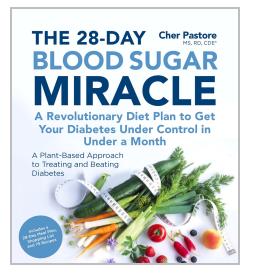


+ INSPIRING READERS TO DO THE THINGS THEY LOVE BETTER +

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HEALTH & FITNESS / DISEASES / DIABETES

Page Street Publishing | 1/5/2016 9781624142123 | \$21.99

Trade Paperback | 192 pages | Carton Qty: 26 8 in W | 9 in H 60 color photos

Other Available Formats: Ebook ISBN: 9781624142192

MARKETING

- · Long-lead coverage: excerpts/features in health and nutrition magazines (SELF, Women's Health, Men's Fitness, Shape, Weight Watchers, Woman's Day).
- · Broadcast outreach: TV (TODAY, Good Morning America, Good Day New York) and NPR (Diane Rehm Show, Here & Now).
- · Review mailing targeting Top 50 newspapers and newswire outlets (ASSOCIATED PRESS, Reuters).
- Online review mailing to target health and nutrition news websites and blogs (Huffington Post, TODAY.com, well+GOOD).

The 28-Day Blood Sugar Miracle

A Revolutionary Diet Plan to Get Your Diabetes Under Control in Less Than 30 Days

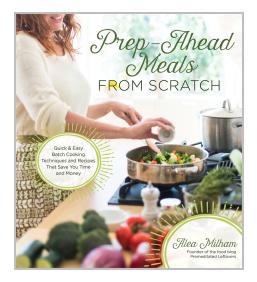
Cher Pastore, MS, RD, CDE

A plant-based approach and 28-day meal plan to treat and beat diabetes.

Through education, coaching, a 28-day transformational meal plan and easy, plant-based, whole-food recipes, *The 28-Day Blood Sugar Miracle* is a proven method from a registered dietitian using smart nutrition to lower diabetic and prediabetic insulin levels into the non-diabetic range. The side benefits include weight loss, lower blood pressure and getting off diabetes medication for good.

The 28-day meal plan includes breakfast recipes like Lemony Avocado Toast and Glowing Green Smoothies, lunch recipes like Southwestern Quinoa Salad with Jalapeno-Lime Vinaigrette and dinner recipes like Outrageously Good Homemade Veggie Burger and Louisiana Red Beans and Smoked Tempeh with Quinoa and Swiss Chard Sauté.

Cher Pastore is founder of Cher Nutrition, a New York City-based practice that offers nutritional counseling to clients referred by doctors for issues like weight loss, diabetes and prenatal nutrition. Cher has a Masters of Science (MS) in Clinical Nutrition and Food Studies from New York University. She is a Registered Dietitian (RD) and a Certified Diabetes Educator® (CDE®).



COOKING / METHODS / QUICK & EASY

Page Street Publishing | 1/12/2016 9781624142048 | \$19.99

Trade Paperback | 208 pages | Carton Qty: 26 8 in W | 9 in H 80 color photos

Other Available Formats: Ebook ISBN: 9781624142116

MARKETING

- · Long-lead magazine outreach: recipe placements/author interviews in epicurean and family-focused titles (Family Circle, Parenting, Woman's Day, Better Homes & Gardens, Cooking Light).
- · Targeted pitching to national TV (TODAY, Good Morning America, The Chew, Fox & Friends).
- Print review mailing to Top 50 newspapers and major news websites (TODAY.com, BuzzFeed).
- · Mommy-blog tour during pub month featuring money-saving ideas, easy family meals and live author chats.

Prep-Ahead Meals From Scratch

Quick & Easy Batch Cooking Techniques and Recipes That Save You Time and Money

Alea Milham

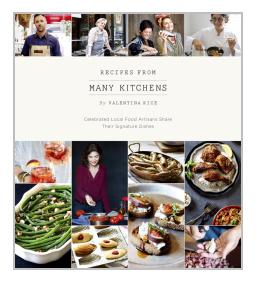
Easy, make-ahead meals your family will love using a mix and match system where you make batches of ingredients and then easily and quickly combine them into the meals you want when you want them

Prep-Ahead Meals From Scratch will save readers time and money by teaching them how to prepare large batches of different staples to quickly combine into a variety of meals in no time. The book offers batch cooking for beef, chicken, pork, beans and rice. Plus you can batch cook however you like, whether that's on the stovetop, in the oven, in the slow cooker or in the broiler. Each cooking technique comes with incredible recipes such as Mongolian Beef Lettuce Wraps, Chicken Alfredo Skillet with Spring Vegetables, Pulled Pork Stuffed Sweet Potatoes and Artichoke and Spinach Rice Bake.

By batch cooking, readers can prepare multiple family-friendly meals at once, ultimately saving time and money. *Prep-Ahead Meals From Scratch* sets out to redefine "fast food," offer speedy food prep techniques, share money saving shopping strategies and food storage tips and help readers pull it all together by learning to develop meal plans.

Preparing meals ahead of time means you don't have to spend precious hours of everyday working in the kitchen-a big feat for those of us cooking for our families.

Alea Milham is founder of popular food and frugal-living blog Premeditated Leftovers (premeditatedleftovers.com). Alea has more than 74,000 Twitter followers, 47,000 Pinterest followers and more than 1.7 million views on Google Plus. She has been featured on blogs including 5 Dollar Dinners, All Free Casserole Recipes, Food Allergies on a Budget, Gluten Free Easily, All Gluten-Free Desserts and more. She lives in Reno, Nevada.



COOKING

Page Street Publishing | 1/26/2016 9781624142024 | \$21.99

Trade Paperback | 192 pages | Carton Qty: 20 8 in W | 9 in H 80 color photos

Other Available Formats: Ebook ISBN: 9781624142093

MARKETING

- · National media outreach: TV (TODAY, Good Morning America, The 700 Club), magazines (Family Circle, Redbook, Woman's World), newspapers (Wall Street Journal, New York Times, USA Today), NPR (Here & Now, Weekend Edition), online outlets (The Salt, Food & Wine, Food52).
- · Review mailing to Top 50 newspapers and newspaper networks targeting food and lifestyle sections.
- · Focus on NYC media where author is based: Daily News, The New York Post, Newsday, AM New York.

Recipes From Many Kitchens

Celebrated Local Food Artisans Share Their Signature Dishes

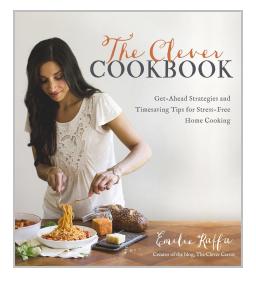
Valentina Rice

The author has worked with New York's top artisanal food producers and has gathered these incredible foodies' favorite recipes in this eclectic and intriguing cookbook.

Around the world, some of the most brilliant food minds are producing signature items like to-die-for strawberry pie filling, salt with handpicked herbs de Provence, melt-in-your-mouth chocolate honey truffles and creative combinations like parmesan prosciutto scones. In *Recipes From Many Kitchens*, Valentina Rice gathers 80 favorite recipes from her 26 favorite independent, foodie artisans. These producers often make just a few signature items, like chocolate or jam or cheese and their expertise in specific culinary areas yields surprising and exciting new recipes, unique flavors and standout dishes.

