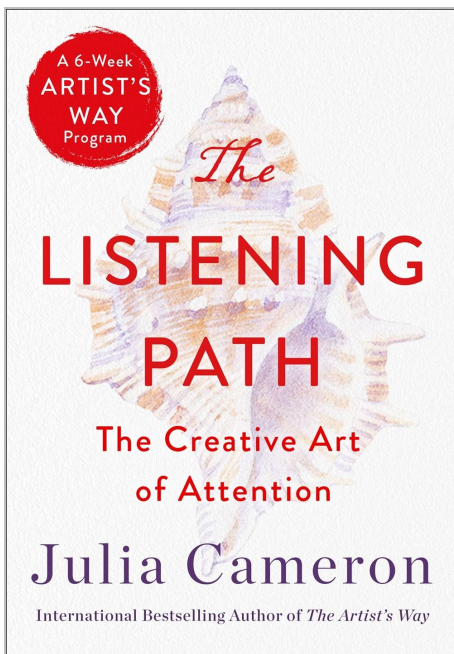




ST. MARTIN'S
ESSENTIALS

**SELF-HELP / CREATIVITY**

St. Martin's Essentials | 1/12/2021

9781250768582 | \$17.99 / \$24.50 Can.

Trade Paperback | 208 pages | Carton Qty: 28
10 in H | 7 in WSubrights: Uk Rights: David Black Agency
Translation Rights: David Black Agency**Other Available Formats:**

Ebook ISBN: 9781250768599

Audio ISBN: 9781250792211

MARKETING

National Broadcast Publicity

National Print Publicity

Online Publicity

Launch Advertising

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Trade Advertising

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Digital Indie Bound Whitebox Mailing

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Social Media Campaign

Influencer Outreach

Author Website:

<https://juliacameronlive.com/>

Author Facebook: @juliacameronlive, 63K

Author Twitter: @J_CameronLive, 20.4K

Author Instagram: @juliacameronlive,
31.5K

The Listening Path

The Creative Art of Attention

Julia Cameron

A program of intentional listening to transform your creative practice

The newest book from beloved author Julia Cameron, *The Listening Path* is a transformational journey to deeper, more profound listening. Over six weeks, readers will be given the tools to become better listeners—to their environment, the people around them, and themselves. The reward for learning to truly listen is immense. As we learn to listen, our attention is heightened and we gain healing, insight, clarity. But above all, listening creates connections and ignites a creativity that will resonate through every aspect of our lives.

Julia Cameron is the author of the explosively successful book *The Artist's Way*, which has transformed the creative lives of thousands of readers since it was first published. Incorporating tools from *The Artist's Way*, *The Listening Path* offers a new method of creative and personal transformation.

Each week, readers will be challenged to expand their ability to listen in a new way, beginning by listening to their environment and culminating in learning to listen to silence. These weekly practices open up a new world of connection and fulfillment. In a culture of bustle and constant sound, *The Listening Path* is a transformative reminder of the power of truly hearing.

PRAISE**Praise for Julia Cameron:**

"Without *The Artist's Way*, there would have been no *Eat, Pray, Love*." —Elizabeth Gilbert

"If you have always wanted to pursue a creative dream, have always wanted to play and create with words or paints, this book will gently get you started and help you learn all kinds of paying-attention techniques; and that, after all, is what being an artist is all about. It's about learning to pay attention." —Anne Lamott

"This is a book that addresses a delicate and complex subject. For those who will use it, it is a valuable tool to get in touch with their own creativity." —Martin Scorsese

Hailed by *The New York Times* as "The Queen of Change," **JULIA CAMERON** is credited with starting a movement in 1992 that has brought creativity into the mainstream conversation. She is the best-selling author of more than forty books. Commonly referred to as "The Godmother" of creativity, her tools are based in practice, not theory, and she considers herself "the floor sample" of her own toolkit." *The Artist's Way* has been translated into forty languages and sold over five million copies to date.

Faith After Doubt

Why Your Beliefs Stopped Working and What to Do About It

Brian D. McLaren

From the author of *A New Kind of Christianity* comes a bold proposal: only doubt can save the world and your faith

Sixty-five million adults in the U.S. have dropped out of active church attendance and about 2.7 million more are leaving every year. *Faith After Doubt* is for the millions of people around the world who feel that their faith is falling apart.

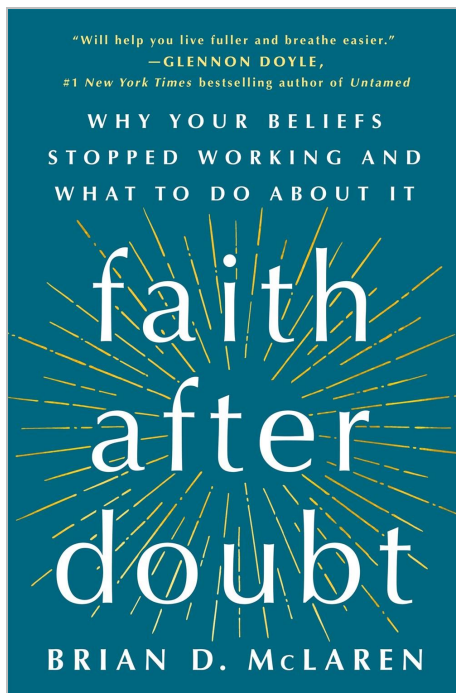
Using his own story and the stories of a diverse group of struggling believers, Brian D. McLaren, a former pastor and now an author, speaker, and activist shows how old assumptions are being challenged in nearly every area of human life, not just theology and spirituality. He proposes a four-stage model of faith development in which questions and doubt are not the enemy of faith, but rather a portal to a more mature and fruitful kind of faith. The four stages—Simplicity, Complexity, Perplexity, and Harmony—offer a path forward that can help sincere and thoughtful people leave behind unnecessary baggage and intensify their commitment to what matters most.

PRAISE

"McLaren is a heroic gate-crasher. His book will help you live fuller and breathe easier." —Glennon Doyle, #1 New York Times Bestselling author of *Love Warrior*, founder of Together Rising

"McLaren encourages the reader embrace a deeper, wider, and more authentic faith that doesn't fear doubt, but welcomes it as an ally in their spiritual growth. This book will save lives." —Bishop Yvette Flunder, author of *Where the Edge Gathers*

A former college English teacher, **BRIAN D. MCLAREN** was a pastor for twenty-four years. Now he's an author, activist, public theologian, and frequent guest lecturer for gatherings in the U.S. and internationally. His work has been covered in *TIME Magazine*, *Newsweek*, *USA Today*, *The New York Times*, *Washington Post*, *CNN*, and many other media outlets. The author of more than 15 books, he is a faculty member of The Living School at the Center for Action and Contemplation. McLaren lives in Florida.



SELF-HELP / SPIRITUAL

St. Martin's Essentials | 1/5/2021

9781250262776 | \$26.99 / \$36.50 Can.

