Once Upon a Broken Heart

Stephanie Garber

From the #1 New York Times bestselling author of Caraval, the first book in a new series about love, curses, and the lengths that people will go to for happily ever after.

For as long as she can remember, Evangeline Fox has believed in true love and happy endings…until she learns that the love of her life will marry another.

Desperate to stop the wedding and to heal her wounded heart, Evangeline strikes a deal with the charismatic, but wicked, Prince of Hearts. In exchange for his help, he asks for three kisses, to be given at the time and place of his choosing.

But after Evangeline’s first promised kiss, she learns that bargaining with an immortal is a dangerous game?and that the Prince of Hearts wants far more from her than she’d pledged. He has plans for Evangeline, plans that will either end in the greatest happily ever after, or the most exquisite tragedy.

PRAISE

“A dazzling mix of mystery, romance, and magic.” —Karen M. McManus, #1 New York Times bestselling author of One of Us Is Lying

“Oh Once Upon a Broken Heart confirms that Stephanie Garber is the queen of fairy tales. I stepped into her world and got happily lost in the delicious magic, deceit, and passion.” —Mary E. Pearson, New York Times bestselling author of The Remnant Chronicles

“Enchanting, intriguing, and delightfully whimsical, Once Upon a Broken Heart grabbed hold of me and wouldn’t let go. Evangeline is a cunning heroine, and Jacks never stopped surprising me. I couldn’t put it down.” —Brigid Kemmerer, New York Times bestselling author of...

Stephanie Garber is the #1 New York Times and internationally bestselling author of the Caraval series. Her books are published in over thirty languages.
FLATIRON BOOKS: AN OPRAH BOOK
SEPTEMBER 2021

Unbound
My Story of Liberation and the Birth of the Me Too Movement
Tarana Burke

From the founder and activist behind the largest movement of the 20th and 21st century, Tarana Burke shares her never before revealed life story of how she first came to say 'me too' and launch o...

After a long, difficult day working with young Black girls who had suffered the unimaginable, Tarana tossed in her bed, unable to sleep as a fit of memories intruded into her thoughts. How could she help these girls if she couldn't even be honest with herself and face her own demons. A fitful night led to pages and pages of scribbled notes with two clear words at the top: 'Me too.'

Tarana Burke is the founder and activist behind the largest social movement of the 20th and 21st centuries, the 'me too' movement, but first she had to find the strength to say "me too" herself. This is the story of how she came to those two words, after a childhood growing up in the Bronx with a loving mother that took a terrible turn when she was sexually assaulted. She became withdrawn and her self split, there was the Tarana that was a good student, model kid, and eager to please young girl, and then there was the Tarana that she hid from everyone else, the one she believed to be bad. The one that would take all the love in her life away if she revealed.

Tarana's debut memoir explores how to piece back together our fractured selves. How to not just bring the 'me too' movement back to empathy, but how to empathize with our past selves, with out 'bad' selves, and how to begin to love ourselves unabashedly. Healing starts with empowerment, and to Tarana empowerment starts with empathy. This is her story of finding that for herself, and then spreading...

Tarana Burke has always been struck by a commitment to justice and equity. As the founder of the 'me too' movement and subsequent nonprofit, Burke works to dismantle the cycle of sexual violence and other systemic issues that disproportionately impact marginalized people. Tarana's passion for community organizing began in the late 1980s, when as a young girl she joined a youth development organization called 21st Century. Since she has launched initiatives around issues of racial discrimination, ...
FLATIRON BOOKS
SEPTEMBER 2021

**Rock Paper Scissors**

* A Novel

Alice Feeney

Ten years of marriage. Ten years of secrets. And an anniversary they will never forget. Think you know the person you married? Think again.

Adam and Amelia both like their jobs more than they like people, except each other. At least, that much was true when their marriage began. Between Adam's all-consuming screenwriting career and Amelia's unfulfilling job at the local dog shelter, disappointment abounds.

When Amelia wins a free weekend getaway to a remote venue in the Scottish highlands, it seems like the perfect way to reconnect with Adam. But a trip meant to rekindle their relationship soon reveals the many ways in which a relationship can become unrecognizable. From Alice Feeney comes ROCK PAPER SCISSORS, another domestic thriller with twists that will keep readers guessing from start to finish.

