

FLATIRON  
BOOKS  
NEW YORK



## How Not to Diet

*The Groundbreaking Science of Healthy, Permanent Weight Loss*

Michael Greger, M.D., FACLM

**Discover the cutting-edge science behind long-term weight loss success, in this powerful new book from the *New York Times* bestselling author of HOW NOT TO DIE**

Every month seems to bring a trendy new diet or weight loss fad—and yet obesity rates continue to rise, and with it a growing number of diseases and health problems. It's time for a different approach.

Enter Dr. Michael Greger, the internationally-renowned nutrition expert, physician, and founder of Nutritionfacts.org. Author of the mega bestselling HOW NOT TO DIE, Dr. Greger now turns his attention to the latest research on the leading causes—and remedies—of obesity.

Dr. Greger hones in on the optimal criteria to enable weight loss, while considering how these foods actually affect our health and longevity. He lays out the key ingredients of the ideal weight-loss diet—factors such as calorie density, the insulin index, and the impact of foods on our gut microbiome—showing how plant-based eating is crucial to our success.

But HOW NOT TO DIET goes beyond food to identify twenty-one weight-loss accelerators available to our bodies, incorporating the latest discoveries in cutting-edge areas like chronobiology to reveal the factors that maximize our natural fat-burning capabilities. Dr. Greger builds the ultimate weight loss guide from the ground up, taking a timeless, proactive approach that can stand up to any new trend.

Chock full of actionable advice and groundbreaking dietary research, HOW NOT TO DIET will put an end to dieting—and replace those constant weight-loss struggles with a simple, healthy, sustainable lifestyle.

A founding member and Fellow of the American College of Lifestyle Medicine, **Dr. Michael Greger** is a physician, author, and internationally recognized speaker on nutrition, food safety, and public health issues. He runs the popular website Nutritionfacts.org, a nonprofit, science-based public service site providing free daily updates on the latest in nutrition research. All the proceeds he receives from his books and speaking is donated to charity.

### HEALTH & FITNESS / DIET & NUTRITION / NUTRITION

Flatiron Books | 12/10/2019

9781250199225 | \$32.50 / \$44.25 Can.

Hardcover with dust jacket | 576 pages | Carton

Qty: 16

9.3 in H | 6.1 in W

Includes black-and-white charts and graphs throughout

Subrights: UK: Inkwell Management

Translation: Inkwell Management

#### Other Available Formats:

Ebook ISBN: 9781250199249

Audio ISBN: 9781250240590

Audio ISBN: 9781250240583

### MARKETING

Print, radio and online media coverage

Cooking and wellness outreach

National and Regional NPR

Author appearances and tie in with speaking schedule

Major Author Platform: Massive Online

Presence, Email Marketing, Social Media

Pre-order Campaign with swag

Video Trailer for Consumer Promotion

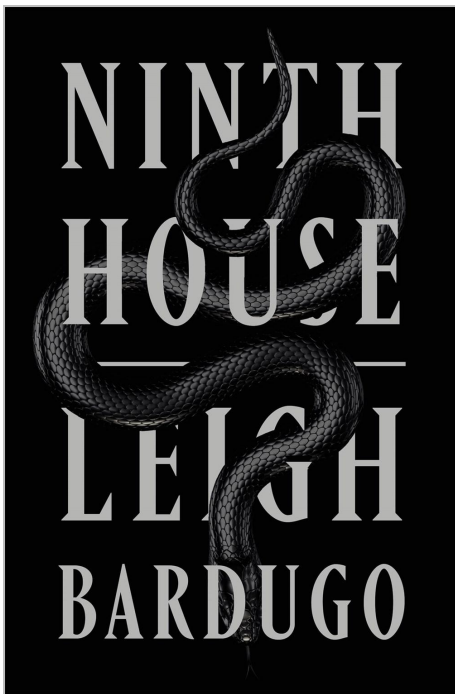
Major blogger outreach

Digital Consumer Advertising

Facebook and Instagram advertising campaign

QDT.com digital advertising

Author web site: NutritionFacts.org



**FICTION / THRILLERS /  
SUPERNATURAL**

Flatiron Books | 10/1/2019

9781250313072 | \$27.99 / \$37.99 Can.

Hardcover with dust jacket | 432 pages | Carton

Qty: 16

9.3 in H | 6.1 in W

Includes front matter map; four-color printed  
endpapers

Subrights: UK: Flatiron Books

Translation: New Leaf Literary & Media Inc.

**Other Available Formats:**

Audio ISBN: 9781250238061

Ebook ISBN: 9781250313089

Audio ISBN: 9781250230911

**MARKETING**

Author tour

National radio, print and online media

Early ARC blogger/vlogger outreach

Select blogger interviews and guest posts

BookExpo and BookCon 2019

Digital trade advertising

Major Indie Bookseller Campaign

Advance Reader's Edition with note from

author to booksellers

Tiered Pre-order Sweepstakes / Incentives

Outdoor Advertising

Major Social Media Advertising

Major Consumer Digital Advertising,

including BookRiot, Goodreads

Flatiron/Macmillan YA newsletter

promotions

Massive Library Marketing Campaign

Au...

## Ninth House

Leigh Bardugo

**From #1 *New York Times* bestselling author Leigh Bardugo comes a mesmerizing tale of power, privilege, and dark magic set among the Ivy League elite.**

Galaxy “Alex” Stern is the most unlikely member of Yale’s freshman class. Raised in the Los Angeles hinterlands by a hippie mom, Alex dropped out of school early and into a world of shady drug-dealer boyfriends, dead-end jobs, and much, much worse. In fact, by age twenty, she is the sole survivor of a horrific, unsolved multiple homicide. Some might say she’s thrown her life away. But at her hospital bed, Alex is offered a second chance: to attend one of the world’s most prestigious universities on a full ride. What’s the catch, and why her?

Still searching for answers to this herself, Alex arrives in New Haven tasked by her mysterious benefactors with monitoring the activities of Yale’s secret societies. Their eight windowless “tombs” are the well-known haunts of the rich and powerful, from high-ranking politicians to Wall Street’s biggest players. But their occult activities are more sinister and more extraordinary than any paranoid imagination might conceive. They tamper with forbidden magic. They raise the dead. And, sometimes, they prey on the living.

*Ninth House* is the long-awaited adult debut by the beloved author of *Shadow and Bone* and *Six of Crows*. Leigh Bardugo will take her place alongside Lev Grossman and Deborah Harkness as one of the finest practitioners of literary fantasy writing today.

**PRAISE**

**Praise for Leigh Bardugo:**

“A master of fantasy.” - *The Huffington Post*

“Utterly, extremely bewitching.” - *The Guardian*

“[A] world that feels real enough to have its own passport stamp.” - NPR

“The darker it gets for the good guys, the better.” - *Entertainment Weekly*

“Sultry, sweeping and picturesque. . . Impossible to put down.” - *USA Today*

**Leigh Bardugo** is a #1 *New York Times* bestselling author of fantasy novels and the creator of the Grishaverse. With over 3 million copies sold worldwide, her Grishaverse spans the *Shadow and Bone* Trilogy, the *Six of Crows* Duology, *The Language of Thorns*, *King of Scars*—with more to come. Her other works include *Wonder Woman: Warbringer* and short stories that have appeared in *The Best of Tor.com* and the *Best American Science Fiction & Fantasy*. She lives in Los Angeles.

## More Myself

*A Journey*

Alicia Keys

**An intimate, revealing look at one artist's journey from self-censorship to full expression**



MORE MYSELF

A JOURNEY

ALICIA KEYS

WITH MICHELLE BURFORD

### BIOGRAPHY & AUTOBIOGRAPHY / COMPOSERS & MUSICIANS

Flatiron Books | 11/5/2019

9781250153296 | \$29.99 / \$36.50 Can.

Hardcover with dust jacket | 320 pages | Carton

Qty: 16

9.3 in H | 6.1 in W

Subrights: UK: AK Worldwide Brands

Translation: AK Worldwide Brands

#### Other Available Formats:

Ebook ISBN: 9781250153302

Audio ISBN: 9781250238030

Audio ISBN: 9781250230935

### MARKETING

Broadcast Media

Print, radio, and online media coverage

National and Regional NPR

Off the book page feature

Indie Bookseller Outreach

Major blogger outreach

Partnership opportunities with OWN,

Super Soul, Hearst

Digital Trade Advertising

Digital Consumer Advertising

Facebook and Instagram advertising campaign

Major social media influencer campaign

Author Web site: [aliciakeys.com](http://aliciakeys.com)

Author social media: TWITTER: 30 million

followers INSTAGRAM: 14 million

followers FACEBOOK: 33 million followers

As one of the most celebrated musicians of our time, Alicia Keys has enraptured the nation with her heartfelt lyrics, extraordinary vocal range, and soul-stirring piano compositions. Yet away from the spotlight, Alicia has grappled with private heartache—over the challenging and complex relationship with her father, the people-pleasing nature that characterized her early career, the loss of privacy surrounding her romantic relationships, and the oppressive expectations of female perfection.

