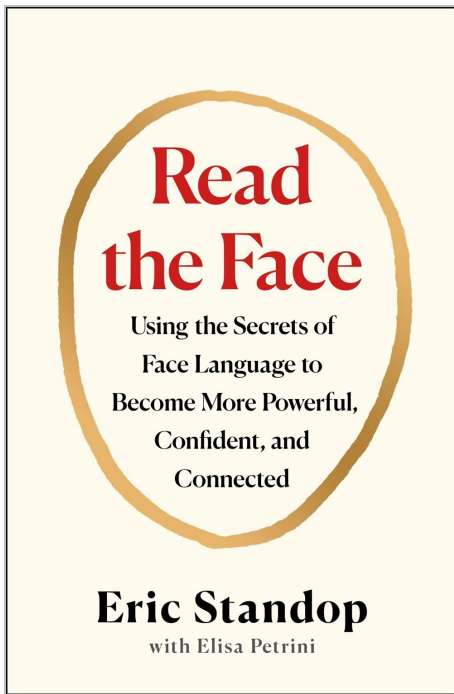




ST. MARTIN'S
ESSENTIALS



Read the Face

Using the Secrets of Face Language to Become More Powerful, Confident, and Connected

Eric Standop with Elisa Petrini

A master face reader shares the art and science of reading people's faces to discover their feelings, personality and character, and even their health.

From birth, face is our first language. We are born face readers—knowing to seek out human features and faces from the moment our eyes open. We all have the intuitive ability to read and interpret the feelings and expressions of those around us.

In *Read the Face*, master face reader Eric Standop unlocks the power of this innate human ability, sharing his own journey to become a face reading master, along with stories that illustrate the power of this unique language. Using a combination of three different schools of face reading, along with a scientific accuracy to detect the most fleeting microexpressions, Standop is able to read personality, character, emotions, and even the state of a person's health—all from simply glancing at their face.

The book is divided into sections focusing on specific ways that face reading can offer insight, such as Health, Love, Communication, Work and Success. The stories are accompanied by detailed black and white illustrations of faces, allowing readers to observe the same features that Standop interpreted. The final section of the book outlines the meanings of dozens of facial features and face shapes, so that readers can recognize their own innate intuitive powers and develop them. *Read the Face* is a guide to using the ancient art and science of face reading to go beyond the surface and create the boldest life possible.

PRAISE

"Eric is a master of perception and interpretation. His ability to identify and communicate what the face tells about oneself is uncanny, and his consultations are detailed, thorough, and always mind-blowing. He has taught me a lot about life and people. Eric has been invaluable to our leadership team...."—Ric Elisa, CEO Red Ventures

"Eric Standop is a genuine, authentic human being. His knowledge and skills are delightfully preternatural and remarkably insightful. His ability to see into someone's life can help doctors gain insight into the nuances of diagnosis and treatment." —Dr. Jordan Shlain, M.D.

Eric Standop is the Founder of the Face Reading Academy and has been a regular speaker and lecturer worldwide in over 20 countries to c-suite executives, thought leaders, educators, and even law enforcement officials. His clients span various industries from finance and technology to health and wellness.

SOCIAL SCIENCE / BODY LANGUAGE & NONVERBAL COMMUNICATION

St. Martin's Essentials | 10/1/2019

9781250217059 | \$28.99 / \$38.50 Can.

Hardcover with dust jacket | 320 pages | Carton

Qty: 20

9 in H | 6.1 in W

Includes over forty black-and-white line drawings throughout

Subrights: UK Rights: St. Martin's Essentials

Translation Rights: St. Martin's Essentials

Other Available Formats:

Ebook ISBN: 9781250217066

Audio ISBN: 9781250241931

Audio ISBN: 9781250241924

MARKETING

Tie in with Author Speaking

National Print Publicity

Online Publicity

Early Reader Review Campaign

Independent Bookseller Outreach

Organizational Outreach

Email Marketing Campaign

Social Media Campaign

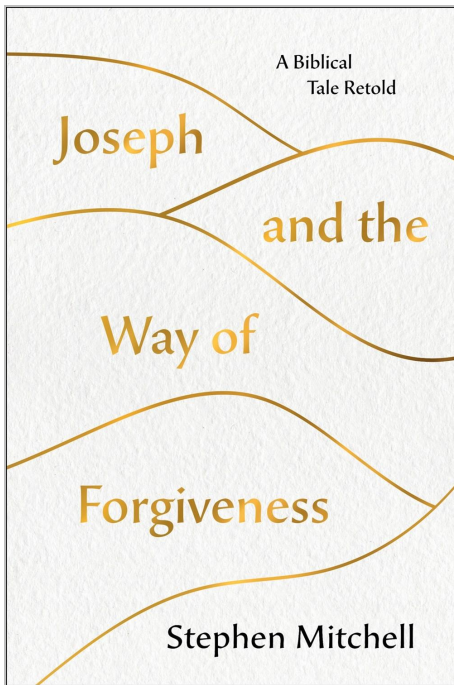
Online Advertising

Author Website: readtheface.com

Author Facebook: [/readtheface](https://www.facebook.com/readtheface) (6.7K

followers)

Author Instagram: [@ericstandop](https://www.instagram.com/ericstandop)



**RELIGION / BIBLICAL
MEDITATIONS / OLD
TESTAMENT**

St. Martin's Essentials | 9/17/2019

9781250237521 | \$21.99 / \$29.99 Can.

