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Light from Other Stars

Erika Swyler

From the author of national bestseller The Book of Speculation, a poignant, fantastical novel about the electric combination of ambition & wonder that keeps us reaching toward the heavens.

Eleven-year-old Nedda Papas is obsessed with becoming an astronaut. In 1986 in Easter, a small Florida Space Coast town, her dreams seem almost within reach—if she can just grow up fast enough. Theo, the scientist father she idolizes, is consumed by his own obsessions. Laid off from his job at NASA and still reeling from the loss of Nedda’s newborn brother several years before, Theo turns to the dangerous dream of extending his living daughter’s childhood just a little longer. The result is an invention that alters the fabric of time.

Amidst the chaos that erupts, Nedda must confront her father and his secrets, the ramifications of which will irrevocably change her life, her community, and the entire world. But she finds an unexpected ally in Betheen, the mother she’s never quite understood, who surprises Nedda by seeing her more clearly than anyone else.

Decades later, Nedda has achieved her long-held dream, and as she floats in antigravity, far from earth, she and her crewmates face a serious crisis. Nedda may hold the key to the solution, if she can come to terms with her past and the future that awaits her.

Light from Other Stars is about fathers and daughters, women and the forces that hold them back, and the cost of meaningful work. It questions how our lives have changed, what progress looks like, and what it really means to sacrifice for the greater good.

PRAISE

“Swyler presses a deft finger on the fissures between art and science, love and loss, regret and hope, imprinting the reader’s heart with an exquisite ache—the kind that lingers long after the story ends.” —Aline Ohanesian, author of Orhan’s Inheritance


“At once expansive and strikingly intimate . . . A story you won’t be able to put down . . . A declaration that life is worth living, which makes it a vital book for our times.” —Adrienne Celt, author of Invitation to a Bonfire

Erika Swyler’s first novel, The Book of Speculation, was one of BuzzFeed’s 24 Best Fiction Books of 2015 and a Barnes & Noble Discover Great New Writers selection. Her writing has appeared in Catapult Story, VIDA, the New York Times, and elsewhere. She lives on Long Island, NY, with her husband and a mischievous rabbit.
The Road to Grantchester

James Runcie

The captivating prequel to the treasured Grantchester series follows the life, loves, and losses of young Sidney Chambers in postwar London.

It is 1938, and eighteen-year-old Sidney Chambers is dancing the quickstep with Amanda Kendall at her brother Robert’s birthday party at the Caledonian Club. No one can believe, on this golden evening, that there could ever be another war. Returning to London seven years later, Sidney has gained a Military Cross and lost his best friend on the battlefields of Italy. The carefree youth that he and his friends were promised has been blown apart, just like the rest of the world—and Sidney, carrying a terrible, secret guilt, must decide what to do with the rest of his life. But he has heard a call: constant, though quiet, and growing ever more persistent. To the incredulity of his family and the derision of his friends—the irrepressible actor Freddie and the beautiful, vivacious Amanda—Sidney must now negotiate his path to God: the course of which, much like true love, never runs smooth.

The Road to Grantchester will delight new and old fans alike and finally tell the touching, engaging, and surprising origin story of the Grantchester Mysteries’ beloved archdeacon.

PRAISE

“Taken individually, each of these clerical whodunits poses a clever puzzle for armchair detectives. Viewed as a collective study of British life . . . These stories present a consistently charming and occasionally cutting commentary on ‘a postwar landscape full of industry, promise and concrete.’” —NYTBR on Sidney Chambers and The Shadow of Death

“Richly atmospheric . . . Runcie’s intimate view of post-WWII English society will appeal to admirers of Barbara Pym. His clerical sleuth would be welcome in a novel-length puzzle one day. —PW on Sidney Chambers and The Perils of the Night (starred review)

James Runcie is an award-winning filmmaker and the author of ten novels that have been translated into twelve languages. His novels have been turned into a TV series called Grantchester, which stars James Norton as Sidney Chambers. Runcie is a fellow of the Royal Society of Literature and commissioning editor for arts at BBC Radio 4. He lives in London and Edinburgh.

www.jamesruncie.com • www.grantchestermysteries.com • @james_runcie
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www.jamesruncie.com • www.grantchestermysteries.com • @james_runcie
No Visible Bruises
What We Don’t Know About Domestic Violence Can Kill Us
Rachel Louise Snyder

An award-winning journalist’s exploration of America’s domestic violence epidemic, how we have misunderstood it, what it portends about other types of violence, and how to address it.

We call it domestic violence. We call it private violence. Sometimes we call it intimate terrorism. But whatever we call it, we generally do not believe it has anything at all to do with us, despite the World Health Organization deeming it a “global epidemic.” In America, intimate partner violence accounts for 15 percent of all violent crime, and yet it remains an object of silence, spoken of in hushed tones, even as its tendrils reach unseen into every national issue from our economy to our education system, from mass shootings to mass incarceration to #MeToo. We still have not taken the true measure of this problem.

In No Visible Bruises, journalist Rachel Louise Snyder gives an urgent and immersive account of the scope of domestic violence in our country, structured around key case studies that explode the common myths—that if things were bad enough, victims would just leave; that a violent person cannot become nonviolent; that shelter is an adequate response; that violence inside the home is separate from other forms of violence like mass shootings, gang violence, and sexual assault. Through the stories of victims, perpetrators, law enforcement, and reform movements from across the country, Snyder explores not only the real roots of domestic violence, but also its far-reaching consequences for society, and what it will take to truly address it.

PRAISE
for Fugitive Denim
“A fascinating chronicle of the $55-billion-a-year global denim industry.” —LA Times

“What a highly pertinent view of the fashion world today . . . from the sweatshops that feed our desire for cheap jeans, to the environmental repercussions of making them and then throwing them away.” —Guardian

What We’ve Lost Is Nothing
“Snyder’s debut is smooth and engaging, and reads like the work of a veteran novelist.” —PW

“A muscular and fearless debut novel that boldly tackles the heady themes of prejudice, self-preservation, poverty and privilege.” —Booklist

Rachel Louise Snyder’s journalism has appeared in the New Yorker, the New York Times Magazine, the Washington Post, the New Republic, and elsewhere. She has discussed domestic violence for numerous media outlets, including the Diane Rehm Show, where Jimmy Carter lauded her groundbreaking coverage of high-risk teams. No Visible Bruises was awarded the J. Anthony Lukas Work-in-Progress Award. An associate professor at American University, Snyder lives in Washington, D.C.
Alternative Remedies for Loss

Joanna Cantor

A slyly funny coming-of-age novel about a young woman fumbling her way into the mysteries of loss and the travails of adulthood as she tries to make sense of a vanished mother’s legacy.

When 22-year-old Olivia learned that her mother had only months to live, she pulled up roots, leaving Vassar and her career plans far behind to be with her mother for her last days. And yet, just four months after her mother’s death, everyone in Olivia’s family already seems ready to move on. Her brothers are settled comfortably in careers and families of their own; her father has already started to date again, inviting a woman named June on a family trip. Still reeling from the loss, Olivia looks for a new start of her own, throwing herself headlong into Manhattan’s fast-moving media world, where she is alternately demeaned by bosses and pursued by men. But as Olivia tries to piece together an adulthood without her mother to guide her, she makes a shocking discovery: a secret romantic correspondence her mother had with a man who only signed each letter “F.” As she tries to untangle the mystery of F, Olivia will journey halfway across the world, to an ashram in rural India, on a quest that will reconfigure everything Olivia thought she knew about her family and her own place in an increasingly complex world.

A profoundly moving and keenly observed contemplation of the debts we owe to the past and the ways we discover our futures, Alternative Remedies for Loss is the rare sort of book that can break and mend your heart in a single and unforgettable read.

PRAISE

“Joanna Cantor’s debut novel is sure to become the Eat, Pray, Love for the millennial generation.” —Real Simple, “Best Books of 2018”

“Funny, heartbreaking, and incredibly intimate.” —HelloGiggles

“[A] stellar debut . . . Cantor’s novel is not only full of unexpected turns but hits all the right emotional notes.” —Publishers Weekly

“Funny and sad, sharp and true.” —Maggie Shipstead

“A sharp and witty glimpse inside a functionally dysfunctional family, Cantor’s first novel is heartbreakingly honest…. This is a whip-smart debut.” —Booklist

Joanna Cantor holds an MFA from Brooklyn College. She was awarded a Vermont Studio Center Fellowship. She lives in Brooklyn with her husband and dog.
The Deer Camp

A Memoir of a Father, a Family, and the Land that Healed Them

Dean Kuipers

For readers of The Stranger in the Woods and H Is For Hawk, an emotionally rewarding memoir about a father, his three sons, and a scrappy 100-acre piece of land in Upper Michigan.

Bruce Kuipers had never been much of a father or husband. Distant, angry, and a serial cheater, he shoved away his three sons—journalist Dean, forester Brett, and troubled Joe—and alienated his wife. But Bruce did succeed in imparting to his sons his love of the outdoors and the fishing and hunting skills involved in that passion.

In 1989, Bruce purchased a 100-acre property as a way to lure his sons back after a divorce that had done further damage to an already damaged family. The land was the perfect bait, but the moment the sons arrived, conflicts arose over whether the land—which had been degraded and reduced to a few stands of pine and blowing sand—should be left alone or be actively restored. After an impasse of years, Bruce acquiesced, and his sons proceeded with their restoration plan. What happened next was a miracle of nature.

Dean Kuipers weaves a beautiful and surprising story about the restorative power of land and of his own family, which so desperately needed healing. Heartwarming and profound, The Deer Camp is the perfect story of fathers, sons, and the beauty of the natural world.

Dean Kuipers has studied and written about the field of environmental politics and ecopsychology for decades. He is the author of Burning Rainbow Farm and Operation Bite Back. His work has appeared in the Los Angeles Times, Outside, Men’s Journal, Rolling Stone, and Playboy. He lives in Los Angeles.
Invitation to a Bonfire

Adrienne Celt

“A tense psychological thriller and deft character study—one loosely inspired by the marriage of Vera and Vladimir Nabokov.” —Chicago Tribune

In the 1920s, Zoya Andropova, a young refugee from the Soviet Union, finds herself in the alien landscape of an elite all-girls New Jersey boarding school. Having lost her family, her home, and her sense of purpose, Zoya must now endure the malice her peers heap on scholarship students and her new country’s paranoia about Russian spies. With the arrival of visiting writer and fellow Russian émigré Leo Orlov—whose books Zoya has privately obsessed over for years—her luck seems poised to change, but the relationship that forms between them will put Zoya, Leo, and his calculating wife, Vera, all at risk. Grappling with class distinctions, national allegiance, and ethical fidelity—not to mention the powerful magnetism of sex—Invitation to a Bonfire investigates how one’s identity is formed, irrevocably, through a series of momentary decisions, including how to survive, who to love, and whether to pay the complicated price of happiness.

PRAISE

“Seductive, searing . . . One of the most brilliant books I’ve read in some time.” —NYLON


“Full of gorgeous sentences . . . Right when you think Celt has hit some undefined apogee of prose, she proves time and time again there’s still more fun to be had, and her lyricism and wit are a real treat.” —Chicago Review of Books

“Sexy, brilliant, and gripping.” —Edan Lepucki

“An intricate and engrossing tale . . . At once a taut psychological thriller and a sensitive character study; fans of each should rejoice.” —Library Journal (starred review)

Adrienne Celt’s debut novel, The Daughters, won the PEN Southwest Book Award for Fiction and was an NPR Best Book of the Year and an NYPL Favorite Book of the Year. Her work has appeared in Epoch, Zyzzyva, Prairie Schooner, Esquire, Electric Literature, The Rumpus, The Millions, and elsewhere. She has an MFA in fiction from Arizona State University, draws weekly comics at Loveamongthelampreys.com, and lives in Tucson.
**You Will Be Safe Here**

Damian Barr

An extraordinary debut set in South Africa that explores the strength of the human spirit—from the Boer War to a brutal present-day camp for teenage boys.

South Africa, 1901. It is the height of the second Boer War. Sarah van der Watt and her six-year-old son Fred are forced from their home on Cherry Tree Farm. As the polite invaders welcome them to Bloemfontein Concentration Camp they promise Sarah and Fred that they will be safe there.

2014. Sixteen-year-old Willem is an outsider. Hoping he will become the man she wants him to be, his Ma and her boyfriend force Willem to attend the New Dawn Safari Training Camp where they are proud to make men out of boys. They promise that he will be safe there.

*You Will Be Safe Here* is a powerful and urgent novel of two connected South African stories. Inspired by real events, it uncovers a hidden colonial history, reveals a dark contemporary secret, and explores the legacy of violence and our will to survive.

**Praise**

“Barr splits open lost history, sunlit moments of love and all private grief . . . Insightful and compassionate, open-hearted and unblinking . . . Powerful, groundbreaking.” —Amy Bloom, author of *White Houses*

“Reveal[s] hidden trails through the points of light and darkness, such that the reader arrives at the end to stand before a view over one hundred years in the making and says, I see it now.” —Aminatta Forna, author of *Happiness*

“Devastating and formally ingenious, it traces the paths by which historical grief engenders present violence . . . Vitally brave and luminously compassionate.” —Garth Greenwell, author of *What Belongs to You*

**Damian Barr** is the author of the memoir *Maggie & Me*, which the *Sunday Times* named Memoir of the Year. He is Literary Ambassador for the Savoy in London where he hosts his Literary Salon (also carried as a podcast on British Airways and recently featured in *Vanity Fair*). He is Literary Editor of the Soho House group and appears regularly on BBC Radio 4. He is a Fellow of the Royal Society of Arts and was 2013’s Stonewall Writer of the Year. He lives in Brighton, England.
There’s plenty of intrigue, sex, and drugs in this fast-paced mystery, set against a backdrop of gentrifying London.

Three hundred gone. Just six left.
The building was once home to families, friends, children, couples, love, life. Now, almost every apartment is empty, the inhabitants forced out by the developers tearing down the old social housing to build luxury homes. Only a few of the inhabitants have fought back against the attempts to evict them from their homes and their histories. And they have been joined by passionate student protestor and would-be journalist Ella, who is leading a high-profile media campaign to protect those who refuse to leave.

One night, Ella returns home to find a horrible scene awaiting her—the dead body of a mysterious man. Panicked, she calls her neighbor Molly, who convinces her that the police won’t believe she’s innocent. Together, the two women concoct a gruesome plan to hide the body.

But the secret won’t stay buried for long. As truth hangs in the balance, a neighbor tells Molly he had heard Ella arguing with a man in the hallway, and mistrust grows between Ella and Molly, as repercussions of that night threaten to change both women’s lives forever.

PRAISE

“As in this time-fractured journey to a startling and emphatic finale, Ms. Dolan delivers a vivid and convincing picture of a world where loyalty and selflessness are forced into fatal juxtaposition with treachery and ambition.” —The Wall Street Journal

“A terrific stand-alone novel . . . Dolan doesn’t sugar-coat anything in this haunting novel about friendship, suspicion and betrayal.” —The Sunday Times

“A complex and nuanced psychological thriller . . . Pays off in a stunning conclusion that makes you want to reread the whole book to figure out how you missed what was really going on.” —Booklist (starred review)

Eva Dolan was shortlisted for the Crime Writers’ Association Dagger for unpublished authors when she was a teenager. Her Zigic and Ferreira crime series debuted in 2014 and has been optioned for British television. Tell No Tales and After You Die were shortlisted for the Theakston Crime Novel of the Year Award, and After You Die was also longlisted for the prestigious CWA Gold Dagger. This Is How It Ends is her first standalone mystery. Dolan lives in Essex, England.
Milk!

A 10,000-Year Food Fracas

Mark Kurlansky

Mark Kurlansky’s first global food history since the bestselling Cod and Salt; the fascinating cultural, economic, and culinary story of milk and all things dairy—with recipes throughout.

According to the Greek creation myth, we are so much spilt milk; a splatter of the goddess Hera’s breast milk became our galaxy, the Milky Way. But while mother’s milk may be the essence of nourishment, it is the milk of other mammals that humans have cultivated ever since the domestication of animals more than 10,000 years ago, originally as a source of cheese, yogurt, kefir, and all manner of edible innovations that rendered lactose digestible, and then, when genetic mutation made some of us lactose-tolerant, milk itself.

Before the industrial revolution, it was common for families to keep dairy cows and produce their own milk. But during the nineteenth century, mass production and urbanization made milk safety a leading issue of the day, with milk-borne illnesses a common cause of death. Pasteurization slowly became a legislative matter. And today, milk is a test case in the most pressing issues in food politics, from industrial farming and animal rights to GMOs, the locavore movement, and advocates for raw milk, who controversially reject pasteurization.

Profoundly intertwined with human civilization, milk has a compelling and surprisingly global story to tell, and historian Mark Kurlansky is the perfect person to tell it. Tracing the liquid’s diverse history from antiquity to the present, he details its curious and crucial role in cultural evolution, religion, nutrition, politics, and economics.

PRAISE

“A feat of investigation, compilation and organization . . . Altogether a complex and rich survey, Milk! is a book well worth nursing.” —WSJ

“Calcium-heavy gold . . . The fine cream of the book rises to the top.” —USA Today

“Kurlansky’s wide-ranging curiosity makes a familiar topic seem exotic.”

—Booklist

“As with Mark Kurlansky’s Cod and Salt, I wish I had written Milk! Never would I have thought that so elementary a liquid food had such an intriguing history, one that includes science, politics, economics, and gourmandize. A great read on a great subject!” —Mimi Sheraton

Mark Kurlansky is the New York Times bestselling author of Havana, Cod, Salt, Paper, The Basque History of the World, 1968, and The Big Oyster, among other titles. He has received the Dayton Literary Peace Prize, Bon Appétit’s Food Writer of the Year Award, the James Beard Award, and the Glenfiddich Award. He lives in New York City. www.markkurlansky.com
Built

The Hidden Stories Behind our Structures

Roma Agrawal

The structures around us are born from breathtaking human ingenuity. Once you hear their secret stories, you’ll never see your world in the same way again.

Imagine you woke up one morning, and everything created by engineers had disappeared. What would you see? No cars, no houses; no phones, bridges, or roads. No tunnels under tidal rivers, no soaring skyscrapers. The impact that engineering has on the human experience is undeniable, but it is also often invisible.

In Built, star structural engineer Roma Agrawal explains how construction has evolved from the mud huts of our ancestors to skyscrapers of steel that reach into the sky. She unearths how humans have tunneled through solid mountains, bridged the widest of rivers, and tamed nature’s precious and elusive water resources. She tells vivid tales of the visionaries who created the groundbreaking materials used in the Pantheon’s record-holding dome and the Eiffel Tower’s giant wind-resisting frame. Through the lens of an engineer, Agrawal examines tragedies like the collapse of the Quebec Bridge, highlighting the precarious task of ensuring people’s safety, which engineers hold at every step. With colorful stories of her fascination with buildings—and her own hand-drawn illustrations—Agrawal reveals the extraordinary secret lives of structures.

PRAISE

“Agrawal is a rarity: a female structural engineer in an adamantly male profession . . . She will inspire.” —The New York Times Book Review

“Conveys insight into the built environment in an unusually accessible style—the kind of insight that will help lay readers look differently at the world around them.” —The Wall Street Journal

“A delightful introduction to the science of engineering and those key in its development.” —Kirkus Reviews

“Agrawal will vividly inform, enthuse, and inspire readers.” —Booklist

“Approachable and engaging.” —Science

Roma Agrawal is a structural engineer who builds BIG—bridges, sculptures, train stations, and skyscrapers, including the Shard, western Europe’s tallest tower. A promoter of technical careers to young people, she has advised policymakers on science education. Her awards include the Institution of Structural Engineers’ Young Structural Engineer of the Year Award and the Royal Academy of Engineering’s Rooke Award. She lives in London. romatheengineer.com • @RomaTheEngineer
Giving Up Without Giving Up

Meditation and Depressions

Jim Green

A simple, intelligent guide to meditation and contemplation for those dealing with depression, anxiety, and other mental health issues.

Drawing on his experience of meditation within both the Buddhist and Christian contemplative traditions, as well as his own times of personal loss and bewilderment, Jim Green offers us a moving account of just how this wisdom practice can accompany each of us as we make ‘the gentle pilgrimage of recovery’. He offers a thorough and practical approach to our times of personal desolation, centered on the practice of meditation, showing how we can learn to treat ourselves and each other with care and compassion.

Giving Up Without Giving Up explores the possibility that we have much to learn from the desert times in our lives, when it feels as though we are losing everything, most of all any sense of who we are.

Jim Green has worked for many years in the field of mental health with both local and national organisations, the Open University and the BBC. He describes his decades of meditation practice as ‘always learning to be a beginner’.
The Vinyl Frontier

The Story of the Voyager Golden Record

Jonathan Scott

The fascinating story of Earth’s interstellar mix-tape
—humanity’s message to the stars.

In 1977, a team led by Carl Sagan created a record that would travel to the stars on the back of NASA’s Voyager probe. They were responsible for curating a playlist of music, sounds, and pictures that would paint a picture of Earth for any future alien races that may come into contact with the probe. The Vinyl Frontier tells the whole story of how the record was created, from NASA’s project proposal to the moment Sagan and his team watched the Record rocket off into space.

The final playlist contains music written and performed by Bach, Beethoven, and Blind Willie Johnson, as well as music from China, India, and remote cultures. It contains a message of peace, a variety of scientific figures and dimensions, and instructions for alien life forms to put them to use. Each song, sound, and picture that made the final cut has a story to tell.

Through interviews with all of the project’s key players, this book pieces together the whole story of the Golden Record, including fascinating insights that have never been reported before. It also tells the love story between Carl Sagan and the project’s creative director, Ann Druyan, that flourished as the record was being created. The Golden Record is more than just a time capsule. It tells the story of NASA, Carl Sagan, our place in the Universe, and what it is to live on Earth.

Jonathan Scott is a music writer and former contributing editor to Record Collector magazine. He has edited books about Prince, Cher, and the San Francisco psych explosion, and written about Nirvana, the Pogues, the Venga Boys, and others in a variety of magazines. He is a self-confessed astronomy geek, and received his first telescope aged eight, using it to track Halley’s Comet in 1986.
Kabbalah: Secrecy, Scandal and the Soul

Harry Freedman

Harry Freedman, author of The Talmud: A Biography and The Murderous History of Bible Translations, explores the mysterious tradition of Kabbalah.

Kabbalah is popularly known as a fashionable system for personal and spiritual insight, its popularity driven by rock stars, sharp-suited West Coast rabbis out for a fast buck, and seekers after truth. Madonna, Gwyneth Paltrow, Demi Moore, Britney Spears, and even Princess Eugenie have all attested to their devotion to this Jewish mystical tradition. But behind the hype and simplicity of “pop-Kabbalah” lies an ancient, complex, and very profound system that can take a lifetime to master.

Kabbalah is difficult to define. The very phrase “story of Kabbalah” is as opaque and mysterious as the topic itself. For over half a millennium, individuals and movements with no attachment to Judaism have incorporated Kabbalah into their own spiritual traditions. Kabbalah flourished in the Renaissance and its method was adopted in varying measures by Hermeticists, Rosicrucians, Freemasons, and tarot card readers. Isaac Newton, Gottfried Leibnitz, Carl Jung and Harold Bloom have all admitted to the influence of Kabbalah. But it all goes back to the Hebrew Bible where the prophet Ezekiel described in detail his vision of the heavenly throne, perceived as a chariot.

