

**CASTLE
POINT
BOOKS**



This Is Our Family

Memories to Cherish for a Lifetime

Ruby Oaks

Family keepsake journal to preserve happy memories forever

This original family journal creates a place to record and remember the memories – both big and small – that make up family life. With places for photos, vacation memories, holiday traditions, and more, this journal will help families create a lasting keepsake of their one-of-a-kind family experiences.

RUBY OAKS is a musician and writer. Her favorite pastime is sitting around the table listening to family stories. She lives outside of Nashville, Tennessee.

GAMES & ACTIVITIES / GUIDED JOURNALS

Castle Point Books | 5/7/2019

9781250215109 | \$17.99 / \$23.50 Can.

Hardcover Paper over boards | 96 pages |

Carton Qty: 28

9 in H | 7.5 in W

Includes color illustrations throughout and color printed endpapers plus color folder on inside back cover

MARKETING

Blog Outreach

Email Marketing Campaign

Social Media Post

Author Website: ruthoneil.weebly.com

Active on Facebook:

[Facebook.com/RuthONeilAuthor](https://www.facebook.com/RuthONeilAuthor)

ALSO AVAILABLE

Our Love Story: A Keepsake Journal to Share with the One You Love

12/2018 | 9781250203472

Hardcover with dust jacket | \$17.99 / \$23.50

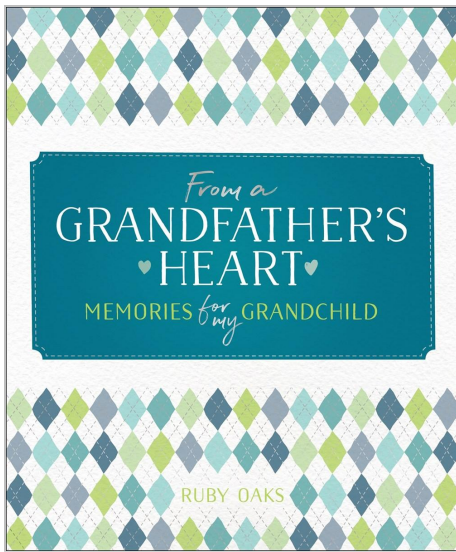
Can.

From a Grandmother's Heart: Memories for My Grandchild

3/2018 | 9781250163646

Hardcover with dust jacket | \$17.99 / \$23.50

Can.



From a Grandfather's Heart

Memories for My Grandchild

Ruby Oaks

Happy memories passed from grandfather to grandchild

This book celebrates the special relationship between grandfather and grandchild. A beautiful guided journal for grandfathers to record their memories, advice, and hopes, this memory book has inspiring prompts, sweet quotations about family, and places to paste in favorite photos. Whether he's called grandfather, papa, zayde, or grandpa, he can create a one-of-a-kind keepsake that his grandchild will treasure for years.

RUBY OAKS is a musician and writer. Her favorite pastime is sitting around the table listening to family stories. She lives outside of Nashville, Tennessee.

GAMES & ACTIVITIES / GUIDED JOURNALS

Castle Point Books | 5/7/2019

9781250227430 | \$17.99 / \$23.50 Can.

Hardcover Paper over boards | 96 pages |

Carton Qty: 28

9 in H | 7.5 in W

Includes color illustrations throughout and color printed endpapers plus a color folder on inside back cover

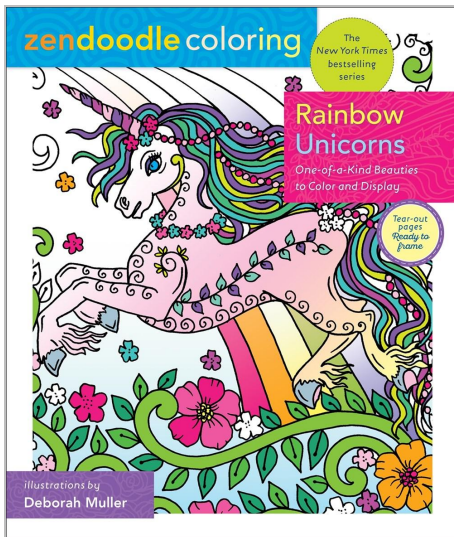
ALSO AVAILABLE

From a Grandmother's Heart: Memories for My Grandchild

3/2018 | 9781250163646

Hardcover with dust jacket | \$17.99 / \$23.50

Can.



Zendoodle Coloring: Rainbow Unicorns

One-of-a-Kind Beauties to Color and Display

Deborah Muller

Magical unicorns in fantastic worlds just waiting for you to color

Unicorns are hotter than ever, and this coloring book from the *New York Times* best-selling Zendoodle series offers 62 beautiful, adorable unicorns to color for relaxation and creativity. Immerse yourself in the magical world of unicorns while escaping your everyday doldrums – the best way to color yourself happy!