Valentina already works with most of the producers, including Pipsnacks, a line of all-natural popcorns that was selected as one of Oprah's favorite things in 2012 and 2013; Schaller & Weber, the first and only American sausage and meat producer to repeatedly win gold medals of honor at the International Exhibitions in Holland and Germany; and The Brooklyn Roasting Company, a Fair Trade, Rainforest Alliance and Organic certified coffee roaster. The recipes will range from their specialties to chocolates, teas, oils, condiments, pastas, breads, sauces and more.

Valentina Rice is the founder of Many Kitchens (http://manykitchens.com), a curated online marketplace for artisanal foods. Before founding Many Kitchens, Valentina was Vice President of International Sales and Marketing at Penguin. She lives in New York City.



COOKING / METHODS / QUICK & EASY

Page Street Publishing | 2/16/2016 9781624142161 | \$21.99

Trade Paperback | 208 pages | Carton Qty: 20 8 in W | 9 in H 80 color photos

Other Available Formats: Ebook ISBN: 9781624142130

MARKETING

Publicity campaign: women's magazines (Good Housekeeping, Real Simple, Martha Stewart Living, Woman's Day). Pitching national TV (TODAY, Good Morning America, Good Day New York, Fox & Friends) and NPR programs (Weekend Edition). Outreach to Top 50 newspapers, newswire services, and news websites (Wall Street Journal, New York Times, Huffington Post, Oprah.com). Utilize author's community via blog The Clever Carrot, initiate blog tour during pub month: author Q&As, recipe placements, reviews

The Clever Cookbook

Get-Ahead Strategies and Timesaving Tips for Stress-Free Home Cooking

Emilie Raffa

Recipes for complex meals that come together in no time.

Just because you're short on time doesn't mean you have to sacrifice healthy, flavorful homemade food. Thanks to Emilie Raffa's *The Clever Cookbook*, readers can cut down on cooking time while still creating delicious, complex meals.

The highlight of the book is Emilie's incredibly delicious recipes, such as 30-Minute Chicken Piccata, No Sweat Gratin with Brown Rice, Zucchini & Tomatoes and Quick Chicken Stir-Fry with Oven Roasted Broccoli. The recipes are easy and fast, thanks to her clever shortcuts and flavor tricks.

Here are some of Emilie's kitchen shortcuts:

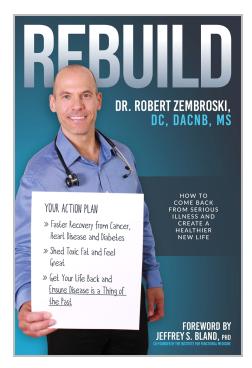
- Use a wide skillet to cook everything fast (i.e. tomato sauce, pot pie filling and meat sauce).
- Cook pasta in less water-it boils faster and the extra starchy cooking liquid creates silky pan sauces.

And these are some of her easy taste-boosting tricks:

- Save and freeze all parmesan cheese rinds to add to soups and stews for a delicious nutty flavor.
- Use the 7-6-5 method for grilling pork tenderloin-sear for 7 minutes, flip and sear for 6 minutes, shut off the heat and let it rest for 5 minutes with the lid closed. Perfectly tender pork every time!

Emilie's classic culinary training, knack for creative recipes, savvy shortcuts and flavor tricks will help readers prepare mouthwatering, healthy meals quickly and with ease.

Emilie is founder of The Clever Carrot (theclevercarrot.com), a popular, healthy comfort food blog. The blog has more than 12,000 Facebook followers. Emilie has a degree in Classic Culinary Arts from the French Culinary Institute. She has worked as a private chef, recipe developer and food stylist. Emilie lives on Long Island, New York with her husband and two sons.



HEALTH & FITNESS / DIET & NUTRITION / DIETS

Page Street Publishing | 3/1/2016 9781624142079 | \$22.99

Hardcover | 224 pages | Carton Qty: 22 6 in W | 9 in H

Other Available Formats: Ebook ISBN: 9781624142000

MARKETING

Targeted long-lead outreach to health magazines for feature interviews and author Q&A's across Men's Health, Men's Fitness, Dr. Oz. The Good Life, and Shape.

Review mailing to the Top 50 newspapers nationally targeting the health, wellness, and features editors.

Interviews to be scheduled across a range of health, medicine, and diet news websites including well+GOOD and National Public Radio programs such as All Things Considered and Weekend Edition.

Rebuild

Rebuild Your Body After Disease, Prevent Chronic Health Issues, Lose Toxic Fat, Transform Your Body

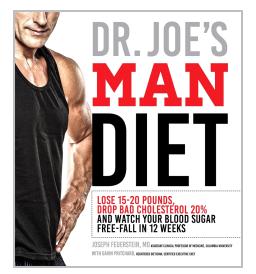
Robert Zembroski

Don't just beat the odds-come back from serious illness like cancer or a heart attack even better than before.

Can you recover from cancer, heart disease, diabetes and other chronic health issues, and actually become healthier than you were before? With Dr. Z's Rebuild program, you can. Readers get information and simple guidelines on regenerating cells to recover from and prevent life-threatening or chronic illness, rebuilding their bodies' strength by eliminating toxic fat, and revitalizing their lives with new hope and energy. Also included in the book are illustrated high-impact exercises and plant-based recipes. Dr. Z guides readers to get to the roots of their chronic health issues, reversing the conditions so that their bodies can heal, strengthen and prevent future illness.

Dr. Z's program is built on the actions he took after being diagnosed with life-threatening cancer. "At 38 years old, I was not going down," he writes on his website. "I had one thing in mind-Rebuild." He researched ways to reverse the side effects of the chemotherapy, radiation and major surgery that had left him feeling weak. He mapped out a plan that saved his life and helped him become stronger, healthier and more balanced than he was years before. "What I did for myself," he says, "I can do for you." Dr. Z has been there with his readers, feeling the fear, confusion and frustration of a health crisis. With this book, though, readers will conquer their fear *and* their health issues to recover, rebuild and sustain their health for a lifetime.

Dr. Robert Zembroski is a physician, board-certified chiropractic neurologist, clinical nutritionist, specialist in functional medicine, author and public speaker. After defeating cancer, he created the Cancer Victor lifestyle and the education platform "Defeat your Disease and Conquer your Condition." He is currently working on a documentary about heart disease with Emmy Award-winning film producers Mazarella Media, called "Suddenly." He lives in Wilton, Connecticut.



HEALTH & FITNESS / DIET & NUTRITION / DIETS

Page Street Publishing | 3/1/2016 9781624141799 | \$21.99

Trade Paperback | 224 pages | Carton Qty: 26 8 in W | 9 in H 60 full color photographs

Other Available Formats: Ebook ISBN: 9781624141881

MARKETING

and TODAY.com.

