



sounds true

WAKING UP THE WORLD



CHILDREN'S BOOKS
SPRING 2022

AUDREY BOUQUET

Little Angry Cat



AUGUST
Sounds True

Juvenile Fiction / Social Themes / Emotions & Feelings

On Sale 8/16/2022

Ages 2 to 5

Hardcover with dust jacket, 28 pages

8 in H | 8 in W

Carton Quantity: 0

ISBN: 9781683648352

\$14.99 / \$19.50 Can.

Kids will learn to recognize and process anger as part of healthy emotional intelligence in this Big Emotions book.

Little Cat wakes up in a bad mood. He hisses and stomps and pouts. But when he realizes he's making everyone else unhappy too, he learns to calm down and breathe through his anger—so he can be happy and play with his friends again.

Featuring the delightful character of Little Cat, this funny and brightly illustrated book is for young children, ages 2–5. It's a fun way to recognize and talk about emotions while teaching children tools for navigating feelings of anger.

Originally translated from the French, *Little Angry Cat* is the first book in Sounds True's Big Emotions series.

Audrey Bouquet studied biology, nutrition, sophrology, and relaxation. She is a writer and lives in Nantes, France, with her husband, Fabien Öckto Lambert, and their two children.

Fabien Öckto Lambert studied visual communication in Tours (École Brassart). He worked as a graphic designer before dedicating all his time to children's book illustrations. He lives in Nantes, France, with his wife, Audrey Bouquet, and their two children.



AUDREY BOUQUET

Little Anxious Cat



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Hardcover with dust jacket, 28 pages

8 in H | 8 in W

Carton Quantity: 0

ISBN: 9781683648376

\$14.99 / \$19.50 Can.

Kids will learn to recognize and process anxiety as part of healthy emotional intelligence in this Big Emotions book.

Little Cat finds out he needs to go to the doctor for a checkup . . . and now he's very worried. But the doctor helps him settle down and feel safe through breathing exercises, body movement, and visualizations.

Featuring the delightful character of Little Cat, this funny and brightly illustrated book is for young children, ages 2–5. It's a fun way to recognize and talk about emotions while teaching children tools for navigating feelings of anxiety.

Originally translated from the French, *Little Anxious Cat* is a companion volume to *Little Angry Cat*, in Sounds True's Big Emotions series.

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Mais il n'a pas envie d'y aller...
Ses pattes ne veulent pas avancer...



Dans la salle d'attente, son petit coeur bat
très fort. Tout se sert dans son petit corps,
il en a mal au ventre et à la gorge.
Il a même envie de pleurer. Le câlin de son
papa ne suffit pas à l'apaiser.

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