Hardcover with dust jacket | 272 pages | Carton

Qty: 24

8 in H | 5 in W

Includes four-color endpapers and two-color

printing inside

Subrights: UK Rights: St. Martins Essentials

Translation Rights: The Loewenthal Company

Other Available Formats:

Ebook ISBN: 9781250237538

Audio ISBN: 9781250241986

Audio ISBN: 9781250241979

MARKETING

Author Events

National Broadcast Publicity

National Print Publicity

Online Publicity

Organizational Outreach

Email Marketing Campaign

Early Reader Review Campaign

Online Advertising

Social Media Campaign

Author Website:

StephenMitchellBooks.com

Joseph and the Way of Forgiveness

A Biblical Tale Retold

Stephen Mitchell

The timeless story of the biblical Joseph retold as a tale of transcendent love and forgiveness by acclaimed writer Stephen Mitchell

Author Stephen Mitchell, who has breathed new life into ancient classics from *The Bhagavad Gita* to *The Tao Te Ching*, turns his eye to the story of Joseph. Tolstoy called this biblical story "the most beautiful story ever told," and Mitchell's retelling resurrects the ancient tale for the modern age. In lyrical, witty prose, Mitchell recounts Joseph's life as a hero's journey shot through with themes of pride and humility, hatred and love, and ultimately profound and immense forgiveness. Mitchell's interpretation of the story adds depth and dimension to the spare framework of the biblical narrative, fleshing out the characters into full blooded people, vividly animating the ancient Near East setting, and capturing the power of the emotion that lies dormant in the original story. The engrossing tale that he creates will capture the hearts and minds of modern readers.

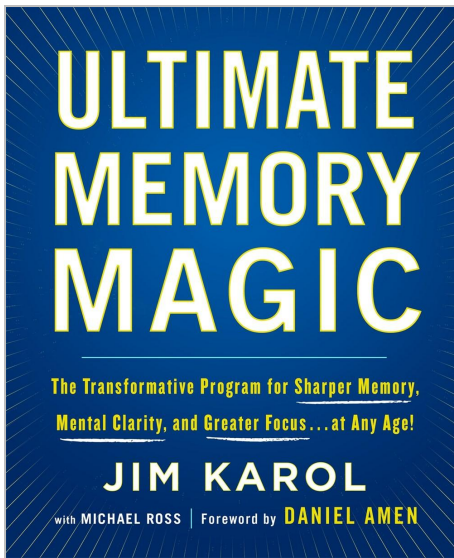
Mitchell's own thoughts and commentary are woven seamlessly throughout the text, offering a moving spiritual interpretation of the events as they unfold. The beautiful style and depth of the book evoke a captivating blend of *The Alchemist* and Joseph Campbell. With profound spiritual sensitivity and a deep respect for the power of the story, *Joseph* resurrects an ancient epic into an essential modern book.

PRAISE

"Stephen Mitchell is a tireless curator of wisdom, whose life's work is nothing less than the study of human transformation. With *Joseph and the Way of Forgiveness*, Mitchell has reached back in time to one of our oldest stories of grace and brought its lessons forward to us. The heart cannot help but be moved and healed by the treasure to be found in these pages." —Elizabeth Gilbert

"Stephen Mitchell's *Joseph and the Way of Forgiveness* is a rich and meaningful chronicle-cum-midrash." —Cynthia Ozick

Stephen Mitchell was born in Brooklyn, educated at Amherst, the Sorbonne, and Yale, and de-educated through intensive Zen training. His many books include the bestselling *Tao Te Ching*, *Gilgamesh*, *The Gospel According to Jesus*, *The Book of Job*, *The Second Book of the Tao*, *The Selected Poetry of Rainer Maria Rilke*, *Bhagavad Gita*, *The Iliad*, *The Odyssey*, and *Beowulf*. He is also the co-author of three of his wife Byron Katie's bestselling books.



**SELF-HELP / PERSONAL
GROWTH / MEMORY
IMPROVEMENT**

St. Martin's Essentials | 9/24/2019
9781250221919 | \$18.99 / \$25.99 Can.
Trade Paperback | 272 pages | Carton Qty: 28
9 in H | 7.5 in W

Subrights: UK Rights: St. Martin's Essentials
Translation Rights: St. Martin's Essentials

Other Available Formats:
Ebook ISBN: 9781250221926
Audio ISBN: 9781250243140

MARKETING

Early Reader Review Campaign
Social Media Campaign
Email Marketing Campaign
QDT Promotion
Author Website: <https://www.jimkarol.com/>
Active on Twitter: <https://twitter.com/jimkarol>
(10.8K followers)
Active on Facebook:
<https://www.facebook.com/OfficialJimKarol/>
(7.8K followers)

Ultimate Memory Magic

The Transformative Program for Sharper Memory, Mental Clarity, and Greater Focus . . . at Any Age!

Jim Karol with Michael Ross; Foreword by Dr. Daniel Amen

Improve your memory, sharpen your mind, and change your life—at any age!