**PRAISE**

Praise for Alice Feeney:

“A brilliant twist, I loved it!” — B.A. Paris

“A spine-tingling psychological thriller.” — People

“Feeney weaves a murderously twisty little tale.” — Entertainment Weekly

“A fiendishly well-plotted, deliciously dark and twisting read.” — Lucy Foley

“Absurdly absorbing psychological suspense with a wicked sting at its tail.” — Seattle Times

Alice Feeney is a writer and a journalist. She spent fifteen years with BBC News, where she worked as a reporter, news editor, an arts and entertainment producer, and a One O'Clock news producer. Alice has lived in London and Sydney and has now settled in the Surrey countryside, where she lives with her husband and dog. ROCK PAPER SCISSORS is her fourth novel.
L.A. Weather

A Novel

Maria Amparo Escandón

FORECAST: Storm clouds are on the horizon in this fun, fast-paced novel of a Mexican American family from the author of the #1 Los Angeles Times bestseller Esperanza’s Box of Saints

L.A. is parched, dry as a bone, and all Oscar, the weather-obsessed patriarch of the Alvarado family, desperately wants is a little rain. He’s harboring a costly secret that distracts him from everything else. His wife, Keila, desperate for a life with a little more intimacy and a little less Weather Channel, feels she has no choice but to end their marriage. Their three daughters—Claudia, a television chef with a hard-hearted attitude; Olivia, a successful architect who suffers from gentrification guilt; and Patricia, a social media wizard who has an uncanny knack for connecting with audiences but not with her lovers—are blindsided and left questioning everything they know. Each will have to take a critical look at her own relationships and make some tough decisions along the way.

With quick wit and humor, Escandón follows the Alvarado family as they wrestle with impending evacuations, secrets, deception, and betrayal, and their toughest decision yet: whether to stick together or burn it all down.

Maria Amparo Escandón is the author of the #1 L.A. Times bestseller Esperanza’s Box of Saints and González & Daughter Trucking Co. Named a writer to watch by both Newsweek and the L.A. Times, she was born in Mexico City and has lived in Los Angeles for nearly four decades.
Together

Memorable Meals Made Easy [American Measurements]

Jamie Oliver

Get ready to welcome friends and family back around your table by PRE-ORDERING Jamie’s brand-new cookbook, TOGETHER – a joyous celebration of incredible food to share.

Being with our loved ones has never felt so important, and great food is the perfect excuse to get together. Each chapter features a meal, from seasonal feasts to curry nights, with a simple, achievable menu that can be mostly prepped ahead.

Jamie’s aim – whether you’re following the full meal or choosing just one of the 130 individual recipes – is to minimize your time in the kitchen so you can maximize the time you spend with your guests.

Jamie’s Together also helps to take the stress out of cooking by arming you with tips, tricks, and hacks to stay organized and get ahead of the game.

Inspirational but practical, Together is about comfort, celebration, creating new memories, and, above all, sharing fantastic food.

This is about memorable meals, made easy. Let’s dig in – together!

Praise for Jamie’s 7 WAYS:

“Cooking dinner just got easier (and tastier). Brilliant” – Mail on Sunday

“Easy, achievable and delicious; Oliver has created another fail-safe cookbook for families” – Daily Telegraph

“Perfect for anyone stuck in a cookery rut and in need of some inspiration” – Daily Mail

“Simple, affordable and delicious food designed for all the family” – i

A global phenomenon in food and campaigning, Jamie Oliver has inspired millions of people to cook fresh, delicious food from scratch.

Jamie Oliver is a global phenomenon in food and campaigning. During a 20-year television and publishing career he has sold over 46 million books worldwide, and achieved an estimated global TV audience reach of 67 million across 182 territories. As a result Jamie has inspired millions of people to enjoy cooking fresh, delicious food from scratch.
Sleepless

A Novel

Romy Hausmann

The mind-bending new thriller from the bestselling author of Dear Child

It's been years since Nadja Kulka was convicted of a cruel crime. After being released from prison, she's wanted nothing more than to live a normal life: nice flat, steady job, even a few friends. But when one of those friends, Laura von Hoven - free-spirited beauty and wife of Nadja's boss - kills her lover and begs Nadja for her help, Nadja can't seem to refuse.

The two women make for a remote house in the woods, the perfect place to bury a body. But their plan quickly falls apart and Nadja finds herself outplayed, a pawn in a bizarre game in which she is both the perfect victim and the perfect murderer...

Dark secrets past and present collide in this haunting novel of guilt and retribution from the internationally bestselling author of Dear Child.

PRAISE

Praise for Dear Child:
“Equal parts mystery, thriller and family story...[A] tantalizingly disturbing debut...the overall experience is as enthralling as it is thought-provoking.” —New York Times

“A nightmarish and high-tension Gone-Girl-meets-Room thriller.” —Parade

"Perfect for fans of Room and The Water Cure." —Bustle, Best Books of Fall 2020

“This chilling, clever mystery begins where most suspense stories end: with the escape...Deliciously creepy...deftly crafted and keeps you guessing until the very last page.” —Real Simple

“Dear Child is a chilling, original and mesmerizing work. Hausmann is a force to be reckoned with. You can’t stop reading.” —...

Romy Hausmann lives with her family at a remote house in the woods in Stuttgart, Germany. She is also the author of Dear Child.
The Power of Women
Learning from Resilience to Heal Our World

Dr. Denis Mukwege

From Nobel laureate, world-renowned doctor, and noted human rights activist Dr. Denis Mukwege comes an inspiring clarion call-to-action to confront the scourge of sexual violence and better learn...

At the heart of Dr. Mukwege’s message will be the voices of the many women he has worked with over the years. Dr. Mukwege will use individual cases to reassure all survivors that, even if their psychological wounds may never fully heal, they can recover and thrive with the right care and support.

