

HEALTH & FITNESS / DIET & NUTRITION / WEIGHT LOSS
St. Martin's Castle Point | 6/21/2016
9781250107336 | \$14.99 / \$13.99 Can.
Trade Paperback | 144 pages | Carton Qty:
7 in W | 8 in H

## The Apple Cider Vinegar Cleanse

Lose Weight, Improve Gut Health, Fight Cholesterol, and More with Nature's Miracle Cure

## Sophie Azouaou

## **Discover the benefits of Apple Cider Vinegar!**

Apple cider vinegar has a cult following among health-conscious consumers. Not to be confused with distilled grocery-store apple cider vinegar, "ACV" is unfiltered, unprocessed fermented apple cider that is rich in bioactive components that give it potent antioxidant, antimicrobial, anti-glycemic and many other beneficial properties. This enables ACV to help everything from diabetes to heart health to weight loss, sinus congestion, and warts.

THE APPLE CIDER VINEGAR CLEANSE will explain the myriad health benefits of ACV and will offer a 7-day cleanse to help readers jump-start their weight loss and journey to better health.

Sophie is the founder of StepIn2MyGreenWorld.com, a blog about healthy, natural living. Sophie is a regular speaker on green living and has shared the stage with Bill Clinton, received a certificate of honor from the mayor of San Francisco, and has been endorsed by Dr. William Sears, one of America's most renowned physicians. StepIn2MyGreen World has 90,000 likes on Facebook and is a leading online source for natural health information. Sophie is passionate about the myriad benefits of apple cid...



**St. Martin's Griffin** | 7/19/2016 **9781250108814** | **\$12.99** / **\$14.99 Can.** Trade Paperback | 128 pages | Carton Qty: 8.5 in W | 10 in H

### MARKETING

National Print Publicity Online Publicity Early Reader Reviews Blog Outreach SMPCraft Promotion

## **Zendoodle Coloring: Magical Fairies**

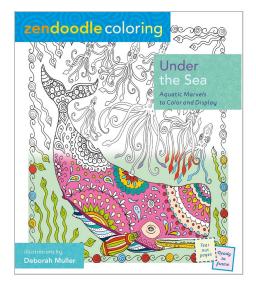
## Krisa Bousquet

## An original coloring book for adults.

### Features:

- -62 original pieces of artwork to color and enjoy
- -Peforated pages for easy framing
- -One-side printing so colors don't bleed through

Nikolett Corly was born and raised in Hungary and is a self-taught artist with a passion for drawing. She believes strongly in the therapeutic power of creativity as a calming escape from the stress of day-to-day life, and relishes the opportunity to share the serenity of her art with the world. Nikolett currently resides in Brooklyn with her husband and has two young sons.



**GAMES**St. Martin's Griffin | 7/19/2016
9781250108821 | \$12.99 / \$14.99 Can.
Trade Paperback | 128 pages | Carton Qty:
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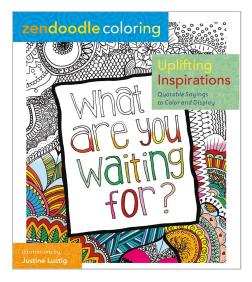
## **Zendoodle Coloring: Under the Sea**

Deborah Muller

## An original coloring book for adults

Explore whimsical underwater worlds!

- -62 original pieces of artwork to color and enjoy
- -Perforated pages for easy framing
- -One-side printing so colors don't bleed through



**St. Martin's Griffin** | 5/17/2016 **9781250109019** | **\$12.99** / **\$14.99 Can.** Trade Paperback | 128 pages | Carton Qty: 8.5 in W | 10 in H

# Zendoodle Coloring: Uplifting Inspirations

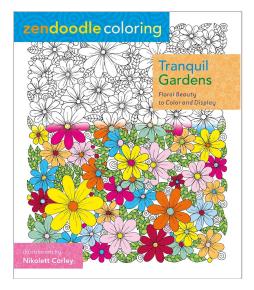
Quotable Sayings to Color and Display

Justine Lustig

## An original coloring book for adults.

All original coloring book featuring popular, inspiring sayings to decorate your home. Brighten your day and your walls with these positive phrases like "Live, Laugh, Love" and "Happiness is Homemade!" Features:

- -62 original pieces of artwork to color and enjoy
- -Perforated pages for easy framing
- -One-side printing so colors don't bleed through



St. Martin's Griffin | 5/17/2016 9781250109514 | \$12.99 Trade Paperback | 128 pages | Carton Qty: 8.5 in W | 10 in H

## Zendoodle Coloring: Tranquil Gardens

Floral Beauty to Color and Display

**Nikolett Corley** 

## A calming garden-themed coloring book for adults

- -62 original pieces of artwork to color and enjoy
- -Peforated pages for easy framing
- -One-side printing so colors don't bleed through



St. Martin's Griffin | 7/19/2016 9781250112972 | \$14.99 Mixed Media Product | 128 pages | Carton Qty: 8 in W | 10 in H

### Other Available Formats:

Trade Paperback ISBN: 9781250108814

#### MARKETING

National Print Publicity Online Publicity Early Reader Reviews Blog Outreach SMPCraft Promotion

## **Zendoodle Coloring: Magical Fairies**

Deluxe Edition with Pencils

Krisa Bousquet

## An original coloring book for adults with attached pencil pack.

- -Includes 6 piece colored pencil pack!
- -62 original pieces of artwork to color and enjoy
- -Peforated pages for easy framing
- -One-side printing so colors don't bleed through



**St. Martin's Griffin** | 7/19/2016 **9781250112989** | **\$14.99** 

Mixed Media Product | 128 pages | Carton Qty: 8 in W | 10 in H

### Other Available Formats:

Trade Paperback ISBN: 9781250108821

#### MARKETING

National Print Publicity Online Publicity Early Reader Reviews on Goodreads Blog Outreach SMPCraft.com Promotion

## Zendoodle Coloring: Under the Sea

Deluxe Edition with Pencils

**Deborah Muller** 

## An original coloring book for adults

Explore whimsical underwater worlds!

- -Includes 6-piece pencil pack!
- -62 original pieces of artwork to color and enjoy
- -Perforated pages for easy framing
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