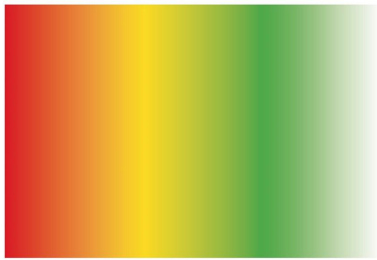
Since her rise to fame, Alicia's public persona has belied a deep personal truth: she has spent years not fully recognizing or honoring her own worth. After withholding parts of herself for so long, she is at last exploring the questions that live at the heart of her story: Who am I, really? And once I discover that truth, how can I become brave enough to embrace it?

*More Myself* is part autobiography, part narrative documentary. Alicia's journey is revealed not only through her own candid recounting, but also through vivid recollections from those who have walked alongside her. The result is a 360-degree perspective on Alicia's path—from her girlhood in Hell's Kitchen and Harlem, to the process of self-discovery she's still navigating.

In *More Myself*, Alicia shares her quest for truth—about herself, her past, and her shift from sacrificing her spirit to celebrating her worth. With the raw honesty that epitomizes Alicia's artistry, *More Myself*...

ALICIA KEYS is a modern-day Renaissance woman—a 15-time Grammy Award-winning artist/songwriter/musician/producer, an accomplished actress, a *New York Times* bestselling author, a film/television and Broadway producer, an entrepreneur, and a powerful force in the world of activism. Since the release of her monumental 2001 debut album, *songs in A minor*, Keys has sold over 40 million records and built an unparalleled repertoire of hits and accomplishments. Keys resides in the New York City area with...

# CURED



The Life-Changing Science  
of Spontaneous Healing

JEFFREY REDIGER, MD

## HEALTH & FITNESS / HEALING

Flatiron Books | 9/17/2019

9781250193193 | \$28.99 / \$38.50 Can.

Hardcover with dust jacket | 352 pages | Carton

Qty: 20

9.3 in H | 6.1 in W

Subrights: UK: Transmedia Multiverse

Translation: Transmedia Multiverse

### Other Available Formats:

Ebook ISBN: 9781250193209

Audio ISBN: 9781250242587

Audio ISBN: 9781250242570

## MARKETING

Print, radio and online media coverage

Wellness outreach

National and Regional NPR

Off the book page feature

Author appearances and tie in with speaking schedule

Video Trailer for Consumer Promotion

Major blogger outreach

Digital Consumer Advertising

Indie Bookseller Outreach

Facebook and Instagram advertising campaign

Author website:

medicineofhopeandpossibility.com

## Cured

*The Life-Changing Science of Spontaneous Healing*

Jeffrey Rediger, M.D.

### When it comes to disease, who beats the odds — and why?

When it comes to spontaneous healing, skepticism abounds. Doctors are taught that “miraculous” recoveries are flukes, and as a result they don’t study those cases or take them into account when treating patients.

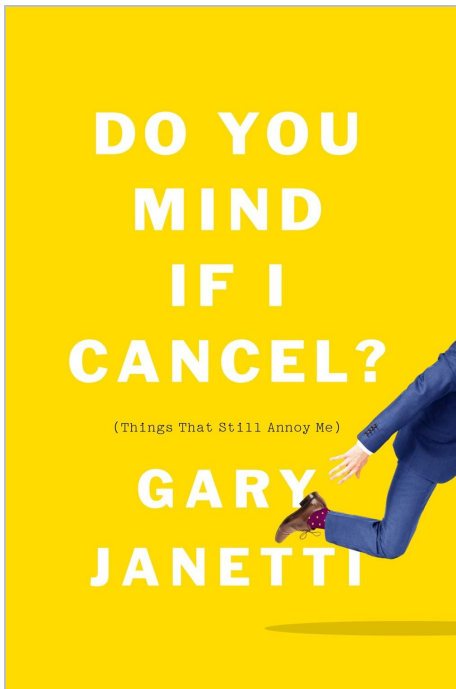
Enter Dr. Jeff Rediger, who has spent over 15 years studying spontaneous healing, pioneering the use of scientific tools to investigate recoveries from incurable illnesses. Dr. Rediger’s research has taken him from America’s top hospitals to healing centers around the world—and along the way he’s uncovered insights into why some people beat the odds.

In CURED, Dr. Rediger digs down to the root causes of illness, showing how to create an environment that sets the stage for healing. He reveals the patterns behind healing and lays out the physical and mental principles associated with recovery: first, we need to physically heal our diet and our immune systems. Next, we need to mentally heal our stress response and our identities.

Through rigorous research, Dr. Rediger shows that much of our physical reality is created in our minds. Our perception changes our experience, even to the point of changing our physical bodies—and thus the healing of our identity may be our greatest tool to recovery.

Ultimately, miracles only contradict what we know of nature at this point in time. CURED leads the way in explaining the science behind these miracles, and provides a first-of-its-kind guidebook to both healing and preventing di...

**Jeffrey D. Rediger, M.D.**, is on the faculty at Harvard Medical School and is the Medical Director of McLean Hospital SE and of Community Affairs at McLean Hospital, one of the country’s top psychiatric institutes and a leader in groundbreaking neuroscience research. A licensed physician and board-certified psychiatrist, he’s received numerous awards related to patient care, and has been nominated for the National Bravewell Leadership Award, which recognizes physicians making significant contribu...

**HUMOR / FORM / ESSAYS**

Flatiron Books | 10/22/2019

9781250225825 | \$27.99 / \$37.99 Can.

Hardcover with dust jacket | 288 pages | Carton

Qty: 24

8.3 in H | 5.4 in W

Includes color endpapers

**Other Available Formats:**

Ebook ISBN: 9781250225849

Audio ISBN: 9781250242976

**MARKETING**

Author appearances

Broadcast Media

Print, radio and online media coverage

National and Regional NPR

Off the book page feature

Indie Bookseller Outreach

Major blogger outreach

Digital Trade Advertising

Digital Consumer Advertising

Facebook and Instagram advertising

campaign

Major social media influencer campaign

Author social media:

TWITTER: @GaryJanetti, 167k followers

INSTAGRAM: @GaryJanetti, 694k

followers

## Do You Mind If I Cancel?

*(Things That Still Annoy Me)*

Gary Janetti

From the well-known screenwriter and viral sensation, a collection of humorous essays chronicling the pains and hilarious indignities of modern life in the tradition of David Sedaris.

"Gary Janetti's book is so rolling-on-the-floor funny, so brilliantly observant, and so full of heart." — Kevin Kwan

Fans of David Sedaris, Jenny Lawson, and Tina Fey... meet your new friend Gary Janetti.

Gary Janetti, the writer and producer for some of the most popular television comedies of all time, and creator of one of the most wickedly funny Instagram accounts there is, now turns his skills to the page in a hilarious, and poignant book chronicling the pains and indignities of everyday life.

Gary spends his twenties in New York, dreaming of starring on soap operas while in reality working at a hotel where he lusts after an unattainable colleague and battles a bellman who despises it when people actually use a bell to call him. He chronicles the torture of finding a job before the internet when you had to talk on the phone *all* the time, and fantasizes, as we all do, about who to tell off when he finally wins an Oscar. As Gary himself says, "These are essays from my childhood and young adulthood about things that still annoy me."

Original, brazen, and laugh out loud funny, *Do You Mind if I Cancel?* is something not to be missed.

**PRAISE**

"Gary Janetti's book is so rolling-on-the-floor funny, so brilliantly observant, and so full of heart, I'm sure a jealous Prince George will decree that Gary be locked up in the Tower of London."

— Kevin Kwan

"Gary Janetti, the voice behind some of TV's funniest comedies and a social media force (as Gary himself might say, *you really should know this*), finally takes center stage with this collection of raw, acerbic, and unflinchingly honest essays. As soon as I finished this book, I started all over again -- that's how much I never wanted it to end."

— Steven Rowley, *New York Times* bestselling author of *Lily and The Octopus* and *The Editor*

Gary Janetti is a writer and producer. He splits his time between Los Angeles and New York.