Dr. Mukwege’s dramatic personal story is interwoven throughout as he explores the bigger issues that have become a focus of his advocacy. He will seek to explain why sexual violence is so often overlooked during war, and how governments need to recognize and compensate victims. He will also stress the importance of breaking down the taboos surrounding assault, and the necessity of building a system that supports women who come forward.

His words advocate for saying ‘no’ to indifference and he asks readers to reckon with the West’s involvement in perpetuating sexual violence in places like the Democratic Republic of Congo, and to confront the abuse taking place in their own communities.

Sexual violence does not occur in a vacuum. The conflict in the Democratic Republic of Congo, which has raged for over 20 years and has claimed an estimated 5 million lives, is inseparable from Western patriarchy and economic colonization. And this cycle of violence and spoils is not limited to Congo. Dr. Mukwege’s work has led him to South Korea, Latin America, the Middle East, and elsewhere in Africa, where he has found striking similarities in women...

Dr. Mukwege was born in the Belgian Congo in 1955. As a child and young man, he was a first-hand witness to racial prejudices, as well as to the economic and moral decay of the Democratic Republic of Congo under dictatorship. Now a world renowned gynecological surgeon, he is recognized as the world’s leading expert on treating rape injuries, and his holistic approach to healing has inspired other initiatives around the world. In 2014, he was invited to the White House by Barack Obama. In Europe,...
Wild Tongues Can't Be Tamed

15 Voices from the Latinx Diaspora

Saraciea J. Fennell

Edited by The Bronx Is Reading founder Saraciea J. Fennell and featuring an all-star cast of Latinx contributors, *Wild Tongues Can't Be Tamed* is a ground-breaking anthology that will spark dialog...

In *Wild Tongues Can't Be Tamed*, bestselling and award-winning authors as well as up-and-coming voices interrogate the different myths and stereotypes about the Latinx diaspora. These fifteen original pieces delve into everything from ghost stories and superheroes, to memories in the kitchen and travels around the world, to addiction and grief, to identity and anti-Blackness, to finding love and speaking your truth. Full of both sorrow and joy, *Wild Tongues Can't Be Tamed* is an essential celebration of this rich and diverse community.

The bestselling and award-winning contributors include Elizabeth Acevedo, Cristina Arreola, Ingrid Rojas Contreras, Naima Coster, Natasha Diaz, Saraciea J. Fennell, Kahlil Haywood, Zakiya Jamal, Janel Martinez, Jasminne Mendez, Meg Medina, Mark Oshiro, Julian Randall, Lilliam Rivera, and Ibi Zoboi.

PRAISE

Named a most anticipated book of the year by Refinery29

**Saraciea J. Fennell** is a Black Honduran writer and the founder of The Bronx is Reading. She is also a book publicist who has worked with many award-winning and *New York Times* bestselling authors. Fennell sits on the board for Latinx in Publishing as well as on the Advisory Board of People of Color in Publishing. She lives in the Bronx with her family and dog, Oreo.

**Contributors:** Elizabeth Acevedo, Cristina Arreola, Ingrid Rojas Contreras, Naima Coster, Natasha Diaz, Saraciea J. Fennell, Kahlil...
The Deeper the Roots
A Memoir of Hope and Home
Michael Tubbs

The rise of the visionary young mayor of Stockton, California— with love and injustice, triumph and failure, and a lot of Tupac along the way

“Don’t tell nobody our business,” Michael Tubbs’s mother often told him growing up. For Michael, that meant a lot of things: don’t tell anyone about the day-to-day struggle of being black and broke in Stockton, CA. Don’t tell anyone the pain of having a father incarcerated for life. Don’t tell anyone about living two lives, the brainy bookworm and the kid who can hang. And also don’t tell anyone about the particular joys of growing up with three “moms”—a grandmother who never let him miss church, an aunt who’d take him to the library any time, and a mother who schooled him in the wisdom of Tupac and Biggie.

So Michael didn’t tell anyone his story, even as he beat all the odds—soaring to a scholarship at Stanford, a position at the Obama White House, and returning to Stockton to become, in 2016 at age 26, its first African American mayor and the youngest-ever mayor of a city of over 100k people. Now, he’s finally ready to share where he came from, and where he’s going.

The Deeper the Roots is a memoir astonishing in its candor and its clarity of vision. Tubbs shares with us his family of badass women, his life-changing encounters with Oprah Winfrey and Barack Obama, and everything in between—en route to unveiling his bold plans for the future of his hometown, and America.

Michael Tubbs served as the seventy-ninth mayor of Stockton, CA, his hometown. He was the city’s first Black mayor and the youngest ever mayor of a major American city. He is the founder of Mayors for a Guaranteed Income and EPIC (Ending Poverty in California), a Special Advisor to California Governor Newsom on Economic Mobility, and a commentator for MSNBC. Tubbs has been a fellow at the Harvard Institute of Politics, The MIT Media Lab, and the Stanford Design School. He has also served as a St...
How well do you really know your neighbors?