Hardcover with dust jacket | 256 pages | Carton

Qty: 24

9.3 in H | 6.1 in W

6 b+w charts t/o

Subrights: UK Rights: Foundry Literary + Media

LLC

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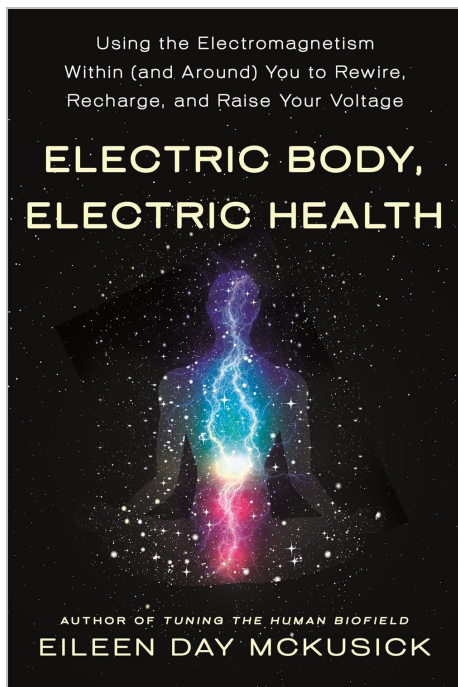
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Other Available Formats:

Audio ISBN: 9781250792242

MARKETING

- * National Print Publicity
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- * Discussion Guide Available Online
- * NetGalley Promotion
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- * Academic Marketing Campaign
- * Author Twitter: @BrianMcLaren (63.5K followers)
- * Author Facebook: /mclaren.brian (45K followers)
- * Author Instagram: brian_mclaren
- * Author Websit...



Electric Body, Electric Health

Using the Electromagnetism Within (and Around) You to Rewire, Recharge, and Raise Your Voltage

Eileen Day McKusick

Tap into the extraordinary power of electricity to heal your body and empower your life

Everything is electric. This seemingly simple observation has transformational repercussions on the way we think about and approach physical, mental, and emotional health. *Electric Body, Electric Health* is a manifesto for personal empowerment based on an electrical view of life.

Author of *Tuning the Human Biofield*, Eileen McKusick is an expert on the human bioelectrical system and has taught thousands how to transform effortlessly through learning to “think electrically.” By illuminating the biological nature of our electrical bodies, McKusick empowers readers to clear the static, noise, and resistance from this system and experience greater energy, clarity, and order.

Electric Body, Electric Health makes use of simple, easy-to-implement practices such as:

- Awareness practices
- Perspective shifts
- Breathing practices
- Simple lifestyle changes
- Improved emotional management
- and more

in order to help readers improve their health and enhance their daily lives. It will give you the tools to transform your relationship with your body, your mind, your emotions, and the electrical world around you.

PRAISE

Praise for *Tuning the Human Biofield*:

“Modern science is finally recognizing that energy constitutes the blueprint of the physical body. Meanwhile, the energetic vibration of sound can be used to change that blueprint in ways that foster health and well-being. Genes literally express themselves in different ways when exposed to specific kinds of sound. *Tuning the Human Biofield* is a groundbreaking introduction to the art and science of applying these principles. It will take you on an intellectually juicy ride.” —Donna Eden, author of *Energy Medicine*

EILEEN DAY MCKUSICK is a pioneering researcher in the fields of electric health and therapeutic sound. She is the creator of the sound therapy method Biofield Tuning, founder of the Biofield Tuning Institute and Tuners without Borders, and author of the best-selling, award-winning book

Using the Electromagnetism
Within (and Around) You to Rewire,
Recharge, and Raise Your Voltage

ELECTRIC BODY, ELECTRIC HEALTH

AUTHOR OF TUNING THE HUMAN BIOFIELD

EILEEN DAY MCKUSICK

BODY, MIND & SPIRIT / HEALING / ENERGY

St. Martin's Essentials | 1/26/2021

9781250262141 | \$17.99 / \$24.50 Can.

Trade Paperback | 256 pages | Carton Qty: 32

9.3 in H | 6.1 in W

10 pieces of line art

Subrights: UK Rights: St. Martin's Publishing Group

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Ebook ISBN: 9781250262158

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MARKETING

National Print Publicity

Online Publicity

Online Advertising

Netgalley Promotion

Blog Outreach

Bookseller Outreach

Advance Access

Early Reader Review Campaign

Social Media Promotion

Email Marketing

Author Website: www.eileenmckusick.com

Active on Facebook:

www.facebook.com/biofieldtuning (6.7K Followers)

Active on Youtube: www.youtube.com/user/HarmonicBalancing (12.1K Followers)



book design
forthcoming

SELF-HELP / PERSONAL GROWTH / SUCCESS

St. Martin's Essentials | 1/26/2021
9781250790910 | \$18.99 / \$25.99 Can.
Trade Paperback | 384 pages
8.3 in H | 5.4 in W
Includes 35 black-and-white illustrations and worksheets

Subrights: UK: St. Martin's Press
Translation: Sterling Lord Literistic, Inc.

Other Available Formats:

Hardcover ISBN: 9781250204691
Ebook ISBN: 9781250204707
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Author YouTube: <https://www.youtube.com/user/RhaGoddess/> 1.3 K

The Calling

3 Fundamental Shifts to Stay True, Get Paid, and Do Good

Rha Goddess, with a Foreword by Gabrielle Bernstein

A game-changing book offering a six-step approach on how to find and follow your true calling and redefine success from entrepreneur and soul coach Rha Goddess, now in paperback!

Are you willing to believe in you?

Every single one of us has a calling.

For most it's the thing you have to force yourself not to do.

When you try to ignore it, you can't stop thinking about. It is the thing that both terrifies you and brings you the most joy. Already living yours? Great! How do you make the most of it?

***The Calling* will provide readers with a road map, via 3 fundamental shifts, on how to stay true, get paid and do good. The steps that will help lead you there include:**

RECOGNIZING—it always begins with awareness. If you can't see it then you can't do anything about it.

ACCEPTING—means embracing, and taking responsibility for yourself, your life, and the things that want or need to be changed.

FORGIVING—yourself and others.

AND MORE!

PRAISE

"In *The Calling*, Rha will do for you what she did for me. She'll guide you to become aware of what holds you back, and then she'll help you take responsibility for your life while cultivating immense self-compassion. This book is both grounding and inspiring. It's exactly the book we need right now." —Gabby Bernstein, from her foreword

**"A must read for those who want to find and serve their highest calling."
—Brendon Burchard, #1 *New York Times* bestselling author of *The Millionaire Messenger* and *High Performance Habits***

RHA GODDESS is an entrepreneurial soul coach who has helped guide hundreds of breakthrough change-makers, cultural visionaries and social entrepreneurs. From the onset of her more than 30-year career as a cultural innovator and creative change agent, Rha has drawn on the power of arts, culture, and community to move hearts, minds, and policy. Her work has earned her numerous honors and she has also been featured in multiple national publications, including *Time* and *Interview*

THINK AND GROW RICH



NAPOLÉON HILL

Think and Grow Rich

The Complete Original Edition (With Bonus Material)

Napoleon Hill

Napoleon Hill's transformational classic on creating wealth

Originally published in 1937, Napoleon Hill's life-changing philosophy of success has sold millions of copies and changed countless lives. Since its publication, *Think and Grow Rich* has become one of the most iconic and pivotal self-improvement titles ever written. Hill's simple, revolutionary "13 Steps to Riches" form a philosophy of empowerment that will help you live the life you've always dreamed of.

