans, Tatyana Nesteruk is one of the most popular food bloggers from Eastern Europe. In this cookbook that her devoted readers have been begging for, she shares the food from her native Ukraine, which includes dishes from Russia and other Eastern European countries. This is the food she loves to cook at home—delicious, hearty and comforting meals like Beef Borscht, Chicken Kiev, Pelmeni (Dumplings) with Creamy Dill Sauce, Chicken Shashlik (Kabobs), Savory Blini (Crepes) with Chicken and Mushrooms, and so much more. And of course she’s including her favorite Ukrainian desserts, including Napoleon Torte, Cherry Vareniki (Dumplings), Apple Piroshki (Fried Pastries) and Waffle Rolls with Caramel Filling.

This cookbook will quickly become a beloved treasure for anyone who has ever lived in or visited Ukraine, Russia, Poland, Hungary and the other countries that make up Eastern Europe. Balancing nostalgic taste with the ingredients available in her California kitchen, Tatyana improves traditional dishes by brightening the flavors, streamlining the methods and curating the recipes to be appealing for today’s busy cook with a sophisticated palate. For those from Eastern Europe, adventurous foodies curious about this part of the world and anyone who loves comfort food, you won’t want to pass this one by.

This book contains 60 recipes and 60 photos.

Tatyana Nesteruk is the author of The European Cake Cookbook, and the founder of Tatyana’s Everyday Food, a popular cooking blog and YouTube channel. She has appeared on Today and Good Day Sacramento. She regularly works with common household food brands such as Tabasco, Smithfield, Del Monte, Quaker Oats and Pure Leaf Iced Tea. She lives in Sacramento, California.
Blooms and Baking

Add Aromatic, Floral Flavors to Cakes, Cookies and More

Amy Ho

Take beginner-friendly baking recipes to the next level by learning how to most effectively use beautiful, aromatic floral flavors.

Amy Ho, founder of the popular blog Constellation Inspiration, shows that florals aren’t just for garnishing; they add incredible depth to your desserts. Learn to make ingredients like candied rose petals, elderflower syrup, crushed violets and whole blossoms to bring out the best flavor for cakes, cookies, candies and more. Using fresh and dried flowers, readers will create unique combinations that will be sure to stand out at any party or gathering.

Delicate florals create big and unique flavor with recipes like Jasmine Flower and Honey Eclairs, Rose Pistachio Ice Cream Sandwiches, Chamomile Brown Butter Peach Cake and Lavender Mocha Cookies. There are also tutorials on how to decorate your desserts, adding simple botanical elements that reflect the flavor. For example, when making lilac cupcakes, Amy teaches you easy techniques to recreate lilac flowers in buttercream.

This book will have 60 recipes and 60 full-color photographs.

Amy Ho is the founder of Constellation Inspiration, a baking blog where she shares her unique desserts. She has over 55K followers on Instagram and she has been featured in several publications, including Better Homes and Gardens and Country Living. She lives in Vancouver, BC.
Showstopping BBQ with Your Traeger

Standout Recipes for Your Wood Pellet Grill and Smoker

Ed Randolph

Ed Randolph, influential pit master and author of Smoked, offers readers the barbecue expertise they need to make the most of the increasingly popular Traeger wood smoker.

Ed Randolph, author of Smoked and award-winning restauranteur, breaks down cooking on the Traeger for beginners so that anyone can master wood-smoke cooking. Pellet grills are renowned for their delicious smoky flavor and cooking consistency by professional pit masters, and now backyard barbecue enthusiasts can get professional-quality grilling and smoking at home.

The Traeger is an accessible appliance with a set-and-forget control panel so grilling is easier for everyone in the steamy summer months. It’s also a versatile smoker that can be used for low and slow recipes like Maple Bourbon Pork Belly over the course of a lazy afternoon as well hot and fast smoking so you can have General Tso’s BBQ Wings in about an hour. With recipes ranging from appetizers to desserts, this book shows you just how much you can do with a wood pellet smoker.

This book contains 60 recipes and 60 photos.

