

CASTLE POINT BOOKS



St. Martin's Griffin | 1/30/2018 9781250149206 | \$13.99 / \$18.50 Can. Trade Paperback | 128 pages | Carton Qty: 30 10 in H | 8.5 in W Includes black-and-white illustrations throughout

MARKETING

Online Promotion Blog Outreach Campaign Social Media Campaign

Zendoodle Color-by-Number: Spring Awakening

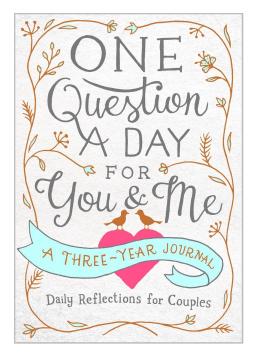
Blooming Gardens to Color and Display

Deborah Muller

A color-by-number book that reveals the beauty of spring as readers color the pages to life

PRAISE

The beauty of a fresh spring will reveal itself on these pages as readers color them to life with the help of tiny numbers that correspond to a robust color key. The novice and the experienced colorist will both rejoice in the beauty of the foliage as it pops off the page in vivid hues. Designed for ravenous colorists eager to try the next challenge, *Color by Number: Spring Awakening* offers an escape to a world of inspiration and artistic fulfillment.



FAMILY & RELATIONSHIPS / LOVE & ROMANCE

Castle Point Books | 1/2/2018 9781250163431 | \$16.99 / \$23.99 Can. Hardcover | 368 pages | Carton Qty: 32 7 in H | 5 in W Includes a ribbon marker

ALSO AVAILABLE

One Question a Day for Kids: A Three-Year Journal: Create Your Own Personal Time Capsule

11/2017 | 9781250166517 Hardcover | \$16.99 / \$23.99 Can.

One Question a Day: A Five-Year Journal: A Personal Time Capsule of Questions and Answers

10/2016 | 9781250108869 Hardcover | \$16.99 / \$23.99 Can.

One Question a Day for You & Me: Daily Reflections for Couples

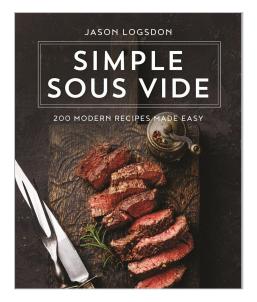
A Three-Year Journal

Aimee Chase

Shared reflections for every day

Capture your thoughts as a couple over time. Take a moment with your partner each day to jot down answers to a range of questions—from the thought-provoking and inquisitive to the funny and cheeky. Questions such as, "What makes you feel loved?" and "If you could wake up anywhere tomorrow, where would you want to be?" open up fun ways to express your love, contemplate your needs, and watch how your answers transform from one year to the next. This modern memory journal lets you share your thoughts in a simple way that becomes a creative keepsake for your relationship. Enjoy a quiet moment to reflect, be playful, and feel love with your partner, one question at a time!

AIMEE CHASE is a writer and editor with a perfectly imperfect life. She lives in the Boston area with her husband and two spontaneous little boys who remind her to live in the moment.



COOKING / METHODS / SPECIAL APPLIANCES

Castle Point Books | 1/2/2018 9781250163592 | \$29.99 / \$38.99 Can. Hardcover | 288 pages | Carton Qty: 16 9.1 in H | 7.5 in W Includes 50 color photographs throughout

Simple Sous Vide

200 Modern Recipes Made Easy

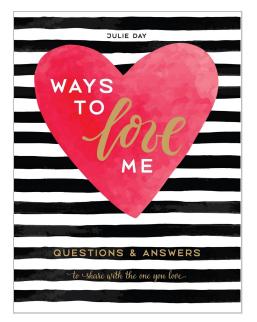
Jason Logsdon

Easy no-fuss recipes to make delicious sous vide dishes at home

Sous vide is the hottest new kitchen technique, with immersion circulators selling for as little as \$65 at Home Depot. Once the exclusive domain of high-end chefs, sous vide is now accessible to any home cook with a desire for perfectly cooked, scientifically calibrated cuisine.

Most of the sous vide books on the cookbook shelf are very high-end, with complicated recipes using obscure ingredients. *Simple Sous Vide* offers 200 recipes for meals home cooks will actually want to make, like BBQ-Style Pulled Pork, Garlic-Herb Strip Steak, and Glazed Rainbow Carrots, using common ingredients found in any supermarket.