Today in Israel the power of Kabbalah is taken for granted, particularly among Oriental Jews and the Hasidim. Mystical rabbis bless babies, newlywed couples, newly built houses. They will even bless your business or political party for the right fee.

Dr. Harry Freedman is the author of two previous Bloomsbury/Continuum titles, The Talmud: A Biography and The Murderous History of Bible Translations. He holds a DPhil from Oxford University in Semitic studies. A retired businessman, he has in recent years devoted himself to scholarship and writing.
Anne Frank: The Collected Works

The first complete edition of Anne Frank’s diary and writings, including newly discovered material never before published.

Anne Frank: The Collected Works includes Anne’s world-famous diary, in both the version edited for publication by her father and the more revealing original, together with her letters, essays, and two hidden pages of the diary uncovered in 2018 and never published—until now. Supported by the Anne Frank Foundation in Basel, Switzerland, set up by Otto Frank to be the guardian of Anne’s work, this is a landmark publication marking the anniversary of 90 years since Anne’s birth in 1929.

Anne Frank is one of the most recognized and widely read figures of the Second World War. Thousands of people visit the Anne Frank House on the Prinsengracht in Amsterdam each year to see the annex where Anne and her family hid from the Germans before eventually being deported to Auschwitz in 1944. Only Anne’s father, Otto, survived the Holocaust.

An essential book for scholars and general readers alike, The Collected Works brings together for the first time Anne Frank’s complete writings, together with important images and documents that tell the wider story of her life. Also included are background essays by notable historians and scholars—including “Anne Frank’s Life”; “The History of the Frank Family,” “the Publication History of Anne Frank’s diary”—and photographs of the Franks and the other occupants of the annex.

As the sole surviving member of his family and sole heir to his daughter Anne, Otto H. Frank established the Anne Frank Fond in Basel, Switzerland in 1963, appointing it as his legatee. Since Otto Frank’s death in 1980, the AFF acts as his executor, with the aim of disseminating and protecting from wrongful exploitation his daughter’s writings. Anne’s diaries are registered under UNESCO’s Memory of the World Programme.
Investing for Good
Increasing your personal well-being while changing the world

Mark Mobius, Carlos von Hardenberg, Greg Konieczny

*Investing for Good* is a captivating and instructive read, aimed at those who are interested in investing their money profitably while doing good at the same time.

Investors are placing increased emphasis on capital allocation methods to achieve their desired social, environmental, and financial objectives, and are targeting investments that not only facilitate economic growth in countries around the world but also do good in terms of aiding human development—from cleaner environments to safer products and better employment practices. At the same time, there is considerable evidence that if companies adhere to ESG (Environment, Social, Governance) standards, they will outperform companies who do not.

But how do individuals—rather than institutional investors—invest using ESG criteria? And just how complex are the procedures? This new book, written by investment guru Mark Mobius and his expert team, is full of entertaining and informative anecdotes from the authors’ day-to-day experiences in the world of sustainable investment.

Readers will gain a clearer understanding of what sustainable investment actually means, the positive effects it can have on businesses and societies, what to look for in order to identify sound and sustainable investment opportunities, and how to balance sustainable investing with good returns.

*Mark Mobius* is executive chairman of Templeton Emerging markets group, and has spent over 40 years working in emerging markets all over the world. In 2006, he was named by AsiaMoney as one of its “Top 100 Most Powerful and Influential People.”

*Carlos Hardenberg* is senior vice president & director of Frontier Markets Strategy for the Templeton Emerging Markets Group.

*Greg Konieczny* is an executive vice president & director of Specialty Strategies for the Templeton Emerging Markets Group.
The Dream Colony

A Life in Art

Walter Hopps, Deborah Treisman, Anne Doran

“An intimate tour through fifty years of American art history” *(New Yorker)*—through the eyes of the visionary curator who helped shape it.

An innovative, iconoclastic curator of contemporary art, Walter Hopps founded his first gallery in L.A. at the age of 21. At 24, he opened the Ferus Gallery with then-unknown artist Edward Kienholz. Ferus turned the spotlight on a new generation of West Coast artists, premiered Andy Warhol’s *Campbell’s Soup Cans*, and was at one point shut down by the L.A. vice squad for a show of Wallace Berman’s edgy art. At the Pasadena Art Museum in the sixties, Hopps mounted the first museum retrospectives of Marcel Duchamp and Joseph Cornell and the first museum exhibition of Pop Art—before it was even known as Pop Art. When Hopps became the director of Washington’s Corcoran Gallery of Art at age thirty-four, the *New York Times* hailed him as “the most gifted museum man on the West Coast (and, in the field of contemporary art, possibly in the nation).” He was also arguably the most unpredictable, an eccentric genius who was chronically late. (His staff at the Corcoran had a button made that said *walter hopps will be here in twenty minutes.*) Erratic in his work habits, he never wavered in his commitment to art.

Hopps died in 2005, after decades at the Menil Collection of Art in Houston, where he was the founding director. A few years before that, he began work on this book, a vivid, personal, surprising, irreverent, and enlightening account of his life and of some of the greatest artistic minds of the 20th century.

**PRAISE**

“Hopps’s atmospheric account captures three decades in the art world with such passion and perception . . . We may very well wish we could have hung out with this dynamo and heard him talk more about art.” *—The Washington Post*

“The colorful tale of this natural-born curator gets told in his own gift-for-the-yarn cadences.” *—Artforum, Best of the Year*

Anne Doran has written for *Art in America, Artforum,* and other publications. She worked as an editor at *Grand Street.* Her artwork has been shown in museums around the world.

**Walter Hopps** (1932–2005) was a curator and museum director who worked at the Pasadena Art Museum, the Washington Gallery of Modern Art, the Corcoran Gallery of Art, the Smithsonian’s National Collection of Fine Arts, the Menil Collection, which he helped create, and the Solomon R. Guggenheim Museum.

**Deborah Treisman** is the fiction editor of the *New Yorker.* She hosts the *New Yorker Fiction Podcast.* She was the managing editor of the art quarterly *Grand Street,* for which Hopps was the art editor.
In West Mills

De'Shawn Charles Winslow

For readers of The Twelve Tribes of Hattie and The Turner House, an intimately told story about a woman living by her own rules and the rural community that struggles to understand her.

Azalea “Knot” Centre is determined to live life as she pleases. Let the people of West Mills say what they will; the neighbors’ gossip won’t keep Knot from what she loves best: cheap moonshine, nineteenth-century literature, and the company of men. And yet, Knot is starting to learn that her freedom comes at a high price. Alone in her one-room shack, ostracized from her relatives and cut off from her hometown, Knot turns to her neighbor, Otis Lee Loving, in search of some semblance of family and home.

Otis Lee is eager to help. A lifelong fixer, Otis Lee is determined to steer his friends and family away from decisions that will cause them heartache and ridicule. After his failed attempt as a teenager to help his older sister, Otis Lee discovers a possible path to redemption in the chaos Knot brings to his doorstep. But while he’s busy trying to fix Knot’s life, Otis Lee finds himself powerless to repair the many troubles within his own family, as the long-buried secrets of his troubled past begin to come to light.

Set in an African American community in rural North Carolina from 1941 to 1987, In West Mills is a magnificent, big-hearted small-town story about family, friendship, storytelling, and the redemptive power of love.

PRAISE

“In West Mills by De'Shawn Charles Winslow is an enthralling debut from a masterful writer. Prepare to be captivated by the community of West Mills, with its deep secrets and even deeper friendships. I love this compassionate, profound book.” —Helen Phillips, author of The Beautiful Bureaucrat

“Reading In West Mills is like joining a new family, one you didn’t know you needed to be part of. De'Shawn Winslow’s stubborn, vivid characters will take over your imagination. When you get to the end you’ll wonder how this short novel contains so many lives, so much wit and warmth. A stunning debut.”

—Margot Livesey, author of The Flight of Gemma Hardy

De'Shawn Charles Winslow was born and raised in Elizabeth City, North Carolina, and in 2003 moved to Brooklyn, New York. He is a 2017 graduate of the Iowa Writers' Workshop and holds a BFA in creative writing and an MA in English literature from Brooklyn College. He has received scholarships from the Napa Valley Writers’ Conference and the Bread Loaf Writers’ Conference. He still lives in Brooklyn.
Elderhood

Redefining Aging, Transforming Medicine, Reimagining Life

Louise Aronson

As revelatory as Atul Gawande’s Being Mortal, physician and award-winning author Louise Aronson’s Elderhood is an essential, empathetic look at a vital but little respected stage of life.

For more than 5,000 years, “old” has been defined as beginning between the ages of 60 and 70. That means most people alive today will spend more years in elderhood than in childhood, and many will be elders for 40 years or more. Yet at the very moment that humans are living longer than ever before, we’ve made old age into a disease, a condition to be dreaded, disparaged, neglected, and denied.

Reminiscent of Oliver Sacks, noted Harvard-trained geriatrician Louise Aronson uses stories from her quarter century of caring for patients, and draws from history, science, literature, popular culture, and her own life to weave a vision of old age that’s neither nightmare nor utopian fantasy. She challenges not only the way we look at aging but also the way we think and feel about medicine and humanity itself.

Elderhood is for anyone who is, in the author’s own words, “an aging, i.e., still-breathing human being.”

PRAISE for A History of the Present Illness

“An intimate look into how the aging process affects real lives and a non-didactic take on the importance of health care.” —SF Chronicle

“Dr. Aronson writes lovely, nuanced description.” —New York Times

“The ethical dilemmas that abound in medicine are prominent but never swamp the stories: these are tales about people, as insightful as Lorrie Moore or Alice Munro.” —Independent

“A fascinating study of our fragile human condition, both physical and emotional. Here is a writer—and a doctor—whose empathy springs forth on every page.”

—Peter Orner

Louise Aronson is a doctor, writer, and professor of medicine at the University of California, San Francisco. The author of A History of the Present Illness, she has received a MacDowell fellowship, the Sonora Review prize, and four Pushcart nominations. In medicine, she has been recognized with a Gold Professorship for Humanism, the California Homecare Physician of the Year award, and the American Geriatrics Society Geriatrician of the Year award. Her writing has appeared in many publications, ...
**Homelands**

*Four Friends, Two Countries, and the Fate of the Great Mexican-American Migration*

Alfredo Corchado

From prizewinning journalist and immigration expert Alfredo Corchado comes the sweeping story of the great Mexican migration from the late 1980s to today.

When Alfredo Corchado moved to Philadelphia in 1987, he felt as if he was the only Mexican in the city. But in a restaurant called Tequilas, he connected with two other Mexican men and one Mexican American, all feeling similarly isolated. Over the next three decades, the four friends continued to meet, coming together over their shared Mexican roots and their love of tequila. One was a radical activist, another a restaurant/tequila entrepreneur, the third a lawyer/politician. Alfredo himself was a young reporter for the *Wall Street Journal*.

*Homelands* merges the political and the personal, telling the story of the last great Mexican migration through the eyes of four friends at a time when the Mexican population in the United States swelled from 700,000 people during the 1970s to more than 35 million people today. It is the narrative of the United States in a painful economic and political transition.

As we move into a divisive, nativist new era of immigration politics, *Homelands* is a must-read to understand the past and future of the immigrant story in the United States, and the role of Mexicans in shaping America’s history. A deeply moving book full of colorful characters searching for home, it is essential reading.

**PRAISE**

“In *Homelands* [Corchado] recounts his experiences and those of three friends . . . as they grapple with having two countries to call home . . . It eloquently chronicles the effects of the North American Free-Trade Agreement between Mexico, America and Canada, the militarisation of the border after the attacks of September 11, 2001, and Mr. Trump’s victory.” — *The Economist*

“A mix of memoir and deep research into various Mexican and American political immigration issues, exploring complications of life on both sides of the border . . . An affecting, timely book.” — *Kirkus Reviews*

“This personal, moving tale illuminates the very heart of the polar..."
City of Omens
A Search for the Missing Women of the Borderlands

Dan Werb

For decades, American hungers sustained Tijuana. In this scientific detective story, a public health expert reveals what happens when a border city’s lifeline is brutally severed.

Despite its reputation as a carnival of vice, Tijuana was, until recently, no more or less violent than neighboring San Diego, its sister city across the border wall. But then something changed. Over the past ten years, Mexico’s third-largest city became one of the world’s most dangerous. Tijuana’s murder rate skyrocketed and produced a staggering number of female victims. Hundreds of women are now found dead in the city each year, or bound and mutilated along the highway that lines the Baja coast.

When Dan Werb began to study these murders in 2013, rather than viewing them in isolation, he discovered that they could only be understood as one symptom among many. Environmental toxins, drug overdoses, HIV transmission: all were killing women at overwhelming rates. As an epidemiologist, trained to track epidemics by mining data, Werb sensed the presence of a deeper contagion targeting Tijuana’s women. Not a virus, but some awful wrong buried in the city’s social order, cutting down its most vulnerable inhabitants from multiple directions.

Werb’s search for the ultimate causes of Tijuana’s femicide casts new light on immigration, human trafficking, addiction, and the true cost of American empire-building. It leads Werb all the way from factory slums to drug dens to the corridors of police corruption, as he follows a thread that ultimately leads to a surprising turn back over the border, looking northward.

Dan Werb, PhD, is an assistant professor in epidemiology at the University of California San Diego and the University of Toronto. He has received major grants from the National Institute on Drug Abuse, the Pierre Elliott Trudeau Foundation, and other organizations. His writing has appeared in publications such as the Believer and the Walrus, where his feature “The Fix” on new tactics for treating injection drug use won a Canadian National Magazine Award. He is based in San Diego and Toronto.
Brother

David Chariandy

“A brilliant, powerful elegy. Pulsing with rhythm, and beating with life.” —Marlon James, Man Booker Prize–winning author of A Brief History of Seven Killings

Michael and Francis are the bright, ambitious sons of Trinidadian immigrants. Coming of age in 1991 on the outskirts of a sprawling city, the brothers battle against careless prejudices and the bigotry of low expectations. Francis aspires to a future in hip hop, while Michael dreams of Aisha, a classmate whose eyes are firmly set on a life elsewhere. But one sweltering summer night the hopes of all three are irrevocably cut short.

In luminous prose, a startling new literary talent explores masculinity, race, and sexuality against a backdrop of simmering violence. With Brother, David Chariandy builds a devastating and incisive story about family, race, and the senseless loss of young lives.

PRAISE

“Brother is bold. It is brilliant. It marks the beginning of an absolutely mammoth literary talent.” —Kiese Laymon, author of Long Division and Heavy

“An exquisite novel, crafted by a writer as talented and precise as Junot Díaz and Dinaw Mengestu.” —Dina Nayeri, The Guardian

“An important, riveting novel about dreams, families, and the systems holding them back.” —Kirkus (starred review)

“A breathtaking achievement . . . A compulsive, brutal and flawless novel that is full of accomplished storytelling with not a word spare.” —The Observer

David Chariandy grew up in Toronto and lives and teaches in Vancouver. His debut novel, Soucouyant, received nominations from eleven literary-award juries, including the Governor General’s Literary Award, the Commonwealth Writers’ Prize, and the Scotiabank Giller Prize. Winner of the Rogers Writers’ Trust Fiction Prize and the Ethel Wilson Fiction Prize, Brother is his second novel and his first to be published in the United States.
Clearing the Air

The Beginning and the End of Air Pollution

Tim Smedley

The story of what’s happened to the air we breathe, the impact it has had on our health and what we can do to fight back.

Globally, 18,000 people die each day from air pollution. *Clearing the Air* tells the full story of what’s happened to the air we breathe. Sustainability journalist Tim Smedley explains exactly what air pollution is, and which chemicals are the dangerous ones and where they come from. He interviews the scientists and politicians at the forefront of air pollution research as well as those whose lives have been affected by smog. This groundbreaking book reveals the extreme instances of air pollution that have occurred around the world, examining recent stories like the VW diesel scandal.

For the most part, air pollution is anonymous—an invisible killer borne from the cars in our driveways and the industrial processes used to make stuff. Around the world, more than eight-out-of-ten people who live in cities breathe in concentrations of air pollutants that exceed international air quality guidelines. The annual number of deaths—6.5 million—is far greater than those from HIV/AIDS, tuberculosis, malaria, and car crashes combined, and it is getting worse. These problems can be solved, and the message of the book is positive. The overwhelming majority of air pollutants are local, short-lived, and can be stopped at source; the benefits to health, instant and dramatic. There are many stories that show how the fightback against air pollution can and does work, and we can all play a part to clear our air.

Tim Smedley is an award-winning sustainability journalist based in Oxfordshire, UK. He has written for the *Financial Times*, the *Guardian*, the *Sunday Times*, *New Scientist*, and most recently the BBC. *Clearing the Air* will be his first book. www.timsmedleywriter.com / @TimSmedley
Socrates in Love

The Making of a Philosopher

Armand D’Angour

An innovative and insightful exploration of the passionate early life of Socrates and the influences that led him to become the first and greatest of philosophers.

Socrates: the philosopher whose questioning gave birth to the ideas of Western thought, and whose execution marked the end of the Athenian Golden Age. Yet despite his pre-eminence among the great thinkers of history, little of his life story is known. What we know tends to begin in his middle age and end with his trial and death. Our conception of Socrates has relied upon Plato and Xenophon—men who met him when he was in his fifties and a well-known figure in war-torn Athens.

There is mystery at the heart of Socrates’s story: what turned the young Socrates into a philosopher? What drove him to pursue with such persistence, at the cost of social acceptance and ultimately of his life, a whole new way of thinking about the meaning of existence?

In this revisionist biography, Armand D’Angour draws on neglected sources to explore the passions and motivations of young Socrates, showing how love transformed him into the philosopher he was to become. What emerges is the figure of Socrates as never previously portrayed: a heroic warrior, an athletic wrestler and dancer—and a passionate lover. Socrates in Love sheds new light on one of history’s most fascinating and original figures, reconstructing the formative journey of the thinker whose ideas have cast a spell on the human mind for 2,500 years.

PRAISE

The Greeks and the New:
“The most nourishing book I have read this year.” —Spectator, Books of the Year
“[An] engaging and aptly original study.” —Times Literary Supplement
“Rich and challenging . . . [This] outstanding study is one that all with an interest in ancient Greek culture need to read.” —Classical Review

Armand D’Angour is currently an Associate Professor of Classics at Oxford and Fellow and Tutor at Jesus College, Oxford. He is the author of The Art of Swimming and The Greeks and the New (winner of the Spectator Book of the Year 2011, shortlisted for the Runciman Award 2012), he has written widely about Greek and Latin poetry, music and literature, and was commissioned to craft Pindaric odes for two Olympic Games (for Athens in 2004 and London in 2012).

@ArmandDAngour
The Redeemed

The West Country Trilogy

Tim Pears

The final installment in Tim Pears’s spellbinding chronicle of love, exile, and belonging in a world on the brink of change.

It is 1916. The world has gone to war, and young Leo Sercombe, hauling coal aboard the HMS Queen Mary, is a long way from home. The wild, unchanging West Country roads of his boyhood seem very far away from life aboard a battlecruiser—a universe of well-oiled steel, of smoke and spray and sweat, where death seems never more than a heartbeat away.

Skimming through those West Country roads on her motorcycle, Lottie Prideaux defies the expectations of her class and sex as she covertly studies to be a vet. But the steady rhythms of Lottie’s practice, her comings and goings between her neighbors and their animals, will be blown apart by a violent act of betrayal, and a devastating loss.

In a world torn asunder by war, everything dances in flux: how can the old ways of life survive, and how can the future be imagined, in the face of such unimaginable change? How can Leo, lost and wandering in the strange and brave new world, ever hope to find his way home?

The final installment in Tim Pears’s exquisite West Country Trilogy, The Redeemed is a timeless, stirring, and exquisitely wrought story of love, loss, and destiny fulfilled, and a bittersweet elegy to a lost world.

PRAISE

for The Horseman:

“Tim Pears’s The Horseman, the first novel of a projected trilogy is . . . a marvelously imagined reconstruction of a lost world and vanished way of life . . . I look forward to reading these promised volumes, for this is a wonderful novel . . . Tim Pears combines a down-to-earth rendering of the realities of rural life with a magical sense of another world beyond our everyday experience.” —The Wall Street Journal

“The pleasure of it lies in taking in the language and the setting—the West country, in 1911 and 1912—and in reading it like a long poem, with each chapter a stanza.” —Jane Smiley

Tim Pears is the author of ten novels, including In the Place of Fallen Leaves (winner of the Hawthornden Prize and the Ruth Hadden Memorial Award), In a Land of Plenty (made into a ten-part BBC series), Landed (shortlisted for the IMPAC Dublin Literary Award 2012 and the Royal Society of Literature Ondaatje Prize 2011, winner of the MJA Open Book Awards 2011) and, most recently, The Wanderers. He lives in Oxford with his wife and children. timpears.com
Shadowlands

American Reckonings at the Oregon Standoff

Anthony McCann

“An epic exploration of our distressing political moment” (Maggie Nelson)—told through the inside story of the 2016 Oregon Occupation by radical right-wing, anti-federal government protests.

In 2016, a group of armed, divinely inspired right-wing protestors led by Ammon Bundy occupied the Malheur National Wildlife Refuge in the high desert of eastern Oregon. Encamped in the shadowlands of the republic, insisting that the Federal government had no right to own public land, the occupiers were seen by a divided country as either dangerous extremists dressed up as cowboys, or as heroes insisting on restoring the rule of the Constitution. From the Occupation’s beginnings, to the trials of the occupiers in federal court in downtown Portland and their tumultuous aftermaths, Shadowlands is the resonant, multifaceted story of one of the most dramatic flashpoints in the year that gave us Donald Trump.

Sharing the expansive stage with the occupiers are a host of others—Native American tribal leaders, public-lands ranchers, militia members, environmentalists, federal defense attorneys, and Black Lives Matter activists—each contending in their different ways with the meaning of the American promise of Liberty. Gathering into its vortex the realities of social media technology, history, religion, race, and the environment—this piercing work by Anthony McCann offers us a combination of beautiful writing and high-stakes analysis of our current ...

PRAISE

"Anthony McCann’s Shadowlands is an extraordinary book. The story it tells is compulsively fascinating, and an excellent microcosm by which we might better understand our difficult national history and distressing political moment. But Shadowlands is much more than a compelling, timely tale. By combining journalism, historical research, and profound intellectual reflection, McCann has created an epic exploration of freedom, care, sovereignty, violence, race, nationalism, punishment, social media, nature, and justice. His magnificent, frequently exquisite prose, his formidable, ever-questing intellect, his wry and welcome sense of humor, and h...

Anthony McCann is the author of four critically acclaimed works of poetry. His work has appeared in the Los Angeles Review of Books, A Public Space, the Brooklyn Rail, PEN America, Fence, and Bomb. A graduate of the Iowa Writers Workshop, he now lives in Joshua Tree, California.
The Unpunished Vice
A Life of Reading

Edmund White

A new memoir from acclaimed author Edmund White about his life as a reader.

Edmund White made his name through his writing but remembers his life through the books he has read. For White, each momentous occasion came with a book to match: Proust’s *Remembrance of Things Past*, which opened up the world of homosexuality while he was at boarding school; the Ezra Pound poems adored by a lover he followed to New York; the biography of Stephen Crane that inspired one of White’s novels. But it wasn’t until heart surgery in 2014, when he temporarily lost his desire to read, that White realized the key role that reading played in his life: forming his tastes, shaping his memories, and amusing him through the best and worst life had to offer.