Ed Randolph, author of Smoked, is the owner and pit master of the award-winning restaurant and brand, Handsome Devil. He has been recognized by The Food Network as one of the country’s most influential pit masters. He lives in Hudson Valley, NY.
Vintage Hand Lettering

Create Beautiful Fonts with Old Time Flourish

Lisa Quine

Readers learn stunning, distinctive fonts inspired by the style and signage of fabulous bygone eras, and then combine their lettering skills in pieces of hand lettered art.

Lisa Quine, known for her breathtaking, hand-lettered murals and dazzling vintage-style fonts shows readers the easy way to create unique hand-drawn typefaces. Hand lettering has exploded in popularity, whether displayed online, used for signage and branding, or in personal art, and vintage lettering openings up a world of possibilities. Readers learn Art Deco and Art Nouveau style fonts, how to add Victorian flourishes, and how to incorporate florals into their letters.

Lisa breaks down each font, no matter how elaborate, and makes it approachable for readers of all levels by starting simple and adding variations and embellishments step-by-step. Readers can practice directly on the special art paper as they work through the book. At the end of each chapter, readers create a beautiful hand-lettered composition, incorporating everything they’ve learned into an inspiring hand lettered quote, complete with illustrated embellishments. Lisa’s amazing artwork will inspire readers to use their lettering skills to make posters, cards, gift tags or other custom hand lettered pieces for any occasion.

This book will have 20 illustrated projects.

Lisa Quine is an illustrator, designer, and creative consultant. Formerly a hand lettering illustrator for American Greetings, Lisa creates custom graphics and hand-lettered art for businesses, special events, and organizations including the Children’s Museum of Cleveland. Her hand-lettered murals cover buildings around the world, and her artwork has been featured in Cleveland Magazine and Cleveland.com. She lives in Cleveland, Ohio.
The Ultimate Keto Cookbook

250 Recipes for Incredible Low-Carb Meals--Includes a Photo for Every Recipe!

Brittany Angell

A comprehensive collection of 250 delicious recipes and 250 gorgeous photos for the popular keto diet, including meals for any time of day, kitchen staples, cocktails and more.

Popular food blogger, Brittany Angell, has compiled a comprehensive collection of 250 delicious, keto-friendly recipes and 250 photos so you’ll always have something satisfying and healthy to eat. Brittany makes it simple for busy people to eat healthy with a plethora of options for breakfasts, breads, desserts, cocktails, and everything in between.

Learn to make your own wholesome, dairy-free substitutes with recipes for homemade alternative cheeses, cream and yogurt. Snack on Blueberry Buttermilk Muffins, Pecan Pumpkin Spice Fat Bombs or Pesto Meatballs. Make mixed drinks like sangria or your own Homemade Baileys Irish Cream. Serve up dinners everyone can get excited about like Eggplant Sausage Lasagna, Buffalo Chicken Burgers or even Scallops with White Wine Bacon Cream Sauce. Indulge in desserts with options for cakes cookies, bars pies and more. With optional directions for the Air Fryer, Instant Pot and slow cooker recipes, you can make your meals any way you please.

This book has 250 recipes and 250 photos.

Brittany Angell is the author of Every Last Crumb: Paleo Bread and Beyond and founder of the popular food blog, Brittany Angell. She has a combined social media audience of 87k. She lives in Cleveland, Ohio.
La Vida Verde

Plant-Based Mexican Cooking with Authentic Flavor

Jocelyn Ramirez

Vegan chef Jocelyn Ramirez shares lighter, healthier, dairy-free Mexican dishes featuring all the satisfying, authentic flavor of her grandmother’s classic recipes.

Classic Mexican cooking is reinvented by vegan chef Jocelyn Ramirez, who has created knockout plant-based versions of readers’ favorite dishes. Inspired by her Mexican and South American roots, Jocelyn’s catering business Todo Verde, brings together health-conscious, nutritious ingredients and vibrant, familiar flavors. With simple steps and minimal ingredients, these recipes are delicious, feel-good options any night of the week.

Vegans and vegetarians will love plant-based twists like Jackfruit Nachos, Mushroom Fajitas, Roasted Cauliflower Y Queso and Chiles Relleno with Cashew Crema. Meat-eaters looking for healthier ways to enjoy favorite meat- and cheese-based dishes can discover fun, new ways to incorporate more veggies into their diets. Top these recipes off with spicy salsas and the best-ever guacamole, and serve with a refreshing pitcher of Superfood Agua Fresca for crowd pleasing meals that are both healthy and irresistible.