Long-lead media targets: national men's health, general interest titles (Men's Health, Men's Fitness, Esquire, GQ, Dr. Oz The Good Life, O, The Oprah Magazine). Newspaper targets: New York Times, Wall Street Journal, Top 50 newspapers. Broadcast media outreach: national TV (TODAY, Good Morning America, CBS This Morning), radio interviews on NPR programs (Here & Now). Online outreach to target health and newswebsites such as Huffington Post

LAY-FLAT PAPERBACK

Dr. Joe's Man Diet

Lose 15-20 Pounds, Drop Bad Cholesterol 20% and Watch Your Blood Sugar Free-Fall in 12 Weeks

Joseph Feuerstein with Gavin Pritchard

Lose weight and drop your blood sugar, cholesterol and blood pressure without medication

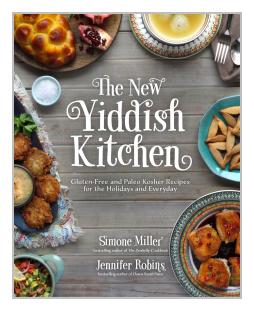
Clinically proven with more than 10,000 patients!

Without cutting carbs or eliminating fat, Dr. Feuerstein will help readers lose 15-20 pounds in 12 weeks, drop their cholesterol by at least 20% and watch their blood sugar free-fall.

Dr. Joseph Feuerstein, Director of Integrative Medicine at Stamford Hospital and an Assistant Professor of Clinical Medicine at Columbia University, has tested *Dr. Joe's Man Diet* with more than 10,000 of his own patients.

This lifestyle and eating plan is proven to help men get their cholesterol, blood sugar and blood pressure under control, lose weight and regain their health-all without medication and all from a leading practitioner of Integrative Medicine. Backed by scientific research, the book offers a medication-free lifestyle makeover, explains common blood tests and hormone readings, details exactly what to eat and when and provides 50 recipes to keep readers on the right path.

Joseph Feuerstein, MD is Director of Integrative Medicine at Stamford Hospital in Stamford, Connecticut and Assistant Professor of Clinical Medicine at Columbia University College of Physicians and Surgeons. The *Man Diet* lifestyle and diet plan was published in 2011 in a peer-reviewed journal, *Current Nutrition and Food Science*, and presented in 2012 at the International Research Congress on Integrative Medicine. Dr. Feuerstein lives in Connecticut.



COOKING / HEALTH & HEALING / GLUTEN-FREE

Page Street Publishing | 3/8/2016 9781624142307 | \$28.00

Hardcover | 256 pages | Carton Qty: 14 8 in W | 10 in H 100 color photos

Other Available Formats: Ebook ISBN: 9781624142345

MARKETING

Washington DC tour with Arlington VA author targeting Jewish venues such as: Washington DC Jewish Community Center, Washington Hebrew Congregation, Jewish Food Experience Targeted outreach to Jewish outlets based on recent break-out Jewish books Jewish Paleo outreach based on author relationships Passover targeted outreach

The New Yiddish Kitchen

Gluten-Free and Paleo Kosher Recipes for the Holidays and Everyday

Jennifer Robins and Simone Miller

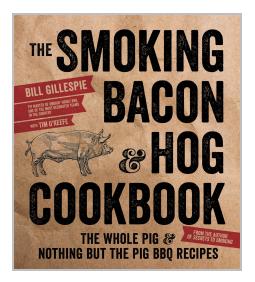
Traditional Jewish food made gluten- and dairy-free for the holidays and every day from two well-known Jewish Paleo authors.

The New Yiddish Kitchen is a modern take on the great Jewish cooking tradition. It's a lifesaver for Jewish home cooks around the world who have cut processed grains and/or dairy from their diets. With 100 traditional Jewish foods adapted for the Paleo diet, photos to go with each and bonus practical guides, readers will enjoy the holidays and everyday meals stress-free. Some example recipes in the book are grain-free Challah, Matzo Balls, Sweet Potato Latkes, Smoked Squash Hummus, Everything Bagels with Cashew Cream Cheese and Blintzes with Blueberry Topping. Of course, you don't have to be Jewish to love homemade bagels or matzo ball soup, so even non-Jewish readers will enjoy the variety of Paleo and gluten-free dishes.

Authors Simone Miller and Jennifer Robins are well established in the Paleo cooking community. Miller is the author of the bestselling *Zenbelly Cookbook* and Robins is the author of forthcoming *Down South Paleo*. Simone and Jennifer released an ebook version of *The New Yiddish Kitchen* mid-December 2015 and it sold over 1,000 copies quickly with a positive response from their readers. The new print book will have twice the number of recipes and photos, and the original ebook was taken off the market after Passover in April 2015. No Jewish grandmother or mother will want to miss out on this essential, fun cookbook.

Simone Miller is the author of the bestselling *Zenbelly Cookbook* and the owner of Zenbelly, a 100% gluten-free, Paleo-focused catering company. She lives in San Francisco, California.

Jennifer Robins is the author of *Down South Paleo*, scheduled to be released in August 2015. She is the founder and author of the food blog Predominantly Paleo. She has guest blogged for The Real Food Guide, Paleo Parents, The Paleo Mom, The Nourish Cave Man and more. Jennifer lives in Arlington, Virginia.



COOKING / SPECIFIC INGREDIENTS / MEAT

Page Street Publishing | 3/15/2016 9781624142246 | \$21.99

Trade Paperback | 192 pages | Carton Qty: 26 8 in W | 9 in H 60 color photos

Other Available Formats: Ebook ISBN: 9781624142215

MARKETING

Utilize author's barbecue/grilling network, reach out to barbecue society newsletters and databases to promote book via giveaways and competition appearances. Outreach to national TV (TODAY, Good Morning America, Fox & Friends), print (New YorkTimes, USA Today, ASSOCIATED PRESS, Bon Appetit, Esquire, GQ), online media outlets (Tasting Table, BuzzFeed). Focus on Boston/MA media (where author is based): feature interviews across print (Boston Globe), TV, NPR (Here & Now).

The Smoking Bacon & Hog Cookbook

The Whole Pig & Nothing But the Pig BBQ Recipes

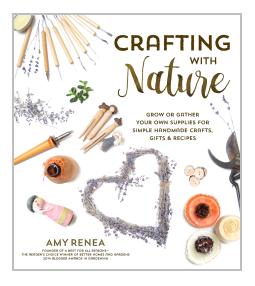
Bill Gillespie

Cook the best pork of your life with recipes and techniques from a BBQ world champion.

The Smoking Bacon & Hog Cookbook is the ultimate guide to get you cooking the most delicious pork you and your family have ever tasted including 35 bacon curing recipes. Bill Gillespie is the pitmaster of the award winning Smokin' Hoggz BBQ; in his second cookbook, he reveals all the trade secrets of preparing pork meat and the recipes that made his BBQ team the Grand Champions of the Jack Daniel's World Champion Invitational Barbeque and the American Royal Invitational-from smoked bacon and sausage to barbecued baby back ribs, pulled pork, tenderloin and the classic ham. He shows the ins and outs of curing, smoking and cooking each cut of the hog to delicate perfection every time. You'll be amazed to see how easy it is to smoke and cook pork so tender and delicious you won't be able to stop talking about it.

Readers are guided step-by-step on how to prepare each of the most popular parts of the pig. The more adventurous learn to prepare the head and whole hog. Readers also get an introduction to cooking with a variety of cookers and smokers. *The Smoking Bacon & Hog Cookbook*, with its simple yet masterful recipes, will have any pork-lover drooling over its pages, so you'll want to be sure to get one for yourself and a friend!