JASON LOGSDON is a passionate home cook who loves to try new things, exploring everything from sous vide and whipping siphons to blow torches, foams, spheres and infusions. He has published nine cookbooks and runs AmazingFoodMadeEasy.com, one of the largest modernist cooking websites.



GAMES & ACTIVITIES / GUIDED JOURNALS

Castle Point Books | 1/2/2018 9781250162670 | \$14.99 / \$19.50 Can. Hardcover | 96 pages | Carton Qty: 56 8 in H | 6 in W

Ways to Love Me

Questions & Answers to Share with the One You Love

Julie Day

Sample prompts:

Heartfelt and fun fill-in activities to express love, desires, and thoughtfulness for couples

A guided journal for lovers to fill out for each other, this book lets your loved one into your secret, inner world. He or she will discover how you feel about major life choices, along with what makes you laugh, tears you up inside, and turns you on. The perfect gift for anyone in a new relationship, a bridal shower, or just to help your partner understand you better!

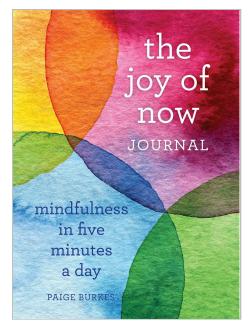
When I'm sad, I need to be:

__Cheered up
__Held
__Commiserated with
__Left alone

The one thing I'd like you to try in bed is

A bubble bath for two sounds:
Sensual Crowded

JULIE DAY is a freelance writer and journalist living in Denver, Colorado. Her relationship quizzes have been featured in many popular women's magazines and online publications. When she's not writing or traveling, she's hiking local trails with her two trusty spaniels, Todd and Copper.



GAMES & ACTIVITIES / GUIDED JOURNALS

Castle Point Books | 1/9/2018 9781250163448 | \$14.99 / \$19.50 Can. Trade Paperback | 128 pages | Carton Qty: 52 7.5 in H | 5.5 in W Includes 64 color illustrations throughout

ALSO AVAILABLE

Present, Not Perfect: A Journal for Slowing Down, Letting Go, and Loving Who You Are 9/2017 | 9781250147752 Trade Paperback | \$14.99 / \$20.99 Can.

Life by Design: 52 Lists, Questions, and Inspirations for Finding Your Happiness 9/2017 | 9781250147769
Trade Paperback | \$14.99 / \$20.99 Can.

The Joy of Now Journal

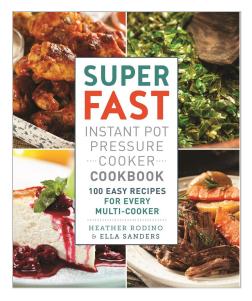
Mindfulness in Five Minutes a Day

Paige Burkes

Simple ways to make joy your mantra every day

A beautiful, full-color guided journal that readers can use to help them appreciate the beauty of the present moment and "live in the now." With insightful questions, inspiring quotations, and thoughtful meditations, this journal is a guide to mindfulness for anyone who spends too much time thinking about the past and/or worrying about the future.

PAIGE BURKES works with companies, entrepreneurs and individuals to find and create their personalized versions of success. Paige is a wife, mother of three awesome kids, writer, entrepreneur, mentor, yogini and finance executive. She lives in the mountains outside of Colorado Springs, CO, with her cats, dog, horses and mountain lions. You can read more of her ideas for increasing your own happiness and success at SimpleMindfulness.com.



COOKING / METHODS / SPECIAL APPLIANCES

Castle Point Books | 1/9/2018 9781250149237 | \$19.99 / \$25.99 Can. Trade Paperback | 160 pages | Carton Qty: 36 9.1 in H | 7.5 in W Includes 50 color photographs throughout

ALSO AVAILABLE

The Ultimate Instant Pot Pressure Cooker Cookbook: 200 Easy Foolproof Recipes 4/2017 | 9781250156457
Trade Paperback | \$22.99 / \$32.99 Can.

Super Fast Instant Pot Pressure Cooker Cookbook

100 Easy Recipes for Every Multi-Cooker

Heather Rodino and Ella Sanders

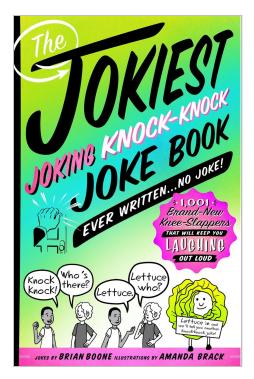
100 no-brainer recipes for the hottest new kitchen appliance

The Instant Pot multi-cooker is the best-selling kitchen appliance on Amazon—on Prime Day last July, 215,000 of them were sold (in one day!), and the product features almost 15,000 reviews. It functions as a pressure cooker, slow cooker, rice cooker, yogurt maker, steamer, sauté pan, and warmer in one device, which is virtually irresistible to busy home cooks.

