The Silent Patient

Alex Michaelides

Promising to be the debut novel of the season, *The Silent Patient* is a shocking psychological thriller of a woman’s act of violence against her husband—and of the therapist obsessed with uncovering her motive...

"That rarest of beasts: the perfect thriller. This extraordinary novel set my blood fizzing—I quite literally couldn’t put it down. I told myself I’d just dip in; eleven hours later—it’s now 5:47 a.m.—I’ve finished it, absolutely dazzled."
—A. J. Finn, #1 *New York Times* bestselling author of *The Woman in the Window*

Alicia Berenson’s life is seemingly perfect. A famous painter married to an in-demand fashion photographer, she lives in a grand house with big windows overlooking a park in one of London’s most desirable areas. One evening her husband Gabriel returns home late from a fashion shoot, and Alicia shoots him five times in the face, and then never speaks another word.

Alicia’s refusal to talk, or give any kind of explanation, turns a domestic tragedy into something far grander, a mystery that captures the public imagination and casts Alicia into notoriety. The price of her art skyrockets, and she, the silent patient, is hidden away from the tabloids and spotlight at the Grove, a secure forensic unit in North London.

Theo Faber is a criminal psychotherapist who has waited a long time for the opportunity to work with Alicia. His determination to get her to talk and unravel the mystery of why she shot her husband takes him down a twisting path into his own motivations—a search for the truth that threatens to consume him....

Alex Michaelides was born in Cyprus in 1977 to a Greek father and English mother. He studied English literature at Cambridge University and got his MA in screenwriting at the American Film Institute in Los Angeles. He wrote the film *The Devil You Know* (2013) starring Rosamund Pike and co-wrote *The Brits are Coming* (2018), starring Uma Thurman, Tim Roth, Parker Posey and Sofia Vergara. *THE SILENT PATIENT* is his first novel.

PRAISE

"That rarest of beasts: the perfect thriller. This extraordinary novel set my blood fizzing—I quite literally couldn’t put it down. I told myself I’d just dip in; eleven hours later—it’s now 5:47 a.m.—I’ve finished it, absolutely dazzled."
—A. J. Finn, #1 *New York Times* bestselling author of *The Woman in the Window*

"The Silent Patient snea..."
This Chair Rocks
A Manifesto Against Ageism

Ashton Applewhite

Author, activist, and TED speaker Ashton Applewhite has written a rousing manifesto calling for an end to discrimination and prejudice on the basis of age.

“Wow. This book totally rocks. It arrived on a day when I was in deep confusion and sadness about my age. Everything about it, from my invisibility to my neck. Within four or five wise, passionate pages, I had found insight, illumination, and inspiration. I never use the word empower, but this book has empowered me.”

—Anne Lamott, *New York Times* bestselling author

In our youth obsessed culture, we’re bombarded by media images and messages about the despairs and declines of our later years. Beauty and pharmaceutical companies work overtime to convince people to purchase products that will retain their youthful appearance and vitality. Wrinkles are embarrassing. Gray hair should be colored and bald heads covered with implants. Older minds and bodies are too frail to keep up with the pace of the modern working world and olders should just step aside for the new generation.

Ashton Applewhite once held these beliefs too until she realized where this prejudice comes from and the damage it does. Lively, funny, and deeply researched, *This Chair Rocks* traces her journey from apprehensive boomer to pro-aging radical, and in the process debunks myth after myth about late life. Explaining the roots of ageism in history and how it divides and debases, Applewhite examines how ageist stereotypes cripple the way our brains and bodies function, looks at ageism in the workplace and the bedroom, exposes the cost of the ...

Author and activist *Ashton Applewhite* has been recognized by the *New York Times*, *The New Yorker*, National Public Radio, and the American Society on Aging as an expert on ageism. She blogs at *This Chair Rocks*, speaks widely around the world, has written for *Harper’s* and *Playboy*, and is the voice of Yo, Is This Ageist? In 2016, she joined the PBS site Next Avenue’s annual list of 50 Influencers in Aging as their Influencer of the Year. At the beginning of her career, she was an Editorial Assistant at St. Martin's Press.

PRAISE

"This Chair Rocks is radical, exuberant, and full of all sorts of facts that erase many of the myths and beliefs about late life. As Applewhite defines and describes ageism, new ways of seeing and being in the world emerge, empowering everyone to see things as they really are."
Why Don't You Write My Eulogy Now So I Can Correct It?
A Mother's Suggestions

Patricia Marx and Roz Chast

The perfect Mother's Day gift: A collection of witty one-line advice New Yorker writer Patricia Marx heard from her mother, accompanied by full-color illustrations by New Yorker staff cartoonist Roz Chast.