With its sprawling yards and excellent schools, Cottonwood Estates is the perfect place to raise children. The Cottonwood Book Club serves as the subdivision’s eyes and ears, meeting once a month for discussion, gossip, and cocktails. If their selections trend toward twisty thrillers and salacious murder mysteries, it’s only because the members feel secure that such evil has no place in their own cul-de-sacs.

Or does it?

What happened to Lena’s family fifteen years ago was a tragic accident, and she will never admit otherwise. Devoted wife and mother Annie refuses to acknowledge—even to herself—the weight of a past shame. And new resident Jen wants friends, but as always, worry about her troubled son gets in the way.

When late-night acts of vandalism target the women of book club in increasingly violent and personal ways, they will be forced to decide how far to go to keep their secrets. At least they all agree on what’s most important: protecting their children at any cost—even if it means someone has to die.

L. Alison Heller, whose work has been praised by Liane Moriarty as "warm, witty…refreshingly true to life,” explores the ultimate sacrifices of parenting in The Neighbor’s Secret, a propulsive and juicy novel filled with gripping twists and instantly recognizable characters.

PRAISE

Praise for L. Alison Heller

"[THE NEVER NEVER SISTERS] is a triumph of witty dialogue and characters as true to life as your best friends." —Kirkus Reviews

“Heller has captured the true essence of friendship, family, and love in THE NEVER NEVER SISTERS. Writing with such an engaging voice, her carefully crafted story immediately pulls readers into this contemporary novel”
—Bookreporter

“Heller writes with razor-sharp wit.” —Meg Donohue, author of All the Summer Girls

“THE NEVER NEVER SISTERS is a remarkable novel that delves deeply into the meaning of 'family' and how these relationships shape the people that we become.”
—Closed the Cover
The Unseen Body
A Doctor's Journey Through the Hidden Wonders of Human Anatomy

Jonathan Reisman, M.D.

In this fascinating journey through the human body and across the globe, Dr. Reisman weaves together stories about our insides with a unique perspective on life, culture, and the natural world.

Dr. Jonathan Reisman—a physician, adventure traveler and naturalist—brings readers on an odyssey navigating our insides like an explorer discovering a new world. With unique insight, Reisman shows us how understanding mountain watersheds helps to diagnose heart attacks, how the body is made mostly of mucus, not water, and how urine carries within it a tale of humanity’s origins.

Through his offbeat adventures in healthcare and across the globe, Reisman discovers new perspectives on the body: a trip to the Alaskan Arctic reveals that fat is not the enemy, but the hero; a stint in the Himalayas uncovers the boundary where the brain ends and the mind begins; and eating a sheep’s head in Iceland offers a lesson in empathy. By relating rich experiences in far-flung lands and among unique cultures back to the body’s inner workings, he shows how our organs live inextricably intertwined lives—an internal ecosystem reflecting the natural world around us.

Reisman offers a new and deeply moving perspective, and helps us make sense of our bodies and how they work in a way readers have never before imagined.

Jonathan Reisman, M.D., is a doctor of internal medicine and pediatrics who has practiced medicine in the world’s most remote places—in the Arctic and Antarctica, at high-altitude in Nepal, in Kolkata’s urban slums and among the Oglala Sioux in South Dakota. He speaks Spanish and Russian and heads a non-profit to improve healthcare and education in India. Jonathan’s writing has appeared in *The New York Times, Slate,* and *The Washington Post.* He lives in Philadelphia with his wife and children.
Tell Me How to Be

A Novel

Neel Patel

From rising star Neel Patel ("consistently surprising" —New York Times), a darkly funny and emotionally wrought debut novel about an Indian-American family struggling with deeply buried secrets

Renu Amin always seemed perfect: doting husband, beautiful house, healthy sons. But as the one-year anniversary of her husband’s death approaches, Renu is binge-watching soap operas and simmering with old resentments. She can’t stop wondering if, thirty-five years ago, she chose the wrong life. In Los Angeles, her son, Akash, has everything he ever wanted, but as he tries to kickstart his songwriting career and commit to his boyfriend, he is haunted by the painful memories he fled a decade ago. When his mother tells him she is selling the family home, Akash returns to Illinois, hoping to finally say goodbye and move on.

Together, Renu and Akash pack up the house, retreating further into the secrets that stand between them. Renu sends an innocent Facebook message to the man she almost married, sparking an emotional affair that calls into question everything she thought she knew about herself. Akash slips back into bad habits as he confronts his darkest secrets—including what really happened between him and the first boy who broke his heart. When their pasts catch up to them, Renu and Akash must decide between the lives they left behind and the ones they’ve since created, between making each other happy and setting themselves free.

By turns irreverent and tender, filled with the beats of ’90s R&B, Tell Me How to Be is about our earliest betrayals and the cost of reconciliation. But most of all, it is the love story of a mother and...