As we age, our memories become unreliable; we misplace things and forget details. In *Ultimate Memory Magic*, memory expert Jim Karol shows that these side effects of aging are not inevitable. His memory-boosting system, called “Cogmental Intelligence,” goes beyond preserving mental acuity and actually enhances memory and mental function through lifestyle changes and mental exercises. Concentration, alertness, and focus can all be strengthened—by anyone, at any age. Karol’s cutting-edge program will show readers how to:

- Sharpen their thinking and regain their mental edge
- Live free from disease
- Get in the best physical shape of their lives
- Clear away negativity and stress
- Become more creative and innovative

A former steel worker who suffered from ill health, Karol used this method to transform his own life. Now he is physically healthy and renowned for his unparalleled memory. His incredible feats of memory and mentalism have been featured on “The Tonight Show,” “The Ellen Show,” “Today,” and more. Karol has used his Cogmental Intelligence method with clients from professional athletes to business leaders and speaks at venues around the world, from MIT to the Pentagon. With a foreword from bestselling author and physician Daniel G. Amen, *Ultimate Memory Magic* will allow readers of any age to hone their minds, strengthen their memories, and transform their lives.

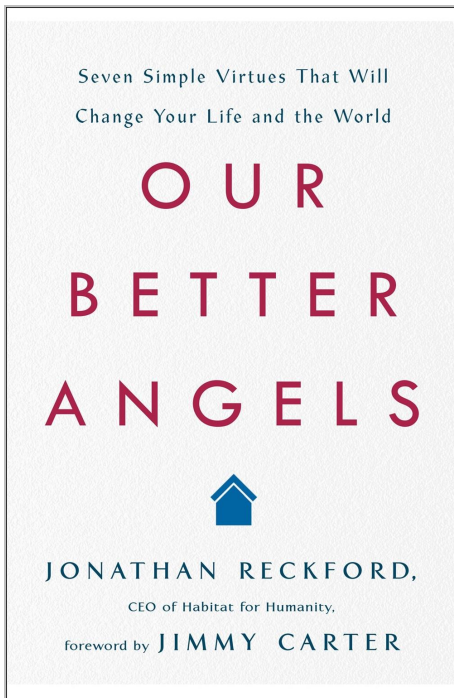
PRAISE

"Jim Karol is the most amazing mentalist on the planet! His extraordinary memory and mental abilities are beyond belief."—George Noory, Coast-To-Coast

"Jim Karol is a gifted mentalist who is dedicated to helping people improve their cognitive abilities and emotional intelligence."—Neil Grunberg, Ph.D., Professor of Neuroscience and Clinical Psychology

"In his powerful new book, *Ultimate Memory Magic*, Jim teaches you his proven secrets to boost memory, mood, and relationships. . . . I know millions of people will be able to benefit from his wisdom." —Dr. Daniel G. Amen

Jim Karol is living proof that radical life transformation happens when we sharpen our thinking and regain our mental edge. After employing daily memory-improvement techniques coupled with lifestyle changes, Jim grew from an unmotivated Pennsylvania steel worker to a “memory phenom” and in-demand motivational speaker. Today, Jim’s “better mind, better life” message is resonating



Our Better Angels

Seven Simple Virtues That Will Change Your Life and the World

Jonathan Reckford, CEO of Habitat for Humanity, with a
Foreword by Jimmy Carter

For readers of *Make Your Bed*, a book about real-life virtues in action to inspire readers--from Habitat for Humanity, one of the world's most admired organizations.

For readers of *Make Your Bed*, a book about real-life virtues in action to inspire readers--from Habitat for Humanity, one of the world's most admired organizations.

In this powerful book from Habitat for Humanity, CEO Jonathan Reckford shares moving and inspiring stories of ordinary people whose lives have been changed by working together to help one another. And he shows what we can all learn from these everyday heroes.

Having witnessed people beat back the storms of life, Reckford came to see how we can all find our better selves by tapping into seven old-fashioned virtues—kindness, generosity, community, empowerment, respect, joy, and service. And he came to see how the strength gained from these virtues can help each of us build our best selves in ways that impact all areas of our lives—from our careers to our families, from how we behave in our communities to how we see the world.

With a separate chapter devoted to each of these seven virtues, Reckford introduces us to remarkable people, like a brother and sister who grew up in a Habitat home and who could barely wait to donate back Habitat to help others in need of an affordable place to live. And we also meet volunteers like Vic, a veteran who was inspired to return to Vietnam to help build housing there. Each vivid story in this book carries its own lesson and epiphany – to help readers find their own better angels.

The book begins with an inspirational foreword by Jimm...

Jonathan Reckford has served as chief executive officer of Habitat for Humanity International since 2005. Under his leadership, Habitat grew from serving 125,000 individuals per year to more than 8.7 million people in 2018 alone. A graduate of the University of North Carolina at Chapel Hill, Reckford earned his MBA from Stanford and went on to managerial positions at Goldman Sachs, Marriott, Walt Disney Company, and Best Buy. Reckford also served as executive pastor of Christ Presbyterian Church...

SELF-HELP / MOTIVATIONAL & INSPIRATIONAL

St. Martin's Essentials | 10/8/2019

9781250237798 | \$25.99 / \$34.99 Can.