Every mother knows best, but New Yorker writer Patty Marx's knows better. Patty has never been able to shake her mother's one-line witticisms from her brain, so she's collected them into a book, accompanied by full color illustrations by New Yorker staff cartoonist Roz Chast. These snappy maternal cautions include:

If you feel guilty about throwing away leftovers, put them in the back of your refrigerator for five days and then throw them out.

If you run out of food at your dinner party, the world will end.

When traveling, call the hotel from the airport to say there aren't enough towels in your room and, by the way, you'd like a room with a better view.

Why don't you write my eulogy now so I can correct it?

Every child will want to buy this for mom on Mother's Day!

Author: Patricia Marx has been contributing to The New Yorker since 1989. She is a former writer for "Saturday Night Live" and "Rugrats," and is the author of several books. Marx was the first woman elected to the Harvard Lampoon. She has taught screenwriting and humor writing at Princeton, New York University, and Stonybrook University. She was the recipient of a 2015 Guggenheim Fellowship.

Illustrator: Roz Chast has loved to draw cartoons since she was a child growing up in Brooklyn. She attended Rhode Island School of Design, majoring in Painting because it seemed more artistic. However, soon after graduating, she reverted to type and began drawing cartoons once again.
Cape May
A Novel
Chip Cheek

A mesmerizing debut novel by Chip Cheek, Cape May explores the social and sexual mores of 1950s America through the eyes of a newly married couple from the genteel south corrupted by sophisticated New England urbanites.

Late September 1957. Henry and Effie, very young newlyweds from Georgia, arrive in Cape May, New Jersey, for their honeymoon only to find the town is deserted. Feeling shy of each other and isolated, they decide to cut the trip short. But before they leave, they meet a glamorous set of people who sweep them up into their drama. Clara, a beautiful socialite who feels her youth slipping away; Max, a wealthy playboy and Clara’s lover; and Alma, Max’s aloof and mysterious half-sister, to whom Henry is irresistibly drawn.

The empty beach town becomes their playground, and as they sneak into abandoned summer homes, go sailing, walk naked under the stars, make love, and drink a great deal of gin, Henry and Effie slip from innocence into betrayal, with irrevocable consequences.

Erotic and moving, this is a novel about marriage, love and sexuality, and the lifelong repercussions that meeting a group of debauched cosmopolitans has on a new marriage.

Chip Cheek’s stories have appeared in The Southern Review, Harvard Review, Washington Square, and other journals and anthologies. He has been awarded scholarships to the Bread Loaf Writers’ Conference, the Tin House Summer Writers’ Workshop, and the Vermont Studio Center, as well as an Emerging Artist Award from the St. Botolph Club Foundation. He lives in El Segundo, California, with his wife and baby daughter.

PRAISE

"What a treat. Glamorous and nostalgic and very sexy, Cape May is a novel about marriage, lust, shabby seaside towns and lots of gin. Brilliantly unsettling—one of those books that stays with you." - Paula Hawkins, #1 New York Times bestselling author of The Girl on the Train

"Earthy and sensual, raw and real, Cape May is an exquisitely..."
# Index

<table>
<thead>
<tr>
<th>Title</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Applewhite, Ashton; This Chair Rocks: A Manifesto Against Ageism</td>
<td>3</td>
</tr>
<tr>
<td>Cape May: A Novel; Chip Cheek</td>
<td>5</td>
</tr>
<tr>
<td>Cheek, Chip; Cape May: A Novel</td>
<td>5</td>
</tr>
<tr>
<td>Marx, Patricia; Why Don't You Write My Eulogy Now So I Can Correct It?: A Mother's Suggestions</td>
<td>4</td>
</tr>
<tr>
<td>Michaelides, Alex; The Silent Patient</td>
<td>2</td>
</tr>
<tr>
<td>Silent Patient, The; Alex Michaelides</td>
<td>2</td>
</tr>
<tr>
<td>This Chair Rocks: A Manifesto Against Ageism; Ashton Applewhite</td>
<td>3</td>
</tr>
<tr>
<td>Why Don't You Write My Eulogy Now So I Can Correct It?: A Mother's Suggestions; Patricia Marx</td>
<td>4</td>
</tr>
</tbody>
</table>