This edition of *Think and Grow Rich* is part of the new Basics of Success series, which brings essential self-improvement titles to new audiences. Featuring a paper over board package, modern page design, and accessible price point, these editions are meant to be everyday guidebooks for everyone looking to improve their life. In addition to the original 1937 text, this edition includes rare bonus content from Hill in the form of his essay "Adversity—A Blessing in Disguise."

Important, practical, and transformative, *Think and Grow Rich's* wisdom will empower readers to create the lives they want to live!

PRAISE

Praise for Napoleon Hill:

"During the past twenty-five years I have been blessed with more good fortune than any individual deserves but I shudder to think where I'd be today, or what I'd be doing if I had not been exposed to Napoleon Hill's philosophy. It changed my life." —Og Mandino, *The Greatest Salesman in the World*

"I read it [*Think and Grow Rich*] every two or three years to keep my drive going." —Daymond John, Founder and CEO of FUBU apparel and Co-Star of ABC TV's *Shark Tank*

NAPOLÉON HILL was born in 1883 in a one-room cabin on the Pound River in Wise County, Virginia. He is the author of the motivational classics *The Laws of Success* and *Think and Grow Rich*. Hill passed away in November 1970 after a long and successful career writing, teaching, and lecturing about the principles of success. His lifework continues under the direction of the Napoleon Hill Foundation.

BUSINESS & ECONOMICS / PERSONAL SUCCESS

St. Martin's Essentials | 1/19/2021

9781250780027 | \$14.99

Hardcover Paper over boards | 384 pages |

Carton Qty: 24

7.5 in H | 5.5 in W

Subrights: (Public Domain)

MARKETING

* Online Advertising

* Email Marketing Campaign

* Author Website: naphill.org

* Author Facebook:

/NapoleonHillFoundation (525.6K followers)

* Author Twitter: @NapoleonHillFdn (10.4K followers)

* Author Instagram:

@napoleon_hill_foundation (167K followers)

* Author YouTube: The Napoleon Hill Foundation

ALSO AVAILABLE

The Power of Your Subconscious Mind: The Complete Original Edition: Also Includes the Bonus Book "You Can Change Your Whole Life"

11/2019 | 9781250236630

Trade Paperback | \$12.99

Think and Grow Rich: The Complete Original Edition Plus Bonus Material: (A GPS Guide to Life)

5/2019 | 9781250215345

Trade Paperback | \$11.99

As a Man Thinketh: The Complete Original Edition and Master of Destiny: A GPS Guide to Life

AS A MAN THINKETH



JAMES ALLEN

As a Man Thinketh

The Complete Original Edition (With Bonus Material)

James Allen

James Allen's classic guide to harnessing the power of your own mind

In *As A Man Thinketh*, New Thought teacher James Allen reveals the fundamental truth of human nature: “A man is literally what he *thinks*.” Allen’s deceptively simple principle has changed the lives of millions of readers, making *As A Man Thinketh* a classic bestseller for decades. In addition to the original text of *As A Man Thinketh*, this edition also includes Allen’s deeply thoughtful work *From Poverty to Power*.

Allen explains that our character, identity, ability, and success are all determined by the thoughts in our minds. Instead of finding ourselves victims of the world, each of us has the ability to shape and define our own destinies. Finances, health, social status, and success are all external manifestations of the thoughts that populate our minds. Allen offers his readers an opportunity to seize control of their minds and create the lives they’ve always imagined.

This edition of *As A Man Thinketh* is part of the new Basics of Success series, which brings essential self-improvement titles to new audiences. Featuring a paper over board package, modern page design, and accessible price point, these editions are meant to be everyday guidebooks for everyone looking to improve their life.

JAMES ALLEN was born in Leicester, England, in 1864. He took his first job at age 15 to support his family, after his father was murdered while looking for work in America. Allen was employed as a factory knitter and a private secretary until the early 1900s, when he became increasingly known for his motivational writing. His 1903 work *As a Man Thinketh* earned him worldwide fame as a prophet of inspirational thinking and influenced a who's-who of self-help writers, including Napoleon Hill.

SELF-HELP / PERSONAL GROWTH / SUCCESS

St. Martin's Essentials | 1/19/2021
9781250780041 | \$14.99 / \$20.50 Can.
Hardcover Paper over boards | 192 pages |
Carton Qty: 28
7.5 in H | 5.5 in W

Subrights: UK Rights: St. Martin's Publishing Group
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MARKETING

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ALSO AVAILABLE

The Power of Your Subconscious Mind: The Complete Original Edition: Also Includes the Bonus Book "You Can Change Your Whole Life"

11/2019 | 9781250236630
Trade Paperback | \$12.99

Think and Grow Rich: The Complete Original Edition Plus Bonus Material: (A GPS Guide to Life)

5/2019 | 9781250215345
Trade Paperback | \$11.99

As a Man Thinketh: The Complete Original Edition and Master of Destiny: A GPS Guide to Life

1/2019 | 9781250309334
Trade Paperback | \$11.99 / \$15.99 Can.

THE SPIRIT OF ANIMAL HEALING

An Integrative Medicine
Guide to Health and Wellbeing



Dr. Marty Goldstein

author of *The Nature of Animal Healing*

The Spirit of Animal Healing

An Integrative Medicine Guide to Health and Wellbeing

Dr. Marty Goldstein

A follow-up to Dr. Marty Goldstein's bestselling book on holistic veterinary medicine, *The Nature of Animal Healing*.

The Spirit of Animal Healing is the long-awaited follow-up to Dr. Marty's tremendously successful first book, *The Nature of Animal Healing*, which has sold over 130,000 copies. It is chock-full of the very latest integrative medical knowledge (which combines conventional therapies with complementary and alternative medicine). Coupled with the vast amount of specialized expertise and learning Dr. Marty has gained from his own practice over the past 45 years, the book takes readers on a journey to the leading edge of integrative veterinary understanding to achieve greater insight into the minds and bodies of their animal companions.

However, this book is not simply a new edition of Dr. Marty's first book with some refreshed content. It is a completely new book in which Dr. Marty turns the traditional approach to animal care upside-down. *The Spirit of Animal Healing* provides readers with the most up to-date tools and knowledge they need to keep their dogs and cats healthy and prevent disease from occurring in the first place, instead of just treating their animal companions when they are sick.

Topics covered include:

- *Nutrition and supplements
- *Integrative remedies and harmful treatments
- *Cutting-edge therapies
- *The truth about vaccinations
- *The latest in cancer treatments
- *The spiritual nature of animals
- *True, mind-blowing cases from over the years
- And much more!

PRAISE

"Dr. Marty has cared for my dogs for twenty years and, like the man himself, *The Spirit of Animal Healing* is accessible, revelatory, and entertaining. You will never look at your pet's nutrition, vaccines, or general health the same way again. A must read for any dog owner." ?—Ed Burns, Writer/Director/Actor

Praise for *The Nature of Animal Healing*:

"Positive, compassionate . . . vivid and engrossing . . . This is a life-affirming book that should interest any pet owner." ?—*Publishers Weekly*

"A comprehensive guide for every aspect of holistic medicine." ?—*Cat Fancy*

MEDICAL / VETERINARY MEDICINE / SMALL ANIMAL

St. Martin's Essentials | 2/2/2021

9781250249692 | \$17.99 / \$24.50 Can.