Blending memoir and literary criticism, *The Unpunished Vice* is a compendium of the ways reading has shaped White’s life and work. His larger-than-life presence on the literary scene lends itself to intimate insights into the lives of some of the world’s best-loved cultural figures. With characteristic wit and candor, he recalls reading Henry James to Peggy Guggenheim in her private gondola in Venice and phone calls at eight o’clock in the morning to Vladimir Nabokov—who once said that White was his favorite American writer.

Featuring writing that has appeared in the *New York Review of Books* and the *Paris Review*, among others, *The Unpunished Vice* is a wickedly smart and insightful account of a life in literature.

**PRAISE**

“The White’s reflections are just as lucid as they are fascinating and just as compelling as they are bountiful. A literary delicacy with more takeaways than one can count.” — *Kirkus Reviews* (starred review)

“In this mélange of essay and memoir, author White (*Our Young Man*) reflects on the books and people that helped shape his remarkable literary life . . . In a conversational tone that blends affirmation and elegy, White escorts readers through an impressive range of interests and experiences . . . This collection is like a heartfelt conversation with friends over a bottle of wine.” — *Publishers Weekly*

Edmund White is the author of many novels, including *A Boy’s Own Story*, *The Beautiful Room Is Empty*, *The Farewell Symphony*, and, most recently, *Our Young Man*. His nonfiction includes *City Boy*, *Inside a Pearl*, and other memoirs; *The Flâneur*, about Paris; and literary biographies and essays. White lives in New York.
Beating Osteoporosis

All you need to know - The Facts, The Treatments, The Exercises

Diana Moran

Diana Moran, a.k.a. The Green Goddess, is here to help spread the word about treatments and preventative measures we can all take to tackle osteoporosis.

Written in association with the National Osteoporosis Society, this practical book is a must-have for anybody affected by osteoporosis. Packed with advice, friendly tips and ideas, and an overview of current research and what we can all be doing to help ourselves live well.

As a sufferer of osteopenia (an early form of osteoporosis) herself, Diana Moran is a strong advocate for exercise, early diagnosis, weight-bearing exercise, vitamin D, and other measures that can be taken to tackle osteoporosis.

This book contains specially designed exercises to help encourage a more active lifestyle and strengthen areas of weakness, alongside the important theory and medical side of osteoporosis. This is an easy-to-digest, friendly guide for the general reader.

Diana Moran, a.k.a. The Green Goddess, has been a fitness advocate since breakfast television was launched in the 1980s. A sufferer of osteopenia (an early pre-osteoporosis), she is the perfect figurehead and already works closely with the National Osteoporosis Society and Age UK.
Period Power
Harness Your Hormones and Get Your Cycle Working For You

Maisie Hill

Period Power is a profound but practical blueprint for aligning daily life with the menstrual cycle, teaching women about their hormones and how to use each phase to its full advantage.

Ninety percent of women experience symptoms of PMS, yet there’s an enduring lack of understanding about what it actually is, and a disappointingly meager range of treatment options.

So many of us have a Jekyll-and-Hyde experience of our lives; we feel on top of the world, capable, confident, and sexy for part of each month, then find ourselves in a state of physical and emotional discomfort and fatigue. But what if instead of just trying to plan for our dark days, women were equipped with ways to improve them? What if our desire to improve ourselves could be combined with our need to know just what our womb and ovaries are getting up to every month? Not to mention how to take advantage of the natural superpowers that sit in each phase of our cycle so that we can plan our month to perform at our best.

Maisie Hill is uniquely placed, as an acupuncturist, women’s health practitioner, and doula, to explain just how we can achieve this, as well as focusing on particular milestones such as coming off hormonal birth control, infertility, pregnancy, motherhood, and the perimenopausal years. Using what Hill calls the “cycle strategy”—a woman’s secret weapon when it comes to improving her relationships, career, and health—she will apply the principles of Eastern and Western medicine to give women all they need to make sense of their cycles so readers can improve their physical symptoms.

Maisie Hill is an expert in women’s health. She has a BSc in Chinese medicine acupuncture and has over a decade of experience as a women’s health practitioner and birth doula, in addition to holding diplomas in reflexology, aromatherapy, pediatric acupuncture, and the Arvigo techniques of Mayan abdominal therapy. She is a go-to authority in the growing trend for women to get a handle on their menstrual cycle, quoted in publications from The Guardian to Grazia and Refinery29.
A Nice Cup of Tea

Celia Imrie

In this witty third novel in the Nice series, from beloved actress Celia Imrie, the retired expats in the South of France must rally to save their failing restaurant, and solve a mystery!

The beautiful town of Bellevue-sur-Mer, tucked between glitzy Monte Carlo and the plush red carpets of Cannes, is home to Theresa, Carol, William, Benjamin, and Sally: five retired expats who have pooled their resources to set up La Mosaïque, a divine little restaurant. But there is trouble in paradise: the friends are desperately struggling to make ends meet. It will take every bit of their talent and guimption to save La Mosaïque. With fussy customers, obnoxious cruise parties, and a failing delivery van, it’s certainly not going to be easy.

On top of this, Theresa and Sally have their own distractions. Theresa’s teenage granddaughter has run away, and Theresa herself has been getting mysterious phone calls and the strong sense that someone’s watching her. Meanwhile, Sally’s run into a nasty couple from her acting days, and their barbed jibes are enough to send her on an ill-advised search for the limelight.

A Nice Cup of Tea is a delightful cozy mystery, a wickedly fun page-turner that’s sassier than a cup of tea, no matter how Nice!

PRAISE

for Not Quite Nice
“A very witty novel by a very witty woman. Hugely entertaining.” —Julian Fellowes, creator of Downton Abbey

for Nice Work (If You Can Get It)
“A lovely read . . . A story that gradually unfolds into something delightful.” —Kirkus

“Imrie’s movie-like farce is an enjoyable, lighthearted read.” —Booklist

for Sail Away
“With sly, charming villains committing dastardly deeds, Olivier award-winning actor Imrie brings her own theatrical experience to bear on this refreshing whodunit . . . This charming collision of Agatha Christie and The Love Boat will delight fans of classic mysteries.” —Kirkus

Celia Imrie, author of the novels Not Quite Nice, Nice Work (If You Can Get It), and Sail Away, and The Happy Hoof, a memoir, is an Olivier Award–winning and Screen Actors Guild–nominated actress. She is known for her film roles in Calendar Girls, Nancy McPhee, and The Best Exotic Marigold Hotel and its sequel. Imrie recently appeared in Bridget Jones’s Baby, Absolutely Fabulous: The Movie, FX’s comedy series Better Things, and King Lear at the Old Vic. She lives in London.
In Other Words

An Illustrated Miscellany of the World's Most Intriguing Words and Phrases

Christopher J. Moore

“A delightful treasure house, literally a thesaurus, of linguistic marvels.” —from the foreword by bestselling author Simon Winchester

A colorfully illustrated collection of more than ninety untranslatable words and phrases and the unique insights they offer into the cultures they come from. Ever racked your brain for a word you’re convinced should exist, yet is inexplicably absent from the dictionary? All languages have their limitations —should English fall short, the expression may lie elsewhere. That’s where this book comes in: a quirky, international lexicon of linguistic gems that capture cultural untranslatables with satisfying precision. Take for example the Japanese yoko meshi, “a meal eaten sideways,” describing the experience of trying to communicate in an alien tongue, or mono-no-aware, which refers to the appreciation of life’s sadness. These mots justes are grouped according to language and prefaced with insightful overviews of the relevant cultures by linguist Christopher J. Moore. Embellished with entertaining and characterful color illustrations by Lan Truong, and with a foreword by Simon Winchester, In Other Words is amusing, profound, and unputdownable—a handsomely packaged gift book to entertain even the most well-versed polyglot with marvels of language from around the world.

Christopher J. Moore holds degrees from Oxford and Edinburgh in modern languages and applied linguistics. He is an author, translator, and editor of both adult and children’s books. He is the author of the award-winning Ishtar and Tammuz and How to Speak Brit. Simon Winchester is the author of New York Times bestsellers such as The Professor and the Madman and Krakatoa. In 2006, he was made an Officer of the Order of the British Empire. Lan Truong is an illustrator based in Portland, Oregon.
**Bottle Grove**

*A Novel*

Daniel Handler

**A razor-sharp tale of two couples, two marriages, a bar, and a San Francisco start-up from a bestselling, award-winning novelist.**

This is a story about two marriages. Or is it? It begins with a wedding, held in the small San Francisco forest of Bottle Grove—bestowed by a wealthy patron for the public good, back when people did such things. Here is a cross section of lives, a stretch of urban green where ritzy guests, lustful teenagers, drunken revelers, and forest creatures all wait for the sun to go down. The girl in the corner slugging vodka from a cough-syrup bottle is Padgett—she’s keeping something secreted in the woods. The couple at the altar are the newly named Nickels, as the bride is emphatic about changing her name—there is plenty about her old life she is ready to forget.

Set in San Francisco as the tech-boom is exploding, *Bottle Grove* is a sexy, skewering dark comedy about two unions—one forged of love and the other of greed—and about the forces that can drive couples together, into dependence, and then into sinister, even supernatural realms. Add one ominous shape-shifter to the mix, and you get a delightful and strange spectacle: a story of scheming and yearning and foibles and love and what we end up doing for it—and everyone has a secret. Looming over it all is the income disparity between San Francisco's tech community and... everyone else.

**PRAISE**

“Funny, riveting, heartbreaking, wise, and joyous—a masterpiece!” —Andrew Sean Greer, author of *Less*, Winner of the 2018 Pulitzer Prize for *All the Dirty Parts*

“A shockingly original novel—readers might be reminded of Philip Roth’s famously raunchy *Portnoy’s Complaint.*” —*LA Times*

“The language is what’s sensuous here, and Handler often dips his toe into Joyce...the two are kinsmen in how fast their prose moves, at the speed of rushing blood.” —*SF Chronicle*

*We Are Pirates*

 “[A] dark and whimsical novel...Yes, we are pirates, but we’re chained on barren land. Has that theme ever been explored in such a weird mixture of impish wit and tender sympath..."
All the Dirty Parts

Daniel Handler

“Fascinating, profane . . . One of the most original and realistic depictions of the sex lives of young people to come around in a long time” (LA Times), from bestselling, award-winning Daniel Ha...

Cole is a boy in high school. He runs cross country, he sketches, he jokes around with friends. But none of this quite matters next to the allure of sex. “Let me put it this way,” he says. “Draw a number line, with zero is, you never think about sex and ten is, it’s all you think about, and while you are drawing the line, I am thinking about sex.”

Cole fantasizes about whomever he’s looking at. He consumes and shares pornography. And he sleeps with a lot of girls, which is beginning to earn him a not-quite-savory reputation around school. This leaves him adrift with only his best friend for company, and then something startling starts to happen between them that might be what he’s been after all this time—and then he meets Grisaille.

All the Dirty Parts is an unblinking take on teenage desire in a culture of unrelenting explicitness and shunted communication, where sex feels like love, but no one knows what love feels like. With short chapters in the style of Jenny Offill or Mary Robison, Daniel Handler gives us a tender, brutal, funny, intoxicating portrait of an age when the lens of sex tilts the world. “There are love stories galore,” Cole tells us. “This isn’t that. The story I’m typing is all the dirty parts.”

PRAISE

“A shockingly original novel—readers might be reminded of Philip Roth’s famously raunchy Portnoy’s Complaint . . . It deserves to be read widely, and not just by adults.” —Los Angeles Times

“The language is what’s sensuous here, and Handler often dips his toe into Joyce—never a full descent into the Irishman’s decadence, but the two are kinsmen in how fast their prose moves, at the speed of rushing blood.” —San Francisco Chronicle

“An irreverent, intimate glimpse inside adolescent desire, sexual identity, and emotional discovery.” —BuzzFeed, Exciting New Books You Need to Read This Fall

Daniel Handler is the author of the novels Bottle Grove, We Are Pirates, The Basic Eight, Watch Your Mouth, Adverbs, and Why We Broke Up, a 2012 Michael L. Printz Honor Book. He is responsible for many books for children, including the thirteen-volume sequence A Series of Unfortunate Events and the four-book series All the Wrong Questions. He is married to the illustrator Lisa Brown and lives with her and their son in San Francisco.
The Splintering of the American Mind

Identity Politics, Inequality, and Community on Today’s College Campuses

William Egginton

A timely, provocative, necessary look at how identity politics has come to dominate college campuses & higher education in America at the expense of a more essential commitment to equality.

Thirty years after the culture wars, identity politics is now the norm on college campuses—and it hasn’t been an unalloyed good for our education system or the country. Though the civil rights movement, feminism, and gay pride led to profoundly positive social changes, William Egginton argues that our culture’s increasingly narrow focus on individual rights puts us in a dangerous place. The goal of our education system was originally to strengthen community; but the exclusive focus on individualism has led to a new kind of intolerance, degrades our civic discourse, and distracts progressive politics from its commitment to equality.

Egginton argues that our colleges and universities have become exclusive, expensive clubs for the cultural and economic elite instead of a national, publicly funded project for the betterment of the country. Only a return to the goals of community, and the egalitarian values underlying a liberal arts education, can head off the further fracturing of the body politic.

With lively, on-the-ground reporting and trenchant analysis, The Splintering of the American Mind is a powerful book that is guaranteed to be controversial within academia and beyond. At this critical juncture, the book challenges higher education and every American to reengage with our history and its contexts, and to imagine our nation in new and more inclusive ways.

PRAISE

“An eloquent and moving defense of higher education’s contribution to the public good.” —Laura Kipnis, author of Unwanted Advances

“An incisive and nuanced diagnosis of the ruptures in our society that so challenge higher education today.” —Adam Falk, president of the Alfred P. Sloan Foundation

“The Splintering of the American Mind challenges all those working in higher education to return to first principles. Egginton offers constructive criticism delivered with wit, learning.” —Christopher S. Celenza, PhD, dean of Georgetown College at Georgetown University

William Egginton is the Decker Professor in the Humanities and director of the Alexander Grass Humanities Institute at the Johns Hopkins University. His highly praised books include How the World Became a Stage, The Theater of Truth, The Philosopher’s Desire, and The Man Who Invented Fiction. He regularly writes for the New York Times’ online forum the Stone, LA Review of Books, and Stanford University’s Arcade. Egginton lives in Baltimore, Maryland, with his family.
The Dragon Lady

Louisa Treger

Historical fiction based on the life of Lady Virginia Courtauld during great social change in 1930s Britain and 1950s Rhodesia.

From the glamorous Italian Riviera of the roaring twenties to the Art Deco glory of Eltham Palace in the thirties, from the secluded Scottish Highlands to sultry, segregated Rhodesia in the fifties, *The Dragon Lady* tells the story of the extraordinary life of Lady Virginia Courtauld, so called for the exotic tattoo snaking up her leg.

Ostracized by society for being a foreign divorcée at the time of Edward VIII and Mrs. Simpson, Ginie and her second husband, Stephen Courtauld, leave the confines of postwar Britain to forge a new life in Rhodesia, only to find that being progressive liberals during segregation proves mortally dangerous.

Subtly blending fact and fiction, deeply evocative of time and place in an era of great social change and threaded throughout with intrigue, this novel keeps the reader guessing from the outset who shot the Dragon Lady and why.

Louisa Treger, a classical violinist, studied at the Royal College of Music and the Guildhall School of Music and worked as a freelance orchestral player and teacher. She subsequently turned to literature, earning a PhD in English at University College London, where she focused on early-twentieth-century women’s writing and was awarded the West Scholarship and the Rosa Morison Scholarship. Louisa’s first novel, *The Lodger*, was published by Macmillan in 2014. She lives in London.
Superheavy

Making and Breaking the Periodic Table

Kit Chapman

An in-depth look at how elements are discovered, why they matter, and where they will take us.

The science of element discovery is a truly fascinating field, and is constantly rewriting the laws of chemistry and physics as we know them. Superheavy will be the first book to take an in-depth look at how these synthetic elements are discovered, why they matter and where they will take us. As recently as November 2016, four new “superheavy” elements—the heaviest created by man—were named, stretching the periodic table to 118 elements. They have broken the rules of the periodic table, rewriting the science we’re taught in school, and have the potential to revolutionize our lives.

Kit Chapman takes us back to the very beginning, with the creation of the atomic bomb and the cold war race between the US and Soviet teams. It tells the story of the major players who revolutionized physics—including Ernest Lawrence, Yuri Oganessian, and Victor Ninov. This book will bring us in a full circle back to Oak Bridge National Laboratory, where the first atomic bomb was developed, and that has more recently been an essential player in creating the new superheavy element 117.

Superheavy explains the complex science of element discovery in clear and easy-to-follow terms. It walks through the theories of atomic structure, discusses the equipment used and explains the purpose of the research. By the end of the book readers will marvel at how far we’ve come, where we are going, and what this could mean for the world.

Kit Chapman is an award-winning science journalist and broadcaster. Chapman began his career on medical journal the Practitioner before moving to Chemist+Druggist, the UK’s leading magazine for pharmacists. After stints as campaign website manager for the British Medical Association and clinical editor for the Pharmaceutical Journal, Chapman was appointed comment editor for Chemistry World. Chapman writes for the Daily Telegraph, Sunday Telegraph, and has appeared on the BBC and Sky News.
How to Think Politically
Sages, Scholars and Statesmen Whose Ideas Have Changed the World

James Bernard Murphy, Graeme Garrard

A guide to the “Essential Thinkers” in political philosophy, from Confucius to Marx, this book shines the light of political reason into the darkest corners of our troubled modern times.

How to Think Politically focuses on the best that political thought has to offer, showing readers that politics has a moral nobility and an intellectual depth totally foreign to the present age of reality TV politics. The book takes the reader on a journey through the most important and exciting ideas that have shaped the political landscape for 2,500 years, from ancient China to the contemporary United States.

Introduced by an essay, “Answering the Political Crisis of Our Time,” the collection explores the political ideas of figures as diverse as Confucius, St. Augustine, Niccolo Machiavelli, Edmund Burke, Mary Wollstonecraft, Karl Marx, Michael Oakeshott, and John Rawls. Each of the chapters begins with an anecdote about each thinker and a brief biographical sketch before going on to discuss their ideas in an approachable way.

Politics today is in a deep and demoralizing crisis. This crucial new book offers short, accessible introductions that allow the independent reader to dip in and “eavesdrop” on the impassioned and political debates that have shaped history. Chapters are brief so readers can grasp the key ideas and then, if they wish, go on to read the major works themselves. The authors also show how each thinker illuminates pressing contemporary political issues and conflicts.

Graeme Garrard is a full-time academic who teaches at Cardiff University (since 1995) and the Harvard Summer School (since 2006). He has taught at colleges and universities in Canada, the United States, Britain, and France for 25 years.

James Bernard Murphy is professor of government at Dartmouth College, where he has taught since 1990. Professor Murphy also directs the Daniel Webster Project at Dartmouth, which sponsors conferences and lectures.
Leadership Intelligence

The 5Qs for Thriving as a Leader

Andrew Kakabadse, Ali Qassim Jawad

How leaders can develop and apply the five key leadership intelligences—cognitive, emotional, political, resilience, moral—for optimal performance.

In today’s complex corporate world, contemporary governance calls for a varied and versatile cognitive approach to problems—demanding times require nimble minds and rounded perspectives. The authors’ research has identified five key leadership intelligences—the 5Qs—which high-performing leaders need to employ in order to achieve transformational change. These are:

· IQ (cognitive intelligence): the ability to acquire deductive abilities and draw together contrasting strands of information;

· EQ (emotional intelligence): the ability to understand and manage both their own emotions and those of others;

· PQ (political intelligence): the ability to navigate a way forward through diverse stakeholder agendas while ensuring continued engagement with critical players;

· RQ (resilience quotient): the capacity to emotionally sustain high performance under continued pressure and adversity; and

· MQ (moral intelligence): the ability to understand their own value system and draw on this to determine the moral boundaries of individuals, teams and the organization.

The 5Qs come together to inform every aspect of leadership, and each of them can, in different ways, be nurtured and practiced through learning and development. The authors have tested the 5Qs on leaders worldwide, applying them at all levels of leadership in order to explore how to become a well-rounded, effective leader in any situation.

Andrew Kakabadse is professor of governance and leadership at Henley Business School and emeritus professor at the Cranfield School of Management. His bestselling books include The Politics of Management, Working in Organizations, The Wealth Creators, and The Success Formula.

Dr. Ali Qassim Jawad has worked extensively with governments in the Gulf region. He is currently a senior advisor to the Royal Court of Oman and chairs the advisory committee of Oman’s National CEO Program.
Mechanisms of Morality

The science of prejudice, and how to stop the Internet making bigots of us all

by

Robert Elliott Smith

final cover to come

Rage Inside the Machine

The Prejudice of Algorithms, and How to Stop the Internet Making Bigots of Us All

Robert Elliott Smith

An investigative journey into the sources of morality in artificial intelligence and how this impacts our society.

Offering a rigorous, fresh perspective on how technology has brought us to this place, Mechanisms of Morality challenges the long-held assumption that technology is an apolitical and amoral force. Having worked in the field of artificial intelligence for over 30 years, Smith reveals the mounting evidence that the mechanical actors in our lives have, or at least express, morals: they’re just not the morals of the progressive modern society that we imagined we were moving towards. Instead, as we are just beginning to see—in the US elections and Brexit to name but a few—there are increasing incidences of machine bigotry, greed, and the crass manipulation of our basest instincts.

It is easy to assume that these are the result of programmer prejudices or the product of dark forces manipulating the masses through the network of the Internet. But what if there is something more fundamental and explicitly mechanical at play, something inherent within technology itself? This book demonstrates how nonscientific ideas have been encoded into our technological infrastructure. Shedding light on little-known historical stories and investigating the complex connections between scientific philosophy, institutional prejudice, and technology, this book offers a new and more truly scientific vision of ourselves.

Rob Smith has authored over 35 articles, 10 book chapters, and over 75 papers on these subjects. He has conducted research projects for the U.S. Army Strategic Defense Command, the Center for Nonlinear Studies, Los Alamos National Laboratory, and many more. Rob is a former associate editor of The IEEE Transactions on Evolutionary Computation, and the journal Evolutionary Computation and a fellow of the RSA: The Royal Society for the Encouragement of Arts, Manufactures and Commerce.
Wonders Beyond Numbers

A Brief History of All Things Mathematical

Johnny Ball

An all-encompassing history of mathematics from beloved TV presenter Johnny Ball.

By introducing us to the major characters and leading us through many historical twists and turns, Johnny slowly unravels the tale of how humanity built up a knowledge and understanding of shapes, numbers, and patterns from ancient times, a story that leads directly to the technological wonderland we live in today. As Galileo said, “Everything in the universe is written in the language of mathematics,” and Wonders Beyond Numbers is your guide to this language.

Mathematics is only one part of this rich and varied tale; we meet many fascinating personalities along the way, such as a mathematician who everyone has heard of but who may not have existed; a Greek philosopher who made so many mistakes that many wanted his books destroyed; a mathematical artist who built the largest masonry dome on earth, which builders had previously declared impossible; a world-renowned painter who discovered mathematics and decided he could no longer stand the sight of a brush; and a philosopher who lost his head, but only after he had died.

Enriched with tales of colorful personalities and remarkable discoveries, there is also plenty of mathematics for keen readers to get stuck in. Written in Johnny Ball’s characteristically lighthearted and engaging style, this book is packed with historical insight and mathematical marvels. Join Johnny and uncover the wonders found beyond the numbers.