PRAISE

Praise for Neel Patel:
“Patel upends what we think the experience of Indians in America looks like. It’s about time.” —Rumaan Alam, author of Leave the World Behind
“Patel writes with the wisdom and compassion of an old soul.” —Celeste Ng, New York Times bestselling author of Little Fires Everywhere
“Surprising, funny…Brave…A reminder that messiness makes the human experience beautiful.” —NPR
“A joy to read, reminiscent of Jhumpa Lahiri and David Ebershoff. What exquisite writing. What a tremendous talent.” —Imbolo Mbue, New York Times bestselling author of Behold the ...

Neel Patel is a first-generation Indian American who grew up in Champaign, Illinois. He is the author of the story collection If You See Me, Don’t Say Hi and his fiction has appeared in The
FLATIRON BOOKS

Guardians of the Trees

A Journey of Hope Through Healing the Planet

Kinari Webb

A "magnificent, empowering" (Bill McKibben) memoir about a woman spearheading a global initiative to heal the world’s rainforests and the communities who depend on them

When Kinari Webb first traveled to Indonesian Borneo at 21 to study orangutans, she was both awestruck by the beauty of her surroundings and heartbroken by the rainforest destruction she witnessed. As she got to know the local communities, she realized that their need to pay for expensive healthcare led directly to the rampant logging, which in turn imperiled their health and safety even further. Webb realized her true calling was at the intersection of medicine and conservation.

After graduating with honors from the Yale School of Medicine, Webb returned to Borneo, listening to local communities about their solutions for how to both protect the rainforests and improve their lives. Founding two non-profits, Health in Harmony in the U.S. and ASRI in Indonesia, Webb and her local and international teams partnered with rainforest communities, building a clinic, developing regenerative economies, providing educational opportunities, and dramatically transforming the region. But just when everything was going right, Webb was stung by a deadly box jellyfish and would spend the next four years fighting for her life, a fight that would lead her to rethink everything. Was she ready to expand her work to a global scale and take climate change head on?

Full of hope and optimism, Webb takes us on an exhilarating, galvanizing journey across the world, sharing her passion for the natural world and for humanity. In our current moment of crisis...

PRAISE

"In my experience, only a few people have really earned the right to ask us to hope. As this magnificent volume makes clear, Kinari Webb is the exception. Her life is an inspiration, and her openness and vulnerability helps the rest of us make full empowering use of that remarkable story. Stay away from these pages unless you're prepared to be jolted into useful action!" —Bill McKibben, New York Times bestselling author of The End of Nature

“In Guardians of the Trees, Kinari Webb tells the story of how she fell in love with a rainforest in Indonesia and how she worked to save it by listening to and involving the local people and improving thei...

Kinari Webb, MD, is the founder of Health In Harmony, an international nonprofit dedicated to reversing global heating, understanding that rainforests are essential for the survival of humanity, and a cofounder of Alam Sehat Lestari (ASRI). Dr. Webb graduated from Yale University School of Medicine with honors and currently splits her time between Indonesia, international site assessments, and the San Francisco Bay Area. Guardians of the Trees is her debut.
I'm Possible

A Story of Survival, a Tuba, and the Small Miracle of a Big Dream

Richard Antoine White

From the streets of Baltimore to the halls of the New Mexico Philharmonic, a musician shares his remarkable story in this inspiring memoir of perseverance and possibility

Growing up, Richard Antoine White and his mother didn’t have a key to a room or a house. Sometimes they had shelter, but they never had a place to call home. Still, they always had each other, and from a young age, Richard believed he could look after his mother, even as she struggled with alcoholism and would sometimes disappear, sending Richard into loops of visiting familiar spots until he found her again. And he always did—until one night, when he almost dies searching for her in the snow, and is taken in by his adoptive grandparents.

Living with his grandparents is an adjustment with rules and routines, but when Richard joins band for something to do, he unexpectedly discovers a talent and a sense of purpose. Taking up the tuba feels like something he can do that belongs to him, and playing music is like a light going on in the dark. Soon Richard gains acceptance to the prestigious Baltimore School for the Arts, and continues thriving in his musical studies as he navigates racial and socioeconomic disparities as one of few Black students in his programs.

With fierce determination, Richard pushes forward on his remarkable path, eventually securing a coveted spot in a symphony orchestra and becoming the first African American to earn a doctorate in music for tuba performance. A professor, mentor, and motivational speaker, Richard now shares his extraordinary story—of dreaming big, impossible dreams and making them come true.

Richard Antoine White began his tuba studies at the Baltimore School for the Performing Arts, where he graduated with honors. He went on to receive his bachelor's degree at the Peabody Conservatory of Music, and his master's and doctoral degrees at Indiana University. Dr. White was principal tubist of the New Mexico Symphony Orchestra from 2004 until its untimely demise in 2011. He is now principal tubist of the Santa Fe Symphony and is in his tenth season as principal tubist of the New Mexico P...
The Bond King
How One Man Made a Market, Built an Empire, and Lost It All
Mary Childs

From the host of NPR’s Planet Money, the deeply-investigated story of how one visionary, ruthless investor changed American finance forever

Before Bill Gross was known among investors as the Bond King, he was a gambler. In 1966, a fresh college grad, he went to Vegas armed with his net worth ($200) and a knack for counting cards. $10,000 and countless casino bans later, he was hooked: so he enrolled in business school.