Hardcover with dust jacket | 240 pages | Carton

Qty: 28

8 in H | 5 in W

Subrights: U.K. Rights: St. Martin's Essentials.

Translation rights: St. Martin's Essentials

Other Available Formats:

Ebook ISBN: 9781250239259

Audio ISBN: 9781250244376

Audio ISBN: 9781250244369

MARKETING

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Blog Outreach

NetGalley Promotion

Gift Sales & Special Sales Promotion

Habitat For Humanity Partnership & Promotion

Social Media Campaign

Website: <https://www.habitat.org/>

Facebook: [Facebook.com/habitat](https://www.facebook.com/habitat), 580,000

Twitter: @Habitat_org, 1 million

Author Twitter: @JReckford

Instagram: @habitatforhuman...

SHAMAN DUREK SPIRIT HACKING

SHAMANIC KEYS TO RECLAIM YOUR PERSONAL POWER,
TRANSFORM YOURSELF, AND LIGHT UP THE WORLD

FOREWORD BY
DAVID ASPREY,
FOUNDER AND CEO OF
BULLETPROOF COFFEE

BODY, MIND & SPIRIT / SHAMANISM

St. Martin's Essentials | 10/15/2019

9781250217103 | \$27.99 / \$37.99 Can.

Hardcover with dust jacket | 320 pages | Carton

Qty: 20

9 in H | 6.1 in W

Subrights: UK Rights: St. Martin's Essentials

Translation Rights: St. Martin's Essentials

Other Available Formats:

Ebook ISBN: 9781250232700

Audio ISBN: 9781250241917

Audio ISBN: 9781250241900

MARKETING

National Print Publicity

Online Publicity

Author Events

National Broadcast Publicity

Launch Advertising

Blog Outreach

Reader Review Campaign

Social Media Campaign

Active on Facebook: ShamanDurek,

30,000 followers

Author Website:

<http://www.shamandurek.com/>

Spirit Hacking

Shamanic Keys to Reclaim Your Personal Power, Transform Yourself, and Light Up the World

Shaman Durek; Foreword by Dave Asprey

A fifth-generation shaman shares the six shamanic keys that will transform your life and the world

In *Spirit Hacking: Six Shamanic Keys to Reclaim Your Personal Power, Transform Yourself, and Light Up the World*, Shaman Durek, a fifth-generation shaman, shares the six shamanic keys that allow you to tap into your own personal power, banishing fear and darkness from your life in favor of light, positivity, and strength. The age in which we live is particularly fraught with division, cynicism, and conflict. In *Spirit Hacking*, Shaman Durek teaches readers how to step out of this Blackout—the age of darkness we are currently experiencing—and access a place of light, freedom, and empowerment using the tools and techniques of timeless Shamanic traditions. This transformation is both personal and collective; as individuals step out of darkness and begin to experience the light, we bring our loved ones and communities out of the shadows as well.

Shaman Durek is the inheritor of a rich legacy of ancient wisdom, but he has used this knowledge in a thoroughly modern context, advising everyone from celebrities like Gwyneth Paltrow, Nina Dobrev, and royals around the world, to international corporate executives. In *Spirit Hacking*, he gives readers the tools to navigate the tumultuous times in which we find ourselves and emerge from this period happier, lighter, and more fulfilled than ever before.

PRAISE

“Shaman Durek has a lot of knowledge that can touch the world in a way I haven't seen before. He is light on earth!”

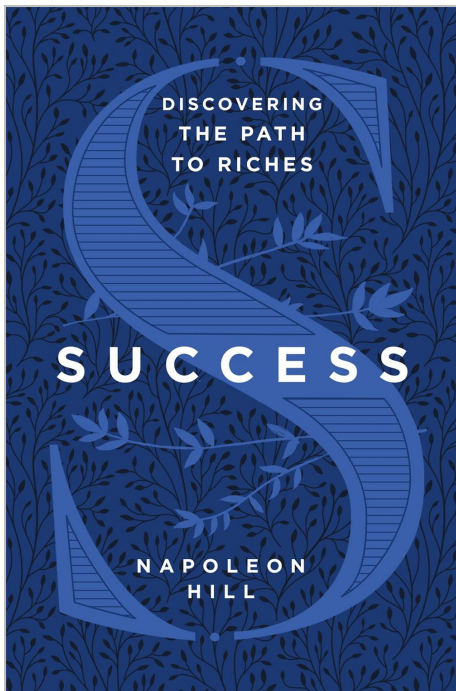
—Gwyneth Paltrow / Academy Award-winning Actress & CEO of goop

“Shaman Durek is a devotee of the power of truth and an agent of cutting through self-deception. He holds the radiant sun of his deep and compassionate heart, where the alchemical process of transformation can happen in quantum space-time.”

—Guru Jagat / Founder of RA MA Institute for Applied Yogic Science and Technology + Author of *Invincible Living*

"Hollywood's hottest mentor..."—Marie Clarie

Shaman Durek is a 6th generation shaman who has devoted decades to study and practice in becoming a thought leader and spiritual enthusiast for people all over the world. His focus is educating people on how to make shamanism a life style choice for evolutionary adaptation. He is an author, activist, and a women's empowerment leader.