PRAISE

“[Ball] charms in this lively, accessible history of mathematics . . . Excellent as an introduction to the field.” —Publishers Weekly

Johnny Ball is a lifelong math obsessive and started out as a stand-up comic before appearing on BBC TV’s Play School from 1967. His real break, though, came in 1977, with the first series of Think of a Number. A smash hit, this spawned various other shows (such as Johnny Ball Reveals All), as Johnny quickly became one of the most famous faces on British television. Johnny remains a regular fixture on TV and radio, and is comfortably Britain’s most famous mathematician.
One Road, Many Dreams

China's Bold Plan to Remake the Global Economy

Daniel Drache, A T Kingsmith, Duan Qi

As China’s commands more global influence, this is an expert exploration of China’s bold plan to remake the world economy through the “One Belt, One Road” initiative.

China is investing in infrastructure worldwide for development and political objectives one continent at a time, country by country and project by project. The “One Belt, One Road” or “New Silk Road” policy lies at the center of this plan to remake the global economy. It is an initiative that demands close examination on account of its scale (70 countries, 1,000 projects and a $2 trillion budget), ambition, and worldwide ramifications. In short, is China about to change the world again?

One Road, Many Dreams is aimed at the general reader who wants to find out about China’s global infrastructural initiative and what it means for world power politics and public policy. It answers the simple but complex questions, the “what,” “why,” “how,” and “who” of China’s attempt to remake the global economy in the next ten years in its own image. In the final analysis, the ultimate goal may not be attainable, but China is so big economically and demographically that the sheer momentum of its rise in the global economy is unstoppable at this point in time with its soft power global infrastructure initiative. Globally and regionally it is already having major economic impacts in Asia, Africa, central Europe, and Latin America.

The book will examine and analyze the regional members, the projects, deep pockets, soft power image-building, governance troubles, winners and losers, and China’s leverage in an uncertain age.

Daniel Drache is a scholar in Canadian and international political economy, globalization studies, communication studies, and cultural studies. He is recognized as having made important contributions to comparative and interdisciplinary debates on policy, globalization, border security, and the impact of new information and communication technologies on political mobilization and citizenship. He is the author of 20 books and in 2017 he gave TedTalk on China’s “One Belt, One Road” initiative.
The Art of War

Illustrated Edition

Tzu Sun, Anthony Tucker-Jones

A new deluxe edition of Sun Tzu’s classic ancient Chinese meditation on military strategy and human psychology, with commentary and special illustrations for readers.

It was written 2,500 years ago, but the poetic and immensely readable military manual The Art of War is still incredibly relevant to a 21st-century audience. It can be read not only as an historical document that sheds light on medieval warfare but also as a meditation on human psychology. This lavish new edition is specially designed for modern readers. It includes an insightful introduction to the historical and philosophical context, is accompanied by explanation and analysis, and illustrated with specially drawn artworks.

The ancient text, attributed to Sun Tzu, a legendary figure from around the time of Confucius, was a work on military strategy that soon became influential in China and then Japan. Translated into European languages in the 18th century, its influence spread to military academies around the world. The Art of War is famously divided into 13 chapters that provide a logical and strategic approach to conflict and competition. Each focuses on a different aspect of warfare, including the importance of planning, managing your forces, decision-making, knowing your strengths and weaknesses, the art of deception, and understanding the power of information. With its clear and succinct commentary by a respected military historian, this deluxe edition breathes new life into a classic.

Sun Tzu was a Chinese general, military strategist writer, and philosopher who lived in the Eastern Zhou period of ancient China. Anthony Tucker-Jones started his career writing for the internationally renowned Jane’s Defence Weekly and Jane’s Intelligence Review. He regularly appears on Sky News, ITV, Channel Four, BBC Television, BBC Radio, and the History Channel.
I, Mammal

The Story of What Makes Us Mammals

Liam Drew

I, Mammal is a history of mammals and their ancestors and of how science came to grasp mammalian evolution. After a misdirected football left new father Liam Drew clutching a uniquely mammalian part of his anatomy, he decided to find out more. Considering himself as a mammal first and a human second, Liam delves into ancient biological history to understand what it means to be mammalian.

In his humorous and engaging style, Liam explores the different characteristics that distinguish mammals from other types of animals. He charts the evolution of milk, warm blood, and burgeoning brains, and examines the emergence of sophisticated teeth, exquisite ears, and elaborate reproductive biology, plus a host of other mammalian innovations. Entwined are tales of zoological peculiarities and reflections on how being a mammal has shaped the author’s life.

In celebrating our mammalian-ness, Liam Drew binds us a little more tightly to the five and a half thousand other species of mammal on this planet and reveals the deep roots of many traits humans hold dear.

PRAISE

“I, Mammal is just the sort of book that can spark a love of nature and an appreciation for the ever-changing, eternally correcting march of science.” —Science

“A splendid evolutionary study. . . Drew is a wry guide to wonders such as the evolution of the scrotum and the epic journey of marsupial newborns.” —Nature

“Drew’s immersion makes one proud to be a mammal.” —Booklist

“There's much to be savored by scientists and nonscientists alike.” —Publishers Weekly

Liam Drew is a freelance writer and former neurobiologist. He holds a PhD in sensory biology from University College London, and spent twelve years researching the neural and genetic basis of schizophrenia, the biology of pain, and the birth of new neurons in the adult mammalian brain at Columbia University, and again at University College London. His writing has appeared in Nature, New Scientist, Slate, and the Guardian. He is director of NeuWrite London.
Eye of the Shoal

A Fishwatcher’s Guide to Life, the Ocean and Everything

Helen Scales

Inside the beautiful, mesmerizing, and complex world of fish.

Wild fish hover in seas, rivers, and lakes. But from the very first time Helen Scales immersed herself into their liquid world, she realized that fish are beautiful, mesmerizing, complex, and exciting. The moment she sank down to eyeball a trout sparked the ichthyologist within, and set in motion years of study and exploration in the fishes’ unseen domain as she became a devoted fishwatcher.

In this book, Scales shares the secrets of fish, unhitching them from their reputation as cold, unknowable beasts and reintroducing them as clever, emotional, singing, thoughtful creatures, and challenging readers to rethink these animals. She takes readers on an underwater journey to watch these creatures going about the hidden but glorious business of being a fish. Their way of life is radically different from our own, in part because they inhabit a buoyant, sticky fluid in which light, heat, gases, and sound behave in odd ways. They’ve evolved many tactics to overcome these challenges, to become megastars of the life subaquatic. In doing so, these extraordinary animals tell us so much about the oceans and life itself.

As well as being a rich and entertaining read, this book will inspire readers to think again about these animals, and the seas, and to go out and appreciate the wildness and wonders of fish, whether through the glass walls of an aquarium or, better still, by gazing into the fishes’ wild world and swimming through it.

PRAISE

“Popular science books don’t get much better than this accessible and eye-opening look at fish.” —Publishers Weekly

“The author has a canny approach to bringing fish to life on the page . . . Entertaining reading for anyone interested in the captivating underworld realm of fish.” —Kirkus

“Scales’s genuine appreciation and awe for fish are contagious.” —Science

Helen Scales is a marine biologist based in Cambridge, UK. She regularly appears on BBC Radio 4, Sky News, and the BBC World Service. She is scientific advisor to the charity Sea Changers, a fellow of the Royal Geographical Society, and a tutor at the University of Cambridge. Her previous book Spirals in Time was BBC Radio 4’s Book of the Week, a number-one smash on Amazon and a Guardian bestseller.
The Human Kind

A Doctor's Stories From The Heart Of Medicine

Dr Peter Dorward

The Human Kind is a compelling account of some of the hardest cases in one doctor’s career.

Everyone gets to be a patient sooner or later. Almost everyone has some experience of being misunderstood by doctors; encounters with difficult doctors; of relationships burdened with mutual bafflement, hostility and pain.

Every doctor is haunted by memories of difficult relationships with patients, of the decisions made, and the outcomes that followed. People whom, despite all of their patience, persistence, the best communication, diagnostic and reasoning skills, they haven’t helped. People for whose unique suffering it seems medicine has nothing to offer.

Dr. Peter Dorward explores the many ethical dilemmas that GPs must face every day, to explain why it is that despite vast resources, time, skill and dedication, medicine is so often destined to fail. His recollections include his worst failures and biggest challenges, ranging from the everyday, the tragic, the grotesque, the villainous and the humorous. The Human Kind presents a fresh understanding of the difficult relationship between doctor and patient, and the challenges which both must face.

Dr. Peter Dorward grew up in St Andrews, Scotland. Having worked for a number of years as a doctor in Bolivia, Nicaragua, Belize, and London, he is now a GP and medical teacher based in Edinburgh. He is an award-winning author of short stories and screenplays. His novel Nightingale was published in 2007 by Two Ravens Press.
Digital Trust

Social Media Strategies to Increase Trust and Engage Customers

Barry Connolly

*Digital Trust* proposes new strategic models to create and reinforce consumer trust and build corporate value through social media platforms.

*Digital Trust* proposes new strategic models to create and reinforce consumer trust and build corporate value through social media platforms. The book provides an overview of how e-SMEs can use these platforms to conduct their own research into increasing trust and engagement, with the positives and negatives highlighted for specific industry considerations. For enterprises that rely on e-commerce, engaging customers and building brand trust is vital for driving sales and achieving long-term success. Trust plays a critical part during the online shopping process and is a key precursor for consumer patronage, and social media can provide the ideal environment for SMEs to gain customer trust as part of their online operations. This book covers the challenges that e-SME branding is currently facing in the rise of digital and social media platforms, which facilitate and enable greater transparency, consumer empowerment, and online activism. As a result, new strategies are required for optimizing these opportunities as well as avoiding potentially disastrous pitfalls. Developed from his own research, Barry Connolly explores the ways in which e-SMEs can successfully and authentically engage within social media communities in order to positively influence their brand trust and reputation.

*Barry Connolly* is Senior Communications Manager at Registers of Scotland, with over 14 years’ experience working in marketing and communications. He recently completed his PhD in digital marketing and is a member of the Chartered Institute of Marketing.
Superdocious!

Racing Insights and Revelations from Legendary Olympic Sailor Rodney Pattisson

Rodney Pattisson, Barry Pickthall

The previously untold life story from world champion, Olympic medalist, and Britain’s most successful Olympic sailor for three decades, Rodney Pattisson.

Rodney Pattisson MBE, the three-time Olympic medalist and multi-world champion, is an iconic figure within the sailing world. A winner in dinghies, multihulls, and offshore, he has set race and speed records, and with Lawrie Smith led Britain’s challenge for the America’s Cup in 1983. They were beaten in the finals by Alan Bond’s eventual winner, Australia II.

A perfectionist when it comes to race preparation, and passionate about speed on the water, Pattisson’s successes stem from a selfless focus on the end goal, a ruthless desire to win, and an unquenchable thirst to succeed in everything he does. An intensely private individual, Pattisson has always kept his own counsel, keeping the media at arm’s length and viewing press attention as an unwanted distraction from winning. His previously untold story not only charts his own trials and tribulations in becoming one of the best sailors in the world, but also reveals the double standards, deceit, political and sporting interference, and outright cheating he faced along the way.

Superdocious! is an explosive commentary on a lifetime of remarkable achievements in an international sport that Pattisson made his own. His story will shock, amaze, and inspire not just today’s young sailors looking to realize their own dreams, but every sportsman and -woman around the world.

Rodney Pattisson, MBE is a three-time Olympic medalist and multi-world champion. He was Britain’s most successful Olympic sailor for three decades.

Barry Pickthall won the 2008 Whyte & Mackay/YJA Journalist of the Year Award. A respected writer and photographer, he has been covering all aspects of the sport for four decades, twenty of them (1978–1998) as yachting correspondent first to the Sunday Times and later the Times newspapers. He has written 28 books.
Exploring the Britannic

The life, last voyage and wreck of Titanic's tragic twin

Simon Mills

A revelatory and wide-ranging exploration of HMS Britannic—her life at sea and on the seabed—by the owner of her wreck.

Simon Mills tells the complete story of the Britannic: her construction, launch and life, her fateful last voyage, her loss to a German mine, and the historical findings resulting from the exploration of the well-preserved wreck over a period of forty years. Fully illustrated with historical photos and diagrams, and scans, sonar images, and stunning photographs of the wreck and the expeditions, the book will be an essential addition to the bookshelves of anyone with an interest in maritime history, the First World War, and exploration.

Launched in 1914, two years after the ill-fated maiden voyage of her sister ship, RMS Titanic, the Britannic was intended to be superior to her tragic twin in every way. But soon after her launch, war intervened and in 1915 she was requisitioned as a hospital ship. Just one year later, while on her way to collect troops, she fell victim to a mine laid by a German U-boat and tragically sank in the Aegean Sea.

There her wreck lay, at a depth of 400 feet, until it was discovered 59 years later by legendary explorer Jacques Cousteau. Since then a succession of expeditions, including one by Robert Ballard who discovered the wreck of the Titanic, have uncovered more about the Britannic and life on board the ship. Although much has been written on the exploration of the Titanic, to date there is nothing substantial on the similar work carried out on her sister ship. Until now.

Simon Mills bought the wreck of the Britannic in 1996. He is a maritime historian with decades of experience as an underwater camera technician. He has written books on all three Olympic-class ships and acted as consultant to many documentaries and films on the subject.
RSPB Guide to Birdsong

Adrian Thomas

The first ever RSPB-endorsed audio and print guide to enjoying and understanding the birdsong of Britain’s best-known bird species.

Birdsong is one of the greatest and most accessible wildlife pleasures that people can experience, even in urban areas. This brand new book and accompanying CD will help people identify a range of common and charismatic British birds by sound.

Birdsong is one of the most powerful means of connecting people with nature. Wild sounds in nature have the power to lift people’s spirits; they have inspired poets and composers and can evoke time, place, and season. Wild sounds can also carry powerful conservation messages—the reduction in birdsong in our countryside is a potent signal and a symbol of the loss of nature.

The reality, however, is that many people don’t understand or recognize what they are listening to in nature. This beautiful, full-color book and narrated CD of brand new recordings will help people to learn about the sounds and calls of the commonest birds in Britain, and reveal when and why birds make these sounds.

Adrian Thomas is a lifelong birdwatcher and naturalist and has worked at the RSPB for fifteen years in a wide variety of roles. After contributing for many years to BirdWatching magazine, his writing now regularly features in Nature’s Home and Garden Answers and has also appeared in the Times Literary Supplement. He is the author of RSPB Gardening for Wildlife (First Edition), winner of the national Garden Media Guild award; The Birds of Sussex; and Best Birdwatching Sites in Sussex.
The Cycling Chef

Recipes for Performance and Pleasure

Alan Murchison

Michelin-starred chef and sports nutritionist Alan Murchison presents more than 75 delicious, easy, and nutritionally balanced meals to help cyclists reach their goals.

An optimized diet, whatever your potential, will help you reach your personal performance ceiling or cycling level. Over 25 years of experience cooking in Michelin-starred restaurants, in combination with firsthand knowledge of elite sport from a competitor’s perspective and experience of working with some of the world’s best athletes, have given Alan Murchison an insight into the unique nutritional needs of cyclists.

Drawing on the author’s Michelin-starred kitchen expertise, The Cycling Performance Cookbook features more than 75 mouth-watering recipes—including breakfasts, salads, main meals, desserts, and snacks, as well as vegetarian and vegan dishes—each designed with busy cyclists in mind. They can all be prepared and cooked in under 30 minutes and are made from ingredients available in a local supermarket.

PRAISE

“I can't think of a finer chef to have written a book on nutrition and diet for athletes . . . His drive and commitment to culinary precision is matched only by his passion and expertise.” —Tom Kerridge

“[Alan’s] dedication to competing at the highest level of sport combined with the creativity and skill of his cooking, make his approach to nutritional cooking nothing short of incredible.” —Ashley Palmer-Watts, chief chef at Dinner by Heston Blumenthal

Alan Murchison is a Michelin-starred chef with over 25 years’ experience working in starred restaurants. He is also a multiple World and European age group duathlon champion, national level master’s cyclist and ex-international endurance runner. Alan is the lead nutritionist with British Cycling and works with athletes across a range of abilities, from first timers looking to just complete an event to current Olympic gold medalists.
The Cycling Mind

The Psychological Skills for Peak Performance on the Bike - and in Life

Ruth Anderson

This practical and highly accessible guide by British Cycling’s lead psychologist explores the importance of psychology in achieving peak cycling performance.

For the last three Olympic Games, the Great Britain Cycling Team has dominated the Velodrome events and is regarded as one of the most successful elite sporting setups in Olympic history. The emergence of sport psychology as a critical aspect of the Great Britain Cycling Team’s success has sparked wide interest in the psychological skills required to perform. In The Cycling Mind, British Cycling’s lead psychologist, Ruth Anderson, transfers the sport psychology strategies used to assist elite cyclists to win Olympic gold to individuals seeking to improve their own performance and psychological wellbeing on and off the bike.

The Cycling Mind will take the reader through the key stages of an athlete’s pathway, from training through to competition, and provide guidelines to developing the psychological skills to compete at their best. In addition the strategies explored in the book can be applied across all high-pressure performance environments, including business and daily life.

Dr. Ruth Anderson is a highly experienced sports psychologist who specializes in working with elite sports people. She has worked at the last 3 Olympic Games and previously held the position of head of sport psychology for the Australian Olympic Team. She is the Director of MiND HQ, which provides psychology services to individuals and teams. She completed her Ph.D. investigating the optimal psychological state for peak performance. @MiND_HQ
Mind Games

Determination, Doubt and Lucky Socks: An Insider's Guide to the Psychology of Elite Athletes

Annie Vernon

A fascinating insight into the psychology behind elite-level sports.

Mind Games discusses concepts used in sports psychology in a way that is understandable to the watching public, sports fans, and sports haters alike. Annie Vernon details each area of the field, bringing in experts to add their input. The narrative is broadly based in three main sources; the author’s own experiences as an Olympic medalist, interviews with a wide range of people from other sports, and a review of academic research in the field.

What is it about our psyche that makes pushing the mind and body to their limits in order to win a foot race, a swimming race, or a rowing race such a basic human desire? Whether it be performing under pressure, coping with nerves, teamwork, or building self-belief in the face of adversity, the methods that elite sportspeople use are also relevant to everyday life. How exactly do elite sports performers harness the power of their mind in pursuit of physical perfection? Annie Vernon uncovers the underlying psychological principles behind the sports that everyone enjoys.

Annie speaks to athletes from a broad spectrum of sports around the globe, including basketball’s Shane Battier and John Starks, NFL star Ryan Fitzpatrick, fencer Tim Morehouse, and baseball’s Craig Breslow and Tino Martinez, and tennis’s Judy Murray.

For eight years, Annie Vernon was a full-time professional athlete on the British Rowing Team. She represented Team GB at the 2008 Beijing and 2012 London Games, winning silver in Beijing, and became a two-time World Champion along the way. Since retiring, Annie has moved into sports journalism, and has written for the Times, the Guardian, and the BBC. She has worked on major events such as the Rugby World Cup and Henley Royal Regatta, and appears regularly on BBC radio.
Ten graded lessons on creating beautiful color in stunning botanical compositions.

This practical introduction to color and composition in botanical illustration comprises ten graded lessons, each of which teaches a new skill to build upon the last. From red tulips and pink roses to blackberries and green foliage, once you’ve completed these lessons you will have all the techniques you need to tackle far more complex arrangements. An experienced teacher of botanical illustration, Valerie Price shows even the uninitiated illustrator how to produce accurate and beautiful results, with step-by-step instructions on how to do each individual project.

Valerie C. Price is a professional botanical illustrator and teacher. She has a degree in scientific illustration, and has since worked at Kew Gardens, contributing to their publications and journals. Her work has been published by the Royal Horticultural Society, Collins, Dorling Kindersley, and many others. Valerie has exhibited her work on several occasions, including at the Hunt Gallery at Carnegie Mellon University, the Kew Gallery, and the Society of Botanical Illustrators.
Days Out Underground

50 subterranean adventures beneath Britain

Peter Naldrett

This unique guide explores 50 underground attractions in Britain, from caves to nuclear bunkers, abandoned mines to secret railways, with fascinating text and beautiful photography.

This is the definitive guide to the best days out underground. From caves to nuclear bunkers, sewers to secret railways, as well as abandoned mines, ancient crypts, and labyrinthine tunnels, these unique tourist attractions are a journey through Britain’s hidden history going back thousands of years. Travel writer Peter Naldrett explores each location with evocative, light-hearted text that reveals the fascinating history of why it came to be constructed or how it was first discovered. As well as information about facilities and accessibility, Peter also includes essential advice about how to get there and when to go. There are atmospheric full-color photographs throughout, and boxes that highlight precisely why you should visit, as well as things to look out for when you do. Days Out Underground has something to excite everyone, especially families—here’s how you entertain the kids on those wet-weather weekends!

Peter Naldrett is a travel writer who has written several guides to the Peak District, Lake District, and Yorkshire Dales, as well as textbooks and resources for Oxford University Press. He has also written for the Telegraph, and writes regularly for publications such as Cumbria, The Countryman, and Derbyshire Life.
Reeds Weather Handbook

Frank Singleton

This pocket-sized guide will equip sailors with the knowledge to read and predict the weather.

Weather determines when we sail, where we sail to—and whether we arrive safely. This essential pocket-sized guide equips the reader with all the necessary tools to predict and deal with local and distant weather conditions, whether on a day trip or a longer cruise, along the coast or further offshore.

Each topic is broken down into digestible chapters, explaining the origins and effects of the full spectrum of weather conditions, including:
- using and evaluating weather forecasts
- depressions, fronts, isobars and other coastal effects
- waves and swell
- weather lore and sky watching.

Meteorology is still advancing and sources of forecasts are changing. This new edition keeps the handbook up-to-date, with a particular focus on the increasing use of GRIB files, computer weather modelling and sources of forecasts, especially with the proliferation of computer forecasts becoming available free of charge.

With practical explanations and helpful diagrams and photographs, this is the ideal guide for skippers and crew, especially those studying for their Day Skipper and Yachtmaster exams.

Frank Singleton is a former senior forecaster with the Met Office and is an RYA yachtmaster with over 50,000 miles under his keel, mainly on the family Hallberg-Rassy 34. His weather website for sailors (http://weather.mailasail.com/Franks-Weather) is known worldwide as an extensive, informed and informative resource for all sea-goers. He has given many lectures to sailors, especially for the Cruising Association and the Royal Yachting Association.
**Escape Under Sail**

**Pursue Your Liveaboard Dream**

Leonard Skinner, Mary Cooney

Covers everything you need to know and do to go from casual cruiser to long-term liveaboard, whether on a budget or with cash to spend.

*Escape Under Sail* will show you exactly how you can go from casual cruiser to liveaboard. The book covers all of the crucial topics, including budget and costs, how to choose a boat, making sure crews are equipped and trained, letting go both practically and psychologically, prep and provision, education and, most importantly, the challenges and rewards of living at sea.

Following in the footsteps of Bill and Laurel Cooper’s *Sell Up & Sail*, comes *Escape Under Sail*—a modern, up-to-date take on the how-to-make-your-liveaboard-dreams-a-reality guide, this time with children included.

*Escape Under Sail* pays special attention to making the liveaboard dream come true for those with a limited budget, while providing options for those with the means and desire to spend and splurge. It is written in the voices of both authors, so that the reader can follow the experiences from their different perspectives.

Mary regularly explores the effects such a transition has on our relationships with family and friends and on children, whereas Leonard, with his engineering background, tends to focus on the practicalities of rebuilding a home in which to travel.