Bill Gillespie is the author of Secrets to Smoking on the Weber Smokey Mountain Cooker and Other Smokers. He is a member of the award-winning BBQ team Smokin' Hoggz BBQ, named the champions of the American Royal Invitational competition and the Jack Daniel's World Champion Invitational Barbecue competition. They have won numerous other competitions. Bill and his team have been featured in Forbes magazine, South Shore Living magazine and the Boston Globe. He lives in Abington, Massachusetts.



CRAFTS & HOBBIES / NATURE CRAFTS

Page Street Publishing | 3/22/2016 9781624141980 | \$19.99

Trade Paperback | 192 pages | Carton Qty: 26 8 in W | 9 in H 60 color photographs

Other Available Formats: Ebook ISBN: 9781624142055

MARKETING

Print excerpts, interviews, author Q&A's across the craft, home and garden sections of Top 50 newspapers and newswire services (New York Times, ASSOCIATED PRESS).
Broadcast outreach: NPR (You Bet Your Garden, Weekend Edition).
Tapping into author's online community, coverage is expected across a range of top craft blogs and websites.
Review mailing to national craft, home and gardening magazines (Better Homes & Gardens, Real Simple).

Crafting with Nature

Grow or Gather Your Own Supplies for Simple Handmade Crafts, Gifts & Recipes

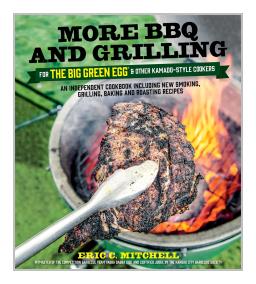
Amy Renea

A beautiful and practical step-by-step guide to growing and gathering plants and using them to fill your life and home with natural homemade creations.

Crafting with Nature offers an incredible collection of easy projects using natural materials you can gather or grow and form into beautiful and useful crafts.

Readers will love making and using items like the DIY Solid Lavender Perfume, or sewing beautiful Rustic Wooden Buttons they made from gathered branches onto a favorite sweater, or decorating their homes with a Lambs Ear Flower Stalk Wreath with lambs ear they grew in the garden. Each chapter focuses on a different common plant, starting out with a beginner-friendly guide for how to gather or grow it (most are commonly found in home gardens), then at least two projects for what readers can make with it. The book has a total of over 55 detailed tutorials, simple DIYs, crafting techniques and new, inspiring ideas. Amy Renea is the founder of A Nest for All Seasons, chosen as the reader's choice best gardening blog in the Better Homes & Gardens Blogger Awards.

Amy Renea is the founder and photographer of A Nest for All Seasons, a gardening and DIY craft blog. Her blog was chosen as the reader's choice best gardening blog in the Better Homes & Gardens 2014 Blogger Awards. Her blog has been featured as the best of Houzz in 2013 and 2014, and on Wayfair Homemakers. She has 11,928 followers on Pinterest. Amy is also a Crafts Unleashed design team member. She lives in Hershey, Pennsylvania.



COOKING / METHODS / BARBECUE & GRILLING

Page Street Publishing | 3/22/2016 9781624142376 | \$21.99

Trade Paperback | 224 pages | Carton Qty: 20 8 in W | 9 in H 60 color photos

Other Available Formats: Ebook ISBN: 9781624142420

MARKETING

Utilize author's barbecue/grilling network, outreach to barbecue society newsletters and databases to promote book. Target daily and weekly newspapers, bloggers, regional and national radio programs.

Television targets: Today, Good Morning America, Fox & Friends.

More BBQ and Grilling for the Big Green Egg and Other Kamado-Style Cookers

An Independent Cookbook Including New Smoking, Grilling, Baking and Roasting Recipes

Eric Mitchell

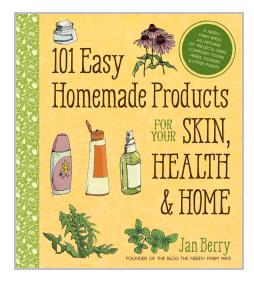
More epic recipes for the popular Big Green Egg from awardwinning barbecue master, Eric Mitchell.

Equal parts grill, oven and smoker, the success of the bestselling Big Green Egg should come as no surprise- and who better to highlight the versatile cooker than Eric Mitchell? Eric competed in some of the most prestigious BBQ competitions, including the Jack Daniel's World Champion Invitational and American Royal World Series of Barbecue, where he used the Big Green Egg to win a perfect score on his crème brûlée. Eric is back with more recipes and techniques for use on kamado-style cookers.

After introducing readers to the Big Green Egg and the various techniques of using this cooker, Eric expands on the recipes from *Smoke It Like A Pro* to give readers a more expansive taste of what the cooker is capable of. Ceramic kamado-style charcoal grills like the Big Green Egg have a unique sealed design with a built in thermometer and a daisy wheel damper unit to control air flow, making it easy to regulate temperatures and cook more consistently than with other charcoal or gas grills. The Big Green Egg can cook a huge variety of foods, even baked goods like bread, pizza and pies.

Recipes include Slow-Fired Pork Carnitas, Puerto Rican Marinated Pork Roast, Chinese BBQ Pork, Tequila Pork Chops, Roasted Rack of Lamb with Whiskey Sauce, Moroccan Roasted Leg of Lamb, Tandori Chicken and Miso Glazed Salmon. These recipes and many others will help those who enjoyed *Smoke It Like A Pro* learn new recipes and expand their repertoire.

Eric Mitchell is the author of *Smoke It Like A Pro* and a member of the competitive BBQ team, Yabba Dabba Que. He has competed in the Jack Daniel's World Champion Invitational Barbecue competition twice and has competed in the American Royal Invitational. Yabba Dabba Que was voted 1st runner up Team of the Year and they placed 1st in pork and 3rd in brisket and ribs. Eric is also a certified judge by the Kansas City Barbecue Society. He owns six Big Green Eggs. He lives in Bedford, New Hampshire.



CRAFTS & HOBBIES / NATURE CRAFTS

Page Street Publishing | 3/29/2016 9781624142017 | \$22.99

Trade Paperback | 256 pages | Carton Qty: 26 8 in W | 9 in H 100 color photos

Other Available Formats: Ebook ISBN: 9781624142086

MARKETING

National magazine outreach to women's magazines including Martha Stewart Living, O, The Oprah Magazine, Family Circle, and Good Housekeeping. Review mailing to the Top 50 newspapers targeting beauty, health, and the home sections.

Dedicated outreach to the eco-friendly, health, and DIY media including Herbal Living magazine and Mother Jones.

101 Easy Homemade Products for Your Skin, Health & Home

A Nerdy Farm Wife's All-Natural DIY Projects Using Commonly Found Herbs, Flowers & Other Plants

Jan Berry

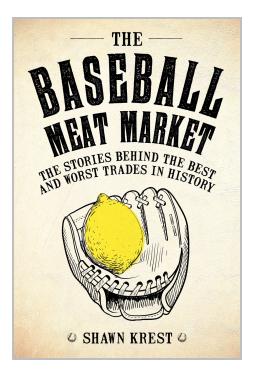
From your skin to your laundry, your bath to your pets, expand your green living habits with easy homemade products for every part of your life.