## Astro Poets

*Your Guides to the Zodiac*

Alex Dimitrov and Dorothea Lasky

**From the online phenomenons the Astro Poets comes the first great astrology primer of the 21st century.**

Full of insight, advice and humor for every sign in the zodiac, the Astro Poets' unique brand of astrological flavor has made them Twitter sensations. Their long-awaited first book is in the grand tradition of Linda Goodman's *Sun Signs*, but made for the world we live in today.

In these pages the Astro Poets help you see what's written in the stars and use it to navigate your friendships, your career, and your very complicated love life. If you've ever wondered why your Gemini friend won't let you get a word in edge-wise at drinks, you've come to the right place. When will that Scorpio texting "u up?" at 2AM finally take the next step in your relationship? (Hint: they won't). Both the perfect introduction to the twelve signs for the astrological novice, and a resource to return to for those who already know why their Cancer boyfriend cries during commercials but need help with their new whacky Libra boss, this is the astrology book must-have for the twenty-first century and beyond.

**Alex Dimitrov** and **Dorothea Lasky** are the duo behind the beloved Twitter account @poetastrologers, better known as Astro Poets. Dimitrov's poetry has been previously published in *The New Yorker*, *The Paris Review* and *The New York Times*, and has received a Pushcart Prize and Stanley Kunitz Prize from American Poetry Review. Lasky is the author of five poetry collections and has been published in *The New Yorker*, *Boston Review*, and *The Paris Review*.

### **BODY, MIND & SPIRIT / ASTROLOGY**

Flatiron Books | 11/5/2019  
 9781250313300 | \$26.99 / \$36.50 Can.  
 Hardcover with dust jacket | 256 pages | Carton  
 Qty: 24  
 8.3 in H | 5.4 in W

Subrights: UK: Flatiron  
 Translation: Flatiron

**Other Available Formats:**  
 Ebook ISBN: 9781250313317  
 Audio ISBN: 9781250242969

### **MARKETING**

Print, radio and online media coverage  
 National and Regional NPR  
 Off the book page feature  
 Indie Bookseller Outreach  
 Major blogger outreach  
 Preorder Incentive Campaign  
 Facebook and Instagram advertising  
 campaign  
 Major social media influencer campaign  
 Author social media: TWITTER:  
 @poetastrologers, 393k followers

# DOMINICANA

## ANGIE CRUZ



### FICTION / LITERARY

Flatiron Books | 9/3/2019

9781250205933 | \$26.99 / \$36.50 Can.

Hardcover with dust jacket | 336 pages | Carton

Qty: 20

9.3 in H | 6.1 in W

Includes color endpapers

Subrights: World Rights: Flatiron Books

### Other Available Formats:

Ebook ISBN: 9781250205926

Audio ISBN: 9781250242563

Audio ISBN: 9781250242556

### MARKETING

Review attention, print and online

Major early reader review campaign

ARC giveaways online & on social media

Independent bookstore outreach

Digital trade advertising

Digital consumer advertising, pre-pub and on-sale

Social media advertising

Social media rollout

Reading group outreach

Young to Publishing Mailing

YA crossover opportunities

Major library marketing campaign

Macmillan newsletter promotions

## Dominicana

*A Novel*

Angie Cruz

**In the vein of *ANOTHER BROOKLYN* and *AMERICANAH*, a novel about a Dominican teenager's arranged marriage and immigration to New York City, set in the 1960s and inspired by the author's mother**

Fifteen-year-old Ana Cancion never dreamed of moving to America, the way the girls she grew up with in the Dominican countryside did. But when Juan Ruiz proposes and promises to take her to New York City, she has to say yes. It doesn't matter that he is twice her age, that there is no love between them. Their marriage is an opportunity for her entire close-knit family to eventually immigrate. So on New Year's Day, 1965, Ana leaves behind everything she knows and becomes Ana Ruiz, a wife confined to a cold six-floor walk-up in Washington Heights. Lonely and miserable, Ana hatches a reckless plan to escape. But at the bus terminal, she is stopped by Cesar, Juan's free-spirited younger brother, who convinces her to stay.

As the Dominican Republic slides into political turmoil, Juan returns to protect his family's assets, leaving Cesar to take care of Ana. Suddenly, Ana is free to take English lessons at a local church, lie on the beach at Coney Island, see a movie at Radio City Music Hall, go dancing with Cesar, and imagine the possibility of a different kind of life in America. When Juan returns, Ana must decide once again between her heart and her duty to her family.

### PRAISE

**"I have been eagerly waiting for a new book from Angie Cruz. So glad the time has come. I can't wait to see what this wonderful, nuanced, and insightful writer brings us next."** —Edwidge Danticat

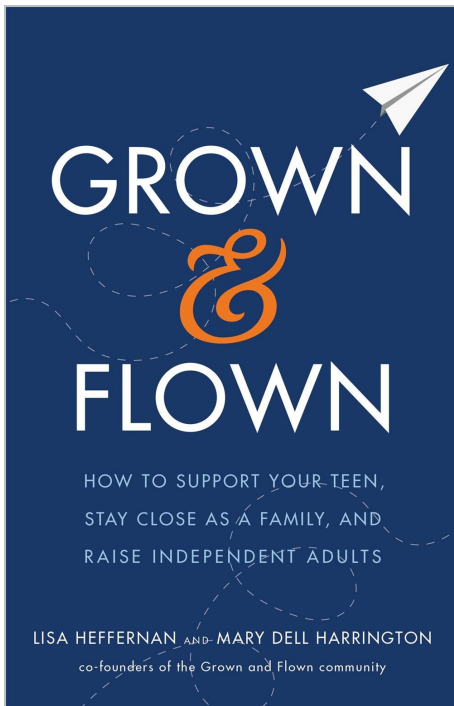
**"A tale from that island called girlhood. Cruz describes this shipwrecked age with giddy accuracy. A season of hope, vulnerability, and disaster. Especially for a girl of color. Gorgeous writing. Gorgeous story."** --Sandra Cisneros

**"Beautiful, engaging...Cuts right to the heart of what it is to be a dutiful young woman from a poor country who is bright in every sense of the word, full of love and hope."** --Mary Gaitskill

**"This coming-of-age novel with its ...**

**Angie Cruz** is the author of two novels, *Soledad* and *Let It Rain Coffee*, a finalist in 2007 for the IMPAC Dublin Literary Award. She has published work in *The New York Times*, *VQR*, *Gulf Coast Literary Journal*, and other publications, and has received fellowships from the New York Foundation of the Arts, Yaddo, and the MacDowell Colony. She is founder and editor in chief of *Aster(ix)*, a literary and arts journal, and is an associate professor of English at the University of Pittsburgh.





**FAMILY & RELATIONSHIPS /  
PARENTING**

Flatiron Books | 9/3/2019

9781250188946 | \$27.99 / \$37.99 Can.

Hardcover with dust jacket | 352 pages | Carton

Qty: 20

8.3 in H | 5.4 in W

**Other Available Formats:**

Ebook ISBN: 9781250188953

Audio ISBN: 9781250242549

Audio ISBN: 9781250242532

## Grown and Flown

*How to Support Your Teen, Stay Close as a Family, and Raise Independent Adults*

Lisa Heffernan and Mary Dell Harrington

**An essential parenting guide for building a strong relationship with your teen, while preparing them to take flight from the nest**

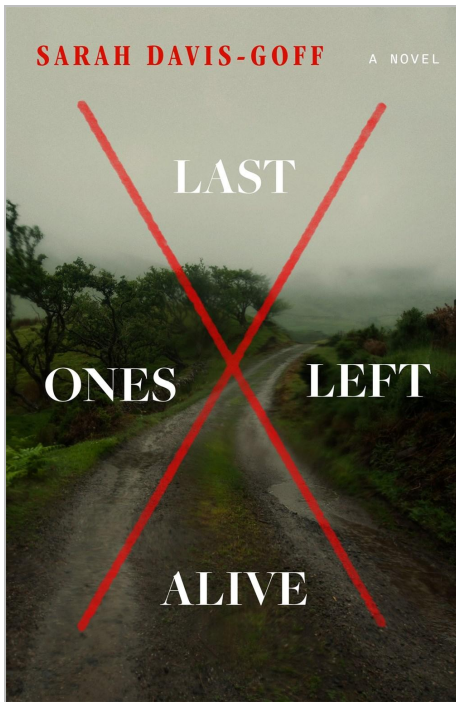
High school: it's a time when kids are constantly changing, as they draw closer to graduation and young adulthood. But how do you parent your kids through this complicated time? And how do you maintain a strong relationship as they prepare to transition from life at home to life outside of the nest?

Lisa Heffernan and Mary Dell Harrington are here to help. After seeing their own kids through this transition, they founded Grown and Flown: an online community for parents of teens that features curated content from experts, shared experiences from parents, and tried and true advice. And now they've compiled key takeaways and fresh insights from all that they've learned over the years to form this handy, essential guide.