This book will have 60 recipes and 60 photos.

Jocelyn Ramirez is the founder of Todo Verde, a woman-owned catering business inspired by her Mexican and Latin American roots. She has been featured in many media outlets including Eater, BuzzFeed, TimeOut, VegNews and ABC Los Angeles. She lives in Los Angeles, California.
Award-Winning BBQ Sauces and How to Use Them

The Secret Ingredient to Next-Level Grilling

Ray Sheehan

Make BBQ sauce the star of the show with recipes from award-winning BBQ master Ray Sheehan.

The quality of your barbecue sauce can make or break your grilling endeavors, and Ray Sheehan has all the know-how to help you use barbecue sauce as the secret weapon to your grilling.

Ray’s beloved recipes cover everything from his award-winning Kansas City BBQ Sauce to amp up your ribs, Sweet & Tangy North Carolina Sauce for standout pulled pork, to his Peach BBQ Sauce for incredible wings. Discover how different ingredient combinations enhance the flavor of burgers, chicken thighs, pork loin and more—all without MSG.

The vessels for these one-of-a-kind sauces are Ray’s mouthwatering recipes—including Sweet and Spicy Beef Back Ribs, Brisket Burnt Ends and Cubano-Stuffed Pork Tenderloin. Free from artificial ingredients, Ray’s sauces and grill recipes will help you take your barbecue game to the next level.

This book will have 60 recipes and 60 photos.

Ray Sheehan is a certified Kansas City Barbecue Society Judge and a member of the National Barbecue Association. His Memphis Mop BBQ Sauce won “Best BBQ Sauce in the World” by BBQ Buddha and an Award of Excellence from the National Barbecue Association. His BBQ sauce and rubs are sold in stores throughout United States, and he has been featured in Tailgater Magazine, the National Barbecue News, The Coaster and more.
Cast Iron Keto

75 Low-Carb One Pot Meals for the Home Cook

Alex and Lauren Lester

Master a variety of mouthwatering Keto recipes using the ever-popular cast iron skillet.

Popular food bloggers Alex and Lauren Lester pair the popular Keto diet with cast iron cooking for a surefire way to increase the flavor and reduce the dishes in your low-carb, high-fat lifestyle. Discover how using cast iron cookware can up your kitchen game: you can get a better sear, lock in all the robust flavor of your ingredients and cook your meal more evenly.

Wow your family with tantalizing weeknight dinners like Rueben Casserole, Mongolian Beef and Broccoli and Stuffed Chicken Parmesan. Chimichurri Skirt Steak with Lobster Turnip Stacks, Citrus-Roasted Chicken with Shaved Fennel Salad and other decadent dishes make the perfect special occasion meal. And Meatless Monday is made easier and tastier than ever with flavor-packed meals like Cheesy Chile Rellenos, Vegan Taco Cups and Chipotle Tofu Bowls.

This stunning collection of healthful meals highlights the versatility of both the Keto diet and the cast iron skillet.

This book contains 75 recipes and 75 photos.

Alex and Lauren Lester are the creators of the popular blog Cast Iron Keto and Healthful Creative, a creative content agency. They have worked with brands such as the Keto Diet App, Bob’s Red Mill, KitchenAid, Back to Nature and more.
30-Minute Low-Carb Dinners

75 Easy-to-Prepare Meals that are Healthy, Delicious and Fast

Valerie Azinge

Perfect for those busy weeknights, Valerie makes sticking to a low-carb diet easier than ever with incredible dinners that take 30 minutes or less.

Following a low-carb diet doesn’t have to be time consuming. Valerie Azinge, founder of My Digital Kitchen, has created 75 recipes that are low on carbs—less than 20g for one serving—and rich in flavor.

The low-carb craze is on the rise. With a large market who is eager for more books, 30-Minute Low-Carb Dinners meets the demand for healthy, non-processed meals that are also easy to prepare. Valerie’s dishes are naturally low-carb, and with recipes like Broccoli Garlic Ginger Beef, Spicy Sautéed Calamari with Zoodles and Sriracha Shrimp with Lettuce Cups, readers can indulge in delicious whole-food dinners without spending hours in the kitchen. Many of these recipes are also one-pot, which cuts down on after-dinner cleanup.