SELF-HELP / PERSONAL GROWTH / SUCCESS

St. Martin's Essentials | 11/12/2019
9781250220547 | \$16.99 / \$22.99 Can.

Hardcover Paper over boards | 256 pages |
Carton Qty: 52
6 in H | 4 in W
Includes one-color printed endpapers

Subrights: UK Rights: St. Martin's Essentials
Translation Rights: The Napoleon Hill
Foundation

Other Available Formats:

Ebook ISBN: 9781250220554
Audio ISBN: 9781250255228
Audio ISBN: 9781250245984

MARKETING

National Broadcast Publicity
National Print Publicity
Online Publicity
Independent bookseller outreach
Early Reader Review Campaign
Social Media Campaign
Author Website: naphill.org
Author Facebook:
/NapoleonHillFoundation (521.2K
followers)
Author Twitter: @NapoleonHillFdn (8.5K
followers)
Author Instagram:
@napoleon_hill_foundation (106K
followers)

ALSO AVAILABLE

**Think and Grow Rich: The Complete Original
Edition Plus Bonus Material (A GPS Guide to
Life)**
5/2019 | 9781250215345

Success: Discovering the Path to Riches

Napoleon Hill

Napoleon Hill's life changing principles in a single volume

The writings and wisdom of Napoleon Hill have transformed millions of lives, making him one of the most influential writers on personal success and an incomparable bestseller. His invaluable classic, *Think and Grow Rich*, has guided more people to becoming millionaires and billionaires than any other book in history. *Success: Discovering the Path to Riches* presents a curated collection of some of Napoleon Hill's most significant teachings in one complete volume. Drawing on one of Hill's longest and most comprehensive works, *The Law of Success*, the book consists of Hill's teachings presented in an accessible bite-sized format. *Success* is ideal for both readers who are new to Hill's work and looking for an essential primer and for devoted followers who want to revisit his most impactful work.

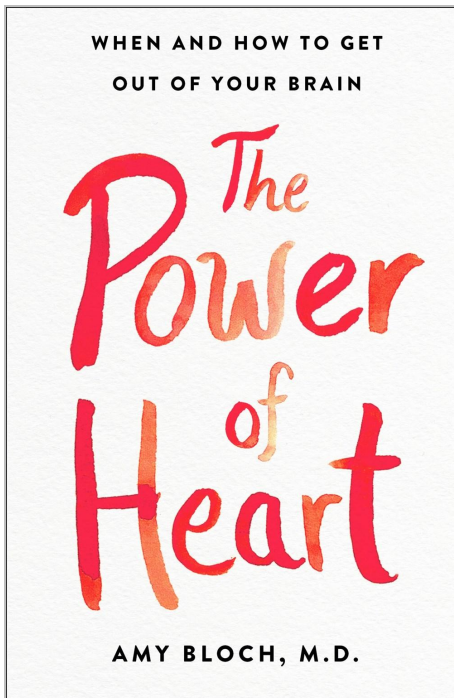
This handsome hardback edition features striking debossing on the cover and designed endpapers, making it the perfect gift for fathers, young professionals, graduates, and many more. *Success: Discovering the Path to Riches* is an essential volume for everyone looking to build a prosperous life, both personally and professionally.

PRAISE

Praise for Napoleon Hill:

"During the past twenty-five years I have been blessed with more good fortune than any individual deserves, but I shudder to think where I'd be today, or what I'd be doing, if I had not been exposed to Napoleon Hill's philosophy. It changed my life."—Og Mandino, *The Greatest Salesman in the World*

NAPOLEON HILL was born in 1883 in a one-room cabin on the Pound River in Wise County, Virginia. He is the author of the motivational classics *The Laws of Success* and *Think and Grow Rich*. Hill passed away in November 1970 after a long and successful career writing, teaching, and lecturing about the principles of success. His lifework continues under the direction of the Napoleon Hill Foundation.



The Power of Heart

When and How to Get Out of Your Brain

Amy Bloch, M.D.

The poignant lessons and practical applications an Ivy League psychiatrist learned from her daughter about the importance of living heart-first.

Amy Bloch, accomplished psychiatrist, busy and fully in control of her professional and family life, was dealt what she thought was a devastating, insurmountable set-back when her daughter Emily was born with a severe brain malformation. Amy tried desperately to “fix” Emily, and exhausted herself in her efforts to deal with the “problem” using her intellect, going at it brain-first, the way we tend to approach any challenge in our society. Emily, by default, lives completely heart-first: She simply doesn’t have the capabilities to approach life brain-first.

The Power of Heart is the distillation of what Emily taught Amy – applicable to anyone’s life. While brain is amazing, powerful and also quite useful, it does come with limitations. And there’s some stuff brain just doesn’t know, which is where heart comes in. Tapping into heart helps your brain perform better – and makes you stronger and smarter than you will ever be trusting only brain. Heart will allow you to live with uncertainty; find strength, resilience, courage, and persistence in tough times; know your true self; manage emotions; and cast off self-criticism and doubt.

Amy’s message of living heart-first, in conjunction with brain, is presented in deeply thoughtful, life-affirming, inspiring, practical, and accessible chapters, which will resonate with readers of all ages and walks of life in search of coping strategies and self-improvement.