GROWN AND FLOWN is a crucial resource for parenting teenagers, leading up to—and through—the transition from high school to college. It covers everything from the monumental of parenting (how to let your kids go) to the mundane (how to shop for a dorm room). Organized by topic—such as love and sex, anxiety and mental health, and academics—it features a combination of the author's stories, advice from experts, and practical lists and sidebars.

In this accessible, easy-to-use manual, parents will feel supported and understand in their quest to support and understand their teens. GROWN AND FLOWN is required reading for anyone looking to raise an adult with whom you have an enduring, profound connection.

Lisa Heffernan and Mary Dell Harrington, co-founders of Grown and Flown, are writers, moms, wives, and friends. In past incarnations they have worked in television and media, on Wall Street, and in politics. Although they live in New York, Mary Dell is from Texas and Lisa is from California. They have college kids and young adults. You can find their writing on the *New York Times* "Motherlode," the *Washington Post* "On Parenting," the *Atlantic*, *Forbes*, *Vox.com*, and *Scary Mommy*.

**FICTION / DYSTOPIAN**

Flatiron Books | 8/27/2019

9781250235220 | \$26.99 / \$36.50 Can.

Hardcover | 288 pages | Carton Qty: 20  
8.3 in H | 5.4 in WSubrights: UK and Translation Rights: Quercus  
Publishing**Other Available Formats:**

Ebook ISBN: 9781250235244

Audio ISBN: 9781250243034

**MARKETING**

Major review attention, print and online  
 Blog and social media outreach  
 Major early reader review campaign  
 ARC giveaways online & on social media  
 Independent bookstore outreach  
 Digital consumer advertising, pre-pub and  
 on-sale  
 Major library marketing campaign  
 Young to Publishing Mailing  
 Macmillan newsletter promotions  
 Promotion with Tor.com,  
 criminalelement.com

## Last Ones Left Alive

*A Novel*

Sarah Davis-Goff

**For fans of *Station Eleven* and *The Power*, a brilliantly original imagining of a young woman's journey to discover her true identity, set in a post-apocalyptic Ireland**

*Remember your Just-In-Cases. Beware Tall Buildings. Watch Your Six*

Raised by her mother and Maeve on Slanbeg, an island off the west coast of Ireland, Orpen has a childhood of love, rockpools, and stories by the fireside. But the stories grow darker, and the training begins. Ireland has been devoured by a ravaging menace known as the skrake, and though Slanbeg is safe for now, the women must always be ready to run, or to fight.

When Maeve is bitten, Orpen is faced with a dilemma: kill Maeve before her transformation is complete, or try to get help. So Orpen sets off, with Maeve in a wheelbarrow and her dog at her side, in the hope of finding other survivors, and a cure. It is a journey that will test Orpen to her limits, on which she will learn who she really is, who she really loves, and how to imagine a future in a world that ended before she was born.

**PRAISE**

**“A riveting novel. The fierce, unflinching voice of Orpen stayed with me long after I finished the last page. It is often grim, even terrifying, but through it all I was reminded that even in the darkest times, love and human decency can survive.”**

—Eowyn Ivey, bestselling author of *The Snow Child* and *To the Bright Edge of the World*

**“Bleakly beautiful. A raw emotional depth-charge of a novel.”**

—M.R. Carey, bestselling author of *The Girl with all the Gifts* (and its subsequent film adaptation)

**“A debut novel of jaw-dropping skill and immense power, a shimmering dystopian vision but also a lucid meditation on tenderness, intimacy and courage. From ...**

Sarah Davis-Goff's writing has been published in the *Irish Times*, *The Guardian* and *LitHub*. This is her debut novel. She was born and lives in Dublin.



# The Girl Who Reads on the Métro

*A Novel*

Christine Féret-Fleury

**In the vein of *Amélie* and *The Little Paris Bookshop*, a modern fairy tale about a French woman whose life is turned upside down when she meets a reclusive bookseller and his young daughter**

Juliette leads a perfectly ordinary life in Paris, working a slow office job, dating a string of not-quite-right men, and fighting off melancholy. The only bright spots in her day are her Métro rides across the city and the stories she dreams up about the strangers reading books across from her: the old lady, the math student, the amateur ornithologist, the woman in love, the girl who always tears up at page 247.

One morning, avoiding the office for as long as she can, Juliette finds herself on a new block, in front of a rusty gate wedged open with a book. Unable to resist, Juliette walks through, into the bizarre and enchanting lives of Soliman and his young daughter, Zaïde. Before she realizes entirely what is happening, Juliette agrees to become a *passseur*, Soliman's name for the booksellers he hires to take stacks of used books out of his store and into the world, using their imagination and intuition to match books with readers. Suddenly, Juliette's daydreaming becomes her reality, and when Soliman asks her to move in to their store to take care of Zaïde while he goes away, she has to decide if she is ready to throw herself headfirst into this new life.

Big hearted, funny, and gloriously zany, *The Girl Who Reads on the Métro* is a delayed coming-of-age story about a young woman who dares to change her life, and a celebration of the power of books to unite us all.

## PRAISE

**"A life-affirming novel for our times about the transformative power of literature and the bonds people forge through their mutual love of books. It appeals both to the reader's heart and soul." —*The Bookseller***

**"A delightful novel." —*Madame Figaro***

**"An enchanting story made of literary references that would convince anyone to become a reader, even the most reluctant ones." —*Avantages***

Christine Féret-Fleury is an author based in France. *The Girl Who Reads on the Métro* is her first book to be translated into English and is being published around the world.

## FICTION / CONTEMPORARY WOMEN

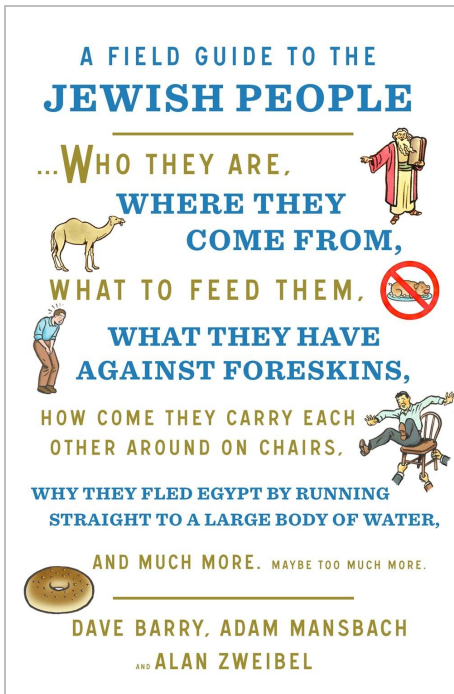
Flatiron Books | 10/8/2019  
 9781250315427 | \$22.99 / \$31.25 Can.  
 Hardcover with dust jacket | 192 pages | Carton  
 Qty: 28  
 7.1 in H | 5 in W

Subrights: Rights: Denoël

**Other Available Formats:**  
 Ebook ISBN: 9781250315434

## MARKETING

Review attention, print and online  
 Major early reader review campaign  
 ARC giveaways online & on social media  
 Independent bookstore outreach  
 Digital trade advertising  
 Digital consumer advertising, pre-pub and on-sale  
 Reading group outreach  
 Major library marketing campaign  
 Macmillan newsletter promotions



# A Field Guide to the Jewish People

Dave Barry, Adam Mansbach, and Alan Zweibel

From three award-winning and bestselling humor writers comes a hilarious guide to everything you need to know about Jewish history, holidays, and traditions

Where do Jewish people come from? Why do they carry each other around on chairs? Who was the first Jewish comedian? Why do random holidays keep springing up unexpectedly? Why are yarmulkes round?

The comedic powerhouse trio of Dave Barry, Adam Mansbach, and Alan Zweibel have teamed up again to answer all of these baffling questions and so much more. *A Field Guide to Jewish People* dissects every holiday, event, rite of passage, and tradition, unravels a long and complicated history, and tackles the tough questions that have been plaguing the long-suffering Jewish people everywhere for centuries.

This definitive guide contains the sweetness of an apricot rugelach, and the wisdom of a matzo ball, and includes hilarious two-color illustrations throughout from award-winning illustrator Ross MacDonald. So gather round your chosen ones, pop open a bottle of Manischewitz, and get ready to laugh as you finally begin to understand the inner-workings of Judaism.