This book will have 75 recipes and 75 photos.

Valerie Azinge is the founder of My Digital Kitchen, a food blog and catering company. Her mission is to cater to multiple diets and allow people to live happier, healthier lives. She has a combined social media following of 40K. She lives in Toronto.
Southern Vegan

Delicious Down-Home Recipes for Your Plant-Based Diet

Lauren Hartmann

Eating vegan doesn't mean sacrificing satisfying homestyle flavors with this impressive array of southern-inspired plant-based dishes.

This is southern cooking for a new generation. Rediscover the region’s most beloved dishes and unearth new favorites with this collection of 60 plant-based recipes by vegan blogger Lauren Hartmann.

Whether you’re from the South or just long for its flavors, you’ll be reaching for seconds of dishes like:

- Blackened Tofu Coleslaw Sandwiches
- Nashville Hot Cauliflower
- Cajun Brussels Sprouts with Cheesy Grits
- Jalapeno Hushpuppies with Sweet Butter
- Mississippi Mud Cheesecake

With shrewd substitutions and clever techniques for recreating the textures and flavors that define the region—but without all the meat and dairy—Lauren will lead you on a journey to create healthier new culinary traditions without giving up the cuisine you love.

This book has 60 recipes and 60 photos.

Lauren Hartmann is a classically trained pastry chef and the founder of Rabbit and Wolves, a popular vegan blog specializing in comfort food recipes. She has 152K Instagram followers and more than 8K Facebook followers. She lives with her husband and children in Tallahassee, Florida.
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KETO COOKING WITH YOUR INSTANT POT
Dr. Karen S. Lee, author of Paleo Cooking with Your Air Fryer
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ISBN: 978-1-62414-880-4
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Kimberly McLeod, creator of The Best Ideas for Kids
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Dr. Becky Campbell, author of The 30-Day Thyroid Reset Plan
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Rainie Owen, creator of the Unusual Pear
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PUB DATE: December, 2019

THE HORMONE RESET DIET
Samantha Gladish, weight loss and women’s hormone coach
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ISBN: 978-1-62414-991-7
SPECS: 8 x 9, 192 pages, 75 photos, lay-flat paperback
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Rebecca Lindamood, author of Not Your Mama’s Canning Book
PRICE: $21.99
ISBN: 978-1-62414-904-7
SPECS: 8 x 9, 192 pages, 75 photos, paperback
PUB DATE: December, 2019

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Jiahn Kang, founder of Brooklyn Floral Delight
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Murray McMurray Hatchery, selling chicks to people like you for nearly one hundred years
PRICE : $19.99
SPECs: 8 x 9, 176 pages, paperback, 75 color illustrations and photos
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PALEO LUNCHES AND BREAKFASTS ON THE GO ✶ BACKLIST BESTSELLER ✶
Diana Rodgers, Radiance Nutrition, Certified Nutritional Therapist
PRICE : $19.99
SPECs: 8 x 9, 192 pages, lay-flat paperback, 80 color photos
PUB DATE: August, 2013

BAKING BY HAND ✶ BACKLIST BESTSELLER ✶
Andy and Jackie King, owners of A & J King Artisan Bakers
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SPECs: 8 x 9, 240 pages, lay-flat paperback, 195 color photos
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THE BEST DOG TRICKS ON THE PLANET ✶ BACKLIST BESTSELLER ✶
Babette Haggerty, owner and head trainer of the Haggerty School for Dogs
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Jeremy LeBlanc, San Diego’s top bartender, and Christine Dionese, food writer
PRICE: $19.99
SPECs: 6½ x 10, 224 pages, lay-flat paperback, 77 color photos
PUB DATE: November, 2013

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Lauryn Evarts, creator of popular lifestyle blog The Skinny Confidential
PRICE: $19.99
SPECs: 8 x 9, 176 pages, lay-flat paperback, 60 color photos
PUB DATE: March, 2014