With a flood of research showing the dangers of chemicals and toxins in most skin care products, cleaners and food items, 101 Easy Homemade Products for Your Skin, Health & Home shows readers how to make toxic-free homemade products they can trust. This book serves as a complete resource for readers' green living habits. Readers get a huge variety of projects, including natural skin care products like Dandelion Hand Cream, bath and beauty products like Basil Mint Herbal Bath Bomb and Calendula Rose Face Toner, soaps like Rosemary Nettle Shampoo Bar or Men's Shaving Soap, home products like Lavender Fabric Softener and Thyme Disinfecting Spray, health remedies like Herbal Cough Drops, and pet products like Herbal Flea Powder.

The book will include over 100 projects divided by category-25 projects in skin care, 25 in bath, 15 in beauty, 10 in soaps, 10 in home, 15 in health and 10 in pets. Our book will stand out from others on the market because each project uses real herbs, flowers and other plants, instead of essential oils or manufactured solutions. This makes the projects more affordable and effective.

Jan Berry lives on a farm and shares her recipes and projects on her blog, the Nerdy Farm Wife. The blog has an active fan base, and this is the book her readers have been asking for. Readers are going to love this book's easy guides and step-by-step projects for going green in every part of their lives.

Jan Berry is the founder of the blog The Nerdy Farm Wife, which has nearly 35,000 Facebook likes, 14,000 followers on Pinterest and over 15,000 email subscribers. She writes a monthly column for HobbyFarms.com and is a regular contributor to *Natural Herbal Living* magazine. Many of her projects have been featured on other blogs and websites, such as Natural Living Mama, Purposeful Nutrition, The Mind to Homestead, Thoroughly Natural and more. She lives in Monroe, Virginia.



SPORTS & RECREATION / BASEBALL

Page Street Publishing | 3/29/2016 9781624142383 | \$22.99

Hardcover | 288 pages | Carton Qty: 20 6 in W | 9 in H

Other Available Formats: Ebook ISBN: 9781624142413

MARKETING

National television targets: Today, Good Morning America, Fox & Friends. Sports radio tour targeting regional and national programs.

Outreach to Sports Section of Top 50 Newspapers.

Outreach to bloggers, including online blog tour.

The Baseball Meat Market

The Stories Behind the Best and Worst Trades in History

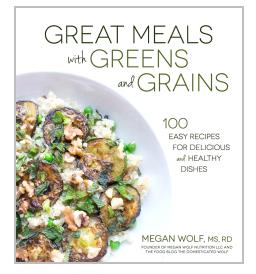
Shawn Krest

A must-have resource and great gift for any serious baseball fan to see the fascinating world behind the scenes of baseball's most significant trades.

Shawn Krest is an incredible and gripping sportswriter who shares a detailed narrative behind the best and worst MLB player trades in history. Few topics of baseball get fans as riled up as trades, and any fan can spout words of rage or thrill at the big blockbuster ones. But reviewing those mismatch trades is like judging the best home runs by how far they went. Instead of only focusing on the first-round knockouts, this book deals with the 12-round title fights of baseball trades. The best trades are the ones that changed the history of the sport. The worst ones didn't just get a GM fired-they cost a city its team. In this book, readers get a bird's eye view of the most important trades and how they shaped baseball into what it is today.

Shawn writes in the introduction, "To fully understand a trade, we must peek inside the front office, listen to the phone calls and read the texts. We must look through the scouting reports and see who's thought to be losing a step.... We need to check the locker room for cancers. Then we need to make a choice-Scott Pose, Tom Marsh or that kid from the Reds? There have been times when it was done better than anyone else. There have also been times where someone wishes he could take it all back-along with his job." Readers get the inside scoop on what was, what wasn't and what could have been. For any serious fan of the great sport of baseball, all the excitement and history is right here.

Shawn Krest is a sportswriter for ACCSports.com and the *ACC Sports Journal*. His work has appeared on CBSSports.com, ESPN.com, The Sporting News, MLB.com and the official game programs for the MLB All Start Game and League Championship Series. His writing has been awarded by the USBWA, PFWA and BWAA. Every Friday, Shawn appears on the David Glenn Show, and he makes regular appearances on stations in New York, South Carolina, Virginia and Florida. Shawn lives in Raleigh, North Carolina.



COOKING / SPECIFIC INGREDIENTS / VEGETABLES

Page Street Publishing | 4/5/2016 9781624142284 | \$21.99

Trade Paperback | 208 pages | Carton Qty: 26 8 in W | 9 in H 60 full color photos

Other Available Formats:

Ebook ISBN: 9781624142321

MARKETING

Strong outreach to food blogger community.

Special diet campaign--digital and print.

Great Meals With Greens and Grains

100 Easy Recipes For Delicious and Healthy Dishes

Megan Wolf

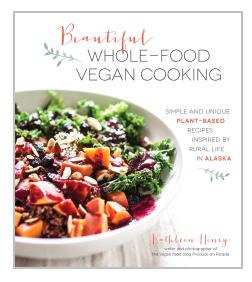
Plant-based meals that'll make you enjoy eating healthy.

Great Meals With Greens and Grains will help readers eat better, feel better and live better by adding more veggies, grains and other whole foods to their diets. This book is packed with 100 plant-based recipes and detailed meal plans.

Recipes include Forbidden Rice Salad with Golden Beets, Raisins and Walnuts, Marsala Mushroom Farro Risotto, and Kale Caesar Salad With Challah Croutons. Plus, this book includes gluten-free, vegan and raw options.

These incredible, whole-ingredient recipes are healthy and delicious without being overly complex. They will make it easy for readers to add more tasty vegetable dishes into their diets.

Megan Wolf is a New York City-based Registered Dietitian and owner of Megan Wolf Nutrition, a nutrition counseling and consulting private practice. Megan is founder of the popular food blog The Domesticated Wolf (http://thedomesticatedwolf.com). She has a master's degree in clinical nutrition from New York University and a bachelor's degree in anthropology from Bates College. Megan lives in New York, New York.



COOKING / VEGETARIAN & VEGAN

Page Street Publishing | 4/12/2016 9781624141997 | \$19.99

Trade Paperback | 192 pages | Carton Qty: 26 8 in W | 9 in H 80 color photos

Other Available Formats: Ebook ISBN: 9781624142062

MARKETING

Using excerpts from the book, launch promotional campaign during pub week on KitchenDaily.com (UVM: 1,259,729) via Kathleen's regular column.
Focus on healthy, vegan/vegetarian stories pitched to national TV (TODAY, Good Morning America, Fox & Friends, Everyday Day with Rachael Ray), print (Wall Street Journal, New York Times, Bon Appetit, Saveur, Dr Oz The Good Life, Conde Nast Traveller), NPR (Here & Now, All Things Considered), and online media (The Salt, BuzzFeed, Tasting Table).

Beautiful, Whole-Food Vegan Cooking

Simple and Unique Plant-Based Recipes Inspired by Rural Life in Alaska

Kathleen Henry

Plant-based recipes made from simple, whole ingredients, inspired by what's available in Alaska; no expensive and processed or specialized vegan alternatives.

Get back to the roots of healthy eating with style and whole food. Forget the long list of unrecognizable ingredients like vegan faux cheese or meat substitutes; with this cookbook, readers use only the freshest, whole natural foods around. After all, that's pretty much the only thing available to Kathleen Henry up in Alaska.