Most books currently selling have complex recipes meant for experienced cooks—this book offers 100 delicious recipes that are even easier. *Super Fast Instant Pot Pressure Cooker Cookbook* will save time in the kitchen and maximize the value of your appliance, whether it's a pressure cooker, Instant Pot, or any other multi-cooker.

HEATHER RODINO is an editor, writer and food lover. The author of several books, she worked for many years in the publishing industry in New York. She now lives a few blocks from the beach in San Juan, Puerto Rico, with bookcases overflowing with cookbooks.

ELLA SANDERS is a comfort food enthusiast who loves spending time at the table with friends and family, and specializes in making traditional meals with unexpected flavor and flair. She lives with her husband and two boys in Portland, Maine.



JUVENILE NONFICTION / HUMOR / JOKES & RIDDLES

Castle Point Books | 2/13/2018 9781250163462 | \$9.99 / \$9.99 Can. Trade Paperback | 256 pages | Carton Qty: 32 8.3 in H | 5.5 in W

Includes 200 black-and-white illustrations throughout

The Jokiest Joking Knock-Knock Joke Book Ever Written...No Joke!

1,001 Brand-New Knee-Slappers That Will Keep You Laughing Out Loud

Brian Boone; Illustrations by Amanda Brack

Knock-knock. Who's there? Even more joking shenanigans!

This outrageous book features hundreds of hilarious knock-knock jokes for kids, along with hundreds of clever illustrations.

Knock-knock.

Who's there?

Lettuce.

Lettuce who?

Lettuce in and we'll tell you another knock-knock joke!

Knock-Knock.

Who's there?

Venice

Venice who?

Venice dinner?

Knock-Knock.

Who's there?

Police.

Police who?

Police open the door!

Knock-Knock.

Who's there?

Luke.

Luke who?

Luke before you leap.

BRIAN BOONE is the author of *I Love Rock n' Roll (Except When I Hate It)* and many other books about everything from inventions to paper airplanes to magic to TV. He's written jokes for lots of funny websites and he lives in Oregon with his family.

AMANDA BRACK has a passion for drawing and illustration, and enjoys the creativity of working on a wide variety of projects in her freelance career. She lives in Boston, Massachusetts.



HUMOR / TOPIC / LANGUAGE

Castle Point Books | 2/20/2018 9781250163639 | \$9.99 / \$12.99 Can. Hardcover | 128 pages | Carton Qty: 40 4 in H | 6 in W

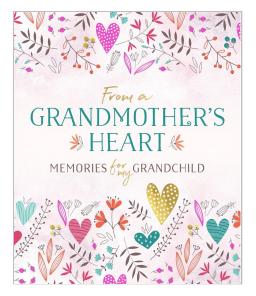
F*ck Off, Cretin!

15,876 Mix 'n' Match Insults for All Occasions

Caitlin Peterson

The fastest, funniest way to insult your way through the day!

This spiral-bound book with split pages allows you to create original insults by mixing and matching the words on each side! The left side features a subject, verb, and adjective, and the right side contains the filthiest nouns you can imagine, so you're never more than a page flip away from a clever insult.



FAMILY & RELATIONSHIPS / PARENTING / GRANDPARENTING

Castle Point Books | 3/6/2018 9781250163646 | \$17.99 / \$23.50 Can. Hardcover | 96 pages | Carton Qty: 36 9 in H | 7.5 in W Includes color illustrations throughout and color printed endpapers

From a Grandmother's Heart

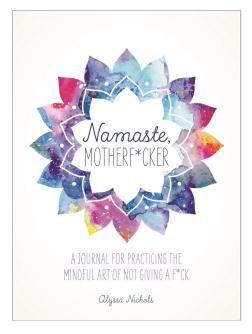
Memories for My Grandchild

Ruth O'Neil

A collection of moments big and small from a grandmother to her grandchild

A grandparent's wisdom is priceless, and so is this beautiful guided journal for grandmothers to record their memories, advice, hopes, and dreams for their grandchildren. This lovely, hidden-spiral-bound memory book has inspiring prompts, sweet quotations about family, and places to paste in favorite photos, enabling a grandmother to create a one-of-a-kind keepsake her grandchild will treasure for years.