RAWSOME VEGAN BAKING ✶ BACKLIST BESTSELLER ✶
Emily von Euw, founder of thisrawsomeveganlife.com
PRICE: $19.99
SPECs: 8 x 9, 224 pages, lay-flat paperback, 97 color photos
PUB DATE: March, 2014

GRILL TO PERFECTION
Andy Husbands, owner of Tremont 647, and Chris Hart of the IQUE barbecue team, with Andrea Pyenson
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SPECs: 8 x 9, 192 pages, paperback, 103 color photos
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101 KIDS ACTIVITIES THAT ARE THE BESTEST, FUNNEST EVER! ✶ BACKLIST BESTSELLER ✶
Holly Homer and Rachel Miller, of kidsactivitiesblog.com
PRICE: $19.99
SPECs: 8 x 9, 192 pages, lay-flat paperback, 100 color photos
PUB DATE: June, 2014

DECADENT GLUTEN-FREE VEGAN BAKING
Cara Reed, creator of the popular site ForkandBeans.com
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SPECs: 8 x 9, 192 pages, lay-flat paperback, 60 color photos
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DUMPLINGS ALL DAY WONG
Lee Anne Wong, former producer and judge for the Food Network's Chopped
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SPECs: 8 x 9, 256 pages, lay-flat paperback, 219 color photos
PUB DATE: August, 2014

THE NEW CHARCUTERIE COOKBOOK
Jamie Bissonnette, chef and owner of restaurants Coppa and Toro
PRICE: $21.99
SPECs: 8 x 9, 176 pages, paperback, 122 color photos
PUB DATE: September, 2014

PALEO TAKES 5—OR FEWER
Cindy Sexton, founder of PALEOdISH
PRICE: $21.99
SPECs: 8 x 9, 224 pages, lay-flat paperback, 70 color photos
PUB DATE: October, 2014

FOOD TRUCK ROAD TRIP—A COOKBOOK
Kim Pham and Philip Shen, creators of Behind the Food Carts, with Terri Phillips
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SPECs: 8 x 9, 240 pages, lay-flat paperback, 100 color photos
PUB DATE: November, 2014

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PRICE: $19.99
SPECs: 8 x 9, 208 pages, lay-flat paperback, 60 color photos
PUB DATE: December, 2014

THE NORTH AMERICAN WHISKEY GUIDE FROM BEHIND THE BAR
Chad Berkey, head mixologist of Aero Club, and Jeremy LeBlanc, San Diego's top bartender
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SPECs: 6 x 9, 192 pages, paper over board, 280 color photos
PUB DATE: December, 2014
100 BEST JUICES, SMOOTHIES AND HEALTHY SNACKS ✶ BACKLIST BESTSELLER ✶
Emily von Euw, author of Rawsome Vegan Baking
PRICE: $19.99
SPECs: 8 x 9, 208 pages, lay-flat paperback, 80 color photos
PUB DATE: December, 2014

THE PERFORMANCE PALEO COOKBOOK ✶ BACKLIST BESTSELLER ✶
Stephanie Gaudreau, founder of Stupid Easy Paleo
PRICE: $21.99
ISBN: 978-1-62414-101-0
SPECs: 8 x 9, 224 pages, paperback, 80 color photos
PUB DATE: January, 2015

THE GOURMET MEXICAN KITCHEN—A COOKBOOK
Shannon Bard, chef/owner of Zapoteca Restaurant and Tequileria
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SPECs: 8 x 9, 208 pages, lay-flat paperback, 70 color photos
PUB DATE: February, 2015

SECRETS TO SMOKING ON THE WEBER SMOKEY MOUNTAIN COOKER AND OTHER SMOKERS ✶ BACKLIST BESTSELLER ✶
Bill Gillespie, Pitmaster of the Smokin’ Hoggz BBQ team
PRICE: $19.99
ISBN: 978-1-62414-099-0
SPECs: 8 x 9, 192 pages, lay-flat paperback, 60 color photos
PUB DATE: March, 2015

SMOKE IT LIKE A PRO ON THE BIG GREEN EGG & OTHER CERAMIC COOKERS ✶ BACKLIST BESTSELLER ✶
Eric Mitchell, founder of the Yabba Dabba Que! Barbecue team
PRICE: $21.99
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PUB DATE: March, 2015