## PRAISE

Praise for *For This We Left Egypt?*

“Three comic writers have some fun with Passover. Seders may never be the same.” —*USA Today*

“A full-fledged comic assault on Passover... *For This We Left Egypt?* runs riot with the Haggadah and takes readers from the sophomoric to the sublimely funny.” —*The Forward*

“Three well-known humorists have written a Haggadah for an overlooked crowd: the wiseguys, cutups, and punsters who frankly have a hard time taking the whole thing seriously.” —*Jewish Telegraph Agency*

DAVE BARRY is a Pulitzer Prize-winning humor writer and bestselling author whose work has appeared in hundreds of newspapers.

ALAN ZWEIBEL is an original *Saturday Night Live* writer and has won five Emmy awards for his work in television for *The Late Show with David Letterman* and *Curb Your Enthusiasm*.

ADAM MANSBACH is the #1 *New York Times* bestselling author of *Go the F\*\*k to Sleep* and *You Have to F\*\*\*\*\*g Eat*, as well as the California Book Award-winning novel *The End of the Jews*.

## HUMOR / TOPIC / RELIGION

Flatiron Books | 9/24/2019

9781250191960 | \$25.99 / \$34.99 Can.

Hardcover with dust jacket | 288 pages | Carton

Qty: 20

9.3 in H | 6.1 in W

Includes 50 two-color spot-art illustrations

Subrights: U.K. Rights: 3Arts Entertainment

Translation Rights: 3Arts Entertainment

## Other Available Formats:

Ebook ISBN: 9781250191977

## MARKETING

Author Events

National print and online review attention

National and local TV and Radio attention

Social media advertising, pre order and on sale

Jewish Book Council Advertising

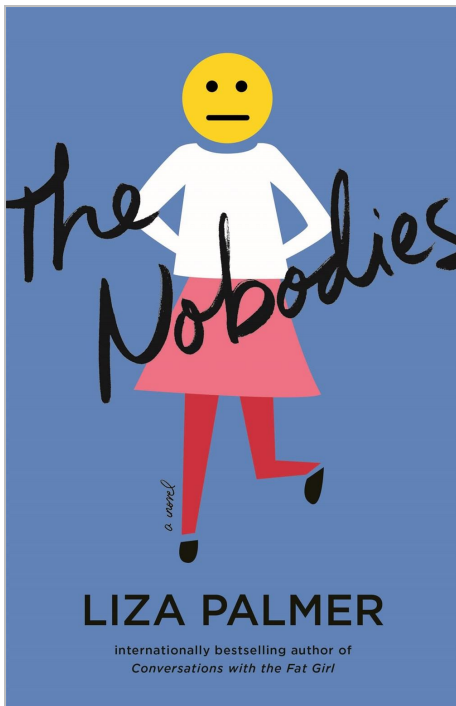
Finished copy big mouth mailing

Blogger outreach to top Jewish lifestyle and humor blogs

Marketing Promotional/Social Outreach:

Zabars, etc.

Leverage author platforms



### FICTION / CONTEMPORARY WOMEN

Flatiron Books | 9/10/2019

9781250169846 | \$26.99 / \$36.50 Can.

Hardcover with dust jacket | 272 pages | Carton

Qty: 24

8.3 in H | 5.4 in W

Subrights: World Rights: Flatiron Books

#### Other Available Formats:

Ebook ISBN: 9781250169853

### MARKETING

Review attention, print and online

Blog and social media outreach

ARC giveaways online & on social media

Independent bookstore outreach

Social media advertising

Library marketing campaign

Macmillan newsletter promotions

eBook Price Promotion of *The F Word*

Bookclub Outreach

## The Nobodies

*A Novel*

Liza Palmer

**Bestselling author of *Conversations with the Fat Girl* Liza Palmer's first novel to be published in hardcover, about a failed journalist who starts over at a Los Angeles start-up, only to stumble ...**

If there's one thing Joan Dixon knows about herself, it's that she is a damn good journalist. But when she is laid off from yet another soon-to-be-shuttered newspaper--and even the soulless, listicle-writing online jobs have dried up--she is left with few options. Closer to 40 than 30, single, living with her parents again, Joan decides she needs to reinvent herself. She goes to work as a junior copywriter at Bloom, a tech startup where her bosses are all a decade younger and snacks and cans of fizzy water flow freely.

Joan has a steady paycheck and a stable job for the first time in years. She befriends a group of misfit coworkers and even begins a real relationship, after years of false starts. But once a journalist, always a journalist, and as Joan starts to poke beneath Bloom's bright millennial surface, she realizes that she may have accidentally stumbled into the scoop of her lifetime. Is she willing to throw away her fresh start for the sake of the story?

### PRAISE

#### Praise for Liza Palmer:

**"Liza Palmer's voice is fresh, exciting, and necessary. She's a must-read author."**

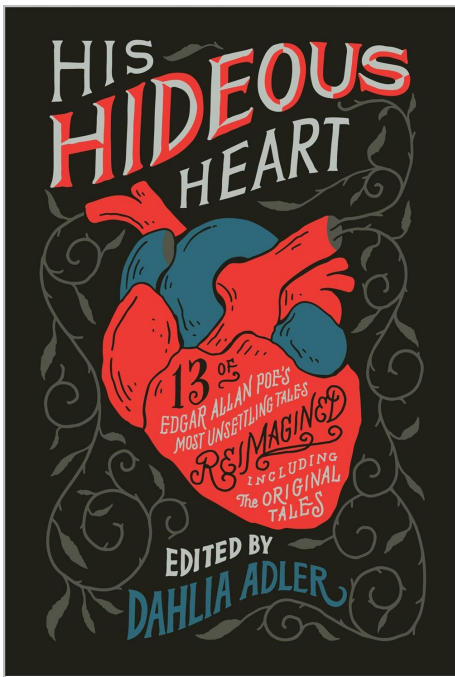
—Taylor Jenkins Reid, author of *Daisy Jones & the Six*

**"Engaging and poignant and heartbreakingly real." --Jennifer Weiner**

**"Palmer tells a story like a girlfriend over lunch." --People**

**"Fresh, frank, and fearless. Liza Palmer is a road warrior of contemporary fiction." --Georgia Clark, author of *The Regulars***

**Liza Palmer** is the internationally bestselling author of *Conversations with the Fat Girl* and several other novels. An Emmy-nominated writer, she lives in Los Angeles and works for BuzzFeed.



**YOUNG ADULT FICTION /  
HORROR**

Flatiron Books | 9/10/2019

9781250302779 | \$18.99 / \$25.99 Can.

Hardcover with dust jacket | 480 pages | Carton  
Qty: 20

8.3 in H | 5.4 in W

Includes 4-color printed endpapers and black-  
and-white line drawings throughout.

Subrights: UK and Translation: Flatiron Books

**Other Available Formats:**

Audio ISBN: 9781250242624

Ebook ISBN: 9781250302786

Audio ISBN: 9781250242617

**MARKETING**

Print, radio, and online media coverage

Extensive blog and social media outreach

Major early reader review campaign

Flatiron/Macmillan YA newsletter

promotions

Major library marketing campaign

Digital consumer advertising with BookRiot

Social media advertising

Social media rollout with partners such as

Out of Print for Poe tie-in merc

Outreach to Poe fans, Poe societies, etc.

## His Hideous Heart

*Thirteen of Edgar Allan Poe's Most Unsettling Tales  
Reimagined*

Dahlia Adler, editor

**Thirteen of YA's most celebrated names reimagine Edgar Allan Poe's most surprising, unsettling, and popular tales for a new generation**

Guilt.  
Regret.  
Love.  
Loss.  
Self-loathing.  
Terror.  
Vengeance.

Edgar Allan Poe may be a hundred and fifty years beyond this world, but the themes of his beloved works have much in common with modern young adult fiction. Whether the stories are familiar to readers or discovered for the first time, readers will revel in Edgar Allan Poe's classic tales, and how they've been brought to life in thirteen unique and unforgettable ways.

Contributors include Kendare Blake (reimagining "Metzengerstein"), Rin Chupeco ("The Murders in the Rue Morgue"), Lamar Giles ("The Oval Portrait"), Tessa Gratton ("Annabel Lee"), Tiffany D. Jackson ("The Cask of Amontillado"), Stephanie Kuehn ("The Tell-Tale Heart"), Emily Lloyd-Jones ("The Purloined Letter"), Hillary Monahan ("The Masque of the Red Death"), Marieke Nijkamp ("Hop-Frog"), Caleb Roehrig ("The Pit and the Pendulum"), and Fran Wilde ("The Fall of the House of Usher").

**Dahlia Adler**, editor, is an associate editor of mathematics by day, a contributor to the B&N Teen Blog by night, and a writer of kissing books at every spare moment in between. She lives with her husband and son in New York City.