RUTH O'NEIL has been a freelance writer for more than 20 years, publishing hundreds of articles in dozens of publications, as well as a few books. When she's not writing or homeschooling, she spends her spare time quilting, reading, scrapbooking, camping, and hiking. Born and raised in upstate New York, Ruth now lives in Virginia with her family.



SELF-HELP / JOURNALING

Castle Point Books | 3/13/2018 9781250147707 | \$14.99 / \$19.50 Can. Trade Paperback | 128 pages 7.5 in H | 5.5 in W Includes 64 color illustrations throughout

MARKETING

Online Promotion Blog Outreach Campaign Social Media Campaign

Namaste, Motherf*cker

A Journal for Practicing the Mindful Art of Not Giving a F*ck

Alyssa Nichols

A beautifully packaged, uplifting journal that is the dysfunctional love child of *You Are a Badass* and *Start Where You Are*

Namaste, Motherf*cker is to journaling what Chill the F*ck Out is to coloring books. A down-to-earth approach to the uplifting BS found on every mindfulness guru's Instagram page, this filthy-as-f*ck journal enjoys the empowering profanity of You Are a Badass and the beautiful journal package of Start Where You Are. Filled with illicit inspirations and profane odes to imperfections, this guided journal lets people get their mindfulness on without being nauseatingly saccharine. Time to enjoy the all-in-one journal for those of us who want to be and do better, but with our god-given right to the f-bomb.

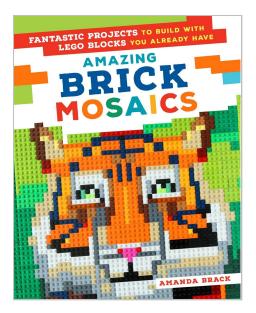
Sample Quotes/Inspirations:

- •Running sh*t is my superpower.
- •Breathe in strength, breathe out bullshit.
- •Set goals and f*cking crush them.
- •Rise, shine, and kick ass.
- •Zen as fuck.
- •When you walk up to opportunity's door, don't knock--kick that b*tch in, smile, and introduce yourself.

Sample Journal Prompts:

- •You're on top of the world: Make a list of 5 things that make you f*cking fantastic.
- •We all have bad days: Make a list of things that bothered you today. Then, cross that list out and tell it to f*ck off. Make another list of what made today great.
- •Grateful AF: Think of one person who has made your world just a little bit better. Write down the feeling they give you in a word or two. Grab your decorative pens and make this page as f*cking awesome as they are.

ALYSSA NICHOLS is a certified yoga instructor and licensed massage therapist. She believes that a mindful approach to joy and success can be achieved with a hearty dose of humor and a whole lot of swearing. She lives just outside of Seattle, Washington.



JUVENILE NONFICTION / CRAFTS & HOBBIES

Castle Point Books | 4/3/2018 9781250163615 | \$19.99 / \$25.99 Can. Trade Paperback | 160 pages | Carton Qty: 44 10 in H | 8 in W Includes 25 color photographs, 25 complete schematics, and assorted photos of LEGO

Amazing Brick Mosaics

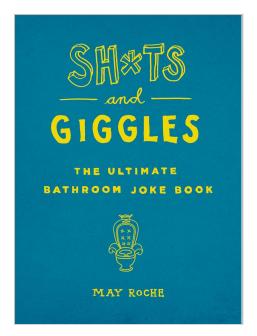
Fantastic Projects to Build with Lego Blocks You Already Have

Amanda Brack

Build awesome paintings brick by brick!

Every LEGO-loving kid has at least one huge bin of bricks – the sets are built, dismantled, and typically never built again – and this book gives them dozens of ways to reuse them in fun projects that range from easy to challenging. Featuring a simple yet elegant mosaic technique, step-by-step instructions, and full-color photographs for making 25 cool two-dimensional pictures, *Amazing Brick Mosaics* offers unique projects that will delight any LEGO enthusiast.

AMANDA BRACK has a passion for drawing and illustration, and enjoys the creativity of working on a wide variety of projects in her freelance career. She currently lives in Boston, Massachusetts.



HUMOR / FORM / JOKES & RIDDLES

Castle Point Books | 4/10/2018 9781250164100 | \$14.99 / \$19.50 Can. Trade Paperback | 304 pages | Carton Qty: 28 7.5 in H | 5.5 in W

Sh*ts and Giggles

The Ultimate Bathroom Joke Book

May Roche

Get your sh*ts and giggles from this hilarious all-in-one joke, trivia, and riddle collection!