DEBORAH MULLER is an illustrator, designer, and gypsy at heart. She was born in Laguna Beach, California, but currently lives in a quaint beachside town in Florida. Her unique and whimsical style comes from doodling, which she finds therapeutic. Even her dog is a doodle—a Labradoodle named Marley (her assistant).

GAMES & ACTIVITIES / COLORING BOOKS

Castle Point Books | 5/28/2019

9781250213983 | \$13.99 / \$18.50 Can.

Trade Paperback | 128 pages | Carton Qty: 32
10 in H | 8.5 in W

MARKETING

Blog Outreach
Email Marketing Campaign
Social Media Post

ALSO AVAILABLE

**Zendoodle Coloring: Sparkly Unicorns:
Magical Unicorns to Color and Display**

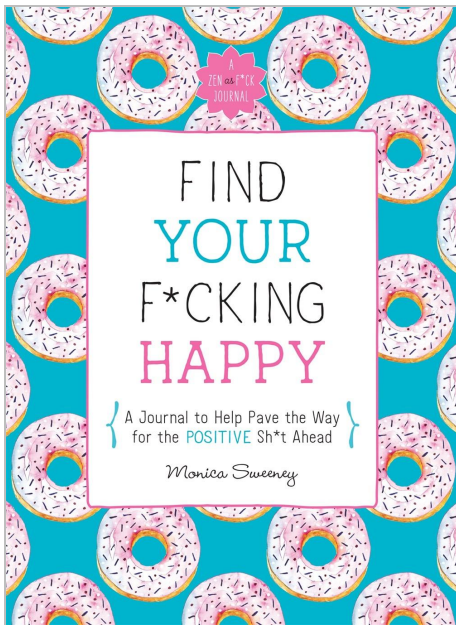
10/2018 | 9781250204066

Trade Paperback | \$13.99 / \$18.50 Can.

**Zendoodle Coloring: Fantastic Creatures:
Majestic Beings to Color and Display**

1/2018 | 9781250149114

Trade Paperback | \$13.99 / \$18.50 Can.



Find Your F*cking Happy

*A Journal to Help Pave the Way for Positive Sh*t Ahead*

Monica Sweeney

Bring in the happiness with the third book in the Zen as F*ck series!

A guided journal full of positive profanity, *Find Your F*cking Happy* is a down-to-earth approach to mindfulness journaling. In the same way *Zen as F*ck* showed people how stop giving a f*ck about the small stuff and *Let That Sh*t Go* promoted moving past painful experiences, *Find Your F*cking Happy* paves the way for the positive sh*t ahead.

MONICA SWEENEY works in the publishing industry, and she is the author of several books, including *Zen as F*ck* and *Let That Sh*t Go*. She lives in Boston.

GAMES & ACTIVITIES / GUIDED JOURNALS

Castle Point Books | 5/21/2019

9781250214270 | \$14.99 / \$19.50 Can.

Trade Paperback | 128 pages | Carton Qty: 56

7.5 in H | 5.5 in W

Includes color illustrations throughout

MARKETING

Blog Outreach

Email Marketing Campaign

Social Media Post

ALSO AVAILABLE

Let That Sh*t Go: A Journal for Leaving Your Bullsh*t Behind and Creating a Happy Life

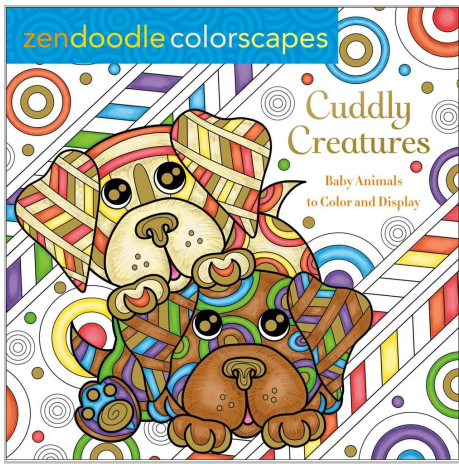
7/2018 | 9781250181909

Trade Paperback | \$14.99 / \$19.50 Can.

Zen as F*ck: A Journal for Practicing the Mindful Art of Not Giving a Sh*t

3/2018 | 9781250147707

Trade Paperback | \$14.99 / \$19.50 Can.