The recipes in *Beautiful, Whole-Food Vegan Cooking* are delicious enough to be gourmet, but simple enough to whip up on a weeknight. Come morning, you won't want to sleep in when you've got Caramel Oat Pancakes, or nutrient-packed Flax & Quinoa Blueberry Porridge. Off to work? Don't forget your lunch! Your coworkers will be eyeing your bowl of Aromatic Coconut Lentil Soup or "Tuna" Waldorf Salad Sandwich made on Perfect Homemade Sandwich Bread. Over dinner, your family won't be able to stop talking about the Kale Stuffed Balsamic Sage Sweet Potatoes or the Unbelievable Chow Mein. If you saved room for dessert, you're in for a real treat with Ginger Blueberry Citrus Crumble or Chipotle Chocolate Silk Pie. Finish off the evening with a round of Vintage Strawberry-Basil Shrub cocktails and you'll feel like you're in foodie paradise.

No matter whether you're vegan, vegetarian or just a fan of delicious, healthy food, the 80 incredible recipes with 80 stunning photographs in *Beautiful, Whole-Food Vegan Cooking* will catch the eye and get the taste buds tingling of every food lover out there.

Kathleen Henry is the founder of the vegan food blog Produce On Parade. Her recipes have been featured on The Kitchn, BuzzFeed, PopSugar, Fox News, Daily Burn, One Green Planet, Bembu, NoshOn.It and TheLoop. She is a regular contributor to Kitchen Daily. Kathleen lives in Wasilla, Alaska.



HEALTH & FITNESS / BEAUTY & GROOMING

Page Street Publishing | 4/12/2016 9781624142222 | \$19.99

Trade Paperback | 192 pages | Carton Qty: 26 8 in W | 9 in H 60 color photos

Other Available Formats: Ebook ISBN: 9781624142178

MARKETING

Major long-lead media targets to include thenational women's magazines covering health and beauty (SELF, Cosmopolitan, Marie Claire, ELLE, Glamour, Redbook, Women's Health, Shape).

National broadcast media to include TV programs (TODAY, Good morning America, Fox & Friends, Live with Kelly and Michael, The View).

Launch Rock it Like a Redhead national tour with beauty events around the country: metro media in each city covering local newspapers, magazines, TV, radio and online sites.

How to Be a Redhead

A Guide to Beauty, Skincare, Hair Care, Fashion and Confidence From the Sisters Who Started the Red Hair Revolution

Adrienne and Stephanie Vendetti

Rock it like a redhead!-beauty, skincare, fashion and confidence tips to embrace those wild strawberry locks.

How to Be a Redhead is a beauty book for women with red hair, both natural and by choice. More than a beauty and style guide, How to Be a Redhead is meant to inspire confidence for a group of women who are often unsure of their looks and need specialized beauty advice.

From helping readers identify "redhead-friendly products" to how to take the perfect redhead selfie and what hashtags to use on social media to make the most of your look, the book is a step-by-step instructional for redheads. *How to Be a Redhead* includes makeup, hair, skin and fashion sections, with guides such as Freckle-Friendly Foundation & Cream, Conquer Those Fair Lashes, Choosing the Right Shampoos & Conditioners, Seasonal Skin Care and Day to Night Looks.

The theme of confidence and individuality will run throughout the book.

Adrienne and Stephanie Vendetti are sisters and founders of the blog How to Be a Redhead. They curate and produce Rock it Like a Redhead events and will launch a Rock it Like a Redhead tour in 2015. In 2012 they were L'Oreal Paris Brand Ambassadors. They have more than 51K Instagram followers, 17K Facebook followers and 10K Twitter followers. They have been featured by *The New York Times*, *ABC News*, *Cosmopolitan UK*, *BuzzFeed*, *Shape*, and *Women's Health*. They live in Long Island City, New York.



JUVENILE NONFICTION / ACTIVITY BOOKS

Page Street Publishing | 4/19/2016 9781624141331 | \$19.99

Trade Paperback | 192 pages | Carton Qty: 26 8 in W | 9 in H 100 full color photos

Other Available Formats:

Ebook ISBN: 9781624141355

MARKETING

Outreach to daily and weekly newspapers, radio programs and television.
Television Targets: Today, Good Morning America, The Talk, Home & Family, Fox & Friends, Steve Harvey, Queen Latifah.
Outreach to blogging community, including blog tours, blogger giveaways, and blog parties.

101 Kids Simple Science Experiments That Are the Bestest, Funnest Ever!

The Fun and Educational Entertainment Solution for Parents, Relatives & Babysitters

Holly Homer, Rachel Miller and Jamie Harrington

101 kid-approved science activities and experiments that are an educational and fun way for parents, grandparents and babysitters to spend quality time with kids.

These fun, accessible activities will get your kids learning about the world around them, the human body and laws of force, attraction and energy.

Holly Homer and Rachel Miller are the women behind the bestselling book 101 Kids Activities That Are The Bestest, Funnest Ever! and the wildly popular site KidsActivitiesBlog.com, which has over 10,000 subscribers, 614,000 Facebook likes and 13,000 Twitter followers.

Make pickles glow, mix magnetic mud, build terrariums or explore centrifugal force. With these indoor and outdoor activities, everyday ingredients and tips for adjusting according to your child's age, you'll have hours and hours of fun, learning and discovery with your family.

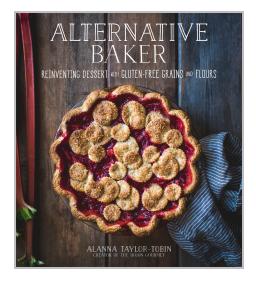
These engaging activities are a perfect way to spend enjoyable quality-time with your kids and to introduce them to the fun of science and discovery.

PRAISE

"You don't have to spend a fortune at 'Toys R Them' just because your kids say they're bored. In 101 Kids Activities, Holly and Rachel give you a ton of great, free or cheap ideas to keep your children entertained year-round." --Dave Ramsey, New York Times bestselling author and nationally syndicated radio show host

"101 Kids Activities is a must-have for moms and dads everywhere!" --Melissa Bourbon Ramirez, bestselling author of A Magical Dressmaking mystery series

Holly Homer and Rachel Miller are the women behind the bestselling book *101 Kids Activities That Are The Bestest, Funnest Ever!* and the wildly popular site KidsActivitiesBlog.com, which has over 10,000 subscribers, 614,000 Facebook likes and 13,000 Twitter followers and more than 138,000 Pinterest followers. Holly and Rachel live in Fort Worth, Texas.



COOKING / HEALTH & HEALING / GLUTEN-FREE

Page Street Publishing | 4/19/2016 9781624142031 | \$21.99

Trade Paperback | 192 pages | Carton Qty: 20 8 in W | 9 in H 80 color photos

Other Available Formats: Ebook ISBN: 9781624142109

MARKETING

Long-lead magazine outreach to epicurean and health focused magazines (SELF, Prevention, Cooking Light, bon appetit, Good Housekeeping). Review mailing targeting food, health and wellness newspaper special sections (New York Times, Wall Street Journal). Focus on local media in the Bay Area, CA (San Francisco Chronicle, Los Angeles magazine, NPR, Good Day LA). Online strategy to include coverage to the Gluten-free blogger community and major online sites including TheKitchn and Food52.