The Bond King is the story of how that whiz kid made American finance his casino. Over the course of decades, Bill Gross turned the sleepy bond market into a destabilized game of high risk, high reward; founded Pimco, one of today’s most powerful, secretive, and cutthroat investment firms; helped to reshape our financial system in the aftermath of the Great Recession—to his own advantage; and gained legions of admirers, and enemies, along the way. Like every American antihero, his ambition would also be his undoing.

To understand the winners and losers of today’s money game, journalist Mary Childs argues, is to understand the bond market—and to understand the bond market is to understand the Bond King.

Mary Childs (she/her) is a co-host and correspondent for NPR’s Planet Money podcast. Previously she was a reporter at Barron’s magazine, the Financial Times, and Bloomberg News. She graduated from Washington & Lee University in Lexington, Virginia, with a degree in business journalism.
Everyday Trauma

Remapping the Brain's Response to Stress, Anxiety, and Painful Memories for a Better Life

Tracey Shors, PhD

A neuroscientist explores how trauma impacts the brain, especially for women—and how we can learn to heal ourselves

Everyone experiences trauma. Whether a specific harrowing event or a series of stressful moments that culminate over time, trauma can echo and etch itself into our brain as we remember it again and again throughout our lives.

In EVERYDAY TRAUMAS, neuroscientist Dr. Tracey Shors examines trauma with a focus on its pervasive nature—how it can happen at any time, through big or small events, and often reappears in the form of encoded memory. Her research reveals that when we are reminded of our trauma, reliving that tragic moment copies yet another memory of it in our brain, making it that much more difficult to forget. Dr. Shors also explores the neuroscience behind why women in particular are more vulnerable to stress and traumatic events, setting them up to be three times more likely than men to suffer PTSD.

With potential long-term consequences such as addiction, anxiety, depression, and PTSD, trauma can have a lasting impact on both the brain and body. Dr. Shors illuminates the effective tools that can reduce the repetitive thoughts that reinforce our traumas, including cognitive-based therapies and trauma-informed care such as her own groundbreaking program, a combination of mental and physical training called MAP Training.

By understanding how our brain responds to trauma and practicing proven techniques that can train our brains and help us let go of our tragic memories—whatever they may be—we are better equipped to le...

Tracey J. Shors, Ph.D. is Distinguished Professor in Behavioral & Systems Neuroscience and a member of the Center for Collaborative Neuroscience at Rutgers University. She is also Vice Chair and Director of Graduate Studies in the Department of Psychology. Dr. Shors received her doctorate in Behavioral Neuroscience from the University of Southern California along with postdoctoral training in neurophysiology, also at USC. She worked at Princeton University and briefly at Genentech before joining...
**A Net For Small Fishes**

Lucy Jago

"A bravura historical debut . . . a gloriously immersive escape." —Guardian

*Wolf Hall* meets *The Favourite* in this gripping dark novel based on the true scandal of two women determined to create t...

With Frankie, I could have the life I had always wanted . . . and with me she could forge something more satisfying from her own . . .

When Frances Howard, beautiful but unhappy wife of the Earl of Essex, meets the talented Anne Turner, the two strike up an unlikely, yet powerful, friendship. Frances makes Anne her confidante, sweeping her into a glamorous and extravagant world, riven with bitter rivalry.

As the women grow closer, each hopes to change her circumstances. Frances is trapped in a miserable marriage while loving another, and newly-widowed Anne struggles to keep herself and her six children alive as she waits for a promised proposal. A desperate plan to change their fortunes is hatched. But navigating the Jacobean court is a dangerous game and one misstep could cost them everything.

**PRAISE**

"Sumptuous . . . If you're feeling bereft after finishing *The Mirror and the Light*, let Jago transport you back to the Jacobean court." —Telegraph

"Bravura historical debut . . . Jago keenly conveys the peril of being a woman of any class in the 17th century . . . Like all the best historical fiction, *A Net for Small Fishes* is a gloriously immersive escape from present times, but it’s not escapism." —Guardian

"A superb exploration of female agency, sexuality and class . . . A scintillating novel that plunges you head-first into a darkly compelling chapter of British history." —Observer

"Riveting . . . In a narrative that brims over with colour...

Lucy Jago is an award-winning writer of fiction and nonfiction and Fellow of the Royal Literary Fund. Her first book, *The Northern Lights*, won the National Biography prize and has been translated into eight languages. She was awarded a Double First Class Honours Degree from King's College, University of Cambridge, and a master's degree from the Courtauld Institute, London. She lives in Somerset.
Uncomfortable Conversations with a Black Man

Emmanuel Acho

An urgent primer on race and racism, from the host of the viral hit video series “Uncomfortable Conversations with a Black Man”

“You cannot fix a problem you do not know you have.” So begins Emmanuel Acho in his essential guide to the truths Americans need to know to address the systemic racism that has recently electrified protests in all fifty states. “There is a fix,” Acho says. “But in order to access it, we’re going to have to have some uncomfortable conversations.”