**GAMES & ACTIVITIES /
COLORING BOOKS**

Castle Point Books | 5/14/2019
9781250230386 | \$13.99 / \$18.50 Can.
Trade Paperback | 128 pages | Carton Qty: 40
9 in H | 9 in W
Includes 62 black-and-white illustrations
throughout

Zendoodle Colorscaapes: Cuddly Creatures

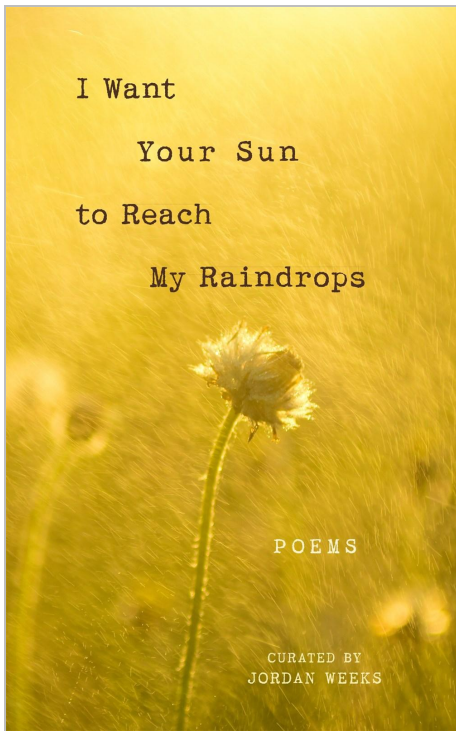
Baby Animals to Color and Display

Jeanette Wummel, Deborah Muller, and Jodi Best

Adorable animals for coloring fun!

Zendoodle Colorscaapes brings colorists everywhere exceptional art in an attractive square format. *Colorscaapes: Cuddly Creatures* includes 62 hand-drawn illustrations featuring playful baby animals in fun settings for coloring enthusiasts to enjoy. High-quality paper and perforated pages make this coloring experience one to cherish!

JEANETTE WUMMEL is a graphic designer and artist based out of East Lansing, MI. She specializes in creating whimsical art that is fun for all ages.



I Want
Your Sun
to Reach
My Raindrops

POEMS

CURATED BY
JORDAN WEEKS

POETRY / ANTHOLOGIES

Castle Point Books | 6/25/2019

9781250215239 | \$15.99 / \$21.99 Can.

Trade Paperback | 192 pages | Carton Qty: 40

8 in H | 5 in W

Includes 60 black-and-white photographs throughout

MARKETING

Online Advertising

Social Media Campaign

Bookstagrammer Campaign

Email Marketing Campaign

ALSO AVAILABLE

The Lioness Awakens: Poems

11/2018 | 9781250208729

Trade Paperback | \$16.99 / \$22.50 Can.

Amid Thirsty Vines: Poems

10/2018 | 9781250202611

Trade Paperback | \$15.99 / \$20.99 Can.

I Want Your Sun to Reach My Raindrops

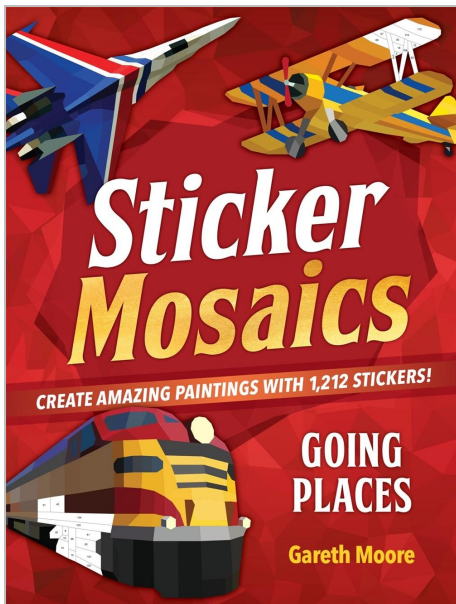
Poems

Curated by Jordan Weeks

Poignant, compelling verses on love and desire for fans of modern poetry

Your love lifts my soul from the body to the sky
And you lift me up out of the two worlds.
I want your sun to reach my raindrops,
So your heat can raise my soul upward like a cloud.
-Rumi

A new generation of readers has fallen in love with poetry, and this collection will feed their need for accessible, beautiful poetry that speaks to their emotions. Organized around themes of love and desire, and including segments of classic works by poets like Rumi, Sara Teasdale, and William Stanley Braithwaite, this collection will appeal to fans of contemporary poets R.H. Sin and Amanda Lovelace.



Sticker Mosaics: Going Places

Create Amazing Paintings with 1,774 Stickers!

Gareth Moore

Movement-based masterpieces made easy with brightly colored stickers

This brightly-colored book will include 12 geometric designs of eye-catching modes of transportation, from prop planes and trains to hot air balloons. Perfect for boys and stickering enthusiasts alike, *Sticker Mosaics: Going Places* is a unique concept among “paint-by-sticker” books across the industry. No artistic experience or ability is required to create these masterpieces!

GARETH MOORE is the author of a wide range of brain-training and puzzle books for both children and adults. He is also the creator of the online brain training website www.BrainedUp.com and runs the daily puzzle website www.PuzzleMix.com.

GAMES & ACTIVITIES / ACTIVITY BOOKS

Castle Point Books | 6/18/2019
9781250227485 | \$15.99 / \$20.99 Can.
Paperback | 80 pages | Carton Qty: 28
12 in H | 9 in W
Includes 24 sheets of full-color stickers

ALSO AVAILABLE

Sticker Mosaics: By the Sea: Create Beautiful Paintings with 1,212 Stickers!
7/2018 | 9781250134530
Paperback | \$15.99 / \$20.99 Can.