AMY BLOCH, M.D., has been practicing child, adolescent, and adult psychiatry for 23 years. She received her pre-Emily education from Dartmouth, Yale University School of Medicine, and New York-Cornell Hospital. The mother of four children, Amy lives in suburban New York, where she spends an inordinate amount of time as her children’s chauffeur and Sherpa, but finds time to blog at her newly launched website, dramybloch.com.

BODY, MIND & SPIRIT / MINDFULNESS & MEDITATION

St. Martin's Essentials | 11/5/2019

9781250200457 | \$28.99 / \$38.50 Can.

Hardcover with dust jacket | 288 pages | Carton

Qty: 20

8 in H | 5 in W

Subrights: UK Rights: DeFiore and Co.

Translation Rights: DeFiore and Co.

Other Available Formats:

Ebook ISBN: 9781250200464

MARKETING

National Print Publicity

Online Publicity

Early Reader Review Campaign

Blog Outreach

NetGalley Promotion

Email Marketing Campaign

Social Media Promotion

St. Francis of Assisi

His Life, Teachings, and Practice (The Essential Wisdom Library)

Jon M. Sweeney; Foreword by Richard Rohr, OFM

An introduction to St. Francis's life and teachings of faith

St. Francis of Assisi is one of the most venerated Christian figures. His profound teachings, deep love of nature, and commitment to simplicity have resonated with generations of followers. *St. Francis*, the latest title in the Essential Wisdom Library, offers a simple and universal introduction to Francis's life, his key teachings, and the spiritual practices that enriched his faith and the lives of those who follow his legacy.

Author Jon M. Sweeney, one of the most popular Francis interpreters, introduces the iconic Christian as a man of his time and as one whose wisdom transcends eras. Beginning with a timeline of the saint's life, *St. Francis of Assisi* includes the teachings that made Francis such a unique and powerful figure. His words apply to a diverse set of situations—from advice for people in positions of power, to teachings on gratitude, and the Rule of Life which governed every facet of life for Franciscans. The book concludes with explanations of some of his most powerful practices, which can offer wisdom and insight for our own lives.

St. Francis emphasized the importance of living a simple, truthful life, making his spiritual practices just as impactful and relevant in the modern day as they were centuries ago. *St. Francis* is the perfect guide for anyone looking to learn more about the saint or hoping to incorporate his wisdom into their own spiritual lives.

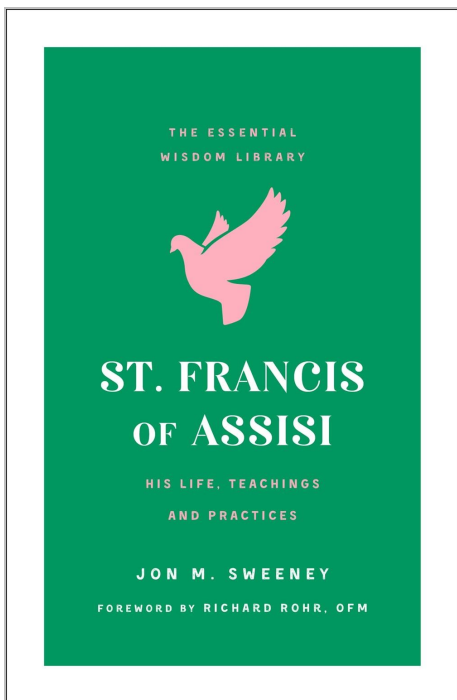
PRAISE

“Francis of Assisi, a saint for every age, springs to life under Sweeney’s attentive care.” —Barbara Brown Taylor, author of *An Altar in the World*

“Sweeney’s previous works stress discovering the divine in oneself, making meaning in life, and understanding Christianity’s commitment to provide care of and have compassion for others. It is no surprise, therefore, that the Francis we meet here does exactly that.” —Christopher McConnell, *Booklist*

“To learn the life of Francis...this is the book to read.” —Walter Wangerin, Jr., author of *The Book of God (for The Road to Assisi)*

Jon M. Sweeney is an independent scholar and a respected writer. A biographer of St. Francis and translator of his writings, Sweeney's books on Franciscan subjects have sold 200,000 copies. He's the author of over thirty books including *The Pope Who Quit*, which has been optioned by HBO. Sweeney is editor in chief and publisher of Paraclete Press. He's appeared on *CBS Saturday Morning* and numerous other programs. Jon is married to Rabbi Michal Woll, the father of four, and lives in Milwaukee.



RELIGION / CHRISTIANITY / SAINTS & SAINTHOOD

St. Martin's Essentials | 10/1/2019

9781250209658 | \$14.99 / \$20.50 Can.