Lighthearted but informative in approach, this is a practical handbook peppered with personal anecdotes. Questions and answers along with lists and figures help to guide the reader to the crucial steps to make their liveaboard dreams come true.

Mary Cooney, Leonard Skinner and their 13-year-old twins live and travel aboard a 39-foot sailboat, *Faoin Spéir* (pronounced “Fween Spare”). Since embarking as liveaboards they have developed a growing YouTube channel with over 1,200 subscribers, making it the largest Irish sailing channel. Leonard has written for *Yachting Monthly, Practical Boat Owner*, and the American magazine *Good Old Boat*. 
Coastal Britain: England and Wales

Celebrating the history, heritage and wildlife of Britain's shores

Stuart Fisher

The most comprehensive survey of the British coastline ever compiled, exploring every stretch of the shores of England and Wales via their history, architecture, wildlife, culture, and more.

When all her islands are taken into consideration, the British coastline spans almost 8,000 miles, which is longer than both Brazil’s and Mexico’s. From the clear blue waters of serene Cornish bays to the tempestuous seas around rugged Pembrokeshire headlands, this new book journeys around the varied shorelines of England and Wales to complete the most comprehensive survey ever taken. Stuart Fisher, bestselling author of the similarly comprehensive Canals of Britain, visits all the places of interest along the entire coastline of England and Wales, from remote countryside to modern cities, exploring history and heritage, striking architecture and dramatic engineering, wildlife, wonderful flora and fauna, and art and literature.

His journey takes him from industrial hubs to small villages and fishing communities, providing a keen insight into what makes each stretch of Britain’s shoreline unique and special. Evocative and often dramatic color photographs help capture the great variety of the coast, and maps, book covers, stamps, and local artifacts help convey the character of each area.

This comprehensive and absorbing survey is a treasure trove of interest and knowledge for walkers, cyclists, boaters, holidaymakers, and indeed anyone with an interest in coastal Britain.

Stuart Fisher is the author of the bestselling Canals of Britain (now in its 3rd edition). He has made it his life’s work to research Britain’s waterways, both inland and coastal, and has a reputation second to none for the depth and range of his research and knowledge.
Butterflies of Britain and Europe

A Photographic Guide

Tari Haahtela, Kimmo Saarinen, Pekka Ojalainen, Hannu Aarnio

An authoritative photographic guide to the butterflies of Europe.

Packed with beautiful photography, this is the definitive guide to all 482 species of European butterflies with additional information on over 60 species found in the far east of Europe, stretching as far as the Urals and Caucasus. Detailed text and clear photographs—including views of both the upperwing and underwing where possible—allow identification of adult butterflies in the field. There is also useful information on their relative size, similar species, habitat, lifestyle, and larval host plants, accompanied by accurate range maps. The result of collaboration between many European butterfly experts and photographers, and compiled by a Finnish team, this comprehensive guide represents the last word in butterfly identification.

Tari Haahtela, Kimmo Saarinen, Pekka Ojalainen, and Hannu Aarnio are a team of dedicated Finnish naturalists who specialize in butterflies and macrophotography. They have traveled the length and breadth of Europe to study butterflies for this book.
Wildlife Gardening

For Everyone and Everything

Kate Bradbury

An easy-to-follow gardening guide endorsed by the Wildlife Trusts and the RHS to help you encourage different types of wildlife into your garden.

Wildlife Gardening for Everyone (and Everything) is a useful and easy-to-follow gardening guide endorsed by the Wildlife Trusts and the RHS, with a strong focus on the different types of wildlife you can attract to your garden. The book breaks down by accessible groups of species, and each chapter explains what they require to thrive, what their role in the garden is and how they contribute to the garden ecosystem. The first chapters begin with the favorites that all gardeners know and love, such as the pollinators, birds, and amphibians. Later sections of the book explore species that are more likely to be overlooked, including the wasps, flies, and spiders, explaining the crucial role they play and how to provide for them.

Every chapter will include wide-ranging suggestions of useful plants and projects that will be relevant to all, regardless of the size of their available space, ranging from an urban balcony or patio to a community or large garden. You will be encouraged not only to create but also to relax and observe the habitats in your garden through the year. Ultimately, this is a book about creating a space that’s as much for you as it is for the other species you welcome into it, and about getting to know the wildlife around you.

Kate Bradbury is the wildlife editor on BBC Gardeners’ World magazine, and a freelance writer for the Guardian, BBC Wildlife magazine, and Telegraph Gardening. Kate is a regular contributor to BBC Gardener’s Question Time. Her book The Wildlife Gardener (published by Kyle Books, May 2013) was the Environmental Award winner at the Garden Media Guild Awards in 2013.
Birds of Trinidad and Tobago

Third Edition

Martyn Kenefick, Robin Restall, Floyd Hayes

The definitive field guide to the rich avifauna of Trinidad and Tobago.

This comprehensive and portable field guide covers every species found on the islands of Trinidad and Tobago for visiting birders. The concise text includes descriptions of every species, highlighting plumage variation and distinctions from similar species. This new edition has been revised, with many images repainted. The text has also been updated and written specifically to assist in the field identification of every species that exists on Trinidad and Tobago. This new edition supersedes all previous field guides to these popular islands.

Martyn Kenefick lives in Trinidad, where he is a professional bird guide. Robin Restall is the illustrator of Birds of Northern South America and until recently lived in Venezuela before retiring to Norfolk. Floyd Hayes is an American ornithologist who formerly taught at the University of the West Indies on Trinidad.
Matt Roberts' Younger, Fitter, Stronger

The Revolutionary 8-week Fitness Plan for Men

Matt Roberts, Peta Bee

Designed to guide midlife men toward a lifestyle that will ensure they retain youthfulness, maintain and build strength, and maximize their physical and mental performance.

Matt Roberts’s plan is based on cutting-edge science that has proven you can boost levels of human growth hormone (HGH) and testosterone that plummet as men get older. Raising levels of HGH is key to maintaining your health and fitness and helping to slow the ageing process. And it can be achieved. With the right type and amount of exercise you can increase HGH and, coupled with a diet designed to reverse the dwindling of testosterone, you can dramatically change your appearance. The result? You look and feel as good as you did in your 20s. Your energy levels will return, your muscle mass will improve, and you will be as fit and healthy as if you had turned back the clock.

Matt Roberts is the UK’s most respected and prolific personal trainer. His client list has included David Cameron, Michael McIntyre, and Amanda Holden among many others. Now 44, Matt has a personal interest in the health of his age group and has devised a plan that has been rigorously tested to help men look and feel better as they age.
The Men on Magic Carpets

Searching for the superhuman sports star

Ed Hawkins

The bizarre true story about the cosmic side of sports.

In the 1970s the US military believed they could create a “super soldier”—one who could use psychic powers to walk through walls, disarm the enemy through telepathy, or kill a goat by staring at it. The brain behind these techniques was Michael Murphy, one of the founders of “New Age” spiritualism in the hippy enclaves of San Francisco. But Murphy’s primary goal was to use these powers to create a supreme athlete capable of extraordinary sporting feats. Murphy and his protégés have dedicated their lives to teaching athletes and coaches to use his methods. Runners locked in huts until they believed they were dead saints, spies using mind control to win chess matches, Russian Olympians “shape shifting,” and golfers imagining they were Darth Vader—coaches and athletes soon began to trust in very weird things.

So weird, in fact, that this burgeoning obsession with money and image meant the hippies went underground and the superhuman powers became mythical. But the trailblazers are making a comeback, influencing some of the world’s top teams.

Award-winning investigative journalist Ed Hawkins meets Murphy and his protégés as well as a cast of athletes and coaches convinced by their methods as he immerses himself in a world shrouded in secrecy and weirdness. In a simultaneously hilarious and unsettling tale, he experiences first-hand the techniques as he endeavors to reveal the truth about sports psychology.

Ed Hawkins is an award-winning author and investigative journalist. He has written several books, including the critically acclaimed The Lost Boys: Inside Football’s Slave Trade and Bookie Gambler Fixer Spy, which was shortlisted for the William Hill Sports Book of the Year. Hawkins has won three Sports Journalist Association awards. He lives in Kent.
Wisden Cricketers' Almanack 2019

The most famous sports book in the world.

The 156th edition of the most famous sports book in the world—published every year since 1864—contains some of the finest sports writing of the year and covers every first-class game in every cricket nation, making it the cricketers’ bible worldwide.

PRAISE

“A treasure to relish.” —The Sunday Express
“By a distance the greatest book ever published.” —Philip Collins, Waitrose Weekend
“As intriguing and indispensable as ever.” —The Evesham Observer
“Even at the age of 155, Wisden intends to keep on turning. It still sets the standard, whether it’s bought as a gift, a decoration, an encyclopedia, or a huge magazine. The Wisden Almanack is all things to all men. And to all women.”
—Rob Smyth, ESPN

This is Lawrence Booth’s eighth year as editor of Wisden, although he has contributed for many years. He is also cricket writer for the Daily Mail and author of several critically acclaimed cricket books. He is one of the most respected and well-liked authorities in the modern game. @the_topspin
Britain's Living Past
A Celebration of Britain's Surviving Traditional Cultural and Working Practices

Anthony Burton, Rob Scott

A beautiful and fascinating photographic exploration of Britain’s traditional cultural and working practices and how the ways in which we have worked and played for centuries still survive.

In Britain’s Living Past, writer Anthony Burton and photographer Rob Scott explore Britain’s rich heritage of traditional cultural and working practices, looking at how we work and play in ways that have survived into the modern age with all their vitality intact. The book covers everything from farming and fishing practices to traveling shows, circuses and fairgrounds to sports, music, pubs, transport, and even old shops. They visit the Appleby Horse Fair in Cumbria, Cotswold Lavender Farm in Gloucestershire, a vintage bicycle rally in Yorkshire, the Up Helly Aa Viking festival in the Shetland Islands, as well as pubs, shops, circuses, the highland games, steamships, and even the Gurning World Championship.

Rob Scott’s beautiful photographs accompany fascinating text by Anthony Burton. The book is broken down into different themes, and each location or event discusses the history, the current-day practices, the people involved, and how the practices are still a vital part of modern-day life for communities. The book will appeal to anyone interested in Britain’s rich heritage and history.

Anthony Burton is a contributor to the BBC’s Countryfile Magazine, and has written various books on Britain’s industrial heritage, including Remains of a Revolution, The National Trust Guide to Our Industrial Past, and three official National Trail guides.

Rob Scott’s portraits and photographs been published all over the world and regularly appear in UK magazines including the BBC’s Countryfile, Music, and Wildlife, as well as LandScape, National Trust, and English Heritage magazines.
Nelson's Arctic Voyage

The Royal Navy’s first polar expedition 1773

Peter Goodwin

A detailed account of the Royal Navy’s near-fatal expedition into the polar regions in 1773—with the young Horatio Nelson on board.

In the summer of 1773 the 14-year-old Nelson took part in an expedition to the Arctic, which came close to ending his naval career before it had begun. The expedition to find a navigable northern passage between the Atlantic and Pacific was supported by the Royal Society and King George III. It was an extremely cold Arctic summer and the ships became locked in ice far from Spitzbergen, and were unable to cut their way out until days later when the wind changed and the ice broke up.

Drawing on the ship’s journals, and expedition commander Phipps’s log from the National Archives, Nelson’s Arctic Voyage creates a fascinating picture of the expedition and life onboard. Using the ships’ muster books, it also details the crews, explaining the different roles and ranks aboard. Nelson’s Arctic Voyage is illustrated using the ship’s drawings, charts, as well as objects used aboard, accompanied by a navigational chart of the route taken.

Nelson’s Arctic Voyage also examines the concept of naval exploration as put forth by Joseph Banks and the Royal Society. The near failure of the expedition as a result of poor planning—with potentially tragic results—demonstrates the difficulties and uncertainties of such expeditions. This book also provides a unique glimpse at a great naval commander at the earliest stage of his career, analyzing how the experience might have shaped his later career and attitudes.

Peter Goodwin is an authority on the sailing warship. His published titles include The Construction and Fitting of the Sailing Man of War (Conway, 1990), The Naval Cutter Alert (Conway 1992), Nelson’s Ships (Conway 2002), and The Ships of Trafalgar (2005) and HMS Victory Pocket Manual. Goodwin was Keeper and Curator of HMS Victory for 20 years and is a passionate advocate of Admiral Nelson.
When a Cowgirl Goes to Sea
A Memoir of Loss, Courage and Circumnavigation
Kaci Cronkhite

The story of Kaci Cronkhite’s passage from saddling horses as a teen in Oklahoma to her first glimpse of the ocean and a six-year circumnavigation.

How does a ranch girl from Oklahoma wind up in her mid-30s on the deck of a pitching sailboat in the Tasman Sea, singlehanding in the Indian Ocean, and completing a circumnavigation by the time she’s 40? Cronkhite’s trajectory to the ocean includes experiences with influential sailors in her life, many of them women who have dared—and continue to dare—the ocean. Cronkhite’s love of sailing is intimately linked to her early love of horses, which she poetically explains in When a Cowgirl Goes to Sea.

Kaci Cronkhite’s stories have appeared in the anthology Steady as She Goes, and in magazines and newspapers in America, Australia, Canada, South Africa, and the Caribbean. She sailed around the world from 1995–2001, and then ran the Wooden Boat Show in Port Townsend, Washington for a decade. She is the author of Finding Pax, also published by Adlard Coles.
RSPB Spotlight Osprey

Tim Mackrill

The easy-to-read text explores all aspects of the osprey’s biology and ecology, including a detailed overview of the adaptations that make it such a skilled and proficient hunter.

The osprey is one of the UK most well-loved and iconic birds, and also a species with a cosmopolitan distribution: occurring on every continent except Antarctica. A hunting osprey is one of the great sights of the natural world, and its fishing prowess is admired and revered around the globe. However, its penchant for taking fish from mediaeval trout ponds resulted in a drastic decline in the UK with the species wiped out by human persecution and habitat loss. Thanks to concerted conservation effort, it has made an encouraging comeback in the UK in recent decades giving people across the country the chance to see this majestic hunter in action once again.

There is also a chapter dedicated to osprey migration with a summary of the findings of groundbreaking satellite tracking research. Recent studies have demonstrated the osprey’s unique ability to make vast nonstop flights across the ocean, its capacity to exploit thermal updrafts to aid flight across the Sahara Desert and the capability of adult ospreys to return to the same wintering site each year. The book also explores the relationship between humans and ospreys, from the days of Shakespeare to the visionary decision of George Waterston to invite the public to view nesting ospreys at Loch Garten for the first time in the late 1950s and the subsequent rise of osprey tourism and webcams.

Tim Mackrill has been part of the Rutland Water Osprey team since 1997 when he was a 15-year-old volunteer. He joined the staff a few years later and since 2005 has been the team’s project officer. In his spare time, Tim is also currently studying for and writing his PhD on ospreys.
RSPB Spotlight Ladybirds

Richard Comont

*RSPB Spotlight: Ladybirds* is packed with eye-catching, informative color photos and features succinct, detailed text written by a knowledgeable naturalist.

*Spotlight: Ladybirds* focuses on the 26 species resident in the UK, from the common but unusual Orange Ladybird, to the rarer—and aptly named—Scarce 7-spot Ladybird. Richard Comont considers the conservation challenges facing these iconic species, whose populations are now at risk thanks to the threat posed by one of their own, the invasive alien Harlequin Ladybird. The biology, lifestyle, natural history, and cultural significance of this fascinating group of beetles is also examined.

Brightly colored and patterned, ladybirds are among some of our most beloved and familiar invertebrates. Firmly established as the gardeners’ friend, they are perhaps the only group of insects to be viewed entirely positively by the general public.

The Spotlight series introduces readers to the lives of our favorite animals with eye-catching color photos and informative expert text.

**Richard Comont** is an ecologist and the winner of the 2016 Gilbert White Award for terrestrial and freshwater biological recording. He works as Science Manager for the Bumblebee Conservation Trust, is part of the UK Ladybird Survey team, and is an Honorary Research Fellow at the University of Worcester. Richard earned a PhD in zoology from the University of Oxford and is the author of several books on ladybirds, bumblebees, and the wildlife of the Malvern Hills.
Take the Slow Road: England and Wales

Inspirational Journeys Round England and Wales by Camper Van and Motorhome

Martin Dorey

The ultimate guide to the very best scenic and fun routes for camper vans and motorhomes around the valleys, mountains, and coastlines of wonderful England and Wales.

In this book we define the best driving routes around England and Wales for camper vans and motorhomes. We show you the coolest places to stay, what to see, what to do, and explain why it’s special. We meander around England and Wales on the most breathtaking roads, chugging up mountain passes and pootling along the coast. We show you stuff that’s fun, often free. We include the best drives for different kinds of drivers; for surfers, wildlife watchers, climbers and walkers. We include the steepest, the bendiest, those with the most interesting bridges or views or obstacles, ferries, and tidal causeways. And you don’t even have to own a camper van or motorhome—we’ll tell you the many places you can rent one to take you on the journey.

All of this is interspersed with beautiful photos, handy maps, and quirky travel writing from the king of camper vans and motorhomes, Martin Dorey. So if all you want to do is flick through it on a cold day and plan your next outing, you’ll be transported (albeit slowly) to pastures, beaches, mountains, and highways that make you want to turn the key and go, go, go!

Martin Dorey is a writer, surfer, and serial camper van owner. In 2011 he presented the BBC2 television program One Man and his Camper Van. He is the author of The Camper Van Cookbook (2010), The Camper Van Coast (2012), The Camper Van Bible (2016), Take the Slow Road: Scotland (2018) and No. More. Plastic (2018) and he writes regular features for Coast magazine, Camping magazine, Motorhome and Motorcaravan magazine, and the Huffington Post. @campervanliving; www.martindorey.com
Stress-Free Navigation

Electronic and Traditional

Duncan Wells

An indispensable myth-busting guide to the reality of navigation.

All boaters, whether under sail or under power, need to be able to navigate safely on the water—both to keep themselves and their crew out of trouble and to avoid endangering others. Yet navigation has often been presented almost as a black art—complicated, full of tricky math, and with alien concepts to get your head around.

“Mr. Stress-Free,” having in his previous books presented techniques for sailing and motorboating in an accessible, manageable fashion, Duncan Wells now turns his attention to navigation. He makes concepts easy to understand and the practice of navigation perfectly achievable for all—with minimum stress. The book covers the basic introductory elements clearly and simply for novices, and progresses through more advanced techniques for experienced navigators, so that there is something for everyone, whatever their skill level. Diagrams, quick-reference tables and flowcharts, explanatory step-by-step photographs, box features, top tips, and QR codes—giving access to explanatory videos—are all features that have been much appreciated by readers of Duncan’s other top-selling titles.

Duncan Wells is an RYA instructor and sailing school principal. He has written for many leading boating magazines in the UK and United States. He is the author of the bestselling Stress-Free Sailing and Stress-Free Motorboating (both also published by Adlard Coles Nautical), which have helped countless sailors and motorboaters learn helpful boat handling and berthing techniques. He lives in Buckinghamshire.
Reeds Maritime Meteorology

Elaine Ives, Maurice Cornish

The fourth edition of this established and popular text analyzes the elements and forces which contribute to maritime meteorology and the principles which govern them.

Written primarily for serving and trainee deck officers, those studying for certificates of competency in merchant shipping, and fishermen, Reeds Maritime Meteorology analyzes the elements and forces that contribute to maritime meteorology and the principles that govern them. Updated to include the latest developments in the use of satellite technology in forecasting, Navtext, and the ramifications of GMDSS, the book examines:

- cloud formation and development
- precipitation and thunderstorms
- atmospheric pressure and wind
- ocean currents and swell
- tropical revolving storms
- the development and distribution of sea ice
- weather routing
- passage planning
- the management and care of cargo in heavy weather

This revised edition covers significant developments in the variety of forecasts available for the seafarer, coverage of global warming and weather routing options, as well as updates throughout in line with technological advancements and research discoveries, and updates to the exam questions at the end of each chapter.

Elaine Ives was head of the School of Maritime Studies at Glasgow College and Senior Lecturer in Meteorology. Maurice Cornish, Extra Master, FNI, served as a navigating officer on tankers and then as head of the Maritime Studies department at Glasgow College of Nautical Studies.
Tracking The Highland Tiger

In Search of Scottish Wildcats

Marianne Taylor

The mysterious Scottish wildcat—Britain's rarest mammal, and one of the most endangered carnivores in the world.

These cats are fierce and very wild—completely untamable. Just like domestic cats prowling in the garden, wildcats hunt for a wide range of prey, from mice and voles to grouse, rabbits, and red squirrels. Their kittens are born in March, and quickly begin to learn key hunting skills. Wildcats have endured centuries of habitat loss; they have been hunted for fur and been killed as vermin, and are threatened by inbreeding with domestic moggies, along with other issues such as disease and vehicle collisions.

In this book, Marianne Taylor—author of the award-winning Way of the Hare—seeks out the beautiful and enigmatic Scottish wildcat in a rich narrative interwoven with what we know about the cat's biology and history in Britain. The Highland Tiger is a great read for anyone with an interest in Britain's wildlife and wild places, and especially to those who are fond of felines.

Marianne Taylor is a birdwatcher, dragonfly-finder, and mammal-seeker from Kent, England. She is the author of Way of the Hare, one of NPR's 2017 books of the year. Marianne has been trying to see Scottish wildcat in the wild for more than ten years.
Training Secrets of the World's Greatest Footballers

How Science is Transforming the Modern Game

James Witts

Training Secrets of the World's Greatest Footballers is a behind-the-scenes look at what it takes to perform at the highest level.

Looking at every area of the game and with exclusive contributions from elite players, leading coaches, and sports scientists from the world’s leading clubs—including Barcelona, Real Madrid, Manchester United, Chelsea, Paris Saint-Germain, and Bayern Munich—this expert guide reveals how sports science ensures the likes of Cristiano Ronaldo, Lionel Messi, and Gareth Bale deliver superstar performances every time.

A brilliant combination of locker-room secrets and practical advice, this is a book that will interest both players and fans.

James Witts has a background in sports science and is a writer for a number of magazines, including Cyclist, New Scientist, BikesEtc, 220 Triathlon, Runner's World, Men's Health, and GQ. He is the author of The Science of The Tour de France, also published by Bloomsbury (2016).
Desperate Sunset

Japan’s kamikazes against Allied ships, 1944–45

Mike Yeo

In a last desperate bid to stave off defeat, Japan’s High Command launched the terrifying kamikaze attacks. This fully illustrated book examines Imperial Japan’s last throw of the dice.

Fully illustrated throughout, including rare images from Japanese sources, Desperate Sunset examines the development and evolution of the kamikaze using firsthand accounts, combat reports, and archived histories.

By the middle of 1944, Imperial Japan’s armed forces were in an increasingly desperate situation. Its elite air corps had been wiped out over the Solomons in 1942–43, and its navy was a shadow of the force that had attacked Pearl Harbor in 1941. But the Japanese had one last, desperate card to play.

The Japanese High Command decided that the way to inflict maximum damage on the superior enemy forces was to get the poorly trained Japanese pilots to crash their explosive-laden aircraft onto their target, essentially turning themselves into a guided missile. The kamikazes announced themselves in the immediate aftermath of the Leyte Gulf naval battles, sinking the USS St. Lo and damaging several other ships. The zenith of the kamikaze came in the battle of Okinawa, which included ten kikusui (Floating Chrysanthemum) operations that involved up to several hundred aircraft attacking the U.S. fleet.