Sticker Mosaics: Exotic Animals: Create Stunning Paintings with 1,252 Stickers!
7/2018 | 9781250130846
Paperback | \$15.99 / \$20.99 Can.



Sticker Mosaics: Rainbow Unicorns

Create Magical Paintings with 1,942 Stickers!

Gareth Moore

Magical unicorns come to life with brightly colored stickers

Complete with 12 geometric designs of majestic, colorful unicorns, *Sticker Mosaics: Rainbow Unicorns* is the natural addition to a line of exciting guided stickering books. Enchanting illustrations and brightly colored stickers create an upbeat, mesmerizing activity to “paint” an incredible work of art. No artistic experience or ability is required to create these masterpieces!

GARETH MOORE is the author of a wide range of brain-training and puzzle books for both children and adults. He is also the creator of the online brain training website www.BrainedUp.com and runs the daily puzzle website www.PuzzleMix.com.

GAMES & ACTIVITIES / ACTIVITY BOOKS

Castle Point Books | 6/18/2019
9781250227546 | \$15.99 / \$20.99 Can.
Paperback | 80 pages | Carton Qty: 28
12 in H | 9 in W
Includes 24 sheets of full-color stickers

ALSO AVAILABLE

Sticker Mosaics: By the Sea: Create Beautiful Paintings with 1,212 Stickers!
7/2018 | 9781250134530
Paperback | \$15.99 / \$20.99 Can.

Sticker Mosaics: Exotic Animals: Create Stunning Paintings with 1,252 Stickers!
7/2018 | 9781250130846
Paperback | \$15.99 / \$20.99 Can.



HEALTH & FITNESS / AROMATHERAPY

Castle Point Books | 6/11/2019
9781250214034 | \$19.99 / \$26.99 Can.
Trade Paperback | 320 pages | Carton Qty: 20
9.1 in H | 7.5 in W

MARKETING

Blog Outreach
Email Marketing Campaign
Social Media Post

ALSO AVAILABLE

The CBD Oil Miracle: Manage Pain, Improve Your Mood, Boost Your Brain, Fight Inflammation, Clear Your Skin, Strengthen Your Heart, and Sleep Better with the Healing Power of CBD Oil

3/2019 | 9781250202253
Trade Paperback | \$19.99 / \$25.99 Can.

The Apple Cider Vinegar Cleanse: Lose Weight, Improve Gut Health, Fight Cholesterol, and More with Nature's Miracle Cure

6/2016 | 9781250107336
Trade Paperback | \$14.99 / \$20.99 Can.

Everyday Healing with Essential Oils

The Ultimate Guide to DIY Aromatherapy and Essential Oil Natural Remedies for Everything from Mood and Hormone Balance to Digestion and Sleep

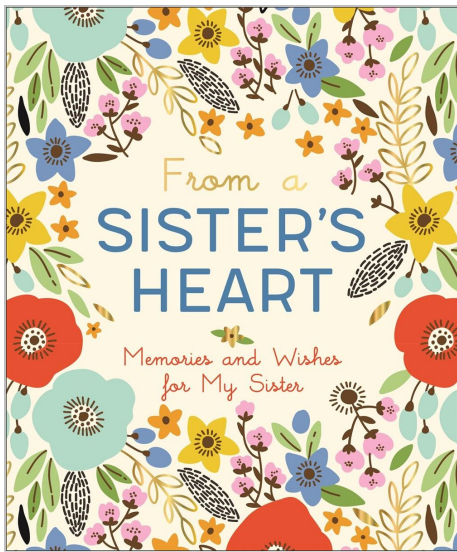
Jimm Harrison

A comprehensive, A-Z guide to using essential oils for health and well-being

More and more people are turning to essential oils to boost immunity, soothe inflammation, improve sleep, digestion, mood and other common ailments. They are a natural solution to many everyday illnesses and conditions, including women's health issues like PMS and menopause.

This comprehensive, A-Z guide is a must-have reference to using essential oils to optimize health. With dozens of recipes for custom blends and formulations and important information on how to use them for health, beauty, and wellness.

JIMM HARRISON's innovative approach to essential oils and holistic health has led him to become an internationally recognized educator and formulator. He has customized essential oil systems for spa and resorts, formulated private label essential oil products, and developed professional and retail organic, nutritional skin care. Harrison conceived and now teaches the Essential Oil and Aromatherapy Non-Credit Certificate Program for Bastyr University CCCE. Learn more at www.jimmharrison.com.



From a Sister's Heart

Memories and Wishes from Me to You

Ruby Oaks

A keepsake memory book to celebrate sisterhood

A follow-up to our successful *From a Grandmother's Heart*, this book offers sisters a way to celebrate their unique bond and special friendship. A memory book for one sister to give to another, this book will become a cherished keepsake of one of life's most enduring and important relationships.