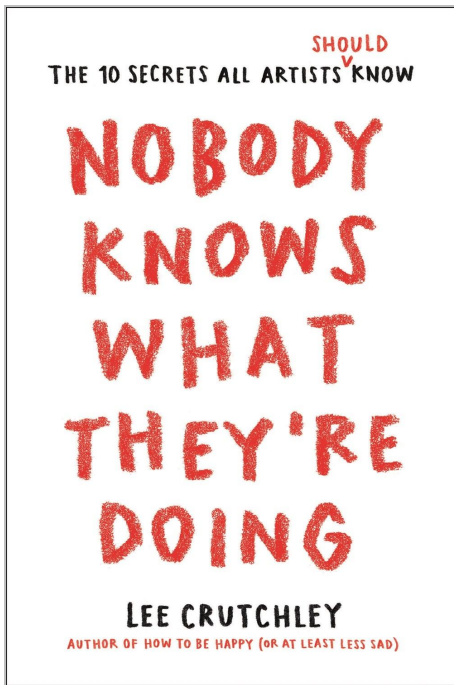
Trade Paperback | 320 pages | Carton Qty: 28
8.3 in H | 5.4 in W

Subrights: UK rights: The Anderson Literary Agency

Translation: The Anderson Literary Agency

MARKETING

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- * Tastemaker Campaign
- * Netgalley Promotion
- * Author Website: DrMartyPets.com
- * Author Website: DrMarty.com
- * Author Facebook: /OfficialDrMarty (13k)
- * Author Facebook: /DrMartyPets (43k)
- * Author Twitter: @DrMartyPets
- * Author Instagram: @DrMartyGoldstein

**SELF-HELP / CREATIVITY**

St. Martin's Essentials | 2/9/2021

9781250768506 | \$14.99 / \$20.50 Can.

Trade Paperback | 128 pages | Carton Qty: 32

7.5 in H | 5 in W

2C Illustrations throughout

Subrights: UK Rights: St. Martin's Publishing Group

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MARKETING

National Print Publicity

Online Publicity

Early Reader Review Campaign

NetGalley Outreach

Bookseller Outreach to Essentials List

Social Media Post

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Author Website: <http://leecrutchley.com/>

Active on Instagram: @leecrutchley

(10.6k)

Nobody Knows What They're Doing

The 10 Secrets All Artists Should Know

Lee Crutchley

Everything no one will tell you about being an artist

Nobody Knows What They're Doing is an honest guide to the creative life for artists of all kinds. Lee Crutchley, author of *How to Be Happy (Or At Least Less Sad)*, skips the platitudes, positive affirmations, and guarantees of success; he'll never ever tell you to just Do What You Love. Instead, Crutchley discusses the things nobody else is talking about—that, frankly, your work sucks (but that's ok because everyone else's does too), that making bad art is worth it, and so much more.

In a world desperate for more authentic #content, *Nobody Knows What They're Doing* is a breath of fresh air that reveals the truths hiding between the lines of Instagram-friendly aphorisms and behind the words of the most inspirational TED talks. An honest look at the reality of creativity and the joy and difficulty of crafting good (and bad) art, this book belongs in the hands of every exhausted creative, every starry-eyed dreamer, and every artist who is trying to make their way in the world—and keep a roof over their head while they do it.

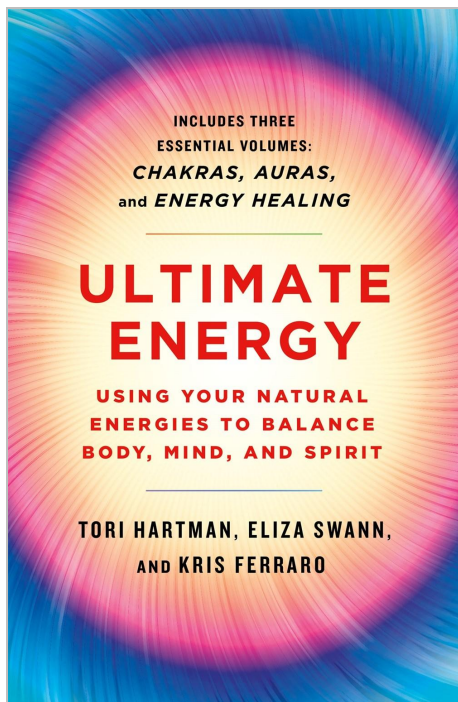
PRAISE

Praise for *How to Be Happy (Or At Least Less Sad)*:

"A breath of fresh air...This is a wonderful tool for anyone struggling with depression—or even just feeling blah." —*Publishers Weekly*

"This book is the kind of friend I want around when I'm feeling sad. He lets me vent without judging me, gives me a little guidance, reminds me that I'm not alone, and lets me draw all over him with colored pencils." —Lisa Currie, author of *The Scribble Diary* and *Me, You, Us*

LEE CRUTCHLEY is a writer and artist from a small town in England that nobody has heard of. His books including *How to Be Happy (Or At Least Less Sad)* have been translated into 19 languages. He is currently based in Berlin.



Ultimate Energy: Using Your Natural Energies to Balance Body, Mind, and Spirit

Three Books in One (Chakras, Auras, and Energy Healing)

Tori Hartman, Eliza Swann, and Kris Ferraro

The ultimate guide to harnessing the body's energy for health and wellness

Our bodies are surrounded by and filled with powerful streams of energy that can be used to improve our mental, physical, and spiritual wellbeing. *Ultimate Energy* is a collection of three books—*Chakras*, *Auras*, and *Energy Healing*—that will give readers the tools to tap into their own unique energy using a variety of modalities and practices.

Chakras explains the associations and strengths of each of the seven chakras along with how to harness their power in your own life. *Auras* explores the many-layered energy field that is the human aura and will teach you to sense and work with your own aura and others. *Energy Healing* offers an exploration of a range of energy healing techniques from Reiki to EFT, and will help you find a practice that suits your needs and interests.

Written by experts in the field, each book is designed with beginners in mind and includes exercises to kick-start your practice along with a comprehensive resources section to help you continue your exploration of the power of energy. *Ultimate Energy* is the definitive beginner's guide to using energy as part of your health and wellness practice.

PRAISE

Praise for *Energy Healing, Auras, and Chakras*

"In a crowded world full of self-help books, this is the one everyone should have on their shelf..." —Amy B. Scher, bestselling author of bestselling author of *How To Heal Yourself From Anxiety When No One Else Can*

"Auras is a beautiful, life-affirming invitation for readers to step into a new and magical way of perceiving..." —Yumi Sakugawa, author of *The Little Book of Life Hacks*

"Tori's fun and effortless read gives us a beautiful and comprehensive journey through the chakras..."—Aisha Amfario, author of *Crystals*

KRIS FERRARO is an international energy coach, teacher, and sought-after inspirational speaker. TORI HARTMAN is a professional intuitive and author of the bestselling *Chakra Wisdom Oracles Cards*. ELIZA SWANN is an interdisciplinary artist, intuitive, writer, educator, and community organizer based in Los Angeles and New York.