Mike Yeo is a Singaporean aviation enthusiast who has studied World War II military aviation, with a particular focus on the Pacific War campaign. He is a freelance military/defense journalist specializing in the Asia-Pacific region, and has written for Shephard Media, the United States Naval Institute, Air Forces Monthly, Combat Aircraft, Aviation International News, Asia-Pacific Defence Reporter, and Asian Military Review.
RAF Fighters vs Luftwaffe Bombers

Battle of Britain

Andy Saunders

A fully illustrated analysis of the desperate aerial combats between defending RAF fighters and attacking Luftwaffe bombers during the Battle of Britain.

The Battle of Britain was a fight for survival against a seemingly unstoppable foe. With the German army poised to invade, only the fighters of the Royal Air Force stood between Hitler and the conquest of Britain. Losses were high on both sides, but the Spitfires, Hurricanes, Havocs, and Defiants of the RAF began to take their toll on the overextended, under-protected Kampfgruppen of Heinkel He 111s, Junkers Ju 87s and 88s, and Dornier Do 17s.

Both sides learned and adapted as the campaign went on. As the advantage began to shift from the Luftwaffe to the RAF, the Germans were forced to switch from round-the-clock bombing to only launching night raids, often hitting civilian targets in the dreaded Blitz. This beautifully illustrated study dissects the tactics and technology of the duels in this new kind of war, bringing the reader into the cockpits of the RAF fighters and Luftwaffe bombers to show precisely where the Battle of Britain was won and lost.

Andy Saunders is the author of No 43 "Fighting Cocks" Squadron (Osprey Aviation Elite Units), and has had around 25 other books published to date. Additionally, he is a frequent contributor and consultant to TV aviation documentaries. Gareth Hector is a digital artist of international standing as well as an aviation history enthusiast. He lives in Perthshire, UK. Jim Laurier has been commissioned to paint for the U.S. Air Force and has aviation paintings on permanent display at the Pentagon.
Warship 2019

Annual publication featuring the latest research on the history, development, and service of the world’s warships.

Warship 2019 is devoted to the design, development, and service history of the world’s combat ships. Featuring a broad range of articles from a select panel of distinguished international contributors, this latest volume combines original research, new book reviews, warship notes, an image gallery, and much more to maintain the impressive standards of scholarship and research from the field of warship history.

This new edition features the usual range of diverse articles spanning the subject by an international array of expert authors.

John Jordan is a former language teacher. He is the author of two major books on the Soviet Navy, and more recently co-authored French Battleships, 1922–56 (Seaforth, 2009) with Robert Dumas. He has been associated with Warship from its earliest beginnings and took over the editorship full time in 2004. He lives in the UK.
The G3 Battle Rifle

Leroy Thompson

This absorbing study investigates the origins of the G3 battle rifle development, combat record, and legacy of this iconic rifle of the Cold War.

During the Cold War, the G3 was one of the world’s preeminent battle rifles. Developed in France and Spain after 1945, the rifle was produced by the German arms manufacturer Heckler & Koch. Adopted by more than 40 countries and produced on license by many more, it was widely employed during colonial wars in Africa, insurgencies in Latin America, and conflicts in the Middle East, but perhaps its widest use was in the Iran-Iraq War. Variants of the G3 have also seen substantial usage among Special Forces, including Britain’s Special Boat Service and the U.S. Navy SEALs. Semiautomatic versions, especially the HK91 and HK93, remain popular in the United States, and the G3-derived HK11 and HK21 family of light machine guns have also been widely adopted by military and law-enforcement units across the world. Fully illustrated with specially commissioned artwork, this study examines one of the iconic weapons of the Cold War era.

Leroy Thompson has published more than 50 books, and appeared as a weapons expert on documentaries for Discovery, National Geographic, and the BBC.

Steve Noon has illustrated more than 30 books for Osprey. He lives in south Wales.

Alan Gilliland writes, illustrates, and publishes fiction for a variety of publishers. He lives in Lincolnshire, UK.
Wade McClusky and the Battle of Midway

David Rigby

The story of the man who won the battle of Midway and avenged Pearl Harbor for the United States.

During the Battle of Midway in June 1942, U.S. Navy dive bomber pilot Wade McClusky proved himself to be one of the greatest pilots and combat leaders in American history, but his story has never been told—until now. It was Wade McClusky who remained calm when the Japanese fleet was not where it was expected to be. It was he who made the counterintuitive choice to then search to the north instead of to the south. It was also McClusky who took the calculated risk of continuing to search even though his bombers were low on fuel and may not have enough to make it back to the Enterprise. His ability to remain calm under enormous pressure played a huge role in the U.S. Navy winning this decisive victory that turned the tide of war in the Pacific. This book is the story of exactly the right man being in exactly the right place at exactly the right time. Wade McClusky was that man and this is his story.

David Rigby is a historian and the author of Allied Master Strategists: The Combined Chiefs of Staff in World War II (Naval Institute Press, 2012), which was awarded the 2012 John Lyman Book Award in U.S. Naval History and No Substitute for Victory: Successful American Military Strategies from the Revolutionary War to the Present Day (Carrel Books, 2014). He lives in Acton, Massachusetts.
Spitfire VC vs A6M2/3 Zero-sen

Darwin 1943

Peter Ingman

The little-known yet fascinating story of when two of the most iconic aircraft of World War II dueled in the skies above Australia.

Fully illustrated with detailed full-color artwork, this is the gripping story of two iconic aircraft facing off against each other above Australia. Just weeks after Pearl Harbor, Darwin was mauled by a massive Japanese attack. Without a single fighter to defend Australian soil, the Australian government made a special appeal to Britain for Spitfires. A year later the Spitfire VC-equipped No 1 Fighter Wing, RAAF, faced the battle-hardened 202nd Kokutai of the IJNAF, equipped with A6M2 Zero-sens, over Darwin. This was a grueling campaign between evenly matched foes, fought in isolation from the main South Pacific battlegrounds. Pilots on either side had significant combat experience, including a number of Battle of Britain veterans. The Spitfire had superior flight characteristics but was hampered by short range and material defects in the tropical conditions, while the Japanese employed better tactics and combat doctrine, inflicting serious losses on the overconfident Commonwealth forces.

Peter Ingman has co-written two widely acclaimed Australian World War II history titles, Zero Hour in Broome and Carrier Attack Darwin 1942, and is the Chairman of the History Group at the South Australian Aviation Museum. Jim Laurier has been commissioned to paint for the U.S. Air Force and has aviation paintings on permanent display at the Pentagon. Gareth Hector is a digital artist of international standing as well as an aviation-history enthusiast.
SU-76 Assault Gun

Steven J. Zaloga

An expert history of the great Soviet armored assault gun of World War II, the SU-76.

Featuring full-color artwork and written by an expert on tank warfare during World War II, this fascinating study describes one of the Soviet Union’s most important armored vehicles during its struggle with Nazi Germany.

The SU-76 assault gun was the second most widely manufactured Soviet armored fighting vehicle of World War II, outnumbered only by the legendary T-34. Inspired in part by the German Marder series of tank destroyers, Soviet designers realized that the chassis of the obsolete T-70 light tank could be adapted to a much more substantial gun if it was placed in a fixed casemate rather than in a turret. This led to the design of the SU-76, which saw its combat debut at Kursk in the summer of 1943. The SU-76 was deployed primarily as an infantry direct support weapon, becoming the infantry tank of the Red Infantry, much as the StuG III became the infantry tank of the German infantry.

Steven J. Zaloga has worked as an analyst in the aerospace industry for over three decades, covering missile systems and the international arms trade, and has served with the Institute for Defense Analyses, a federal think tank. He is the author of numerous books on military technology and military history, with an accent on the U.S. Army in World War II as well as Russia and the former Soviet Union. He lives in Maryland.
Mortain 1944

Hitler’s Normandy Panzer offensive

Steven J. Zaloga

A highly illustrated study of Operation Lüttich, the German Panzer counteroffensive against the Normandy bridgehead in August 1944.

Fully illustrated with stunning full-color artwork, this book tells the story of Operation Lüttich, the failed offensive which ended any prospect of Germany winning the battle of Normandy. Following the successful landings in Normandy on D-Day and consolidation during Operation Cobra, the Wehrmacht was ordered to begin a counteroffensive named Operation Lüttich. The plan was to send a large Panzer force across the First U.S. Army sector, cutting off its spearheads, and finally reach Avranches on the coast. Had this succeeded, it would have cut off not only the First U.S. Army spearheads, but also Patton’s newly deployed Third U.S. Army operating in Brittany. However, thanks to an intercepted radio message, the Allies were well-prepared for the offensive and not only repelled the oncoming panzers, but went on a counterattack that would lead to a whole German army becoming encircled in the Falaise Pocket.

Steven J. Zaloga has worked as an analyst in the aerospace industry for over three decades, covering missile systems and the international arms trade, and has served with the Institute for Defense Analyses, a federal think tank. He is the author of numerous books on military technology and military history, with an accent on the U.S. Army in World War II as well as Russia and the former Soviet Union. He lives in Maryland.
Macedonian Phalangite vs
Persian Warrior

Alexander confronts the Achaemenids, 334–331 BC

Murray Dahm

Alexander’s phalangites clash with Persian foot soldiers in three key battles of the Ancient World.

In this highly illustrated study, a noted authority assesses the origins, combat role, and battlefield performance of Alexander’s phalangites and their Persian opponents in three key battles of the era—the Granicus River, Issus, and Gaugamela—at the dawn of a new way of waging war.

In August 334 B.C., Alexander the Great invaded the Persian Empire and systematically set about its conquest. At the core of Alexander’s army were 10,000 members of the phalanx, the phalangites. Armed with a long pike and fighting in formations up to 16 ranks deep, these grizzled veterans were the mainstay of the Macedonian army.

Facing them were the myriad armies of the peoples that made up the Persian Empire. At the center of these forces was the formation known as the Immortals: 10,000 elite infantry, armed with spears and bows.

Murray Dahm is a freelance historian and the author of Breaking the Spartans: Epaminondas, Pelopidas, and the Brief Glory of Thebes. He has written more than 50 articles for magazines such as Ancient Warfare, Medieval Warfare, and Ancient History. Murray lives in Australia.

Peter Dennis has contributed to hundreds of books, predominantly on historical subjects, including many Osprey titles. A keen wargamer and model maker, he is based in Nottinghamshire, UK.
Australian Bushrangers 1820–1880

Ian Knight

The story of the frontier outlaws who defied the authorities on the wild Australian frontier in the Victorian era, and the Crown forces who eventually hunted them down.

The first “bushrangers,” or frontier outlaws, were escaped or time-expired convicts, who took to the wilderness—“the bush”—in New South Wales and on the island of Tasmania. Initially, the only Crown forces available were redcoats from the small, scattered garrisons, but by 1825 the problem of outlawry led to the formation from these soldiers of the first Mounted Police. The gold strikes of the 1860s attracted a new group of men who preferred to get rich by the gun rather than the shovel. The roads, and later railways, that linked the mines with the cities offered many tempting targets and were preyed upon by the bushrangers. This 1860s generation boasted many famous outlaws who passed into legend for their boldness. The last outbreak came in Victoria in 1880, when the notorious Kelly Gang staged several holdups and deliberately ambushed the pursuing police. Their last stand at Glenrowan has become a legendary episode in Australian history. Fully illustrated with some rare period photographs, this is the fascinating story of Australia’s most infamous outlaws and the men tasked with tracking them down.

Ian Knight has written over 30 books on the colonial campaigns of the Victorian Empire. He has worked on a number of television documentaries and is a founding member of the Victorian Military Society.

Mark Stacey has been a freelance illustrator since 1987. He has a lifelong interest in all periods of history, particularly military history, and has specialized in this area throughout his career.
Scapa 1919
The Archaeology of a Scuttled Fleet

Innes McCartney

Innes McCartney solves the mystery of the lost ships of Jutland and reveals—for the first time—the location of all 25 warships sunk in the scuttling of the German fleet at Scapa Flow.

The German High Seas Fleet was one of the most powerful naval forces in the world, and had fought the pride of the Royal Navy to a stalemate at the battle of Jutland in 1916. After the armistice was signed, ending fighting in World War I, it surrendered to the British and was interned in Scapa Flow pending the outcome of the Treaty of Versailles. In July 1919 the entire fleet attempted to sink itself in the Flow to prevent it being broken up as war prizes. Of the 74 ships present, 52 sunk and 22 were prevented from doing so by circumstance and British intervention.

Marine archaeologist and historian Dr. Innes McCartney reveals for the first time what became of the warships that were scuttled, examining the circumstances behind the loss of each ship and reconciling what was known at the time to what the archaeology is revealing today. This fascinating study reveals a fleet lost for nearly a century beneath the waves.

Dr. Innes McCartney is a nautical archaeologist, explorer, historian, and author. Over the last 25 years he has specialized in the discovery of, and investigation into, twentieth-century shipwrecks, including the wrecks of the Battle of Jutland and many British and German submarines. He has appeared regularly on documentaries, such as a Time Team Special, and is a popular speaker at conferences. He lives in London.
**Reality's Edge**

_Cyberpunk Skirmish Rules_

Joseph McGuire

**Reality's Edge** is a gritty, action-packed skirmish wargame set in a dystopian cyberpunk world.

Welcome to Reality’s Edge, a wargame so shiny you are going to need mirror shades. Set in a dystopian cyberpunk future, players take on the role of a data-jack, a mercenary hacker who leads a small team of trusted operatives and disposable freelancers. Funded by shadow backers, the data-jacks accept jobs from faceless clients for profit, glory, and better chrome . . . always better chrome.

Battles take place in the concrete jungle known as the Sprawl, but data-jacks must remain wary of the threat posed by Cyberspace. Hacking rules are pivotal to the game, with data nodes, robots, machines, and even enemy chrome presenting potential targets for a cunning data-jack. No one plugged into Cyberspace is entirely safe from intrusion, and the electronic sprites and digital djinn you can deploy alongside your team can be just as dangerous as any mercenary or assassin.

Gameplay focuses on individual characters, with each skirmish offering you the opportunity to earn experience and equipment for your data-jack and operatives. A wide range of items and upgrades are available, from advanced weaponry and synthetics through to cyber-implants, biological enhancements, clones, and much more. This is a world obsessed with whether something can be done, not whether it should.

Joey McGuire is the president and head janitor of World’s End Publishing, and is the author of _This Is Not a Test_. _This Is Not a Test_ was his first solo publication, but he has also worked on several other projects, both personal and for Rattrap Productions. Currently residing in Maryland, Joey is also a devoted husband, proud father, and a humble civil servant by day.
Strasbourg AD 357
The victory that saved Gaul

Raffaele D’Amato, Andrea Frediani

A highly illustrated account of the battle of Strasbourg in a.d. 357, a decisive victory for the Romans under their Caesar Julian against the Alamanni and their leader Chnodomar.

Civil war in the Western Roman Empire between a.d. 350–53 had left the frontiers weakly defended, and the major German confederations along the Rhine—the Franks and Alemanni—took advantage of the situation to cross the river, destroy the Roman fortifications along it, and occupy parts of Roman Gaul. In 355, the Emperor Constantius appointed his 23-year-old cousin Julian as his Caesar in the provinces of Gaul with command of all troops in the region. Having recaptured the city of Cologne, Julian planned to trap the Alemanni in a pincer movement, but when the larger half of his army was forced into retreat, he was left facing a much larger German force outside the walls of the city of Strasbourg. This new study relates the events of this epic battle as the experience and training of the Roman forces prevailed in the face of overwhelming German numbers.

Raffaele D’Amato has written more than 20 Osprey titles. He is the author of 40 books and numerous articles on the military history of the Roman Empire, Middle Ages, and Byzantium. Andrea Frediani has published numerous works of nonfiction on the subject of military history and in 2007 published his first work of fiction, which became a bestseller in Italy. Since then he has written a number of historical novels, including the Invincible series and the Dictator trilogy.
Gin

A Short History

Moses Jenkins

An accessible and colorful illustrated narrative of the manufacturing and social history of a favorite British tipple.

Uncovering the mysteries of gin manufacture and production, as well as its fascinating history, this book is a complete guide to one of the world’s drinks of choice.

Gin is a drink deeply rooted in British culture. From “Dutch courage” to “gin-soaked,” the English language is full of expressions which reflect a gin drinking heritage. In the early eighteenth century, Britain was gripped by the Gin Craze, when the drink was dubbed “mother’s ruin,” before becoming more respectable as advances in distilling led to a drink of higher quality and improved flavor. This led to the construction of lavish “gin palaces” in the Victorian and Edwardian era. In recent years, a twenty-first-century renaissance in gin drinking and craft gin production has led to the drink once again rising high in the national consciousness.

Moses Jenkins is Senior Technical Officer at Historic Environment Scotland, and earned his PhD in 2016. He has written various technical guidance notes on subjects including brickwork and energy efficiency and contributes a regular column to Victorian magazine.
Railway Carriages

Tim Bryan

A brief history of the design and use of railway carriages in the UK, ideal for those interested in railway and social history.

Evolving from the horse-drawn stage coaches that they soon eclipsed, railway carriages steadily grew in sophistication so that by the end of the nineteenth century the railway passenger traveled in comfortable rolling stock of a design familiar to many until the 1960s. While modern trains look different from those built more than a century ago, even today the facilities are not so dissimilar from those enjoyed by our Victorian ancestors.

This book describes the development of the railway carriage from those early days to the present, highlighting some of the key developments in the history, design, and construction of carriages. It also looks at the innovations that made life easier for the passenger, such as the introduction of heating, lavatories, and restaurant and buffet facilities, as well as the differences in comfort between the various classes of traveler.

Tim Bryan worked as curator at the GWR and STEAM museums in Swindon for more than twenty years and is now head of collections at the British Motor Museum at Gaydon in Warwickshire. He is the author of seventeen books on railway and heritage topics and has written four titles for Shire. He lives in Swindon, UK.
Frostgrave: Ghost Archipelago: Cities of Bronze

Joseph A. McCullough

A supplement for Frostgrave: Ghost Archipelago, focusing on the Dricheans, the Lost Isles’ most powerful faction, and featuring new scenarios, creatures, crew options, and treasure.

This supplement for Frostgrave: Ghost Archipelago examines the scattered realms of the Dricheans, presenting players with three new mini-campaigns featuring these bronze-armed warriors. Also included are optional rules for using Drichean Heritors, Wardens, and Crew, and guidelines for creating your own Drichean kingdoms.

The islands of the Ghost Archipelago are covered in the ruins of ancient civilizations, but there is one group whose culture still thrives and whose power still grows—the Dricheans. Divided into many small kingdoms and city-states that wage near-constant war with snake-men, native tribes, and with each other, the Dricheans are renowned for the gleaming bronze of their weapons and armor, and their martial prowess. Organized and militaristic, these formidable warriors pose a new threat to adventurers exploring the Lost Isles.

Joseph A. McCullough is the author of several nonfiction books, including A Pocket History of Ireland and Zombies: A Hunter’s Guide. His fantasy short stories have appeared in various books and magazines. He is also the creator of the wargame Frostgrave: Fantasy Wargames in the Frozen City.

Dmitry Burmak is a freelance artist from Moscow, Russia. He works as a freelance illustrator and specializes in fantasy and sci-fi art for roleplaying games, card games, and video games.
Jonathan Strange & Mr Norrell

* A Board Game of English Magic

Marco Maggi, Francesco Nepitello, Susanna Clarke

Set during the events of the cult-classic book, *Jonathan Strange & Mr Norrell* sees players delve into the world of English magic, developing their talents and expanding their social reach as they aim to become the most celebrated magician of the age.

Take on the role of an aspiring magician, including the titular characters Jonathan Strange and Mr Norrell themselves, and start down the path to greatness. Build up your power and status by traveling across Europe and London, performing feats of magic, and attending social engagements. The most celebrated magician will face the gentleman with the thistle-down hair, but only the strongest will defeat him.

**Number of Players:** 2–4  
**Ages:** 14+  
**Playing Time:** 60–80 minutes  
**Components:** Map of Europe, 4 Magician boards, 4 Player markers, Fairy marker, 12 Cards of Marseilles, social engagements, character cards, feats of magic, and more  
**Format:** Book-style

**PRAISE**

A 2-4 player game for natural magicians and careful readers alike, based on the cult-classic book by Susanna Clarke.

Marco Maggi and Francesco Nepitello have created role-playing games, card games, and board games for children and adults. They are especially known for games based on popular intellectual properties, such as the Marvel universe, Doctor Who, Conan the Barbarian, or the writings of H.P. Lovecraft, and the works of J.R.R. Tolkien. Ian O'Toole is an Irish graphic designer and illustrator working out of Perth, focused primarily on tabletop gaming.
F-80 Shooting Star Units of the Korean War

Warren Thompson

A fully illustrated study of the U.S. Korean War fighter that fought in the first ever jet-versus-jet engagement in the history of aviation.

Filled with firsthand accounts and rare color photographs taken by the veterans themselves, this is the engrossing story of the pioneering F-80 Shooting Star. Built within a 180-day time limit in 1943, the F-80 Shooting Star first saw service in Italy in the final year of World War II, and consequently was sent to bases in the U.S., Europe, and the Far East after VJ Day. It was the latter groups based in Japan that initially bore the brunt of the early fighting in Korea, engaging MiG-15s in the world’s first jet-versus-jet combat. Flown principally by the 8th and 49th Fighter Bomber Wings, the F-80 served until the end of the war, completing an astonishing 98,515 combat sorties, shooting down 17 aircraft (including three of the vastly superior MiG-15s), dropping over 33,000 tons of bombs, and firing over 80,000 air-to-ground rockets. Aside from the fighter-bomber Shooting Stars, the ultra-rare, but heavily used, photo reconnaissance RF-80A saw extensive use in the frontline in Korea as a replacement for the vulnerable RF-51D.

Warren Thompson has written more than 15 books for Osprey since 1990, with his latest contributions being the Combat Aircraft volume on F-51 Mustang Units in Korea. Jim Laurier has worked on the Osprey Aviation list since 2000 and in that time he has produced some of the finest artwork seen in these volumes. He has specialized in aircraft of the Vietnam War period.
The Persian War

A military history

William Shepherd

Weaving together the accounts of the ancient historian Herodotus with other ancient sources, this is the engrossing story of the triumph of Greece over the mighty Persian Empire.

The victory of a few Greek city-states over the world’s first superpower was an extraordinary military feat that secured the future of Western civilization. All modern accounts of the war as a whole, and of Marathon, Thermopylae, and Salamis, the best-known battles, depend on the ancient sources—foremost amongst them Herodotus—but generally quote very little from them. This is the first book to bring together Herodotus’ entire narrative and interweave it with other ancient voices to present the original texts that comprise almost all that is known about this immense clash of arms.

William Shepherd studied classics at Clare College, Cambridge, in the 1960s and then embarked on a career in publishing, which finally brought him to Osprey. He is author of The Persian War, translated from Herodotus. He has also written books for children and articles in the Osprey Military Journal, of which he was joint editor, and makes regular contributions to the Osprey blog. He lives in the Cherwell Valley, north of Oxford, UK.
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Review and feature campaign to military blogs and websites

OSPREY PUBLISHING JUNE 2019

The Australian Army at War 1976–2016

Leigh Neville

An illustrated study of the radical evolution of the Australian Army’s capabilities, and its combat operations, that has taken place since the end of the Vietnam War.