**Contributors:**

**Kendare Blake**

**Rin Chupeco**

**Lamar Giles**

**Tessa Gratton**

**Tiffany D. Jackson**

**Stephanie Kuehn**

**Emily Lloyd-Jones**

**Hillary Monahan**

**Marieke Nijkamp**

**Caleb Roehrig**

**Fran Wilde**

**FICTION / SHORT STORIES**

Flatiron Books | 10/8/2019

9781250224774 | \$24.99 / \$33.99 Can.

Hardcover with dust jacket | 208 pages | Carton

Qty: 32

8.3 in H | 5.4 in W

Subrights: UK: Picador

Rights: Rogers, Coleridge, and White

**Other Available Formats:**

Ebook ISBN: 9781250224767

**MARKETING**

Review attention, print and online

Blog and social media outreach

Major early reader review campaign

ARC giveaways online &amp; on social media

Independent bookstore outreach

Social media advertising

Major library marketing campaign

Young to Publishing Mailing

Macmillan newsletter promotions

Promotion with Tor.com

# salt slow

Julia Armfield

**From The White Review Short Story Prize winner Julia Armfield, a brilliant, daring debut story collection for fans of Carmen Maria Machado and *Black Mirror***

In her provocative, electrifying debut, Julia Armfield explores women's experiences in contemporary society, mapped through their bodies. As urban dwellers' sleep becomes disassociated from them, like Peter Pan's shadow, a city turns insomniac. A teenager entering puberty finds her body transforming in ways very different from her classmates'. As a popular band gathers momentum, the fangirls following their tour turn into something monstrous. After their parents remarry, two step-sisters, one a girl and one a wolf, develop a dangerously close bond. And in an apocalyptic landscape, a pregnant woman begins to realize that the creature in her belly is not what she expected. Blending elements of horror, science fiction, mythology, and feminism, *salt slow* is an utterly original collection of short stories that are sure to dazzle and shock, heralding the arrival of a thrilling new literary voice.

**PRAISE**

**"Armfield is an enormous, gut-wrenching talent." —Daisy Johnson, Booker Prize-shortlisted author of *Everything Under***

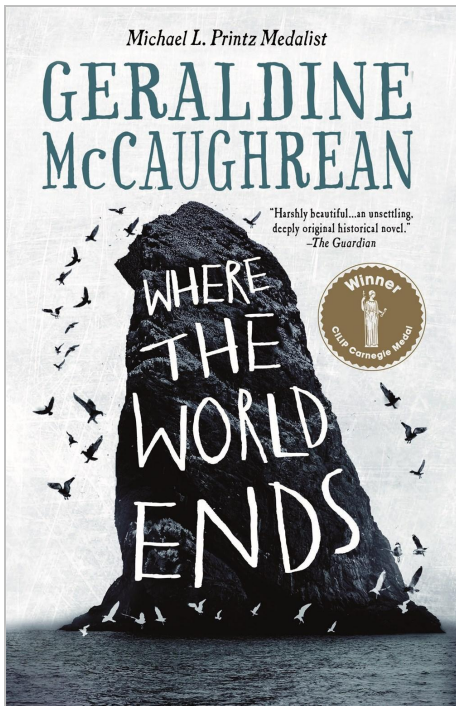
**"salt slow is exemplary. A distinct new gothic, melancholy, powerful, and poised." —China Miéville, author of *The City & The City***

**"These are brilliantly addictive, barbed, illusive stories. Armfield creates a cleverly unsettling, iridescent world that we are all the better for entering." —Irenosen Okojie, author of *Speak Gigantular***

**"Visceral, fierce and beautifully unsettling, Armfield's writing has an astonishing power. This collection haunted me with its brilliance." —Elizabeth Macneal, author of *The Doll Factory***

**"Eerie, othe..."**

Julia Armfield was born in London in 1990. She is a fiction writer and occasional playwright with a master's in Victorian art and literature from Royal Holloway University. Her work has been published in *The White Review*, *Lighthouse*, *Analog Magazine*, *Neon Magazine* and *The Stockholm Review*. She was commended in the Moth Short Story Prize 2017 and won the White Review Short Story Prize with two of the stories in this collection. She lives in London, where she is at work on her debut novel, *forthco...*



**YOUNG ADULT FICTION /  
HISTORICAL / EUROPE**

Flatiron Books | 12/3/2019

9781250225498 | \$18.99 / \$25.99 Can.

Hardcover with dust jacket | 336 pages | Carton  
Qty: 20

8.3 in H | 5.4 in W

Includes front matter map and black-and-white  
illustrations throughout

Subrights: North American

**Other Available Formats:**

Ebook ISBN: 9781250225511

Audio ISBN: 9781250242648

Audio ISBN: 9781250242631

**MARKETING**

Print, radio, and online media coverage

Early reader review campaign

Flatiron/Macmillan YA newsletter  
promotions

Library marketing campaign

Social media advertising

## Where the World Ends

Geraldine McCaughrean

**Winner of the 2018 Carnegie Medal! New from Michael L. Printz Award winner Geraldine McCaughrean comes an extraordinary story of eight boys stranded on a rock in the middle of the sea, left to fi...**

*Every time a lad went fowling on the stacs, he came home less of a boy and more of a man. If he went home at all, that is.*

Every summer Quill and his friends are put ashore on a remote sea stac to hunt birds. But this summer, no one arrives to take them home.

Surely nothing but the end of the world can explain why they've been abandoned—cold, starving, and clinging to life, in the grip of a murderous ocean. How will they survive such a forsaken place of stone and sea?

This is an extraordinary story of fortitude, endurance, tragedy, and survival, set against an unforgettable backdrop of savage beauty.

**PRAISE**

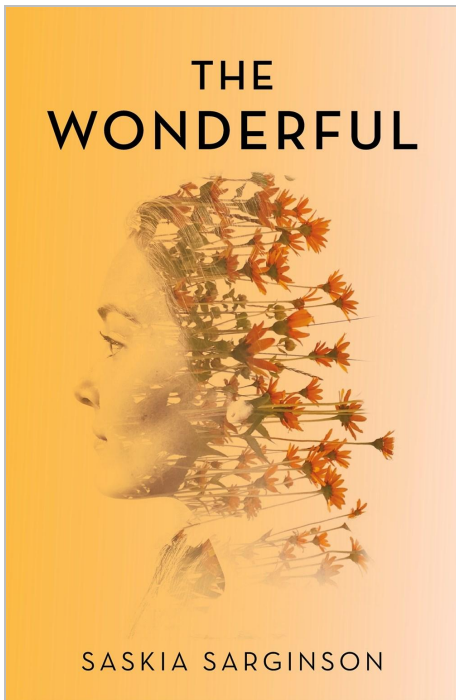
**“McCaughrean writes extraordinary books: emotionally thunderous stories that evoke place and atmosphere with uncommon vigor, and are expressed with exhilarating precision of language. Everything Geraldine McCaughrean touches turns to gold.” —*The Sunday Times***

**“Harshly beautiful, and stark with near despair, this is an unsettling, deeply original historical novel.” —*The Guardian***

**“Unsettling and utterly gripping, *Where the World Ends* paints a stunning portrait of a desperate battle for survival and the different methods employed to keep the group—and their fears—under some sort of control. With its wonderful evocation of time and place, beautiful ...**

**Geraldine McCaughrean** is the author of the Michael L. Printz Award winner *The White Darkness*, the *New York Times* bestseller *Peter Pan in Scarlet*, and many other books for children and young adults. She is a two-time winner of the Carnegie Medal, most recently for *Where the World Ends*. Geraldine lives in Berkshire with her husband. Her cottage is under year-round siege from wild birds demanding to be fed. The ducks even knock on the door.





## The Wonderful

Saskia Sarginson

**A sweeping and turbulent drama about the anxieties of postwar Britain, where one strong and inspirational young woman looks to find her place, no matter the cost.**

**Sometimes, the truth lies in fiction**

It's hard to be an American girl in 1957. Especially when your dad's job means you have to move four thousand miles from home. Especially if you'd rather play baseball than wear a dress. Especially if you see your mom fraying a little more from anxiety each day. And especially if being five minutes older means you have to protect your fragile twin brother.

Still, Hedy Delaney loves her family, and she's trying to make the best of her new life on a U.S. airbase in England. After all, her dad's a war hero, her mother's a beauty, and her brother's a brainiac who writes moving stories about space travel.

Then one tragic day, the unforeseen occurs and all three are ripped away, leaving Hedy alone with countless questions. What really happened on the airbase? What went on behind military closed doors? What were the secrets that could never be told? And how could any of it have led to her family's destruction?