BODY, MIND & SPIRIT / HEALING / ENERGY

St. Martin's Essentials | 2/2/2021

9781250779687 | \$18.99 / \$25.99 Can.

Trade Paperback | 416 pages | Carton Qty: 16

8.3 in H | 5.4 in W

Black and White Illustrations throughout and 4c inside cover printing

Subrights: Translation Rights: St. Martin's Publishing Group

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MARKETING

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Author Twitter: @KrisEft, @torihartman

Author YouTube: <https://www.youtube.com/user/ToriHartman>

Author Facebook:

<https://www.facebook.com/ChakraWisdomOracle>

/ChakraWisdomOracle

Author Website: <https://elizaswann.com>,

<https://www.krisferraro.com>,

<https://www.torihartman.com>

ALSO AVAILABLE

Auras: The Anatomy of the Aura (A Start Here Guide for Beginners)

4/2020 | 9781250257734

Trade Paperback | \$14.99 / \$20.50 Can.

Chakras: Using the Chakras for Emotional, Physical, and Spiritual Well-Being (A Start Here Guide)



The Secrets of Mind Power

The Secret of Success and Other Essential Works

William Walker Atkinson

A collection of William Walker Atkinson's classic works on the power of the mind

The Secrets of Mind Power: Ten Essential Works is the definitive collection of William Walker Atkinson's published works. Born in 1862, Atkinson became a pioneer of the New Thought movement and wrote prolifically throughout his lifetime, leaving a vast body of published works after his death in 1932. *The Secrets of Mind Power* is a treasury of ten of his most powerful and innovative teachings combined in a single volume. The books are included in their entirety and are faithfully reproduced as they were originally published to preserve the impact of Atkinson's work.

The Secrets of Mind Power is part of The Masters Library, a beautifully designed series of curated classics by some of the greatest spiritual teachers of all time. With books covering topics ranging from prosperity and motivation to the occult and metaphysical thought, The Masters Series is the definitive collection of texts from some of the most revolutionary thought leaders of the last three centuries. This series belongs on the shelves of home libraries everywhere.

WILLIAM WALKER ATKINSON (1862—1932) was a noted occultist and pioneer of the New Thought Movement. He wrote extensively throughout his lifetime, often using various pseudonyms. He is widely credited with writing *The Kybalion* and was the founder of the Yogi Publication Society.

BODY, MIND & SPIRIT / NEW THOUGHT

St. Martin's Essentials | 2/9/2021
9781250780058 | \$24.99 / \$33.99 Can.
Hardcover Paper over boards | 320 pages |
Carton Qty: 12
9.3 in H | 6.1 in W

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The Science of Mind

The Original 1926 Edition & Other Essential Works

Ernest Holmes

Engage your mind to transform your life

The Science of The Mind: The Original 1926 Edition & Other Essential Works is a collection of the most thought-provoking and impactful work of Ernest Holmes. Born in 1887, Holmes was the founder of Religious Science, a key part of the New Thought movement. He founded what would later come to be called the Centers for Spiritual Living which now exist across the nation and throughout the world. *The Science of Mind* faithfully reproduces the original text of Holmes's books, preserving their original character and integrity. Included within this edition are three classic works: *The Science of Mind*, *The Creative Mind*, and *The Creative Mind and Success*.

The Science of The Mind is part of The Masters Library, a beautifully designed series of curated classics by some of the greatest spiritual teachers of all time. With books covering topics ranging from prosperity and motivation to the occult and metaphysical thought, The Masters Library is the definitive collection of texts from some of the most revolutionary thought leaders of the last three centuries. This series belongs on the shelves of home libraries everywhere.

ERNEST HOLMES (1887—1960) was an influential member of the New Thought movement and in 1927 he founded what would later come to be called The Centers for Spiritual Living. There are currently over 400 CSL churches throughout America.

BODY, MIND & SPIRIT / NEW THOUGHT

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The Path of Greatness

The Game of Life and How to Play It and Other Essential Works

Florence Scovel Shinn

The definitive collection of Florence Scovel Shinn's New Thought classics

The Path of Greatness: The Game of Life and How to Play It and Other Essential Works is an inspiring collection of her work and thought. Shinn was a key contributor to the New Thought movement in America and one of the most influential spiritual teachers of her time. In the decades since her death, her works have continued to remain popular, impacting new generations of readers. *The Path of Greatness* is composed of unedited, original editions of Shinn's work and includes *The Game of Life and How to Play It* (1925), *Your Word is Your Wand* (1928), *The Secret Door to Success* (1940), and *The Power of the Spoken Word* (1945).

The Path of Greatness is part of The Masters Library, a beautifully designed series of curated classics written by some of the greatest spiritual teachers of all time. With books covering topics ranging from prosperity and motivation to the occult and metaphysical thought, The Masters Library is the definitive collection of texts from some of the most revolutionary thought leaders of the last three centuries. This series belongs on the shelves of home libraries everywhere.

PRAISE

“By studying and practicing the principles laid down in this book, one may find prosperity, solve problems, have better health, achieve personal relations—in a word, win the game of life.” —Norman Vincent Peale

“One secret of Shinn’s success was that she was always herself . . . colloquial, informal, friendly, and humorous.” —Emmet Fox

FLORENCE SCOVEL SHINN (1871—1940) was an American artist and book illustrator and a key member of the New Thought movement. After the publication of her first book, *The Game of Life and How to Play It* in 1925, she became a popular lecturer and writer.



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BODY, MIND & SPIRIT / NEW THOUGHT

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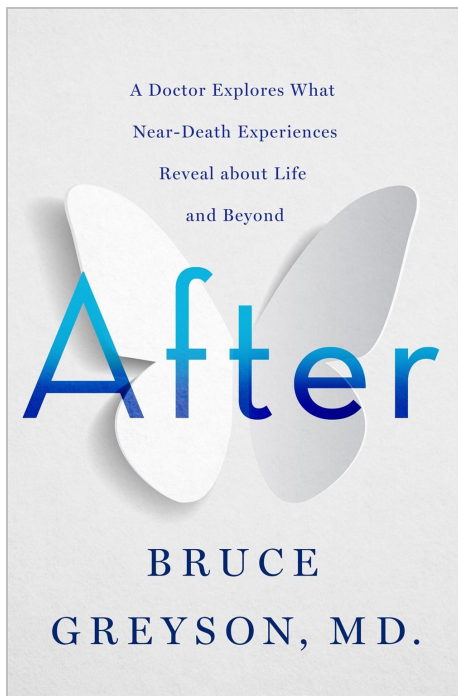
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**BODY, MIND & SPIRIT /
PARAPSYCHOLOGY /
NEAR-DEATH EXPERIENCE**

St. Martin's Essentials | 3/2/2021
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After

A Doctor Explores What Near-Death Experiences Reveal about Life and Beyond

Bruce Greyson

The world's leading expert on near-death experiences reveals his journey toward rethinking the nature of death, life, and the continuity of consciousness.