The Australian Army at War 1976–2016, written by an Australian author who has written extensively about modern warfare, traces the development of the Army’s organization, combat uniforms, load-bearing equipment, small arms, and major weapon systems, using specially commissioned artwork and photographs. Since the end of their involvement in the Vietnam War, the Australian Army has been modernized in every respect. After peacekeeping duties in Southeast Asia, Africa, and the Middle East in the 1980s–90s, “Diggers” were sent to safeguard the newly independent East Timor from Indonesian harassment in 1999, and to provide long-term protection and mentoring since 2006. Australian Army units have served in the U.S.-led wars in Iraq and Afghanistan, and Australian Special Forces are currently operating alongside U.S. and British elements against ISIS in northern Iraq. During these campaigns the Australian SAS Regiment and Commandos have fully matured into “Tier 1” assets, internationally recognized for their wide range of capabilities.

Leigh Neville is an Australian national who has written a number of books on both modern conventional military units and special operations forces serving in Afghanistan and Iraq, including six titles for Osprey with several more in development. He has consulted on military topics for several wargame companies and documentary makers.

Peter Dennis has contributed to hundreds of books, predominantly on historical subjects, including many Osprey titles. He is based in Nottinghamshire, UK.
German submarine U-1105 'Black Panther'

The naval archaeology of a U-boat

Aaron Stephan Hamilton

A detailed study of history and marine archaeology of an innovative late-World War II U-boat that currently lies as a wreck in the Potomac River.

Now in its final resting place at the bottom of the Potomac River in Maryland, the U-boat U-1105 is unique among German World War II submarines. Technologically innovative, it was the only U-boat to conduct a wartime patrol while equipped with the snorkel, GHG Balkon passive sonar, and a rubberized coating known as Alberich designed to reduce its acoustic signature and hide from Allied sonar. After the end of World War II, it was the subject of intense testing and evaluation by the Allies before finally being sunk in the Potomac River.

This highly illustrated book uses many new and previously unpublished images to tell the full story of this remarkable U-boat, evaluating the effectiveness of its late-World War II technologies, document its extensive postwar testing, and detail all the features still present on the wreck site today.

Aaron S. Hamilton is an academically trained historian and published author. He has particular expertise in the archival records of the last year of the war in Europe and his books include Bloody Streets: The Soviet Assault on Berlin, April 1945 and The Oder Front 1945. Aaron is also an amateur maritime archaeologist who maintains a keen interest in naval history, particularly submarines. He has contributed original research to published academic works and on various websites.
Union Sharpshooter vs Confederate Sharpshooter

*American Civil War 1861–65*

Gary Yee

This study assesses the fighting techniques, armament, and combat record of the Union and Confederate sharpshooters throughout the American Civil War.

During the American Civil War, the Union and the Confederacy both fielded units of sharpshooters. Most were equipped with firearms no better than those of their infantry brethren and fought in a manner reminiscent of Napoleonic-era light infantry.

During sieges, sharpshooters could drive enemy signalmen from their towers, hampering communication. Siege warfare placed a premium on marksmanship and the sharpshooter became indispensable. Sharpshooters also became experts at raiding, especially for the Confederacy, and in one spectacular raid netted almost 250 prisoners. Union marksmen initially did not fare as well as their opponents, but when they became armed with more impressive weapons such as the Berdan Sharps rifle, they began to take the fight to the Confederates.

In this study, Gary Yee, an expert in firearms of the period, assesses the role played by sharpshooters in three bloody clashes at the height of the American Civil War: the battle of Fredericksburg, the siege of Vicksburg, and the siege of Battery Wagner.

Gary Yee is the author of *Sharpshooters 1750–1900: The Men, Their Guns, Their Story* and *Sharpshooters: Marksmen through the Ages* as well as many articles for magazines such as *Muzzle Blasts, Muzzle Loader, The Gettysburg Magazine, The Skirmish Line, Crossfire*, and *The Military Collector and Historian*. Trained as a gunsmith at Trinidad State College, Gary lives in Aguilar, Colorado.

Johnny Shumate works as a freelance illustrator living in Nashville, Tennessee.
Castagnaro 1387

Hawkwood’s Great Victory

Kelly DeVries, Niccolò Capponi

A highly illustrated study of the medieval Italian battle of Castagnaro, the famous English condottiere captain Sir John Hawkwood’s greatest victory.

The battle of Castagnaro, fought on March 11, 1387, between the Veronese and the Paduans, was one of the few Italian medieval conflicts known in the English-speaking world, thanks to the exploits of the renowned English mercenary (or condottiero) captain Sir John Hawkwood. Commanding the Paduan army, he led them to a stunning victory.

This new study challenges the conventional story of the battle, relocating it to the other side of the Adige River, and showing that Hawkwood was no mere disciple of his previous commander, the Black Prince—he was a highly talented and intelligent general in his own right. Using specially commissioned full-color artwork, this fascinating book shows how Hawkwood used his own acumen, and the training, skills, and discipline of his very experienced condottieri, to defeat his opponents at Castagnaro.

Kelly DeVries has most recently written Medieval Weapons: An Illustrated History of Their Impact. In addition, he is the author of more than 60 articles on military history and the history of military technology. He currently edits the Journal of Medieval Military History and is the series editor for the History of Warfare series of Brill Publishing.

Count Niccolò Capponi is the author of Victory of the West: The Story of the Battle of Lepanto.
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**Armies of Russia's War in Ukraine**

Mark Galeotti

Illustrated investigation of the forces fighting today's civil war in Ukraine, including Russian regular and clandestine units.

Using his extensive contacts in both Russia and Ukraine, and access to a mass of official and unofficial sources, Mark Galeotti presents a thorough and intriguing primer on all the forces involved in the ongoing conflict in the Ukraine. Supported by specially commissioned artwork, he analyzes both the progress of the war and what it teaches us about Russia’s current military capabilities. In February 2014, street protests in Kiev and other Ukrainian cities led to the ousting of the Russian-backed president Yanukovych. The so-called Euromaidan Revolution saw many changes to the Ukraine’s constitution, but the violent reaction in the east and south of the country led to armed counterrevolution, unofficially backed by Russia. This conflict is the essential example of Russia’s new policy of “hybrid warfare,” which blends propaganda, misinformation, and the deployment of “deniable” Special Forces and regular troops alongside proxies and mercenaries to achieve its strategic ends.

**Professor Mark Galeotti** is a former Foreign Office adviser on Russian security affairs, and for 15 years wrote a monthly column on this for Jane's Intelligence Review. Mark’s most recent books for Osprey are ELI 217 The Modern Russian Army 1992–2016 and ELI 197 Russian Security and Paramilitary Forces since 1991. **Johnny Shumate** works as a freelance illustrator living in Nashville, Tennessee. Most of his work is rendered in Adobe Photoshop using a Cintiq monitor.
US Navy Battleships 1886–98

The story of how the U.S. Navy developed its first battleship fleet, their first combat test in the Spanish-American War, and the battleships’ careers through World War I.

This fully illustrated study examines the U.S.’s first six battleships—a story of political compromises, clean sheet designs, operational experience, and experimental improvements. These ships directly inspired the creation of an embryonic American military-industrial complex, enabled a permanent outward-looking shift in American foreign policy, and laid the foundations of the modern U.S. Navy.

After the American Civil War, the U.S. Navy had been allowed to decay into complete insignificance, yet the commissioning of the modern Brazilian battleship Riachuelo and poor performance against the contemporary Spanish fleet forced the U.S. out of its isolationist posture toward battleships. The first true U.S. battleships began with the experimental Maine and Texas, followed by the three-ship Indiana class and the Iowa class, which incorporated lessons from the previous ships. These initial ships set the enduring U.S. battleship standard of being heavily armed and armored at the expense of speed.

Brian Lane Herder graduated with a BA in history from the University of Kansas in 2003, and a Masters of Library Science from Emporia State University in 2009. He is a legislative librarian for the Kansas State government and his historical research interests include the U.S. military, naval warfare, and World War II. He lives in Topeka, Kansas.
Walker Bulldog vs T-54

Laos and Vietnam 1971–75

Chris McNab

Fully illustrated, this engaging study investigates the origins, combat record, and legacy of the U.S.-made M41 Walker Bulldog tank and the Soviet-designed T-54 tank.

Illustrated with full-color artwork as well as rare and revealing photographs from both sides, this book studies these two iconic tanks in Vietnamese service, examining how their differing designs and fighting doctrines affected their performance in this unique theater of combat.

During the Vietnam War, both the United States and the Soviet Union supplied all manner of weapon systems to the opposing sides, including tanks and armored vehicles. Two tanks in particular took momentary prominence in the later years of the conflict. On the South Vietnamese side, it was the U.S. M41 Walker Bulldog; for the Communist North Vietnamese, the Soviet-supplied T-54 main battle tank was the core of their armored power.

In their first major engagement, during Operation Lam Son 719 (February–March 1971), it was the Walker Bulldog in the ascendant, but in later battles the T-54s inflicted heavy losses on their lighter opponents, taking the advantage through their superior maneuverability and gunnery.

Chris McNab is an author and editor. To date he has published more than 100 books, many of them for Osprey.

Johnny Shumate works as a freelance illustrator. He began his career in 1987 after graduating from Austin Peay State University.

Alan Gilliland writes, illustrates, and publishes fiction for a variety of publishers.
Six-Day War 1967

Operation Focus and the 12 hours that changed the Middle East

Shlomo Aloni

The story of how the Israeli Force achieved one of the most audacious and important air power victories in history.

This new illustrated study examines the planning, execution, and aftermath of Operation Focus, showing how it not only effectively won the Six Day War for Israel, but also impacted military thinking—in the Middle East and all over the globe—so profoundly that military leaders’ perceptions of air superiority were practically transformed in its wake, signaling a turning point in the Cold War.

The Israeli Air Force’s Operation Focus was not only a watershed in the history of the modern Middle East but was one of the greatest and most effective air superiority campaigns ever waged. On a single morning, almost the entire IAF was committed to a surprise, preemptive airstrike against the air forces of the encircling Arab states. The attack was extraordinarily successful. Hundreds of Arab aircraft were destroyed, their airfields crippled, and the IAF gained almost complete air supremacy for the rest of the war.

Shlomo Aloni has authored dozens of books and hundreds of articles covering Israel Air Force heritage and Middle East air warfare history. He lives in Israel.
Bolt Action: Korea

Warlord Games

A new supplement bringing *Bolt Action* to a new period and conflict, the Korean War, with special rules, forces, and scenarios to game this conflict.

This supplement for *Bolt Action* expands the rules set from its World War II roots to this new and truly modern conflict. *Bolt Action: Korea* contains all the rules, Theatre Lists, scenarios, and new and exciting units, never seen in *Bolt Action* before, to wargame this turbulent period of world history.

Warlord Games is one of the world’s leading producers of wargaming miniatures. Their *Bolt Action* range of 28mm World War II miniatures is the most extensive on the market and continues to grow and develop.

Peter Dennis studied illustration at Liverpool Art College. He has contributed to hundreds of books, predominantly on historical subjects, including many Osprey titles. A keen wargamer and modelmaker, he is based in Nottinghamshire, UK.
Valley of the Shadow

The Siege of Dien Bien Phu

Kevin Boylan, Luc Olivier

This book offers a new perspective on the climactic French defeat at Dien Bien Phu, which took place during the First Indochina War—the conflict that set the stage for the Vietnam War.

Following the end of World War II, France attempted to reassert control over its colonies in Indochina. In Vietnam, this was resisted by the Viet Minh, leading to the First Indochina War. By 1954, the French army was on the defensive and determined to force the Viet Minh into a decisive set-piece battle at Dien Bien Phu.

Over the past five decades, Western authors have generally followed a standard narrative of the siege of Dien Bien Phu, depicting the Viet Minh besiegers as a faceless horde which overwhelmed the intrepid garrison by sheer weight of numbers, superior firepower, and logistics. However, a wealth of new Vietnamese-language sources tell a very different story, revealing for the first time the true Viet Minh order of battle and the details of the severe logistical constraints within which the besiegers had to operate. Using these sources, complemented by interviews with French veterans and research in the French Army and French Foreign Legion archives, this book, now publishing in paperback, provides a new telling of the climactic battle in the Indochina War, the conflict that set the stage for the Vietnam War a decade later.

Kevin Boylan teaches history at Emmanuel College in Boston, Massachusetts. In October 2014, his groundbreaking article on the topic of Viet Minh artillery at Dien Bien Phu was published in the Journal of Military History and won the Society for Military History’s Moncado Prize in 2015.

Luc Olivier has designed a dozen commercial wargames—including two on Dien Bien Phu—which have been published in a variety of magazines.
Liberty or Death
Latin American Conflicts, 1900–70

Philip Jowett

A highly illustrated study of the wars of Central and South America from 1900 through 1970, featuring many rare and never-before-seen images.

Fully illustrated with a wealth of color artwork plates and rare photographs, this fascinating story sheds light on seven decades of a continent in conflict that is rarely covered in English.

From the Banana Wars of the early 20th century through to the Football War of 1969, South and Central America has been a hotbed of revolutions, rebellions, and conflicts as diverse as they are numerous. Some were small-scale affairs involving the poorly armed forces of Central American armies with rifles, machetes, and a few aged machine guns. Others were full-scale conflicts involving sophisticated armies equipped with tanks, artillery, and aircraft, and involving hundreds of thousands of troops. These wars often went largely unreported in the West, which was preoccupied with its own problems in fighting two world wars and dealing with Cold War tensions.

Philip Jowett was born in Leeds in 1961, and has been interested in military history for as long as he can remember. His first Osprey book was the groundbreaking Men-at-Arms 306: Chinese Civil War Armies 1911–49; he has since published the three-part sequence The Italian Army 1940–45 (Men-at-Arms 340, 349, and 353). He is married and lives in Lincolnshire, UK.
British Airborne Soldier vs Waffen-SS Soldier

Arnhem 1944

David Greentree

This Combat series title casts new light on the desperate fighting between British glider troops and their Waffen-SS opponents during the battle of Arnhem in September 1944.

Employing firsthand accounts and drawing upon the latest research, David Greentree tells the story of the glider troops’ dogged defense of the Allied perimeter at Arnhem, and the Waffen-SS forces’ efforts to overcome them.

Operation Market Garden was an Allied plan to try and end the war before the end of 1944 and relied on landing airborne troops to secure bridges over the Rhine bridges in the Netherlands. Critical to this plan were the glider troops of Britain’s 1st Airlanding Brigade. Short on heavy weapons and not trained in street fighting, the glider troops were meant to secure and defend the Allied perimeter around Arnhem as the parachute brigades fought their way into the city. Facing the airborne forces were understrength Waffen-SS units that were hastily formed into ad hoc battle groups, some supported by armor. The troops on both sides would have their tactical flexibility and powers of endurance tested to the limit in the bitter actions that ensued.

David Greentree graduated in history at York before taking an MA in war studies from King’s College London and qualifying as a lecturer in further education. In 1995 he accepted a commission in the Royal Air Force and has served in a variety of locations, including Afghanistan and Oman.

Peter Dennis has since contributed to hundreds of books, predominantly on historical subjects, including many Osprey titles. A keen wargamer and modelmaker, he is based in Nottinghamshire, UK.
OSPREY PUBLISHING    JULY 2019

USAF F-105 Thunderchief vs VPAF MiG-17

Vietnam 1965–68

Peter E. Davies

An evaluation of the tactics and technology involved in the battles between the USAF’s Republic F-105 Thunderchief fighter-bombers and their VPAF MiG-17 opponents during the Vietnam War.

Fully illustrated with stunning artwork, this book shows how the F-105 and the MiG-17, totally different in design and purpose, fought in a series of duels that cost both sides dearly.

The F-105D Thunderchief was originally designed as a low-altitude nuclear strike aircraft, but the outbreak of the Vietnam War led to it being used instead as the USAF’s primary conventional striker against the exceptionally well-defended targets in North Vietnam and Laos. F-105 crews conducted long-distance missions from bases in Thailand, refueling in flight several times and carrying heavy external bombloads.

The MiG-17 was the lightweight, highly maneuverable defending fighter it encountered most often in 1965–68 during Operation Rolling Thunder. A development of the MiG-15, which shocked UN forces during the Korean War, its emphasis was on simplicity and ease of maintenance in potentially primitive conditions.

Peter E. Davies is a full-time aviation author with more than 30 published books to his credit, including more than 20 for Osprey Publishing. He specializes in modern combat aircraft.

Jim Laurier has worked on the Osprey Aviation list since 2000, and in that time he has produced some of the finest artwork seen in these volumes.

Gareth Hector is a digital artist of international standing as well as an aviation history enthusiast.
Weapons of the US Special Operations Command

Chris McNab

This absorbing study explores the origins, development, and combat record of the distinctive weaponry carried by the U.S. Special Operations Command, from pistols to assault rifles.

Assessing the technology and capabilities of these combat weapons, as well as how they have been used in modern combat, this fully illustrated study lifts the veil on some of the most distinctive hand-held weapon systems of U.S. Special Operations forces since 1987.

The units and formations of the U.S. Special Operations Command (SOCOM) have privileged access to the finest weaponry in the world’s arsenal. Whether Army, Navy, Air Force, Marines, or CIA, the SOCOM troops select weapons that match their mission requirements, but which also sit at the cutting edge of combat technology.

This means that while SOCOM troops frequently use standard-issue weaponry, they also adopt many specialist pieces of kit that are not so accessible to the broader armed services, including sniper rifles, battle rifles, and machine guns, as well as high-tech tactical accessories used to transform standard weaponry into something exceptional.

Chris McNab has published more than 100 books, including A History of the World in 100 Weapons (2011), Deadly Force (2009), and Tools of Violence (2008).

Johnny Shumate works as a freelance illustrator and lives in Nashville, Tennessee.

Alan Gilliland writes, illustrates, and publishes fiction for a variety of publishers. He lives in Lincolnshire, UK.
Roman Army Units in the Western Provinces (2)

3rd Century AD

Raffaele D'Amato

Illustrated study of the deployments and appearance of Roman legionary, auxiliary, and allied units in the Western half of the Empire in the turbulent decades between 200 and 300 A.D.

Fully illustrated with specially chosen color plates, this book reveals the uniforms, equipment, and deployments of Roman soldiers in the most chaotic years of the Empire.

The appearance of Roman soldiers in the 3rd century a.d. has long been a matter of debate and uncertainty, largely thanks to the collapse of central control and perpetual civil war between the assassination of Severus Alexander in 235 and the accession of the great Diocletian in 284.

During those years no fewer than 51 men were proclaimed as emperors, some lasting only a few days. Despite this apparent chaos, however, the garrisons of the Western Provinces held together, by means of localized organization and the recruitment of “barbarians” to fill the ranks. They still constituted an army in being when Diocletian took over and began the widespread reforms that rebuilt the Empire—though an Empire that their forefathers would hardly have recognized.

Dr Raffaele D’Amato is an experienced Turin-based researcher of the ancient and medieval military worlds. After achieving his first PhD in Romano-Byzantine Law, and having collaborated with the University of Athens, he gained a second doctorate in Roman military archaeology. Raffaele Ruggeri has long been interested in military history and has illustrated a number of books for Osprey, specializing in African subjects.
The First Anglo-Sikh War
1845–46

The betrayal of the Khalsa

David Smith

A highly illustrated account of the First Anglo-Sikh War of 1845–56, a dramatic, hard-fought, and colorful conflict during Britain’s rule of India.

This fully illustrated study of the First Anglo-Sikh War tells the story of one of the major colonial wars of the nineteenth century, as the East India Company attempted to wrest control of the Punjab region from a Sikh Empire riven by infighting.

The First Anglo-Sikh War broke out due to escalating tensions between the Sikh Empire and the British East India Company in the Punjab region of India in the mid-nineteenth century. Political machinations were at the heart of the conflict, with Sikh rulers fearing the growing power of their own army, while several prominent Sikh generals actively collaborated with the East India Company.

The British faced a disciplined opponent, trained along European lines, which fielded armies numbering in the tens of thousands. The war featured a number of closely contested battles, with both sides taking heavy losses.

David Smith is a visiting lecturer at the University of Chester. He is the author of Whispers across the Atlantick (2017) for Osprey as well as Sherman's March to the Sea 1864 (2007) and New York 1776 (2008). He is a graduate of the Military Studies master’s degree program at the University of Chester.
Paleomythic

A Roleplaying Game of Stone and Sorcery

Graham Rose

A roleplaying game of myth and survival at the dawn of history.

Paleomythic is a roleplaying game of grim survival and mythical adventures in the land of Ancient Mu, a harsh prehistoric world. The world of Mu is full of mysterious ruins and temples to explore, huge and terrible creatures that roam and spread fear across the land, and nefarious mystics and sorcerers who plot dark schemes from the shadows. It is a world of biting cold winters, of people hunting and foraging to survive, and tribes that wage relentless war.

Paleomythic is a versatile game that is light on rules and quick to get going. Taking on the roles of hunters, healers, warriors, soothsayers, and more, players will navigate a world of hostile tribes, otherworldly spirits, prehistoric beasts, and monstrous creatures lurking in the dark places of the world. Players have huge scope in sculpting the game experience that best suits them, whether it’s a gritty survival story without a trace of the mystical or a tale of grand adventure and exploration in a mythic setting.

Graham Rose designed his first homebrew role playing game in the 1980s, and has continued tinkering with games ever since. Graham lives in the UK with his wife Nicola, and currently works as a cold case homicide investigator.
**Undaunted: Normandy**

David Thompson, Trevor Benjamin

A two-player deck-building war game, pitting players against one another in the European theater of World War II.

*Platoon Command* is a deck-building game with a twist. Each player will take the role of a commander of the German or American forces, leading their troops through a series of missions. Cards can be used to take the initiative, draft new recruits to the front lines, or use those recruits to control the battlefield.

Every card counts—any time a unit takes damage, the card is removed from your deck and they become harder to predict. This simple mechanic of cards being both flexibility and health raises Platoon Command beyond traditional deck-builders, and into a unique bracket of accessible, tactical wargame.

David Thompson’s first published design was Armageddon, followed by Orc-lympics, Pavlov’s House, Warchest, Castle Itter, and Switch & Signal. He lives in Dayton, Ohio. Trevor MacDonald published games to date include Dice Heist, Light & Dark, Cafe Fatal, Orc-lympics, Warchest, and Rolling Bandits. Roland MacDonald is a graphic designer, illustrator, and board game designer. He has illustrated titles including Stop Thief!, Kaiju Crush, and Battle Line.
Romance of the Perilous Land

A Roleplaying Game of British Folklore

Scott Malthouse

A roleplaying game of adventure and fantasy in the age of King Arthur and the Britain of folklore.

Romance of the Perilous Land is a game very much inspired by the oldest fantasy roleplaying game created in the 1970s, but is also its own creation, with easy-to-follow rules that put you right into the action. Romance of the Perilous Land is firmly set in the world of British folklore, from the stories of King Arthur to the wonderful regional tales told throughout this green and pleasant land. Creatures are beings of wonder and terror, rare, and often hidden until awakened or angered by the machinations of humanity. In the Perilous Land, heroes will not face flocks of dragons, but will hear legends of a single Long Worm that has existed since time immemorial. Magic is similarly mysterious and otherworldly, and its mastery is the reserve of a powerful few.

Romance of the Perilous Land is a roleplaying game of magic and adventure set in a Britain steeped in folklore and the tales of King Arthur. This is a world of romantic chivalry, but also of great danger, with ambitious kings, evil knights, and thieving brigands terrorizing the land while greedy giants, malevolent sorcerers, and water-dwelling knuckers lurk in the shadows. As valiant knights, mighty barbarians, subtle cunning folk, and more, the players are heroes, roaming the land to fight evil, right wrongs, and create their own legends.