In her search for the truth, Hedy turns to a story her brother began months before he died. Deciding to finish what her brother started, Hedy begins to piece together what happened to her family. But whether she's ready for what she'll discover is another matter entirely.

A sweeping and turbulent family drama, *The Wonderful* asks whether writing fiction can uncover fact, and if it's ever better to let the truth remain hidden.

Sometimes, it's safer not to finish what you've started.

### PRAISE

**Praise for *The Other Me***

**"This enthralling read will keep you up long into the night." —Ruth Ware, *New York Times* bestselling author of *In a Dark, Dark Wood***

**"*The Other Me* is the kind of novel I adore, precisely because it crept up on me and I suddenly realized I was hooked and couldn't put it down." —Louise Walters, author of *Mrs. Sinclair's Suitcase***

**"Gripping and spectacular...Storytelling at its best." —Sarah Jio, *New York Times* bestselling author of *The Look of Love***

Saskia Sarginson holds an M.A. in creative writing and a B.A. in English literature from Cambridge University. Before becoming a full-time author, she was a health and beauty editor on women's magazines, a ghostwriter, and a copywriter and script editor. She lives in south London with her partner and four children.

### FICTION / CONTEMPORARY WOMEN

Flatiron Books | 12/10/2019

9781250083517 | \$16.99 / \$22.99 Can.

Trade Paperback | 400 pages | Carton Qty: 24  
8.3 in H | 5.4 in W

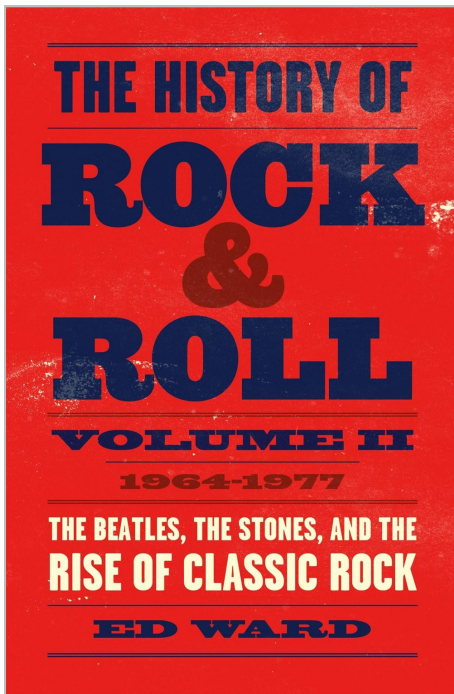
Subrights: U.K. Rights: Little, Brown UK  
Translation Rights: Eve White / Eve White  
Literary Agency

#### Other Available Formats:

Ebook ISBN: 9781250083500

### MARKETING

Review attention, print and online  
Blog and social media outreach  
ARC giveaways online & on social media  
Independent bookstore outreach  
Social media advertising  
Library marketing campaign  
Macmillan newsletter promotions  
eBook Price Promotion of *The Other Me*  
Bookclub Outreach

**MUSIC / HISTORY & CRITICISM**

Flatiron Books | 11/19/2019

9781250165190 | \$29.99 / \$40.75 Can.

Hardcover with dust jacket | 336 pages | Carton Qty: 20

9.3 in H | 6.1 in W

Includes 10 black-and-white chapter-opening photographs

Subrights: U.K. Rights: Flatiron Books

Translation Rights: Flatiron Books

**Other Available Formats:**

Ebook ISBN: 9781250169976

**MARKETING**

Review attention, print and online

Blog and social media outreach

ARC giveaways online &amp; on social media

Social media advertising

eBook price promotion: The History of Rock and Roll, Vol. 1

## The History of Rock & Roll, Volume 2

*1964–1977: The Beatles, the Stones, and the Rise of Classic Rock*

Ed Ward

**From Ed Ward, the former rock and roll historian for NPR's *Fresh Air*, comes a sweeping, definitive, and engrossing cultural history of rock's most exciting era**

Rock historian Ed Ward shares the behind-the-scenes stories of the musicians, DJs, record executives, concert promoters, and producers who were at the forefront of this incredible time in music history. The story begins with the Beatles landing in New York where the NYPD, swarms of fans, and a crowd of 200 journalists await their first American press conference, which opens with the question "Are you going to get a haircut in America?" and ends with a reporter tugging on Paul McCartney's hair in an attempt to remove his nonexistent wig. This is where volume two of *The History of Rock & Roll* kicks off. Chronicling the years 1964 through 1977, this latest volume covers the most exciting era of rock history which saw a massive outpouring of popular and cutting-edge music.

Ward expertly weaves together an engrossing narrative that not only covers the most famous stars like the Beatles, the Stones, Hendrix, and Dylan but also the artists trailblazing new territory in the same era such as Aretha Franklin, George Clinton, Elton John, and more. For all music lovers and rock fans, this sweeping history will reveal how different sounds, harmonies, and trends came together to create the music we all know and love today.

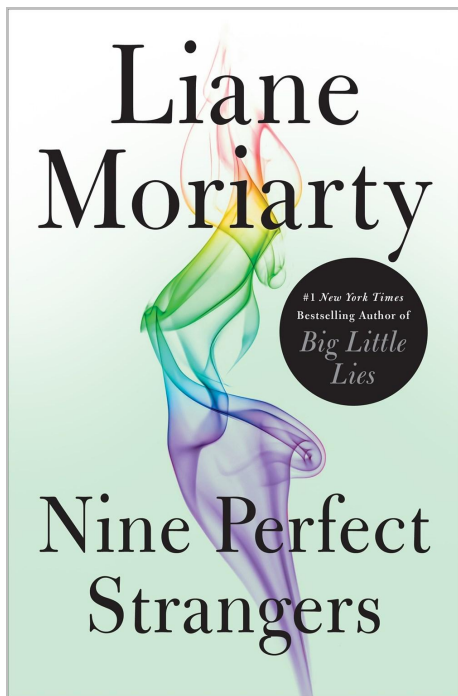
**PRAISE**

**PRAISE FOR *THE HISTORY OF ROCK & ROLL, VOLUME 1*:**

**"Ward's writing is deeply researched, but conversational in tone. He nerds-out just the right amount, moving briskly from hit to hit and craze to craze, slowing down only to impart a few choice anecdotes." —*The Washington Post***

**"A dean of rock journalism delivers the first volume of a magnum opus on a subject that never ceases to fascinate...turning up plenty of surprises and fresh insights.... A spry study that should inspire listening with new, and newly informed, ears to old tunes." —*Kirkus Reviews* (starred review)**

ED WARD was the rock and roll historian on *Fresh Air* for more than thirty years, reaching fourteen million listeners. His writing has appeared in *The New York Times*, *The Wall Street Journal*, and countless music magazines. He is also the coauthor of *Rock of Ages: The Rolling Stone History of Rock & Roll*. He lives in Austin, Texas.



**FICTION / CONTEMPORARY  
WOMEN**

Flatiron Books | 10/1/2019

9781250069832 | \$17.99 / \$24.50 Can.

Trade Paperback | 464 pages | Carton Qty: 20  
8.3 in H | 5.4 in W

Subrights: U.K. Rights: Curtis Brown UK  
Translation Rights: Curtis Brown UK

**Other Available Formats:**

Hardcover ISBN: 9781250069825

Ebook ISBN: 9781250069849

Audio ISBN: 9781427299147

Audio ISBN: 9781427299130

## Nine Perfect Strangers

Liane Moriarty

**From #1 New York Times bestselling author Liane Moriarty, author of *Big Little Lies*, comes her newest novel, *Nine Perfect Strangers*: Could ten days at a health resort really change you forever? T...**

Nine people gather at a remote health resort. Some are here to lose weight, some are here to get a reboot on life, some are here for reasons they can't even admit to themselves. Amid all of the luxury and pampering, the mindfulness and meditation, they know these ten days might involve some real work. But none of them could imagine just how challenging the next ten days are going to be.

Frances Welty, the formerly bestselling romantic novelist, arrives at Tranquillum House nursing a bad back, a broken heart, and an exquisitely painful paper cut. She's immediately intrigued by her fellow guests. Most of them don't look to be in need of a health resort at all. But the person that intrigues her most is the strange and charismatic owner-director of Tranquillum House. Could this person really have the answers Frances didn't even know she was seeking? Should Frances put aside her doubts and immerse herself in everything Tranquillum House has to offer—or should she run while she still can?

It's not long before every guest at Tranquillum House is asking exactly the same question.

Combining all of the hallmarks that have made her writing a go-to for anyone looking for wickedly smart, page-turning fiction that will make you laugh and gasp, Liane Moriarty's *Nine Perfect Strangers* once again shows why she is a master of her craft.