NOURISH: THE PALEO HEALING COOKBOOK
Rachael Bryant, founder of Meatified
PRICE: $28.00
SPECs: 8 x 10, 240 pages, paper over board, 80 color photos
PUB DATE: March, 2015

LOOKBOOK COOKBOOK
Jessica Milan, founder of the blog Lookbook Cookbook
PRICE: $19.99
ISBN: 978-1-62414-121-8
SPECs: 8 x 9, 192 pages, lay-flat paperback, 80 color photos
PUB DATE: May, 2015

ONE-POT PALEO ✶ BACKLIST BESTSELLER ✶
Jenny Castaneda, founder of Paleo Foodie Kitchen
PRICE: $21.99
SPECs: 8 x 9, 208 pages, lay-flat paperback, 80 color photos
PUB DATE: May, 2015
THE PRIMAL LOW-CARB KITCHEN
Kyndra Holley, founder of Peace, Love and Low Carb
PRICE: $19.99
SPECS: 8 x 9, 208 pages, lay-flat paperback, 60 color photos
PUB DATE: June, 2015

DOWN SOUTH PALEO ★ BACKLIST BESTSELLER ★
Jennifer Robins, founder of the blog Predominantly Paleo
PRICE: $21.99
ISBN: 978-1-62414-132-4
SPECS: 8 x 9, 208 pages, lay-flat paperback, 60 color photos
PUB DATE: August, 2015

THE EASY VEGAN COOKBOOK
Kathy Hester, bestselling author of The Great Vegan Bean Book and OATrageous Oatmeals
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ISBN: 978-1-62414-147-8
SPECS: 8 x 9, 208 pages, lay-flat paperback, 80 color photos
PUB DATE: September, 2015

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Rob and Chelsea McFarland, founders of HoneyLove.org
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ISBN: 978-1-62414-141-6
SPECS: 8 x 9, 192 pages, lay-flat paperback, 80 color photos
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Trish Rosenquist, founder of Mom on Timeout
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Krissy Moehl, a top female ultramarathon runner, with more than 100 races and 55 wins to her name
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ISBN: 978-1-62414-142-3
SPECS: 8 x 9, 240 pages, lay-flat paperback, 80 color photos
PUB DATE: December, 2015

THE RAWSOME VEGAN COOKBOOK
Emily von Euw, author of the bestselling Rawsome Vegan Baking and 100 Best Juices, Smoothies and Healthy Snacks, and founder of the blog This Rawsome Vegan Life
PRICE: $19.99
SPECS: 8 x 9, 192 pages, paperback, 100 color photos
PUB DATE: December, 2015

PREPARE YOUR FAMILY FOR SURVIVAL
Linda Loosli, founder of Food Storage Moms
PRICE: $18.99
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SPECS: 7½ x 9, 192 pages, paperback, 60 color photos
PUB DATE: December, 2015
THE ULTIMATE PALEO COOKBOOK
Arsy Vartanian, author of *The Paleo Foodie* and *The Paleo Slow Cooker*, with Rachel Ball, Jenny Castaneda, Hannah Healy, Katja Heino, Nazanin Kovacs, Rachel McClelland, Vivica Menegaz, Caroline Potter and Kelly Winters
PRICE: $30.00
ISBN: 978-1-62414-140-9
SPECs: 7 x 9, 528 pages, paperback, 80 color inserts
PUB DATE: December, 2015

PREP-AHEAD MEALS FROM SCRATCH
Alea Milham, founder of the blog Premeditated Leftovers
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ISBN: 978-1-62414-204-8
SPECs: 8 x 9, 208 pages, lay-flat paperback, 80 color photos
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Emilie Raffa, founder of the blog The Clever Carrot
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Simone Miller, bestselling author of *Zenbelly Cookbook* and owner of Zenbelly, and Jennifer Robins, bestselling author of *Down South Paleo* and founder of the blog Predominantly Paleo
PRICE: $28.00
SPECs: 8 x 10, 256 pages, paper over board, 100 color photos
PUB DATE: March, 2016