Cases of remarkable experiences on the threshold of death have been reported since ancient times, and are described today by 10% of people whose hearts stop. The medical world has generally ignored these “near-death experiences,” dismissing them as “tricks of the brain” or wishful thinking. But after his patients started describing events that he could not just sweep under the rug, Dr. Bruce Greyson began to investigate.

As a physician without a religious belief system, he approached near-death experiences from a scientific perspective. In *After*, he shares the transformative lessons he has learned over four decades of research. Our culture has tended to view dying as the end of our consciousness, the end of our existence—a dreaded prospect that for many people evokes fear and anxiety.

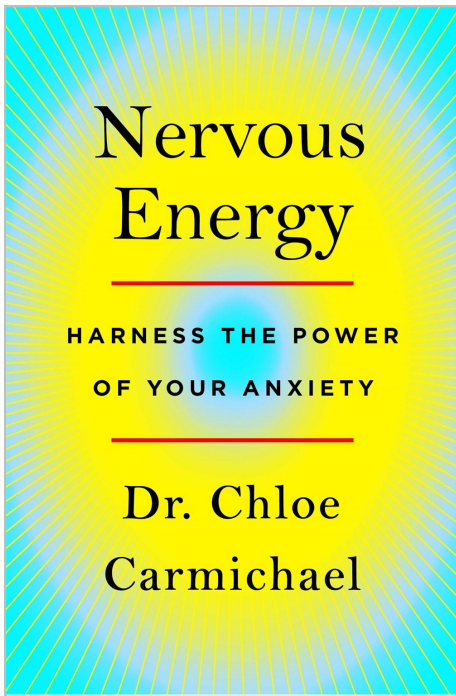
But Dr. Greyson shows how scientific revelations about the dying process can support an alternative theory. Dying could be the threshold between one form of consciousness and another, not an ending but a transition. This new perspective on the nature of death can transform the fear of dying that pervades our culture into a healthy view of it as one more milestone in the course of our lives. *After* challenges us to open our minds to these experiences and to what they can teach us, and in so doing, expand our understanding of consciousness and of what it means to be human.

PRAISE

"This very captivating book by Dr. Bruce Greyson chronicles his personal, spiritual and professional quest to understand the meaning of near-death experiences. His long-awaited and amazing book is a major contribution to the study of what happens when we die, and will quickly prove to be a classic in near-death studies." —Raymond Moody, M.D., Ph.D., Author of *Life After Life*

"Bruce Greyson is the most influential medical doctor investigator over the last 40 years of this world-changing analysis. His work has the potential to completely change our fractured and confused world, offering insights that may lead to an explanation of the nature ..."

Dr. BRUCE GREYSON is Professor Emeritus of Psychiatry and Neurobehavioral Sciences at the University of Virginia School of Medicine. He served on the medical school faculty at the Universities of Michigan, Connecticut, and Virginia. He was a co-founder and president of the International Association for Near-Death Studies, and editor of the *Journal of Near-Death Studies*. A Distinguished Life Fellow of the American Psychiatric Association, he has received national



**SELF-HELP /
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9781250241214 | \$26.99 / \$36.50 Can.
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Nervous Energy

Harness the Positive Power of Your Anxiety

Dr. Chloe Carmichael

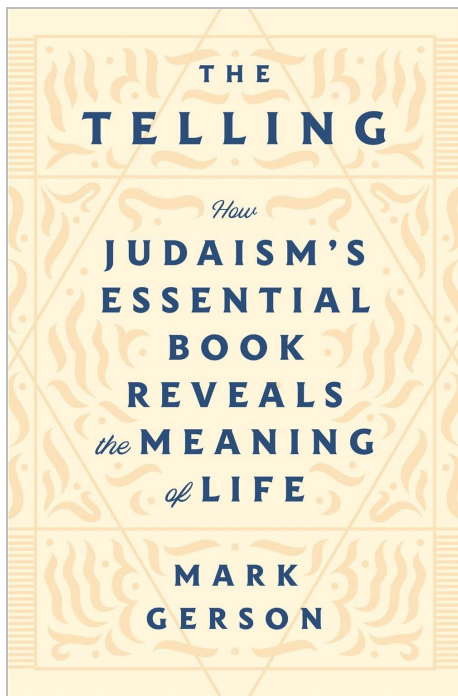
A roadmap for high achievers to harness restlessness, roadblocks, and distractions into a productive drive towards personal and professional fulfillment.

Oftentimes, young adults reach success by deliberately being their own worst critic and obsessively double-checking their work; or by pushing their feelings aside. This strategy is seductive because it does work, at least up to a certain point. The problems arise once you advance beyond school and early career stages. The higher you climb, the more complex projects and issues in your life become. Meanwhile, you may have become so good at putting your emotions aside in certain situations that it's hard to reconnect with them. This is when the old tools no longer suffice.

The "somewhat OCD" tendencies we pride ourselves on, or rather, the "Nervous Energy" we possess, can become mismanaged, and lead us down a rabbit hole of excessive self-criticism, anxiety, and pessimism. In *Nervous Energy*, Dr. Chloe Carmichael outlines nine tools with step-by-step instructions that can help you harness your Nervous Energy in order to live a more productive and fulfilling life. If managed correctly, the nervous energy that some people label as anxiety can actually be a source of stimulation, productivity, and fulfillment—and Dr. Chloe Carmichael has tried and tested methods for making this happen.

If you've ever felt a sense of excess energy that you didn't quite know how to direct, or felt that your creativity and motivation was being drained by constant analysis paralysis, *Nervous Energy* is for you.

Dr. CHLOE CARMICHAEL holds a doctorate in clinical psychology from Long Island University. Her private practice focuses on stress management, relationship issues, self-esteem, and coaching. She is also an adjunct professor, yoga instructor, psychologist for the New York College of Podiatric Medicine, and co-chair of a committee for the New York Junior League. She has been published in various academic journals, and has been featured on VH1, Inside Edition, and other media.



The Telling

How Judaism's Essential Book Reveals the Meaning of Life

Mark Gerson

Life changing wisdom from one of Judaism's most powerful texts

The Haggadah, which can be found in Jewish homes around the world, has guided Jewish families and friends through Pesach celebrations for millennia. In *The Telling: How Judaism's Essential Book Reveals the Meaning of Life*, author Mark Gerson shows how even the most familiar passages from the Haggadah are sitting on top of buried treasures ready to help us live more meaningful and fulfilling lives today. *The Telling* will enable readers to make their Seder the most engaging, inspiring and important night of the Jew's year — and readers generally to understand how Jewish wisdom can help them to live their happiest, most purposeful and worthwhile lives.

The fundamental questions of life that *The Telling* addresses include those of freedom, blessings, parenthood, dreams, education, idolatry, family, forgiveness, willpower, dreams, memory, wisdom, goodness, analogies, habits, newness, music, food, aging, false humility, the role of the imagination, the purpose of political debate, the cultivation and expression of gratitude, the State of Israel, our relationship with God, the secret of joy, the meaning of history, the presentation of miracles — and much more.