A hilarious collection of one-liners, funny trivia, riddles, and laugh-out-loud jokes for adults, *Sh*ts & Giggles* is the bathroom book the world needs. With hundreds of ways to make you laugh while you're otherwise indisposed, *Sh*ts and Giggles* will be the must-have "loo lit" book on the market.

Why are constipated old men so rude? Because they don't give a crap.

What do you give an elephant with diarrhea? Room

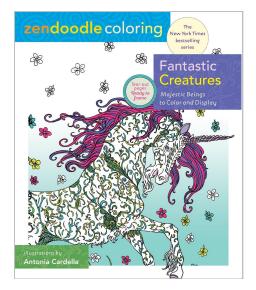
What do you find in an empty nose? Fingerprints

What do you have after you eat a prune pizza? Pizzeria!

Why do police officers sit down when they go to the bathroom? It's the best way to do their duty.

Why do men take showers instead of baths? Because peeing in the bathtub is gross!

MAY ROCHE is a writer and contributor to over 25 bestselling trivia, nonfiction, and humor books. Her titles comprise a wide variety of subjects including: inventions, survival, crafting, recipes, science, music, and television. She also provides readers countless hours of entertainment to thwart boredom via the internet. May enjoys swapping inappropriate jokes with her family in the Pacific Northwest.



St. Martin's Griffin | 1/30/2018 9781250149114 | \$13.99 / \$18.50 Can. Trade Paperback | 128 pages | Carton Qty: 36 10 in H | 8.5 in W Includes 62 black-and-white illustrations

Other Available Formats:

Trade Paperback ISBN: 9781250149121

MARKETING

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Zendoodle Coloring: Fantastic Creatures

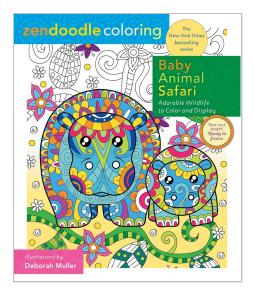
Majestic Beings to Color and Display

Antonia Cardella

The author of Zendoodle Coloring: Majestic Dragons is back with a new series of amazing creatures to color and display

Where would we be without fantasy and imagination? In *Zendoodle Coloring: Fantastic Creatures* the imagination will run wild with discovery and adventure as readers bring unicorns, fairies, gnomes, and centaurs to life with color. The possibilities are only as limited as the imagination in this collection of more than 60 beautiful drawings.

Antonia (TJ) Cardella has been making art for as long as she can remember. She is the writer and illustrator of the Two Fine Ladies series and just completed a young adult novel, 1348 - the End of the World, about the plague in Siena, Italy. Antonia lives in Albuquerque, NM with two orange tabbies, a giant Akbash dog, and a little red horse.



St. Martin's Griffin | 3/20/2018 9781250149138 | \$13.99 / \$18.50 Can. Trade Paperback | 128 pages | Carton Qty: 36 10 in H | 8.5 in W Includes 62 black-and-white illustrations

Other Available Formats:

Trade Paperback ISBN: 9781250149145

MARKETING

Online Promotion Blog Outreach Campaign Social Media Campaign

Zendoodle Coloring: Baby Animal Safari

Adorable Wildlife to Color and Display

Jeanette Wummel

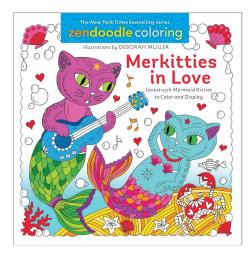
Color a world of cuddly creatures!

Go on a colorful expedition with wildly cute baby animals from *Zendoodle Coloring: Baby Animal Safari*! Tiny tigers, playful monkeys, and lovable giraffes abound in this collection of more than 60 adorable safari creatures. With this fun collection of completely unique, hand-drawn illustrations, you can make each piece of art all your own. Each page is perforated, making it easy to frame your works of art or give as gifts.

Wander along this colorful journey as you relax, unwind, and enjoy the scenery with each page. Let your creativity roam free as you color safari animals from flourishing jungles, sunny savannas, and deep forests across the world!

- •Perforated pages let you share your colorful safari with others
- •Go wild with gel pens, colored pencils, or markers to make it your own!
- •Take a colorful journey to find just how relaxing coloring can be!

JEANETTE WUMMEL is a graphic designer and artist based out of East Lansing, MI. She specializes in creating whimsical art that is fun for all ages.