RUBY OAKS is a musician and writer. Her favorite pastime is sitting around the table listening to family stories. She lives outside of Nashville, Tennessee.

GAMES & ACTIVITIES / GUIDED JOURNALS

Castle Point Books | 6/18/2019

9781250214294 | \$17.99 / \$23.50 Can.

Hardcover Paper over boards | 96 pages |

Carton Qty: 28

9 in H | 7.5 in W

Includes color illustrations throughout and color printed endpapers plus a color folder on inside back cover

MARKETING

Blog Outreach

Email Marketing Campaign

Social Media Post

ALSO AVAILABLE

Our Love Story: A Keepsake Journal to Share with the One You Love

12/2018 | 9781250203472

Hardcover with dust jacket | \$17.99 / \$23.50

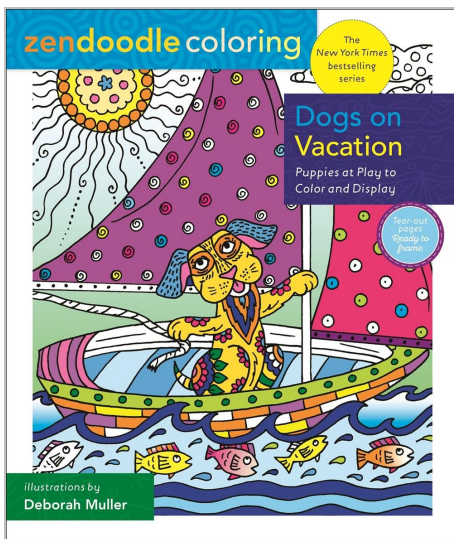
Can.

From a Grandmother's Heart: Memories for My Grandchild

3/2018 | 9781250163646

Hardcover with dust jacket | \$17.99 / \$23.50

Can.



GAMES & ACTIVITIES / COLORING BOOKS

Castle Point Books | 6/25/2019

9781250213969 | \$13.99 / \$18.99 Can.

Trade Paperback | 128 pages | Carton Qty: 32
10 in H | 8.5 in W

MARKETING

Blog Outreach
Social Media Post

ALSO AVAILABLE

Zendoodle Coloring: Puppy Love: Lovestruck

Pups to Color and Display

1/2019 | 9781250202406

Trade Paperback | \$13.99 / \$18.50 Can.

Zendoodle Coloring: Dogs on Vacation

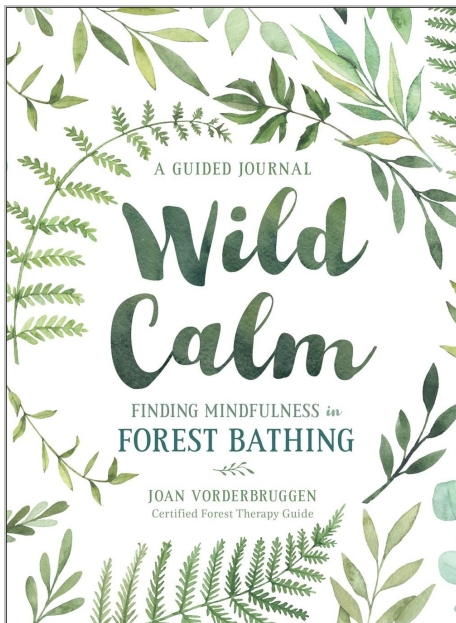
Puppies at Play to Color and Display

Deborah Muller

Hilarious and adorable dogs on holiday

Whether it's playing Frisbee on the beach, swimming in a lake, or hiking up a mountain, dogs love vacations as much as their people do. This coloring book is a celebration of dogs on vacation: licking ice-cream cones at the harbor, jumping off a dock into a lake, keeping up with the kids as they bike into town. This collection of 62 hand-drawn illustrations from the *New York Times* best-selling Zendoodle series is the perfect companion for any summer vacation travel!

DEBORAH MULLER is an illustrator, designer, and gypsy at heart. She was born in Laguna Beach, California, but currently lives in a quaint beachside town in Florida. Her unique and whimsical style comes from doodling, which she finds therapeutic. Even her dog is a doodle—a Labradoodle named Marley (her assistant).



GAMES & ACTIVITIES / GUIDED JOURNALS

Castle Point Books | 6/4/2019

9781250215154 | \$14.99 / \$20.25 Can.