### PRAISE

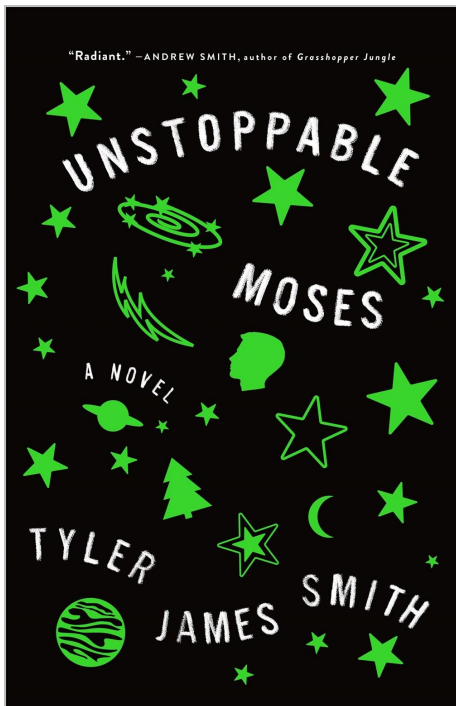
**"As she did in *Big Little Lies*, Liane Moriarty writes compelling, realistic characters. Readers will devour *Nine Perfect Strangers*." —*Real Simple***

**"A treat for *Big Little Lies* fans." —*People***

**"Moriarty delivers yet another surefire winner." —*Publishers Weekly* (starred review)**

**"Each reveal is a delicious surprise...*Nine Perfect Strangers* is so well written and slyly constructed that it won't feel like enough." —*Booklist***

Liane Moriarty is the author of the #1 *New York Times* bestsellers *Truly Madly Guilty*, *Big Little Lies*, and *The Husband's Secret*, the *New York Times* bestsellers *What Alice Forgot* and *The Last Anniversary*, and *The Hypnotist's Love Story*. She lives in Sydney, Australia, with her husband and two children.



# Unstoppable Moses

*A Novel*

Tyler James Smith

**In this “thought-provoking, gut-wrenching” (PW) debut in the tradition of John Green, a 17-year-old boy has one week after a disastrous prank to prove that he’s not a jerk who belongs in jail.**

Moses and his cousin Charlie were best friends, wisecracking pranksters, unstoppable forces of teenage energy—until the night they became accidental arsonists and set in motion a chain of events that left Moses alone, guilt-stricken, and most likely trapped in his dead-end town.

Then Moses gets a lucky break: the chance to volunteer as a camp counselor for week and prove that the incident at the bowling alley should be expunged from his record. And since a criminal record and enrollment at Duke are mutually exclusive, he’s determined to get through his community service and get on with his life. But tragedy seems to follow him wherever he goes, and this time, it might just stop him in his tracks.

## PRAISE

*A New York Times* New and Noteworthy Book

**“A deftly crafted and inherently riveting read from first page to last, *Unstoppable Moses* by Tyler James Smith is an extraordinary and unreservedly recommended addition to school and community libraries.” —*Midwest Book Review***

**“Perfect for mature high school students who love John Green and Jesse Andrews.” —*SLJ***

**“In this highly introspective debut novel set during the aftermath of a prank gone terribly wrong, Smith persuasively and empathically portrays Moses’s conflicting emotions as he comes to terms with a traumatic event. This thought-provoking, gut-wrenching novel presents human nature as it is instead...”**

**Tyler James Smith** attended Western Michigan University and after a stint as a mailman, is now an aide in the Chicago Public Schools. *Unstoppable Moses* is Tyler’s debut novel. Find him on Twitter at @SethTrimly.

## YOUNG ADULT FICTION / BOYS & MEN

Flatiron Books | 9/10/2019

9781250138552 | \$9.99 / \$13.50 Can.

Trade Paperback | 352 pages | Carton Qty: 24  
8.3 in H | 5.4 in W

Subrights: U.K. rights: Flatiron Books

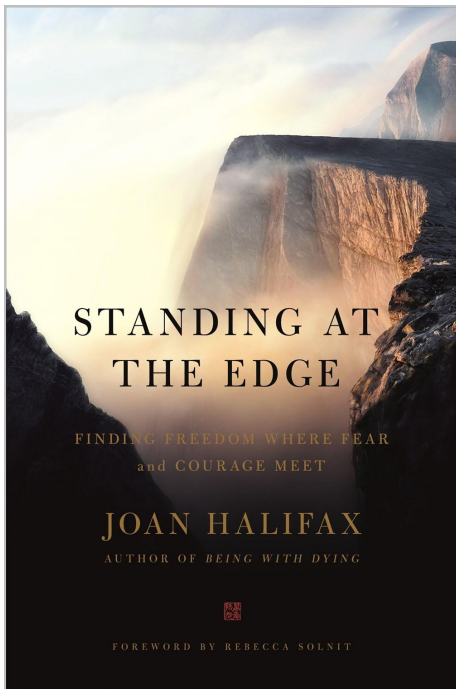
Translation rights: Molly Ker Hawn/The Bent Agency

### Other Available Formats:

Ebook ISBN: 9781250138538

Hardcover ISBN: 9781250138545

Audio ISBN: 9781250300539

**RELIGION / BUDDHISM / ZEN**

Flatiron Books | 11/12/2019

9781250101358 | \$17.99 / \$24.50 Can.

Trade Paperback | 304 pages | Carton Qty: 28  
9.3 in H | 6.1 in W

Subrights: U.K. Rights - Flatiron Books

Translation Rights - Flatiron Books

**Other Available Formats:**

Hardcover ISBN: 9781250101341

Ebook ISBN: 9781250101365

Audio ISBN: 9781427296894

## Standing at the Edge

*Finding Freedom Where Fear and Courage Meet*

Joan Halifax

**An evocative examination of how to respond to suffering, live our fullest lives, and experience spiritual and personal growth—from a renowned activist, humanitarian, and spiritual thought-leader.**

Roshi Joan Halifax has enriched countless lives of millions around the world through her work as a social activist, anthropologist, and Buddhist teacher. Over many decades, she has also collaborated with neuroscientists, clinicians, and psychologists to understand how contemplative practice can be a vehicle for social transformation. This work led her to an understanding of how our greatest challenges can become the most valuable source of our wisdom—and how we can transform suffering into the power of compassion for the benefit of others.

Halifax has identified five psychological territories she calls Edge States—altruism, empathy, integrity, respect, and engagement—that epitomize strength of character. Yet each of these states can also be the cause of personal and social suffering. In this way, these five psychological experiences form edges, and it is only when we stand at these edges that we become open to the full range of our human experience and discover who we really are. Recounting the experiences of caregivers, activists, humanitarians, politicians, parents, and teachers, incorporating the wisdom of Zen traditions and mindfulness practices, and rooted in Halifax's groundbreaking research on compassion, *STANDING AT THE EDGE* is destined to become a contemporary classic. A powerful guide on how to find the freedom we seek for others and ourselves, it is a book that will serve us all.

**PRAISE**

**"[A] wise exploration of the search for meaning...Clear, detailed, and profound, this remarkable book will be appreciated by anyone seeking a framework for a meaningful life."—*Publishers Weekly* (starred review)**

**"This book is an invitation to dive deeper into those uncomfortable places and learn new skills to navigate them.... Through a lifetime of contemplative practice, Roshi Joan Halifax inspires us to be present and to remember our humanity regardless of circumstances. What seems impossible becomes possible if you're willing to go to the edge with her." —Tara Well, Ph.D., *Psychology Today***

ROSHI JOAN HALIFAX, Ph.D., is a Buddhist teacher, Zen priest, and anthropologist. She is founder, abbot, and head teacher of Upaya Institute and Zen Center in Santa Fe, New Mexico. She received her Ph.D. in medical anthropology and received a National Science Foundation Fellowship in Visual Anthropology, was an Honorary Research Fellow in Medical Ethnobotany at Harvard University, and was a Distinguished Visiting Scholar at the Library of Congress.



## Caraval Series

Stephanie Garber

**The hardcover box set (3 books) of the #1 *New York Times* bestselling Caraval series!**

All three books in the *New York Times* bestselling Caraval series are now available together in a beautiful hardcover boxed set.

Welcome, welcome to the world of Caraval—Stephanie Garber's sweeping tale of the unbreakable bond between two sisters and the game that is more than what it seems...

**Stephanie Garber** is the *New York Times* and internationally bestselling author of *Caraval*. She lives in Northern California. You can find her on Twitter at @SGarberGirl and on Instagram at @Stephanie\_Garber.

**YOUNG ADULT FICTION /  
FANTASY**

Flatiron Books | 10/29/2019

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