THE SMOKING BACON & HOG COOKBOOK ✶ BACKLIST BESTSELLER ✶
Bill Gillespie, author of *Secrets to Smoking on the Weber Smokey Mountain Cooker and Other Smokers* and pitmaster of the Smokin’ Hoggz BBQ Team
PRICE: $21.99
ISBN: 978-1-62414-224-6
SPECs: 8 x 9, 192 pages, lay-flat paperback, 60 color photos
PUB DATE: March, 2016

MORE BBQ AND GRILLING FOR THE BIG GREEN EGG AND OTHER KAMADO-STYLE COOKERS
Eric Mitchell, bestselling author of *Smoke It Like A Pro on the Big Green Egg* and other Ceramic Cookers and founder of the Yabba Dabba Que! barbecue team
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SPECs: 8 x 9, 224 pages, paperback, 60 color photos
PUB DATE: March, 2016

101 EASY HOMEMADE PRODUCTS FOR YOUR SKIN, HEALTH & HOME ✶ BACKLIST BESTSELLER ✶
Jan Berry, founder of the blog The Nerdy Farm Wife
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ISBN: 978-1-62414-201-7
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Kathleen Henry, founder of the blog Produce On Parade
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Adrienne and Stephanie Vendetti, sisters and founders of the blog How to Be a Redhead
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Holly Homer and Rachel Miller, bestselling authors of 101 Kids Activities That Are the Bestest, Funnest Ever! and creators of KidsActivitiesBlog.com
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ISBN: 978-1-62414-133-1
SPECS: 8 x 9, 192 pages, lay-flat paperback, 100 color photos
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Sharon Brown, co-owner of Real True Foods and certified GAPS Practitioner
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ISBN: 978-1-62414-229-1
SPECS: 8 x 9, 192 pages, lay-flat paperback, 60 color photos
PUB DATE: May, 2016

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Megan Wolf, Registered Dietitian, owner of Megan Wolf Nutrition and founder of the blog The Domesticated Wolf
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ISBN: 978-1-62414-228-4
SPECS: 8 x 9, 160 pages, paperback, 60 color photos
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100 FUN AND EASY LEARNING GAMES FOR KIDS
Amanda Boyarshinov & Kim Vij, certified teachers and creators of TheEducatorsSpinOnIt.com
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ISBN: 978-1-62414-196-6
SPECS: 8 x 9, 208 pages, lay-flat paperback, 60 color photos
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Jaya Saxena, co-founder of Uncommon Courtesy
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ISBN: 978-1-62414-239-0
SPECS: 8 x 9, 240 pages, cloth hardcover, 127 photos
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Jade Gedeon, founder and designer of We Dream in Colour
PRICE: $16.99
SPECS: 9 x 9.5, 132 pages, lay-flat paperback, 50 illustrations
PUB DATE: July, 2016

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Alexandra Caspero Lenz, R.D. author of the food blog DelishKnowledge.com
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SPECs: 8 x 9, 224 pages, paperback, 60 photos
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Julianne Bayer, founder of Beyond Frosting
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Maya Sozer, chef & co-founder of the vegan food blog Dreamy Leaf
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Jennifer Robins, bestselling author of Down South Paleo and The New Yiddish Kitchen
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SPECs: 8 x 9, 240 pages, lay-flat paperback, 80 color photos
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Chrystal Fuentes, founder of The Ladies Coach
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SPECs: 8 x 9, 176 pages, paperback, 40 color photos
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Chris Colby, editor of Beer & Wine Journal
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SPECs: 8 x 9, 272 pages, lay-flat paperback, 130 color photos
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Renee Kohley, founder of Raising Generation Nourished
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Samantha Skaggs, founder of FiveHeartHome.com
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Sarah Dees, founder of Frugal Fun for Boys
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Amber St. Peter, founder of Fettle Vegan
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Kristi Dominguez, founder of I Should Be Mopping the Floor
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Nancy Atkinson, editor of Universe Today
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Nicole Karr
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SPECs: 8 x 9, 192 pages, paperback, 80 color photos
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Yvette Allen-Campbell and Dr. Suzanne Greenidge-Hewitt
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Taylor Riggs, founder of Simply Taylor
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PUB DATE: January, 2017