Trade Paperback | 128 pages | Carton Qty: 64

7.5 in H | 5.5 in W

Includes color images throughout

MARKETING

Online Publicity
Online Advertising
Blog Outreach
Online Promotion

Wild Calm

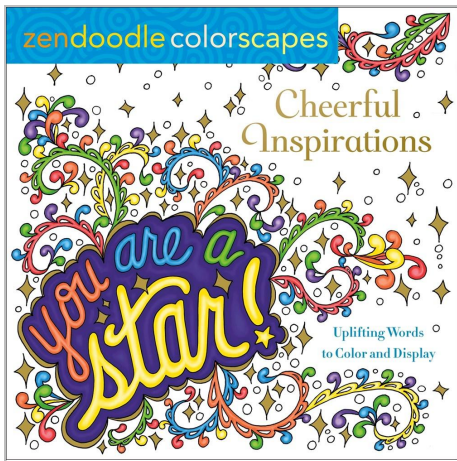
Finding Mindfulness in Forest Bathing

Joan Vorderbruggen

A beautiful guided journal to encourage a closer relationship with nature

Spending time in nature has been proven to have myriad health benefits, as evidenced by the “forest bathing” trend that has urbanites making concerted efforts to wander in forests in an effort to improve well-being. This beautiful, full-color journal gives would-be naturalists a way to explore their natural world and contemplate their places in it. Easier than reading Thoreau and more fun than a field guide, *Wild Calm* is the ideal companion to anyone searching for a stronger connection to nature.

JOAN VORDERBRUGGEN discovered forest bathing through her work as an architect and teacher researching the healing potential of human/nature connections. Having personally experienced transformative benefits from nature, she trained through the Association of Nature and Forest Therapy and became a certified forest therapy guide. Joan lives among the lakes, hills, forests, and prairies of West Central Minnesota, and gets outdoors daily no matter the weather.



**GAMES & ACTIVITIES /
COLORING BOOKS**

Castle Point Books | 6/4/2019
9781250230393 | \$13.99 / \$18.99 Can.
Trade Paperback | 128 pages | Carton Qty: 40
9 in H | 9 in W
Includes 62 black-and-white illustrations
throughout

Zendoodle Colorscaapes: Cheerful Inspirations

Uplifting Words to Color and Display

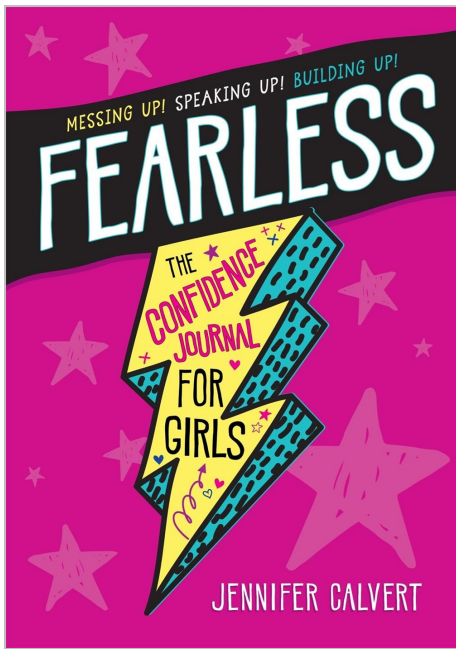
Justine Lustig, Bonnie Lynn Demanche, and Deborah Muller

Upbeat words of wisdom to color!

Zendoodle Colorscaapes brings colorists everywhere cheerful designs in an attractive square format. *Colorscaapes: Cheerful Inspirations* includes 62 hand-drawn illustrations featuring uplifting words and positive phrases. High-quality paper and perforated pages allow coloring enthusiasts to remove and display their joyful works of art!

JUSTINE LUSTIG is a self-taught artist who values creativity and kindness. She loves raspberries, bare feet, thick paper, and black pens. Justine lives on a ranch in Saskatchewan with her husband and their children.

BONNIE LYNN DEMANCHE is a New Hampshire-based artist and graphic designer who has been practicing her craft for over thirty years. As a strong believer in the therapeutic benefits of art, she is thrilled to bring the joy of coloring to adults of all ages.



Fearless

The Confidence Journal for Girls

Jennifer Calvert

A journal to inspire lasting confidence in tween girls

Confidence is the ultimate secret to success and a happy life, and many parents struggle with how to inspire confidence in their girls, who are bombarded with so many confidence-eroding messages by the media and their peers. Much of the cultural conversation these days is around how we help girls build strong egos in the face of our image-obsessed, shallow, patriarchal culture, and this journal ties into that conversation in a practical way.

With inspiring prompts and encouraging quotations, this journal will bring out the fierce in every girl, and serve as a helpful reminder that a woman's true value is in her heart and her head, not in her mirror.

JENNIFER CALVERT is a writer and editor with dozens of credits in nonfiction publishing. When she isn't highlighting the accomplishments of incredible young women, you can find her curled up with a book and a cat in New Jersey.