Scott Malthouse is a roleplaying-game designer and folklore enthusiast who was born and bred in Yorkshire, where he currently lives. His work includes the award-winning Quill (Best Free Game 2016, Indie RPG Awards), In Darkest Warrens, and Unbelievably Simple Roleplaying.
The Arisaka Rifle

Bill Harriman

This study casts new light on origins, combat record, and reputation of the Arisaka bolt-action rifles used by Japanese troops during the world wars.

Featuring full-color artwork as well as archive and close-up photographs, this is the absorbing story of the rifles arming Imperial Japan’s forces, from the trenches of Mudumen in 1905 to the beaches of Okinawa 40 years later. Entering service in 1897, the Arisaka family of bolt-action rifles armed Japanese troops and others through two world wars and many other conflicts, including the Russo-Japanese War of 1904–05.

Issued in long and short versions—the latter for cavalry and specialists—the Type 30 was the first main Arisaka model, arming Imperial Japan’s forces during the Russo-Japanese War, though after the war it was refined into the Type 38, which would still be in use in 1945. The main Arisaka rifle of World War II, though, was the Type 99. Lighter and more rugged than the US M1903 Springfield rifle it would face in the initial battles in the Pacific, it was produced in four main variants, including a sniping model and a take-down parachutist’s rifle.

Bill Harriman is Director of Firearms at the British Association for Shooting and Conservation, and appears regularly on British television as part of the team of experts on the BBC’s Antiques Roadshow program.

Peter Dennis has since contributed to hundreds of books, predominantly on historical subjects, including many Osprey titles.

Alan Gilliland writes, illustrates, and publishes fiction for a variety of publishers.
T-34 vs StuG III

Finland 1944

Steven J. Zaloga

This fully illustrated book pits the StuG III assault gun in Finnish hands against the Soviet T-34-85 tank in the bitter armored clashes in Finland at the height of World War II.

Featuring specially commissioned artwork and an array of archive photographs, T-34 vs StuG III is the absorbing story of the parts played by Soviet and Finnish armor in the epic battles in Finland during June and July 1944.

In the summer of 1944, the Red Army staged a massive armored assault up the Karelian Isthmus with the intent of eliminating any remaining German and Finnish forces facing the Leningrad region.

Most of the Soviet units sent into Finland were new to the region, moving mainly from the fighting in the Leningrad area. As a result, they had the latest types of Soviet equipment including the new T-34-85 tank. Germany refused to sell the Finns new tanks without a reinforced military alliance, but in 1943 began selling them a few dozen StuG III assault guns. This made the StuG III battalion the most modern and powerful element of the Finnish armored division, and it saw very extensive combat in the June–July summer battles.

Steven J. Zaloga is the author of numerous books on military technology and military history, with an accent on the U.S. Army in World War II as well as Russia and the former Soviet Union. Richard Chasemore has written six educational books on digital art. He has spent 10 years working on the bestselling Star Wars Incredible Cross Sections series, which has taken him to Skywalker Ranch in California to work with the Lucasfilm concept artists.
Kos and Leros 1943

Anthony Rogers

A highly illustrated account of the fighting on the Dodecanese in 1943 as the British sought to take advantage of the Italian armistice by opening a new front against Nazi Germany.

Fully illustrated with specially commissioned artwork, this is the story of the Nazi Germany’s final conquest of World War II.

The Italian armistice of September 1943 the British saw an opportunity to open a new front in the eastern Mediterranean in order to add yet more pressure to Nazi Germany. For the operation to have any chance of success it was imperative that Rhodes be seized together with the island’s all-important airfields.

Before the British could act, however, the German Sturmdivision Rhodos, with around 7,500 officers and men, seized control of Rhodes. Nevertheless, there was hope in the British camp that even without Rhodes some islands might be occupied. Kos, Samos, and Leros were duly secured and garrisoned primarily by troops of the 234th Infantry Brigade, the SBS, and the Long Range Desert Group. They would quickly face a German counterattack though, from land, sea, and air and soon the British and Italians would be forced into retreat and surrender.

Anthony Rogers served in the Royal Marines and was a freelance photojournalist before embarking on a career in the private security sector. He is known for his meticulously researched books detailing events during the Second World War. He lives in London, UK.

Born and raised in Malaysia, Darren Tan grew up drawing spaceships, dinosaurs, and the stuff of his imagination. Following a brief stint in 3D animation, Darren now works as a freelance illustrator.
Churchill Infantry Tank

David Fletcher

David Fletcher’s history of the most important British-made tank of World War II.

The NVG covers all seven Marks of Churchill gun tanks with variations and the curious self-propelled gun of 1941/42, but not the so-called “Funnies” or the armored recovery vehicle variants.

It begins with the prototype tank A20, which has not been covered in any detail before, then goes on to look at all seven Marks of Churchill, in particular their different guns. There is material on the tank’s service in Russia and later with the Irish, Jordanian, and Australian armies; a feature on the disastrous Dieppe raid of August 1942; and a brief look at the Black Prince, or super Churchill, which was only developed up to the prototype stage at the end of the Second World War.

The Churchill is an interesting tank, quite different from any other British tanks of the Second World War, built outside the normal process of British tanks and the Department of Tank Design. Despite being condemned as unsuitable, it remained in production and ultimately vindicated itself since.

Its classification as an Infantry Tank has been extensively criticized although recently one or two authors, notably Americans, seem to have revised their views on this and even Field Marshal Montgomery, who advocated a Universal Tank to fulfill all roles, found the Churchill a useful tank on many occasions, particularly considering its ability to absorb punishment.

David Fletcher MBE was born in 1942. He has written many books and articles on military subjects and until his retirement was the historian at the Tank Museum, Bovington, UK. He has spent more than 40 years studying the development of British armored vehicles during the two World Wars and in 2012 was awarded an MBE for services to the history of armored warfare.
Adolescence: How to Survive It

A Guide for Parents, Teachers and Young Adults

Tony Little, Herb Etkin

Following his bestselling An Intelligent Person’s Guide to Education, former Head Master of Eton Tony Little continues to widen his perspective in Adolescence: How to Survive It. Addressing parents and educators as well as teenagers, he covers issues much broader than just schooling. Little tries to break down the barriers between teachers and parents and to tackle the habitual anxieties of parents about their children from first days in primary schools to last days in secondary schools. To accomplish this, Little has enlisted the help of Herb Etkin, a child and adolescent psychiatrist, reprising the form of John Cleese and Dr. Robin Skinner’s celebrated book, Families and How to Survive Them.

Adolescence: How to Survive It covers questions on adolescence such as “What is it?,” “Who is affected?,” “What do the stages of development look like?,” and “When does an adolescent require outside help?” The first part of the book sets adolescence in context, before Little and Etkin engage in a series of questions and answers to tackle key issues. The final part of the book is a manual for parents, teachers, and teenagers.

Tony Little was from 2002 until 2015 the Head Master of Eton College. Since 2015 Little has been Chief Education Officer of GEMS (Global Education Management Systems), which was founded in and is run from Dubai. He lives in London.

Herb Etkin is a child and adolescent psychiatrist and a leading authority on the psychology of young people.
Beyond the Thirty-Nine Steps

A Life of John Buchan

Ursula Buchan

An illuminating biography tracing the extraordinary life and times of John Buchan, the man who gave form to the modern thriller.

John Buchan’s name is known across the world for The Thirty-Nine Steps. In the past one hundred years the classic thriller has never been out of print and has inspired numerous adaptations for film, television, radio and stage, beginning with the celebrated version by Alfred Hitchcock. Yet there was vastly more to ‘JB.’ He wrote more than a hundred books, fiction and non-fiction and about a thousand articles for newspapers and magazines. He was a scholar, antiquarian, barrister, colonial administrator, journal editor, literary critic, publisher, war correspondent, director of wartime propaganda, member of parliament and imperial proconsul—even given a state funeral when he died, he was a deeply admired and loved Governor-General of Canada.

His teenage years in Glasgow’s Gorbals, where his father was the Free Church minister, contributed to his ease with shepherds and ambassadors, fur-trappers and prime ministers. His improbable marriage to a member of the aristocratic Grosvenor family means that this account of his life is, at its heart, an enduring love story.

Ursula Buchan, his granddaughter, has drawn on recently discovered family documents to write this comprehensive and illuminating biography. With perception, style, wit, and a penetratingly clear eye, she brings vividly to life this remarkable man and his times.

PRAISE

“Meticulously researched, gripping, and often humorous.” — Country Life on A Green and Pleasant Land

“Elegantly written and rich.” — The Spectator on A Green and Pleasant Land

“[An] engaging history... All sorts of people found solace in creating small regions of abundance and fertility, a counter to the annihilating wastefulness of war.” — The Observer on A Green and Pleasant Land

“A sensible and detailed account . . . studded with her pithy comments and aspersions.” — New York Times on Gardening for Pleasure

Ursula Buchan studied modern history at New Hall, Cambridge, and horticulture at the Royal Botanic Gardens, Kew. She is an award-winning journalist and author, having written eighteen books and contributed regularly to the Spectator, Observer, Independent, Sunday Telegraph, Daily Telegraph and The Garden. She is a daughter of John Buchan’s second son, William.
The Medieval Cannon 1326–1453

Jonathan Davies
Lost Connections

Uncovering the Real Causes of Depression – and the Unexpected Solutions

Johann Hari

The New York Times bestseller from the author of Chasing the Scream, offering a radical new way of thinking about depression and anxiety.

There was a mystery haunting award-winning investigative journalist Johann Hari. He was thirty-nine years old, and almost every year he had been alive, depression and anxiety had increased in Britain and across the Western world. Why?

He had a very personal reason to ask this question. When he was a teenager, he had gone to his doctor and explained that he felt like pain was leaking out of him, and he couldn’t control it or understand it. Some of the solutions his doctor offered had given him some relief—but he remained in deep pain.

So, as an adult, he went on a forty-thousand-mile journey across the world to interview the leading experts about what causes depression and anxiety, and what solves them. He learned there is scientific evidence for nine different causes of depression and anxiety—and that this knowledge leads to a very different set of solutions: ones that offer real hope.

PRAISE

“Lost Connections offers a wonderful and incisive analysis of the depression and alienation that are haunting American society.” —Hillary Rodham Clinton

“If you have ever been down, or felt lost, this amazing book will change your life. Do yourself a favor—read it now.” —Elton John

“Wise, probing, and deeply generous, Hari has produced a book packed with explosive revelations about our epidemic of despair. I am utterly convinced that the more people read this book, the better off the world will be.” —Naomi Klein

Johann Hari is the New York Times bestselling author of Chasing the Scream. He was a columnist for the Independent in London for nine years and was twice named Newspaper Journalist of the Year by Amnesty International UK. He has written for the New York Times, Los Angeles Times, Slate, Le Monde, and others.
Churches and Churchyards of England and Wales

Richard Hayman

An engaging introduction to the workings of church buildings and churchyards, explaining the integral elements of a working church and how they have changed over time.

The parish church is a symbol of continuity, a cornerstone of the urban and rural landscape, and a treasure trove often as rich in cultural history as any museum. This compact and accessible guide explores all of these aspects of the parish church. It begins by examining why churches are built where they are, and then goes on to explain how both church buildings and churchyards have changed over time. It also describes the fixtures and furnishings in the parish church, including fonts, screens, stained glass, and monuments, explaining their ritual and symbolic purpose and how their significance has shifted over time. Lavishly illustrated with color photographs, this book will provide an indispensable introductory guide to anyone who is curious about the nation’s parish churches and wants to explore them further.

Richard Hayman is a buildings historian and has been visiting and photographing churches for many years. He is author of several books, including Rood Screens, Church Misericords and Bench Ends, The Tudor Reformation for Shire, and A Concise Guide to the Parish Church.
An Englishman Abroad

SOE agent Dick Mallaby’s Italian missions, 1943–45

Gianluca Barneschi

A dramatic account of the missions of a real-life James Bond, Special Operations Executive agent Dick Mallaby, in Italy during World War II.

The debonair Special Operations Executive agent Dick Mallaby was the first Briton to be sent to Italy as an SOE operative, parachuted unceremoniously into Lake Como in August 1943. Arrested and initially tortured by the Italian authorities, he managed to sweet-talk his way out of trouble and helped Marshal Pietro Badoglio and King Victor Emmanuel III escape the Allied lines. He also helped negotiate the armistice with Italy, for which he was awarded the Military Cross.

He was back in action in 1945 when he crossed into Fascist-controlled northern Italy from Switzerland, but was swiftly captured and interrogated by the SS. Narrowly avoiding a firing squad (not for the first time), he helped to secure the surrender of 800,000 German forces in Italy in May 1945.

Based on twenty years of research, Gianluca Barneschi has uncovered the true story of a bona-fide James Bond.

Gianluca Barneschi is an Italian lawyer and historian who has spent twenty years researching the story of Richard Mallaby’s missions.
1970s Childhood

Liza Hollinghurst

A colorfully illustrated introduction to what British childhood was like in the 1970s.

This fully illustrated book is a celebration of the 1970s childhood—its highs, lows, and scraped knees—that will happily trigger the forgotten memories of a generation who didn’t grow up with mobile phones, the Internet, and 24-hour-available shopping.

Childhood in the 1970s was a decade of happy-go-lucky freedom, set against a soundtrack of pop music playing on a transistor radio dangling from the handlebars of a Raleigh Chopper. It was a playground battlefield of Sindy versus Action Man or a dexterous display of how to handle Clackers without painfully rapping them across your knuckles. After-school television meant a choice of watching Blue Peter or Magpie, while chewing on an Aztec chocolate bar and flicking through Shoot or Jackie magazine. Yet it was also a decade of strikes, the three-day week, and the Winter of Discontent, which passed most children by unless a power cut meant no television.

A child of the 1970s herself, Liza Hollinghurst has had over thirty magazine articles published since 2013, specializing in twentieth-century social history and vintage lifestyle. She regularly contributes to Her Vintage Life Magazine and In Retrospect Magazine. Liza’s first book, Vintage Knitting was published by Old House in May 2015. She lives in Cheltenham, UK.
Calligraphy for the Beginner

Tom Gourdie

As an introduction to calligraphy, the author, himself a past master of the art, supplies many different alphabets and shows how each may be applied by drawing, painting, carving or writing with a broad lettering pen. He also gives advice on materials that are most suitable. This is one of the classic books in the field.

Tom Gourdie was one of the leading British calligraphers for many years. He wrote many books on lettering and calligraphy over the years, and this book has been a standard in the field for more than three decades.
Audacious Missions of World War II

The National Archives

A series of daring missions from World War II, revealed through letters and documents from the main protagonists.

Winning World War II was about more than military force. It required guile, and tremendous acts of bravery by Special Forces and intelligence operatives who had the odds stacked against them. Using hundreds of documents and images from the National Archives in the UK, including some never before seen in print, this book reveals some of World War II’s most audacious missions. These include the SOE dossier of the plot to assassinate Hitler, which shows that was practically impossible; Operation Frankton, in which commandoes paddled 100 miles upriver to Bordeaux in canoes to blow up Axis shipping; and the joint British-American Operation Fortitude, in which a phantom US army of inflatable tanks was planted in Kent, fooling Hitler into thinking D-Day would occur at Calais.

The National Archives at Kew is the repository of documents that record the history of the UK. Events revealed through these papers are both large and small, ranging from momentous political events to day to day happenings in the lives of ordinary individuals.
The Battleship USS Iowa

Stefan Draminski

A brilliant representation of one of the greatest U.S. warships, the USS Iowa, whose 4 decades in service took it from the Pacific War in World War II to the Persian Gulf in the late 1980s.

USS Iowa (BB-61) was the lead ship in one of the most famous classes of battleships ever commissioned into the U.S. Navy. Transferred to the Pacific Fleet in 1944, the Iowa first fired her guns in anger in the Marshall Islands campaign, and sunk her first enemy ship, the Katori. The Iowa went on to serve across a number of pivotal Pacific War campaigns, including at the battles of the Philippine Sea and Leyte Gulf. It ended the war spending several months bombarding the Japanese Home Islands before the surrender in August 1945. After taking part in the Korea War, the Iowa was decommissioned in 1958, before being briefly reactivated in the 1980s as part of President Reagan’s 600-Ship Navy Plan. After being decommissioned a second and final time in 1990, the Iowa is now a museum ship in Los Angeles.

This new addition to the Anatomy of the Ship series is illustrated with contemporary photographs, scaled plans of the ship, and superb 3-D illustrations that bring this historic battleship to life.

Stefan Draminski was born in 1982 and is a naval researcher and illustrator. Since 2002 he has worked on numerous publications on military history subjects. Using 3-D software, he creates highly detailed and historically accurate digital models of warships, aircraft, and vehicles. His particular interest in the Imperial Japanese Navy has led him to learn Japanese. He lives in Torun, Poland, with his wife, children, and dog.
Toy Train

1935–1975

Bob Leggett

The ideal introduction to the long history of toy trains, from wooden and stainless steel versions up to plastic Thomas the Tank Engines.

Using detailed and colorful illustrations, this book is the perfect short survey of the history of the toy train and the joy it has brought to many generations. Since the dawn of the railway age, the making of toy trains has reflected the universal popularity enjoyed by railways, particularly among young people. Children have played with trains since the 1840s, and continue to do so even though steam locomotives are for most people a distant memory. Toy trains, made at first from metal or wood, and later from plastics and other materials, existed long before model railways, and their enduring appeal is based on their simplicity, scale, and general lack of accurate detailing.

Paul Atterbury is a writer and historian specializing in the art and design of the nineteenth and twentieth centuries. A lifelong railway enthusiast, he has written over twenty illustrated books about railways, generally reflecting his own interests in documenting the impact of the train on our cultural history. He has for twenty-seven years been a member of the team of experts on the BBC’s Antiques Roadshow. He lives in Weymouth, UK.
Nieuwpoort 1600

*The battle of the Dunes*

Bouko de Groot

A highly illustrated study of the battle of Nieuwpoort in 1600, it will appeal to all enthusiasts of 16th- and 17th-century warfare and the development of military strategy generally.

This book uses specially commissioned artwork to reveal one of the greatest battles of the Eighty Years War—whose influence on military theory and practice ever since has been highly significant.

The Eighty Years War began as a limited Dutch rebellion seeking only religious toleration from their Spanish overlords, but quickly escalated into one of the longest wars in European history. Spain’s failed invasion of 1599, and the mutinies that followed, convinced Dutch leaders that they should go on the offensive. This campaign pitted two famous leaders’ sons against each other: Maurice of Nassau and Archduke Albert VII. One led an unproven new model army, the other Spain’s “unbeatable” Tercios, each around 11,000 men strong.

The Dutch wanted to land near Nieuwpoort, take it, and then march on to Dunkirk, northern homeport of the Spanish fleet, but were cut off by the resurgent and reunited Spanish army. The two forces then met on the beach and in the dunes north of Nieuwpoort, and the rest is history.

Bouko de Groot has a BA in art history and an MA in Egyptology. He has served in the army and is a published author of a number of academic, popular scientific, and business journalistic articles. When not writing about current affairs, he continues to study and write about military history. He is Dutch and currently lives in The Hague.
Ragnarok

Heavy Metal Combat in the Viking Age

Tim Korklewski

Ragnarok is a campaign-driven skirmish game of vicious Viking combat with a heavy metal edge.

Ragnarok is a campaign-driven skirmish game in which players form a Viking war clan seeking to prove itself worthy of becoming the new pantheon. The use of a mechanic called Godspark means that battles are no longer determined by merely striking an opponent and dealing damage. Instead, warriors will be pushing, throwing, and crashing their opponents around the battlefield, making their very environment a weapon. As the war clans develop, they may gain glorious new powers that will bring them closer to godhood, or win the respect of the denizens of the realms, allowing them to bring dire wolves, dwarves, and even the dreaded giants into their war clans. With strategic gameplay and epic storytelling, players must write their own sagas and tell of how their war clans have, through blood and steel, clawed their way up from ruin to stand before the halls of Valhalla.

The end of the Aesir has come, but not as the prophecies foretold. The dread dragon Niddhoggr has devoured the roots of the World Ash, Yggdrasil, and the great tree has toppled onto its side, crushing the realms of mortal and supernatural together. With the gods dead and the fires of ruin consuming the world, your war clan of Viking warriors know what they must do to survive the destruction of the Nine Realms and restore order: They must become the new gods!

Tim Korklewski has worked extensively with several gaming companies to help produce content for many different games, including Malifaux 2.0, Warzone: Resurrection, Dark Age, Wrath of Kings, and the upcoming A Song of Ice and Fire. He lives in Georgia.
Great War

Battlefront Miniatures

A large-scale World War I game from Battlefront Miniatures, creators of Flames of War.

*Great War* contains complete rules for wargaming World War I, including unit histories, terrain and painting guides, scenarios, and force lists covering the battles of 1918 (British, German, French, and American Rifle Companies).

**Battlefront Miniatures Limited** is a New Zealand company that manufactures 15mm (1:100) scale models and miniatures for wargaming and collecting. Battlefront is best known for its incredibly popular *Flames of War* World War II wargame.
BIOGRAPHY & AUTOBIOGRAPHY
/ PERSONAL MEMOIRS
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PUBLICATION: Major galley outreach campaign
Ear...

BLOOMSBURY PUBLISHING
MAY 2019

The Apology

Eve Ensler

From Eve Ensler, author of The Vagina Monologues—and one of Newsweek’s "150 Women Who Changed the World," comes a powerful, life-changing examination of abuse and atonement.

Like millions of women, Eve Ensler has been waiting much of her lifetime for an apology. Sexually and physically abused from the age of 5 by her father, Eve has struggled and suffered her whole life from this betrayal, longing for an honest reckoning from a man who is long dead. After years of work as an artist and anti-violence activist, she decided she was no longer waiting; an apology could be imagined, by her, for her, to her. This book, The Apology, written by Eve from her father's point of view in the words she longed to hear attempts to transform the abuse she suffered, with unflinching truthfulness, compassion, and a expansive vision for the future.

Through The Apology Eve has set out to provide a new way for herself and a possible road for others, so that survivors of abuse may finally imagine how to be free. In it, she grapples with questions she has sought answers to since she began to understand the impact of her father’s abuse on her life: How do we offer a doorway rather than only a locked cell? How do move from humiliation to revelation, from curtailing behavior to changing it, from condemning perpetrators to calling them to reckoning?

The Apology is a remarkably original book that explores the deepest and most intimate questions that can be asked at this moment: Why do men carry out abuse, often against the people they know and love the most? How can we—together—stop it? What does it mean to apologize for these a...

PRAISE

for The Vagina Monologues
“Probably the most important piece of political theater of the last decade.” —The New York Times
“No recent hour of theater has had a greater impact worldwide.” —The New York Times

for In the Body of the World
“[An] extraordinary new memoir . . . a necessary book to read for its fierce, passionate commitment to making the world a safe place for women.” —The Boston Globe
“A masterpiece. Ensler has accomplished the impossible: weaving together huge, bold, world-changing ideas with beautiful writing, amazing metaphors, and original structure. Truly one of the most courageous and original works of our time.” —Naomi Klein

Eve Ensler is a Tony Award–winning playwright, author, performer, and activist. She wrote the international bestselling phenomenon The Vagina Monologues, which won an Obie, has been published in 48 languages, and has been performed in more than 140 countries. She is the author of many plays and books, including the NYT bestseller I Am an Emotional Creature. She recently adapted her highly praised memoir In the Body of the World into a play, which ran to critical acclaim at the American Repertory...
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