St. Martin's Griffin | 1/9/2018 9781250183699 | \$13.99 / \$18.50 Can. Trade Paperback | 128 pages | Carton Qty: 40 9 in H | 9 in W Includes illustrations throughout

Subrights: UK Rights: St. Martin's Press Translation Rights: St. Martin's Press

Zendoodle Coloring: Merkitties in Love

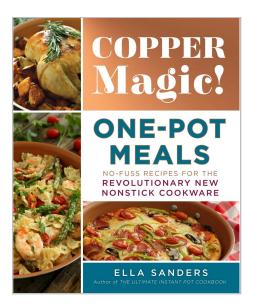
Lovestruck Mermaid Kitties to Color and Display

Deborah Muller

Cuddly, kissy mermaid kitties to color, just in time for Valentine's Day!

What's more appealing than a mermaid kitty? A mermaid kitty in love! Best-selling artist Deborah Muller has drawn 62 gorgeous illustrations of mermaid kitties who just can't help but show their affection, celebrate their joyful feelings, and flirt adorably while swimming in the sea. This new series in an attractive square format includes beautiful hand-drawn artwork, high-quality paper, and perforated pages that colorists will be proud to display!

DEBORAH MULLER is an illustrator, designer, and gypsy at heart. She was born in Laguna Beach, California, but currently lives in a quaint beachside town in Florida. Her unique and whimsical style comes from doodling, which she finds therapeutic. Even her dog is a doodle—a Labradoodle named Marley (her assistant).



COOKING / METHODS / SPECIAL APPLIANCES

Castle Point Books | 1/2/2018 9781250183729 | \$19.99 / \$25.99 Can. Trade Paperback | 160 pages | Carton Qty: 24 9.1 in H | 7.5 in W Includes 50 color photographs throughout

Subrights: UK Rights: St. Martin's Press Translation Rights: St. Martin's Press

Copper Magic One-Pot Meals

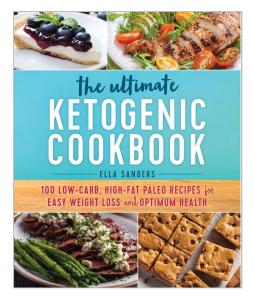
No-Fuss Recipes for the Revolutionary New Nonstick Cookware

Ella Sanders

One-pot meals for copper cookware!

The new copper ceramic nonstick cookware has taken America by storm, and with this book best-selling author Ella Sanders offers easy recipes for one-pot meals. Dinner is done in one magically nonstick, easy-to-clean pan that makes cooking healthy, homemade meals virtually effortless!

ELLA SANDERS is a comfort food enthusiast who loves spending time at the table with friends and family. She shares her enthusiasm for cooking with anyone who's interested and specializes in making traditional meals with unexpected flavor and flair. Ella lives with her husband and two boys in Portland, Maine.



HEALTH & FITNESS / DIET & NUTRITION / WEIGHT LOSS

Castle Point Books | 1/2/2018 9781250183804 | \$19.99 / \$25.99 Can. Trade Paperback | 160 pages | Carton Qty: 52 9.1 in H | 7.5 in W Includes 50 color photographs throughout

Subrights: UK Rights: St. Martin's Press Translation Rights: St. Martin's Press

The Ultimate Ketogenic Cookbook

100 Low-Carb, High-Fat Paleo Recipes for Easy Weight Loss and Optimum Health

Ella Sanders

A new cookbook for the super-hot ketogenic diet

The ketogenic diet, which is high-fat and low-carb (similar but more extreme than Paleo and a throwback to Dr. Atkins) is on fire these days. By drastically reducing the amount of carbohydrates you consume daily and eating lots of protein and fat, a metabolic process called ketosis kicks in, allowing your body to burn fat for fuel. With this book, best-selling author Ella Sanders brings readers 100 easy, delicious, low-carb and high-fat recipes that will melt pounds and improve overall health.

The easy-to-prepare recipes include nutritional analyses to help readers track macronutrients with ease. From Cauliflower Mac 'n' Cheese and Mozzarella-Stuffed Meatballs to Keto Blueberry-Lemon Bread and Low-Carb Chocolate Chip Blondies, there's a little something for everyone to make taking on the keto diet a no-brainer.

ELLA SANDERS is a comfort food enthusiast who loves spending time at the table with friends and family. She shares her enthusiasm for cooking with anyone who's interested and specializes in making traditional meals with unexpected flavor and flair. Ella lives with her husband and two boys in Portland, Maine.

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