In Uncomfortable Conversations With a Black Man, Acho takes on all the questions, large and small, insensitive and taboo, many white Americans are afraid to ask—yet which all Americans need the answers to, now more than ever. With the open-hearted generosity that has made his video series a phenomenon, Acho explains the vital core of such fraught concepts as white privilege, cultural appropriation, and “reverse racism.” In his own words, he provides a space of compassion and understanding in a discussion that can lack both. He asks only for the reader’s curiosity—but along the way, he will galvanize all of us to join the antiracist fight.

Emmanuel Acho grew up in Dallas with his three siblings, the son of Nigerian immigrant parents. In 2012 he was drafted into the NFL by the Cleveland Browns, and later played with the Philadelphia Eagles, while earning a master’s degree in sports psychology at the University of Texas in the off-seasons. In 2016 he left the NFL for ESPN, where he served as the youngest national football analyst, and was named a 2018 Forbes Under 30 Selection. He is now a Fox Sports analyst and the creator of the o...
No Time Like the Future

An Optimist Considers Mortality

Michael J. Fox

INSTANT NEW YORK TIMES BESTSELLER

A moving account of resilience, hope, fear and mortality, and how these things resonate in our lives, by actor and advocate Michael J. Fox.

The entire world knows Michael J. Fox as Marty McFly, the teenage sidekick of Doc Brown in Back to the Future; as Alex P. Keaton in Family Ties; as Mike Flaherty in Spin City; and through numerous other movie roles and guest appearances on shows such as The Good Wife and Curb Your Enthusiasm. Diagnosed at age 29, Michael is equally engaged in Parkinson’s advocacy work, raising global awareness of the disease and helping find a cure through The Michael J. Fox Foundation for Parkinson’s Research, the world’s leading non-profit funder of PD science. His two previous bestselling memoirs, Lucky Man and Always Looking Up, dealt with how he came to terms with the illness, all the while exhibiting his iconic optimism. His new memoir reassesses this outlook, as events in the past decade presented additional challenges.

In No Time Like the Future: An Optimist Considers Mortality, Michael shares personal stories and observations about illness and health, aging, the strength of family and friends, and how our perceptions about time affect the way we approach mortality. Thoughtful and moving, but with Fox’s trademark sense of humor, his book provides a vehicle for reflection about our lives, our loves, and our losses.

Running through the narrative is the drama of the medical madness Fox recently experienced, that included his daily negotiations with the Parkinson’s disease he’s had since 1991, and a spinal cord issue that necessitated imme...

Michael J. Fox gained fame playing Alex P. Keaton on the sitcom Family Ties. His blockbuster movies include Back to the Future, The Secret of My Success, Doc Hollywood, Casualties of War and The American President. He returned to television in his award-winning lead role on Spin City, followed by guest appearances in series like Rescue Me, Curb Your Enthusiasm, and The Good Wife. His many awards include five Emmys, four Golden Globes, one Grammy, two Screen Actors Guild awards, the People’s Ch...
Be Water, My Friend

The Teachings of Bruce Lee

Shannon Lee

Bruce Lee’s daughter illuminates her father’s most powerful life philosophies—demonstrating how martial arts are a perfect metaphor for personal growth, and how we can practice those teachings ev...

"Empty your mind; be formless, shapeless like water."

Bruce Lee is a cultural icon, renowned the world over for his martial arts and film legacy. But Lee was also a deeply philosophical thinker, learning at an early age that martial arts are more than just an exercise in physical discipline—they are an apt metaphor for living a fully realized life.

Now, in Be Water, My Friend, Lee’s daughter Shannon shares the concepts at the core of his philosophies, showing how they can serve as tools of personal growth and self-actualization. Each chapter brings a lesson from Bruce Lee’s teachings, expanding on the foundation of his iconic “be water” philosophy. Over the course of the book, we discover how being like water allows us to embody fluidity and naturalness in life, bringing us closer to our essential flowing nature and our ability to be powerful, self-expressed, and free.

Through previously untold stories from her father’s life and from her own journey in embodying these lessons, Shannon presents these philosophies in tangible, accessible ways. With Bruce Lee’s words as a guide, she encourages readers to pursue their essential selves and apply these ideas and practices to their everyday lives—whether in learning new things, overcoming obstacles, or ultimately finding their true path.

Be Water, My Friend is an inspirational invitation to us all, a gentle call to action to consider our lives with new eyes. It is also a testament ...