The Telling, which calls on disciplines from Talmudic discussion to evolutionary psychology to understand the Haggadah, is a groundbreaking reexamination of one of the most powerful texts in Judaism — and an indispensable source of wisdom and insight for people of all faiths.

PRAISE

With deep insight and true wisdom, Mark Gerson renews for his readers the enchantment of the Passover celebration. —Rabbi David Wolpe, Temple Sinai in Los Angeles and America's Most Influential Rabbi (according to *Newsweek* survey)

In *The Telling*, Mark Gerson brilliantly illuminates some of the big questions from the Haggadah whose answers can define what constitutes a meaningful life.

—Senator Joseph Lieberman

The Telling... is full of knowledge and thought provoking questions and answers to the many mysteries that surround this sacred Jewish day. —Tiki Barber, NY Giants, CBS and Kinky Boots

Mark Gerson is the co-founder of GLG and several other business in New York. He is also the co-founder and Chairman of United Hatzalah, the pioneering crowd-sourced system of volunteer first response that enables Israelis to be treated within the crucial three minutes following any medical trauma. He is also the co-founder and Chairman of African Mission Healthcare, which supports the work of Christian medical missionaries who provide the indispensable source of care for the African poor.

RELIGION / JUDAISM / SACRED WRITINGS

St. Martin's Essentials | 3/2/2021

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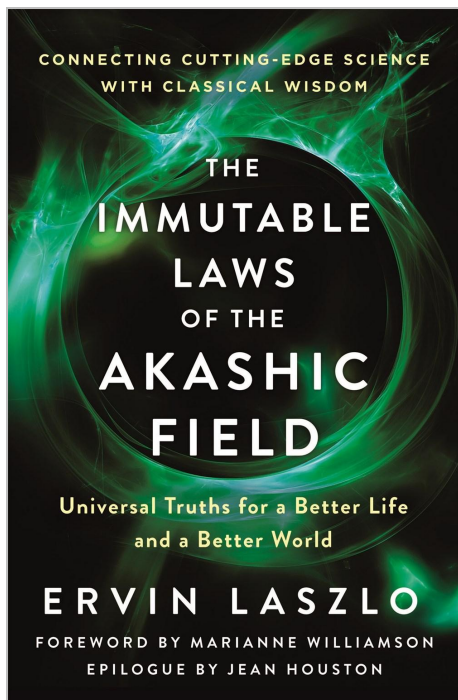
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The Immutable Laws of the Akashic Field

Universal Truths for a Better Life and a Better World

Ervin Laszlo; Foreword by Marianne Williamson

Connecting Cutting-Edge Science with Classical Wisdom

The Akashic Field is an interconnected cosmic field in which all information and knowledge is conserved and preserved. Our very reality is anchored in this vast sea of shifting energies and it gives rise to everything—from specks of stardust in the outer cosmos to consciousness itself. In *The Immutable Laws of the Akashic Field*, Dr. Ervin Laszlo, renowned authority in the fields of new science, consciousness, and spirituality, has written an accessible introduction to the mysteries of the Akashic Field, explaining how leading science supports this ancient theory of the universe.

The Immutable Laws of the Akashic Field also features contributions from other leading voices, including: Dr. Maria Sagi, Christopher M. Bache, and Kingsley L. Dennis along with a foreword from Marianne Williamson. This approachable text offers a brilliant introduction to and bold affirmation of one of the most profound wonders of our universe.

PRAISE

Praise for Reconnecting to the Source:

"...Laszlo has hit upon the ultimate salvation of everyone on the planet." —Deepak Chopra

"In *Reconnecting to the Source*, scientist, philosopher and futurist Ervin Laszlo catapults us light years beyond conventional thinking of self-help and recovery, to the very core of personal power.... I have no doubt that *Reconnecting to the Source* is destined to become a guide stone for the healing of the new millennium."

—Gregg Brayden

ERVIN LASZLO, twice nominated for the Nobel Peace Prize and Laureate of the Japan Piece Prize the Goi Award as well as of the Luxembourg Peace Prize, is editor of the international periodical *World Futures: The Journal of New Paradigm Research*, founder-president of the international think tank The Club of Budapest, and founder-president of The Laszlo Institute of New Paradigm Research. He is the author of more than a hundred books translated into 24 languages. He lives in Tuscan hills of Italy.

BODY, MIND & SPIRIT / NEW THOUGHT

St. Martin's Essentials | 3/9/2021

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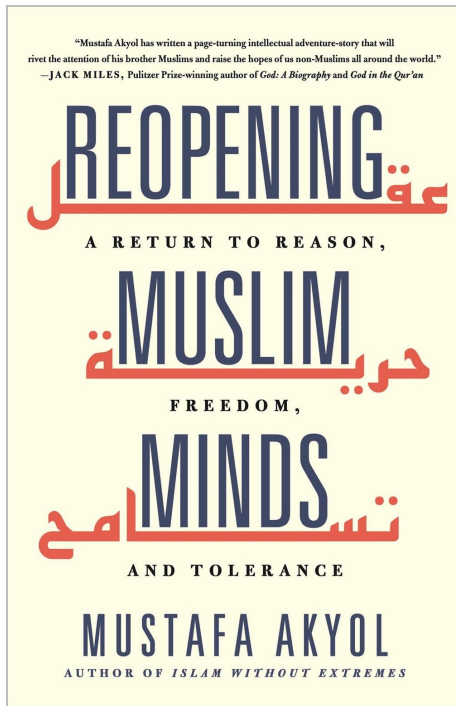
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Reconnecting to The Source: The New Science of Spiritual Experience, How It Can Change You, and How It Can Transform the World

3/2020 | 9781250246448

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2/2017 | 9781250088697

Hardcover with dust jacket | \$27.99 / \$36.50

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Reopening Muslim Minds

A Return to Reason, Freedom, and Tolerance

Mustafa Akyol

A thoughtful look at Islam's diverse history, uncovering lost liberal trends in theology and philosophy and making an argument for an Islamic Enlightenment

A fascinating journey into Islam's diverse history of ideas, making an argument for an "Islamic Enlightenment" today

In *Reopening Muslim Minds*, Mustafa Akyol, senior fellow at the Cato Institute and opinion writer for *The New York Times*, both diagnoses “the crisis of Islam” in the modern world, and offers a way forward. Diving deeply into Islamic theology, and also sharing lessons from his own life story, he reveals how Muslims lost the universalism that made them a great civilization in their earlier centuries. He especially demonstrates how values often associated with Western Enlightenment — freedom, reason, tolerance, and an appreciation of science — had Islamic counterparts, which sadly were cast aside in favor of more dogmatic views, often for political ends.

Elucidating complex ideas with engaging prose and storytelling, *Reopening Muslim Minds* borrows lost visions from medieval Muslim thinkers such as Ibn Rushd (aka Averroes), to offer a new Muslim worldview on a range of sensitive issues: human rights, equality for women, freedom of religion, or freedom from religion. While frankly acknowledging the problems in the world of Islam today, Akyol offers a clear and hopeful vision for its future.