Alternative Baker

Reinventing Desserts with Gluten-Free Grains and Flours

Alanna Taylor-Tobin

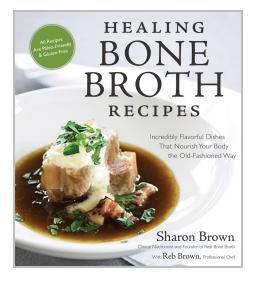
Fruit-based desserts that celebrate rich, gluten-free flours for fantastic flavor.

While most gluten-free baking cookbooks simply replace all-purpose wheat flour, usually with white rice, tapioca and potato flours, this book celebrates the wide array of grains, nuts and seeds that add unique texture and flavor to desserts. Recipes oust hard-to-find gums, such as guar and xanthan, and minimize starches, such as corn, tapioca and potato. *Alternative Baker* highlights lesser-known flours such as millet, oat, buckwheat, chestnut, sorghum and mesquite. These flours provide recipe with superior texture, flavor and nutritional value to boot.

Alternative Baker features fruit-based recipes that range from breakfast breads to pies, tarts, crisps, cobblers, cakes, custards and small treats like cookies and bars. Examples include Cranberry Millet Scones with Vanilla Bean Glaze; Buckwheat, Pear & Walnut Galettes with Salty Honey Caramel; Salty Caramel & Banana Cream Tarts in a Mesquite Crust and Maple Bourbon Peach Cobbler with Brown Butter Biscuits. In addition, the book includes recipes for basics like sauces and accompaniments.

Author Alanna Taylor-Tobin is a classically trained pastry chef who has been developing recipes and techniques for her own gluten sensitivity for more than a decade. Her love of alternative, unrefined flours, sweeteners and organic produce is a product of her upbringing by health-nut hippie parents.

Alanna Taylor-Tobin is a classically trained pastry chef with experience as a professional cook, baker and pastry chef, recipe developer, food photographer, writer and blogger. She blogs at The Bojon Gourmet (http://www.bojongourmet.com), which receives 140,000 page views per month. Her work has been featured in countless small web and print publications as well as *Food52*, *The Huffington Post*, *Williams Sonoma*, *The Kitchn* and *Elle à Table*. Alanna lives in San Francisco, California.



COOKING / HEALTH & HEALING / GLUTEN-FREE

Page Street Publishing | 4/26/2016 9781624142291 | \$21.99

Trade Paperback | 192 pages | Carton Qty: 26 8 in W | 9 in H 60 color photos

Other Available Formats: Ebook ISBN: 9781624142338

MARKETING

Heavy Paleo Blogger outreach Top cross-over food/health/nutrition outlets Southern California (OC and San Diego) focused outreach National TV out of Los Angeles

Healing Bone Broth Recipes

Incredibly Flavorful Dishes That Nourish Your Body the Old-Fashioned Way

Sharon Brown

Transform your health with simple Paleo and gluten-free recipes utilizing the concentrated nutrients of bone broth, a buzzword ingredient for healthy food celebrated by Paleo dieters.

Healing Bone Broth Recipes teaches readers how to incorporate bone broth into their diets with 100 family-friendly and delicious Paleo and gluten-free recipes. With new research boasting the nutrient-rich properties of bone broth, recipes featuring this base are popping up in restaurants and grocery stores all over the world-even Panera Bread serves broth bowls now. In Healing Bone Broth Recipes, readers learn all the delicious and versatile ways to cook at home with bone broth, whether it's for breakfast, lunch or dinner. Sample recipes include Sautéed French Green Beans with Toasted Almonds, Savory Oatmeal for Breakfast and Asian Beef with Sweet Potato "Noodles."

Sharon Brown is the founder and owner of Real True Foods, a company that makes and sells 100% organic, local and free-range bone broths and soups. She is a certified GAPS Practitioner and also has a restaurant background. She compiles this expertise into the cookbook in a way that is approachable for readers who may not know much about bone broth. She even gives away the secret recipe for her bestselling packaged bone broths, in case readers want to make their own. Whether you've been eating bone broth your whole life or have never tried it before, the simple recipes in *Healing Bone Broth Recipes* are sure to bring everyone together over a delicious, healthy meal.

Sharon Brown and her husband are the founders and owners of Real True Foods, a company that makes and sells 100% organic, local and free-range bone broths and soups. She is a clinical nutritionist and runs a nutrition program, Restoration Health & Wellness. As a certified GAPS Practitioner, she has walked over 500 people through the GAPS program. She was also the coowner of a prestigious restaurant in Los Angeles. She lives in Carlsbad, California.

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THE PERFORMANCE PALEO COOKBOOK

Stephanie Gaudreau, founder of Stupid Easy Paleo

PRICE: \$21.99

ISBN13: 978-1-62414-101-0

SPECS: 8 x 9, 224 pages, paperback, 80 color photos

PUB DATE: January, 2015



THE GOURMET MEXICAN KITCHEN—A COOKBOOK

Shannon Bard, chef/owner of Zapoteca Restaurant and Tequileria

PRICE: \$19.99

ISBN13: 978-1-62414-096-9

SPECS: 8 x 9, 208 pages, lay-flat paperback, 70 color photos

PUB DATE: February, 2015



GRILLED PIZZA THE RIGHT WAY

John Delpha, winner of nine Jack Daniels BBQ Championship Grilling and BBQing Awards

PRICE: \$19.99

ISBN13: 978-1-62414-097-6

SPECS: 8 x 9, 208 pages, lay-flat paperback, 70 color photos

PUB DATE: March, 2015



SECRETS TO SMOKING ON THE WEBER SMOKEY MOUNTAIN COOKER AND OTHER SMOKERS

Bill Gillespie, Pitmaster of the Smokin' Hoggz BBQ team

PRICE: \$19.99

ISBN13: 978-1-62414-099-0

SPECS: 8 x 9, 192 pages, lay-flat paperback, 60 color photos

PUB DATE: March, 2015



SMOKE IT LIKE A PRO ON THE BIG GREEN EGG AND OTHER CERAMIC COOKERS

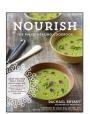
Eric Mitchell, founder of the Yabba Dabba Que Barbecue team

PRICE: \$21.99

ISBN13: 978-1-62414-098-3

SPECS: 8 x 9, 192 pages, paperback, 60 color photos

PUB DATE: March, 2015



NOURISH: THE PALEO HEALING COOKBOOK

Rachael Bryant, founder of Meatified

PRICE: \$28.00

ISBN13: 978-1-62414-102-1

SPECS: 8 x 10, 240 pages, paper over board, 80 color photos

PUB DATE: March, 2015



LEAN HABITS FOR LIFELONG WEIGHT LOSS

Georgie Fear, Registered Dietician, Nutrition Expert, and co-author of Racing Weight Cookbook