JUVENILE NONFICTION / LANGUAGE ARTS / JOURNAL WRITING

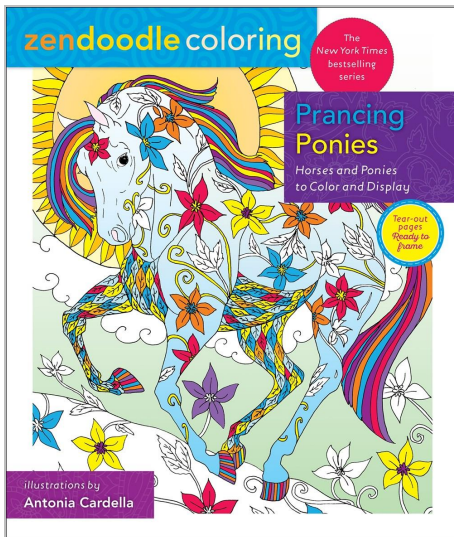
Castle Point Books | 7/9/2019
9781250214041 | \$14.99 / \$20.25 Can.
Trade Paperback | 128 pages | Carton Qty: 64
8.5 in H | 6 in W

MARKETING

Blog Outreach
Email Marketing Campaign
Social Media Post

ALSO AVAILABLE

Present, Not Perfect for Teens: A Journal for Slowing Down, Letting Go, and Being Your Awesome Self
3/2019 | 9781250202321
Trade Paperback | \$14.99 / \$19.50 Can.



Zendoodle Coloring: Prancing Ponies

Unicorns and Horses to Color and Display

Antonia Cardella

Color the magic of nature's cutest horses

Color your way through roving mountain landscapes and beautiful meadows to discover a world of adorable ponies, whimsical unicorns, and fun-loving horses. This all-new book from the *New York Times* best-selling Zendoodle series includes 62 charming, hand-drawn illustrations that are as adorable as they are relaxing to color.

ANTONIA (TJ) CARDELLA has been making art for as long as she can remember. She lives in Albuquerque, NM, with two orange tabbies, a giant Akbash dog, and a little red horse. Cardella is also the illustrator of *Zendoodle Coloring: Fantastic Creatures*.

GAMES & ACTIVITIES / COLORING BOOKS

Castle Point Books | 7/30/2019

9781250202437 | \$13.99 / \$18.99 Can.

Trade Paperback | 128 pages | Carton Qty: 32
10 in H | 8.5 in W

MARKETING

Blog Outreach

Email Marketing Campaign

Social Media Post

Author Website: faeriechilde.com

ALSO AVAILABLE

**Zendoodle Coloring: Sparkly Unicorns:
Magical Unicorns to Color and Display**

10/2018 | 9781250204066

Trade Paperback | \$13.99 / \$18.50 Can.

**Zendoodle Coloring: Fantastic Creatures:
Majestic Beings to Color and Display**

1/2018 | 9781250149114

Trade Paperback | \$13.99 / \$18.50 Can.



Spark

A Journal to Unleash the Creativity Within You

Nadia Hayes

A beautiful guided journal to inspire creativity of all kinds

Creativity is ever-valued but often elusive, and sometimes all a person needs is a little inspirational spark to get those creative juices flowing. *Spark* offers page after page of inviting, full-color, sometimes unexpected inspiration for everyone who wants a little creativity boost. With insightful prompts and useful exercises, along with quotations to keep readers focused and engaged, this pretty little journal is the handy guidebook every creative type needs.

GAMES & ACTIVITIES / GUIDED JOURNALS

Castle Point Books | 7/16/2019

9781250181961 | \$14.99 / \$20.25 Can.

Trade Paperback | 128 pages | Carton Qty: 64

7.5 in H | 5.5 in W

MARKETING

Blog Outreach

Email Marketing Campaign

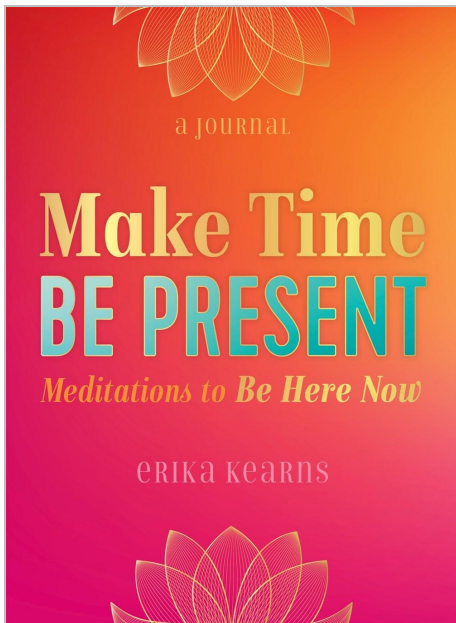
Social Media Post

ALSO AVAILABLE

You Meet You: A Journal to Unlock, Explore & Love Your Inner Self

2/2019 | 9781250202390

Trade Paperback | \$14.99 / \$19.50 Can.



Make Time, Be Present

Meditations to Be Here Now

Erika Kearns

An inspiring meditation journal for quiet contemplation

Meditation is hotter than ever, with everyone from doctors to therapists recommending people engage in a daily meditation practice to reduce anxiety, stay focused, and be more present in their daily lives. In fact, the Calm meditation app for iPhone was Apple's most popular app download in 2017. Unlike an app, however, this beautiful journal helps you unplug and take a break from constant screen time to center yourself and be present.