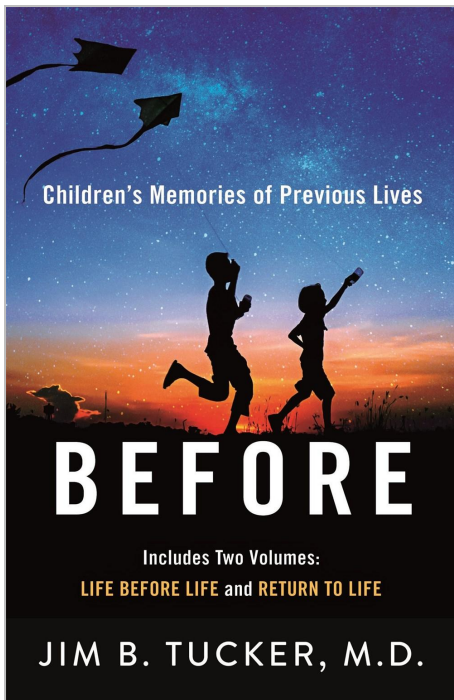
PRAISE*Praise for Reopening Muslim Minds*

"Mustafa Akyol has written a page-turning intellectual adventure-story that will rivet the attention of his fellow Muslims, and raise the hopes of us non-Muslims all around the world." —Jack Miles, Pulitzer Prize-winning author of *God: A Biography* and *God in the Qur'an*

Praise for Mustafa Akyol

"A welcome expansion of the fragile territory known as common ground." —*The New York Times*

MUSTAFA AKYOL is a regular contributing opinion writer for *The New York Times* since 2013, covering matters of Islam in the modern world. His earlier books, *Islam without Extremes* (2011) and *The Islamic Jesus* (2017), have been reviewed and praised by *The New York Times*, *The Wall Street Journal*, *Financial Times*, and *the Economist*. *Islam without Extremes* was long-listed for the 2012 Lionel Gelber Prize literary prize, while being banned in Malaysia for challenging the “religion police.”



**BODY, MIND & SPIRIT /
AFTERLIFE & REINCARNATION**

St. Martin's Essentials | 4/13/2021
9781250781772 | \$19.99 / \$26.99 Can.
Trade Paperback | 528 pages | Carton Qty: 16
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Before

Children's Memories of Previous Lives

Jim B. Tucker

A 2-in-1 edition of Dr. Jim B. Tucker's popular science books about children who remember past lives.

This new 2-in-1 paperback edition, with a new introduction by the author, combines Dr. Jim B. Tucker's bestselling books *Return to Life* and *Life Before Life*.

These two books contain first-person accounts of Jim B. Tucker's experiences with a number of extraordinary children with memories of past lives, and expands on the international work started by Tucker's University of Virginia colleague Ian Stevenson. Tucker's work has been lauded by the likes of parapsychologist Carol Bowman and Deepak Chopra, and has been described by some as quantum physics. His goal in each case of a child reporting memories of previous lives is to determine what happened—what the child has said, how the parents have reacted, whether the child's statements match the life of a particular deceased person, and whether the child could have learned such information through normal means. Tucker has found case studies that provide persuasive evidence that some children do, in fact, possess memories of previous lives.

Thought-provoking and captivating, these stories urge readers, skeptics and supporters alike to think about life, death, and reincarnation and to reflect about their own consciousness and spirituality.

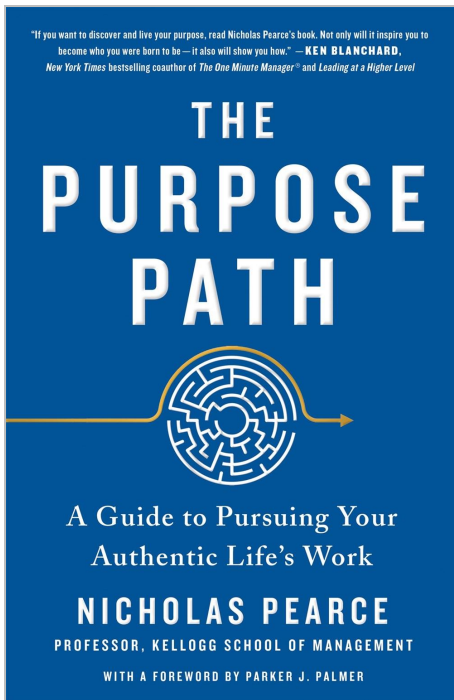
PRAISE

“In this very elegant book, Dr. Tucker offers the most convincing scientific evidence for the fact that our consciousness survives physical death. And indeed, takes quantum leaps of creativity in the form of reincarnation. The model that Dr. Tucker presents opens a new vision of who we are, limitless beings that fill up all of space and time.” —Deepak Chopra, author of *Life After Death: The Burden of Proof*

“*Life Before Life* is extraordinarily important.” —Larry Dossey, M.D., author of *The Extraordinary Healing Power of Ordinary Things*

“With his training as a pediatric psychiatrist, and the mind of an inquiring scientist, Dr. Jim Tucker take...

Jim B. Tucker, M.D. is the Bonner-Lowry Professor of Psychiatry and Neurobehavioral Sciences at the University of Virginia. He is the Director of the UVA Division of Perceptual Studies, where he is continuing the research of Ian Stevenson into children's reports of past-life memories, and his work has been featured on NBC Nightly News, CBS Sunday Morning, NPR Weekend Edition, and numerous other programs. He lives in Charlottesville with his wife.



BUSINESS & ECONOMICS / CAREERS

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 9781250782250 | \$16.99 / \$16.99 Can.
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The Purpose Path

A Guide to Pursuing Your Authentic Life's Work

Nicholas Pearce with a Foreword by Parker J. Palmer

How to build a meaningful career with a moral center and a purpose in the world.

Some of the world's most successful companies—Google, Disney, Starbucks—are not simply profit-driven, but purpose-driven. They identify the purpose behind why they do what they do, and let their "why" drive what they do every day. Nicholas Pearce argues that we all should do the same: discover our "why" and commit to the journey of aligning our daily work with our life's work. *The Purpose Path* is for people in any field who long to have more than just a job or a career, but a true vocation that allows them to connect their soul with their role. *The Purpose Path* is organized around five key questions:

What is success?
 Who am I?
 Why am I here?
 Am I running the right race?
 Am I running the race well?

Nicholas Pearce sits at the unconventional intersection of academia, business, and faith. With examples and advice, he shows how he and other people in a variety of fields and at different life stages have asked and answered these five questions in order to start, shape, or even radically change their careers. Inspiring, thought-provoking, and practical, *The Purpose Path* is an essential book for anyone who seeks the clarity and courage to advance their authentic life's work every day.

PRAISE

"If you want to discover and live your purpose, read Nicholas Pearce's book. Not only will it inspire you to become who you were born to be; it also will show you how."? —Ken Blanchard, *New York Times* bestselling coauthor of *The One Minute Manager®* and *Leading at a Higher Level*

A scholar, speaker, entrepreneur, and pastor, NICHOLAS PEARCE is an award-winning management and organizations professor at Northwestern University's Kellogg School of Management, founder and CEO of The Vocati Group, a global executive advisory firm, and assistant pastor of Chicago's historic Apostolic Church of God. He has advised and coached leaders of Fortune 500 corporations, communities of faith, and social impact organizations on six continents. He and his work have been featured in *Bloomb...*

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