PALEO COOKING WITH YOUR INSTANT POT ★ BACKLIST BESTSELLER ★
Jennifer Robins, bestselling author of The New Yiddish Kitchen, Down South Paleo, and The Paleo Kids Cookbook
PRICE: $21.99
ISBN: 978-1-62414-354-0
SPECS: 8 x 9, 192 pages, lay-flat paperback, 80 color photos
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Kathy Hester, bestselling author of The Easy Vegan Cookbook and The Great Vegan Bean Book
PRICE: $22.99
ISBN: 978-1-62414-338-0
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Courtenay Hartford, founder of The Creek Line House
PRICE: $15.99
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Jessica Jones and Wendy Lopez, founders of the blog Food Heaven Made Easy
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ISBN: 978-1-62414-358-8
SPECS: 8 x 9, 224 pages, paperback, 80 color photos
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KG Stiles, BA, LMIT, CBT, CBP, Aromatherapist to the Stars
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SPECS: 7 x 9, 464 pages, lay-flat paperback, 1000 color photographs
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Halle Cottis, holistic life coach and founder of Whole Lifestyle Nutrition
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 SPECS: 8 x 9, 192 pages, lay-flat paperback, 80 color photos
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Jade Gedeon, author and illustrator of Island Escape and Rainforest Escape, and founder and designer of We Dream in Colour
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ISBN: 978-1-62414-319-9
 SPECS: 9.5 x 9, 82 pages, lay-flat paperback, 30 illustrations
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Jennifer Lifford, founder of Clean and Scentsible
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 SPECS: 8 x 9, 208 pages, paperback, 80 color photos
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Amanda Drozdz, creator of Running with Spoons
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Abdul Foster, professional trainer and fitness coach, owner of IX Innovations Gym and brother of NFL Star Arian Foster
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ISBN: 978-1-62414-240-6
 SPECS: 8 x 9, 308 pages, paperback, 200 color photos
 PUB DATE: March, 2017

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Diane Gottsman, National Etiquette Expert, The Protocol School of Texas
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ISBN: 978-1-62414-325-0
 SPECS: 5 x 7, 176 pages, paperback
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Sara Bendrick, landscape designer and contractor, host of DIY Network’s I Hate My Yard!
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 SPECS: 8 x 9, 192 pages, lay-flat paperback, 100 color illustrations
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Craig Caudill, founder and chief instructor of Nature Reliance School
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 SPECS: 7⅝ x 9, 192 pages, lay-flat paperback, 100 color photos
 PUB DATE: March, 2017
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Shawn Krest, award-winning sportswriter for the ACC Sports Journal, CBS Sports, ESPN and the MLB official website
PRICE: $22.99
ISBN: 978-1-62414-238-3
SPECS: 6 x 9, 240 pages, jacketed hardcover
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FORAGED FLOWER ARRANGING
Rebekah Clark Moody, floral designer and owner of Forage and Fleur
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SPECS: 8 x 9, 192 pages, lay-flat paperback, 150 color photos
PUB DATE: April, 2017

THE BUTCHER BABE COOKBOOK
Loreal Gavin, celebrity chef, contestant on Food Network Star season 10 and winner of Cutthroat Kitchen
PRICE: $22.99
ISBN: 978-1-62414-327-4
SPECS: 8 x 9, 224 pages, lay-flat paperback, 80 color photos
PUB DATE: April, 2017

BEIRUT TO BOSTON: A COOKBOOK
Jay Hajj, owner of Mike’s City Diner
PRICE: $21.99
ISBN: 978-1-62414-342-7
SPECS: 8 x 9, 192 pages, lay-flat paperback, 80 color photos
PUB DATE: May, 2017

SHOWDOWN COMFORT FOOD, CHILI & BBQ
Jenn de la Vega, founder of Randwiches
PRICE: $21.99
SPECS: 8 x 9, 192 pages, paperback, 80 photos
PUB DATE: May, 2017

100 BACKYARD ACTIVITIES THAT ARE THE DIRTIEST, COOLEST, CREEPY-CRAWLIEST EVER!
Colleen Kessler, award-winning educator and founder of Raising Lifelong Learners
PRICE: $19.99
ISBN: 978-1-62414-373-1
SPECS: 8 x 9, 208 pages, lay-flat paperback, 50 photos
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