Trade Paperback | 128 pages | Carton Qty: 56

8 in H | 5 in W

Inside cover printing

Subrights: Translation Rights: St. Martin's Essentials

UK Rights: St. Martin's Essentials

Other Available Formats:

Ebook ISBN: 9781250209665

MARKETING

National Print Publicity

Online Publicity

Organizational Outreach

Email Marketing Campaign

Early Reader Review Campaign

Social Media Campaign

Author Website: JonMSweeney.com

Author Twitter: @JonMSweeney

ALSO AVAILABLE

The Bhagavad Gita: The Song of God Retold in Simplified English (The Essential Wisdom Library)

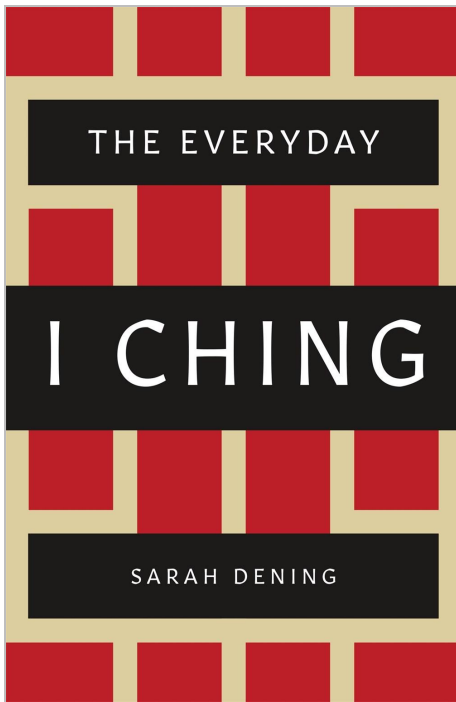
6/2019 | 9781250204714

Trade Paperback | \$14.99 / \$20.25 Can.

Buddhism: An Introduction to the Buddha's Life, Teachings, and Practices (The Essential Wisdom Library)

4/2019 | 9781250313683

Trade Paperback | \$14.99 / \$19.50 Can.

**BODY, MIND & SPIRIT / I CHING**

St. Martin's Essentials | 10/1/2019

9781250235411 | \$18.99

Trade Paperback | 224 pages | Carton Qty: 36
8 in H | 5 in W

Subrights: n/a

Other Available Formats:

Ebook ISBN: 9781466833913

MARKETINGNational Print Publicity
Online Publicity
email marketing campaign
blog outreach

The Everyday I Ching

Sarah Denning

An insightful guide on how to use the ancient wisdom of the I Ching for guidance through the trials of modern life

The I Ching is one of the oldest and most widely used divination systems ever devised. Since ancient times it has provided its readers with insight into their own lives and guidance for the future. All too often, however, the available translations have blurred the basic message of the I Ching's hexagrams and obscured their relevance.

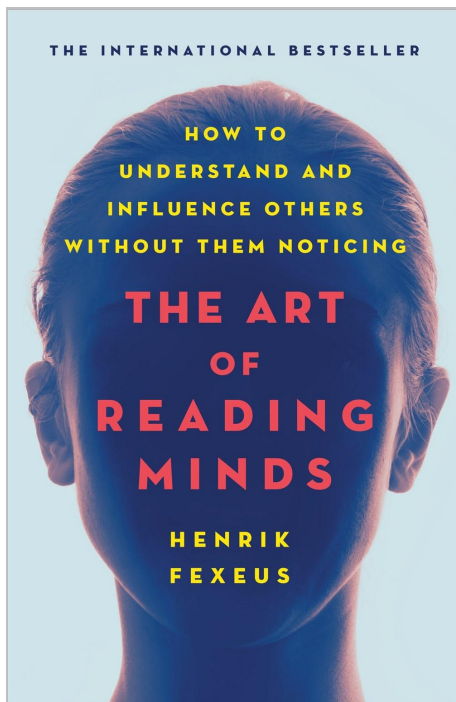
Utilizing the knowledge gained from many years of using the I Ching in her practice, psychotherapist Sarah Denning provides, with this translation, a valuable resource that should be consulted daily as one would a trusted friend. Denning details how to use and read the I Ching's hexagrams and gives insight on how to relate the ancient wisdom of the I Ching's hexagrams to the trials and tribulations of everyday modern life.

The Everyday I Ching fills the long-standing need for a clear, focused rendering of the I Ching—one which makes its timeless wisdom accessible to everyone.

PRAISE

n/a

SARAH DENING was a Jungian psychotherapist and a well-respected dream expert. She lived in the UK.



The Art of Reading Minds

How to Understand and Influence Others Without Them Noticing

Henrik Fexeus

The internationally bestselling guide to "mind-reading" by influencing those around you via non-verbal communication, from human psychology expert Henrik Fexeus.

How would you like to know what the people around you are thinking? Would you like to network like a pro, persuade your boss to give you that promotion, and finally become the life of every party? Now, with Henrik Fexeus's expertise, you can.

A major international bestseller with over 1 million copies in print in 24 countries, *The Art of Reading Minds* teaches you everything you need to know in order to become an expert at mind-reading. Using psychology-based skills such as non-verbal communication, reading body language, and using psychological influence, Fexeus explains how readers can find out what another person thinks and feels—and consequently control that person's thoughts and beliefs. Short, snappy chapters cover subjects such as contradictory signs and what they mean, how you flirt with people without even knowing it, methods of suggestion and undetectable influence, how to plant and trigger emotional states, and impressive demonstrations and party tricks. Fexeus gives readers practical (and often fun) tips and examples on how to effectively mind-read others and how to use this information to their advantage, both in personal and business settings.