PRICE: \$22.99

ISBN13: 978-1-62414-112-6

SPECS: 6 x 9, 208 pages, hardcover

PUB DATE: April, 2015



THE NEW MEDITERRANEAN TABLE

Sameh Wadi, chef/owner of Saffron Restaurant

PRICE: \$28.00

ISBN13: 978-1-62414-095-2

SPECS: 8 x 10, 224 pages, paper over board, 80 color photos

PUB DATE: April, 2015



THE JOY OF WRITING A GREAT COOKBOOK

Kim Yorio, founder of YC Media

PRICE: \$21.99

ISBN13: 978-1-62414-060-0

SPECS: 8 x 9, 160 pages, paperback, 60 color photos

PUB DATE: May, 2015



LOOKBOOK COOKBOOK

Jessica Milan, founder of the blog Lookbook Cookbook

Price: \$19.99

ISBN13: 978-1-62414-121-8

SPECS: 8 x 9, 192 pages, lay-flat paperback, 85 color photos

PUB DATE: May, 2015



ONE-POT PALEO

Jenny Castaneda, founder of Paleo Foodie Kitchen

Price: \$21.99

ISBN13: 978-1-62414-122-5

SPECS: 8 x 9, 208 pages, lay-flat paperback, 60 color photos

PUB DATE: May, 2015



THE PRIMAL LOW-CARB KITCHEN

Kyndra Holley, founder of Peace, Love and Low Carb

Price: \$19.99

ISBN13: 978-1-62414-119-6

SPECS: 8 x 9, 208 pages, lay-flat paperback, 85 color photos

PUB DATE: June, 2015



EXPRESS LANE COOKING

Shawn Syphus, founder of the blog I Wash You Dry

Price: \$19.99

ISBN13: 978-1-62414-114-0

SPECS: 8 x 9, 192 pages, lay-flat paperback, 80 color photos

PUB DATE: July, 2015



THE SINGLE GUY COOKBOOK

Avi Shemtov, founder of the Chubby Chickpea food truck

Price: \$19.99

ISBN13: 978-1-62414-115-7

SPECS: 8 x 9, 176 pages, lay-flat paperback, 60 color photos

PUB DATE: July, 2015



DOWN SOUTH PALEO

Jennifer Robins, founder of the blog Predominantly Paleo

Price: \$21.99

ISBN13: 978-1-62414-132-4

SPECS: 8 x 9, 208 pages, lay-flat paperback, 60 color photos

PUB DATE: August, 2015



BIRDING FOR THE CURIOUS

Nate Swick, editor of the ABA Blog and writer at 10,000 Birds

Price: \$21.99

ISBN13: 978-1-62414-118-8

SPECS: 6 x 9, 176 pages, paper over board, 60 color photos

PUB DATE: August, 2015



THE EASY VEGAN COOKBOOK

Kathy Hester, bestselling author of The Great Vegan Bean Book and OATrageous Oatmeals

PRICE: \$21.99

ISBN: 978-1-62414-147-8

SPECS: 8 x 9, 208 pages, lay-flat paperback, 80 color photos

PUB DATE: September 1, 2015



UNLOCKING THE SECRETS TO SCORPIOS

Trish Macgregor, renowned astrologer and award-winning author

PRICE: \$18.99

ISBN: 978-1-62414-153-9

SPECS: 5 x 8, 320 pages, paper over board

PUB DATE: September 8, 2015



THE BIG BOOK OF HEALTHY COOKING OILS

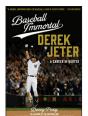
Lisa Howard, creator of TheCulturedCook.com

PRICE: \$21.99

ISBN: 978-1-62414-148-5

SPECS: 8 x 9, 224 pages, lay-flat paperback, 60 color photos

PUB DATE: September 15, 2015



BASEBALL IMMORTAL: DEREK JETER

Danny Peary, co-author of the bestselling Tim McCarver's Baseball For Brain Surgeons and Other Fans

PRICE: \$19.99

ISBN: 978-1-62414-162-1

SPECS: 6 x 9, 240 pages, paper over board

PUB DATE: September 15, 2015



ALL-AMERICAN PALEO TABLE

Caroline Potter, Nutritional Therapy Practitioner, creator of the blog ColorfulEatsNutrition.com and contributor

author of The Ultimate Paleo Cookbook

PRICE: \$28.00

ISBN: 978-1-62414-172-0

SPECS: 8 x 10, 208 pages, paper over board, 100 color photos

PUB DATE: October 6, 2015



THE NEW NEW ENGLAND COOKBOOK

Stacy Cogswell, Top Chef contestant and finalist for Eater Boston's Best Chef of the Year award

PRICE: \$28.00

ISBN: 978-1-62414-177-5

SPECS: 8 x 10, 224 pages, paper over board, 80 color photos

PUB DATE: October 6, 2015



QUICK-SHOP-&-PREP 5 INGREDIENT BAKING

Jennifer McHenry, creator of the blog Bake or Break

PRICE: \$19.99

ISBN: 978-1-62414-154-6

SPECS: 8 x 9, 192 pages, lay-flat paperback, 80 color photos

PUB DATE: October 13, 2015



MODERN ISRAELI COOKING

Danielle Oron, chef and owner of Moo Milk Bar and founder of the blog I Will Not Eat Oysters

PRICE: \$28.00

ISBN: 978-1-62414-176-8

SPECS: 8 x 10, 192 pages, paper over board, 80 color photos

PUB DATE: October 13, 2015



AUTHENTIC PORTUGUESE COOKING

Ana Patuleia Ortins, creator of Portuguesecooking.com and author of Portuguese Homestyle Cooking

Price: \$32.00

ISBN13: 978-1-62414-194-2

SPECS: 8 x 10, 332 pages, paper over board, 100 color photos

PUB DATE: October 20, 2015



THE ULTIMATE PALEO COOKBOOK

Arsy Vartanian, author of *The Paleo Foodie* and *The Paleo Slow Cooker* with Rachel Ball, Jenny Castaneda, Hannah Healy, Katja Heino, Nazanin Kovacs, Rachel McClelland, Vivica Menegaz, Caroline Potter and Kelly Winters

PRICE: \$30.00

ISBN: 978-1-62414-140-9

SPECS: 7 x 9, 560 pages, paperback, 80 color inserts

PUB DATE: October 20, 2015



SAVE THE BEES WITH NATURAL BACKYARD HIVES

Rob and Chelsea McFarland, founders of HoneyLove.org

PRICE: \$19.99

ISBN: 978-1-62414-141-6

SPECS: 8 x 9, 176 pages, lay-flat paperback, 80 color photos

PUB DATE: November 10, 2015



RUNNING YOUR FIRST ULTRA

Krissy Moehl, a top female ultra marathon runner, with more than 100 races and 55 wins to her name

PRICE: \$22.99

ISBN: 978-1-62414-142-3

SPECS: 8 x 9, 192 pages, lay-flat paperback, 80 color photos

PUB DATE: November 17, 2015



100 CREATIVE WAYS TO USE ROTISSERIE CHICKEN IN EVERYDAY MEALS

Trish Rosenquist, founder of Mom on Timeout

PRICE: \$21.99

ISBN: 978-1-62414-178-2

SPECS: 8 x 9, 192 pages, lay-flat paperback, 60 color photos

PUB DATE: November 17, 2015



BEAUTIFUL HANDMADE FLOWERS

Lia Griffith, founder of the blog LiaGriffith.com—Handcraft Your Life

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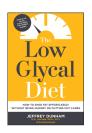
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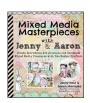
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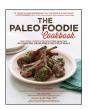
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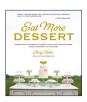
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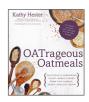
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