This journal will include meditations and exercises to help you be more present, plus space to write down your thoughts about your meditation practice.

GAMES & ACTIVITIES / GUIDED JOURNALS

Castle Point Books | 8/20/2019
 9781250216212 | \$14.99 / \$20.25 Can.
 Trade Paperback | 128 pages | Carton Qty: 60
 7.5 in H | 5.5 in W
 Includes 124 color images throughout

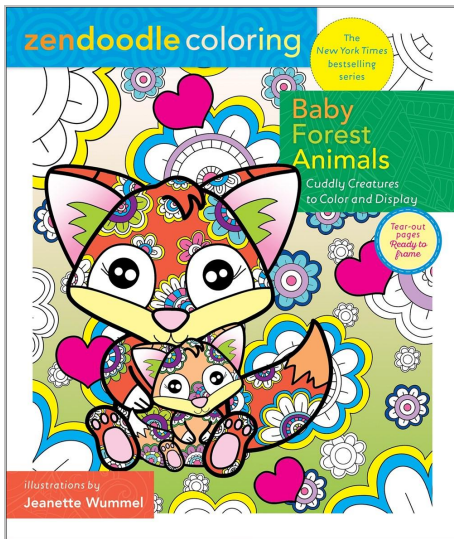
MARKETING

Blog Outreach
 Email Marketing Campaign
 Social Media Post

ALSO AVAILABLE

Choose Calm: A Journal for Healing Anxiety, Breathing In, and Letting Go
 11/2018 | 9781250200228
 Trade Paperback | \$14.99 / \$19.50 Can.

Press Pause: A Journal for Self-Care, Intention, and Slowing Down
 8/2018 | 9781250181930
 Trade Paperback | \$14.99 / \$20.99 Can.



Zendoodle Coloring: Baby Forest Animals

Cuddly Creatures to Color and Display

Jeanette Wummel

An adorable new collection of nature's littlest tree-dwellers

A collection of sweet baby woodland creatures, from chipmunks to fawns to bear cubs, all hand-drawn in our signature Zendoodle style, ready to make your own with color! This adorable book will delight fans of the *New York Times* best-selling Zendoodle series with 62 all-new illustrations of cute and cuddly creatures.

JEANETTE WUMMEL is a graphic designer and artist based out of East Lansing, MI. She specializes in creating whimsical art that is fun for all ages.

GAMES & ACTIVITIES / COLORING BOOKS

Castle Point Books | 8/27/2019

9781250213952 | \$13.99 / \$18.99 Can.

Trade Paperback | 128 pages | Carton Qty: 32
10 in H | 8.5 in W

MARKETING

Blog Outreach

Email Marketing Campaign

Social Media Post

Active on Twitter:

Twitter.com/roots_of_design

ALSO AVAILABLE

Zendoodle Coloring: Baby Animal Safari:

Adorable Wildlife to Color and Display

3/2018 | 9781250149138

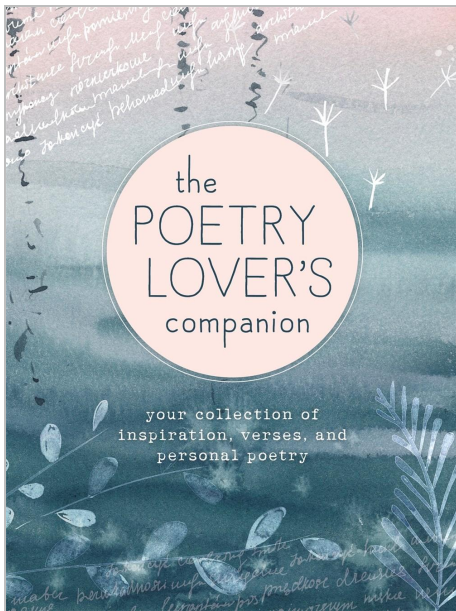
Trade Paperback | \$13.99 / \$18.50 Can.

Zendoodle Coloring: Baby Animals: Adorable

Critters to Color and Display

9/2016 | 9781250109026

Trade Paperback | \$12.99 / \$17.99 Can.



The Poetry Lover's Companion

Your Collection of Inspiration, Verses, and Personal Poetry

Nadia Hayes

A unique way to keep track of favorite poems and inspiration for writing your own

A guided journal for poetry lovers, this book offers a place to write down favorite poems as well as inspiration for would-be poets to practice their own verse. Like similar journals for wine or book lovers, this book will act as a memory book of cherished poems as well as a unique record of a reader's personal taste.

NADIA HAYES is a proud introvert who works as a wellness coach in the Houston area. She recharges by writing, knitting, and communing with nature.

GAMES & ACTIVITIES / GUIDED JOURNALS

Castle Point Books | 8/6/2019

9781250215093 | \$16.99 / \$22.99 Can.

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