PRAISE

"If you ever wanted to know how a mentalist can tell what is in your mind, then this is the book for you."— Joe Navarro, author of the international bestseller *What Every BODY is Saying*

"His books have made even the most urban person question his behavior. Through his thorough analysis of body language and actions, Henrik Fexeus reveals what he means by 'the obvious'." —Dagens Nyheter

"There are not many people you'd enjoy being manipulated by—but Henrik Fexeus is one of them!"
—Annika Jankell, TV4

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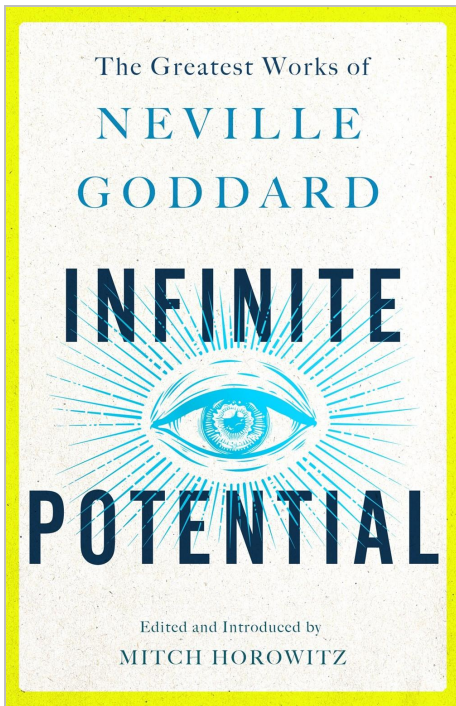
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Neville Goddard, most often known simply as Neville, is one of the most powerful writers in the realm of New Age spirituality. Unknown during his lifetime, his work has grown increasingly popular, and his writings have influenced the likes of Rhonda Byrne in *The Secret*, Carlos Castaneda, and Wayne Dyer. The founding principle of Neville's work was stunning in its simplicity—*Your imagination is God*. This message of empowerment has resonated with countless readers, urging them to fearlessly explore their own potential in a new way.

Compiled by PEN award-winning historian Mitch Horowitz, *Infinite Potential* is a curated compendium of Neville's work, including the complete text of his first book, *At Your Command*, along with rare pamphlets, transcriptions and three never-before anthologized pieces from the great writer. Horowitz is the leading expert on Neville and his teachings, and his introduction frames Neville's work in both a historical and modern-day context, offering a complete timeline of the writer's somewhat mysterious life. *Infinite Potential* is an accessible and profound anthology from one of the greatest spiritual minds of the 20th century.

PRAISE

"Neville may eventually be recognized as one of the world's great mystics."
—Joseph Murphy, author of *The Power of Your Subconscious Mind*

"His work has impacted me in a very profound way; in fact, he's been a great mentor to me in the past few years." —Dr. Wayne Dyer in *Wishes Fulfilled*

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Neville Goddard (1905-1972) abandoned his work as a dancer and actor to dedicate himself to a career as a metaphysical writer and lecturer. Neville influenced a range of spiritual thinkers, from Joseph Murphy to Carlos Castaneda.

Mitch Horowitz is a writer-in-residence at the New York Public Library and the PEN Award-winning author of *Occult America* and *The Miracle Club*. He hosts the shows Master Class and One Simple Idea on the New Thought Channel. Visit him @Mitch Horowitz



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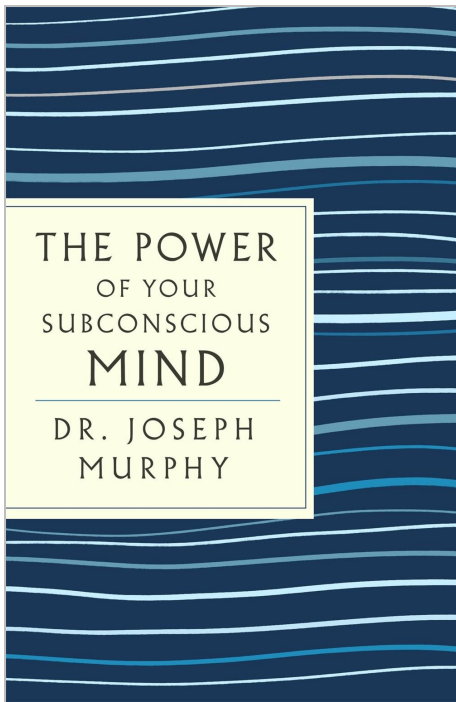
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Tori Hartman is a professional intuitive and author of the bestselling *Chakra Wisdom Oracles Cards*. Following a near-death experience almost 20 years ago, Tori was visited by a spirit who told her a collection of brightly colored stories. These stories prompted her life-long fascination with color, the chakras, and their power to transform and heal lives. Tori is based in Asheville, North Carolina.



The Power of Your Subconscious Mind

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Dr. Joseph Murphy

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Dr. Joseph Murphy was major figure in the human potential movement, the spiritual heir to writers like James Allen, Dale Carnegie, Napoleon Hill, and Norman Vincent Peale and a precursor and inspirer of contemporary motivational writers and speakers like Tony Robbins, Zig Ziglar and Earl Nightingale. He was one of the best selling authors in the mid-twentieth century. His book *The Power of the Subconscious Mind* has sold millions of copies and has been translated into seventeen languages.

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