Shannon Lee is the CEO and Owner of the Bruce Lee Family Companies and President of the Bruce Lee Foundation, as well as the daughter of the legendary martial artist and cultural icon, Bruce Lee. Shannon’s mission is to provide access to her father’s philosophy and life through education and entertainment. She is the creator of Camp Bruce Lee through the Bruce Lee Foundation, and has spoken at TED, TEDx, and Creative Mornings, to name a few. Shannon lives in California with her daughter, Wren, w...
Caraval Paperback Boxed Set

Caraval, Legendary, Finale

Stephanie Garber

The paperback box set (3 books) of the #1 New York Times bestselling Caraval series!

All three books in the New York Times bestselling Caraval series are now available together in a beautiful paperback boxed set.

Welcome, welcome to the world of Caraval—Stephanie Garber’s sweeping tale of the unbreakable bond between two sisters and the game that is more than what it seems...

In Caraval, Scarlett has never left the tiny island where she and her beloved sister, Tella, live with their powerful, and cruel, father. But this year, Scarlett’s long-dreamt of invitation to Caraval, the far-away, once-a-year performance where the audience participates in the show, finally arrives.

In Legendary, the Dragna sisters should be celebrating, but Tella isn’t yet free. She made a desperate bargain with a mysterious criminal, and what Tella owes him no one has ever been able to deliver: Caraval Master Legend’s true name.

In Finale, with lives, empires, and hearts hanging in the balance, Scarlett and Tella fight for their lives and for each other. There are no spectators this time: only those who will win, and those who will lose everything. All games must come to an end.

Stephanie Garber is the #1 New York Times and internationally bestselling author of the Caraval series. Her books are published in over thirty languages.
Is Rape a Crime?

A Memoir, an Investigation, and a Manifesto

Michelle Bowdler

She Said meets Lucky in Michelle Bowdler's provocative debut, telling the story of her rape and recovery while interrogating why one of society's most serious crimes goes largely uninvestigated.

The crime of rape sizzles like a lightning strike. It pounces, flattens, destroys. A person stands whole, and in a moment of unexpected violence, that life, that body is gone.

Award-winning writer and public health executive Michelle Bowdler's memoir indicts how sexual violence has been addressed for decades in our society, asking whether rape is a crime given that it is the least reported major felony, least successfully prosecuted, and fewer than 3% of rapists ever spend a day in jail. Cases are closed before they are investigated and DNA evidence sits for years untested and disregarded.

Rape in this country is not treated as a crime of brutal violence but as a parlor game of he said / she said. It might be laughable if it didn’t work so much of the time.

Given all this, it seems fair to ask whether rape is actually a crime.

In 1984, the Boston Sexual Assault Unit was formed as a result of a series of break-ins and rapes that terrorized the city, of which Michelle’s own horrific rape was the last. Twenty years later, after a career of working with victims like herself, Michelle decides to find out what happened to her case and why she never heard from the police again after one brief interview.

An expert blend of memoir and cultural investigation, Michelle's story is a rallying cry to reclaim our power and right our world.

PRAISE

National Book Award Longlist
TIME's 100 Must-Read Books of 2020
BookPage Best Books 2020
Publishers Weekly, Best Books of 2020
New York Times New & Noteworthy Audiobooks
Lit Hubs Most Anticipated Books of 2020
Starred Review Publishers Weekly
Starred Review Shelf Awareness
A Boston Globe Best Book of 2020

"Among the horde of books about assault in America, Is Rape a Crime? stands
The House Uptown

A Novel

Melissa Ginsburg

An emotional coming-of-age novel about a young girl who goes to live with her eccentric grandmother in New Orleans after the death of her mother

Ava, fourteen years old and totally on her own, has still not fully processed her mother’s death when she finds herself on a train heading to New Orleans, to stay with Lane, the grandmother she barely remembers.

Lane is a well-known artist in the New Orleans art scene. She spends most of her days in a pot-smoke haze, sipping iced coffee, and painting, which has been her singular focus for years. Her grip on reality is shaky at best, but her work provides a comfort.

Ava’s arrival unsettles Lane. The girl bears an uncanny resemblance to her daughter, whom she was estranged from before her death. Now her presence is dredging up painful and disturbing memories, which forces Lane to retreat even further into her own mind. As Ava and Lane attempt to find their way and form a bond, the oppressive heat and history of New Orleans bears down on them, forcing a reckoning neither of them are ready for.

PRAISE

"A magnetic, deftly-crafted tale about the ties that bind family and found-family across generations. Ginsburg is a master of depicting the heartbreaking inner lives of people aching for connection in a world spinning apart." - Maurice Ruffin, author of We Cast a Shadow

"Ginsburg's brilliance is on full display in The House Uptown. By giving us these layered, complicated characters, all suffering from previous traumas, Ginsburg reveals how the past keeps reaching toward us, and what we'll do to stay out of its reach. It's a book that breaks you down, even though you can't put it down." - Kevin Wilson, NYT bestselling author of Nothing to See...

Melissa Ginsburg was born and raised in Houston, Texas, and attended the Iowa Writers’ Workshop. She is the author of the novel, Sunset City, and the poetry collection Dear Weather Ghost. She teaches creative writing and literature at the University of Mississippi in Oxford.
His Hideous Heart
13 of Edgar Allan Poe's Most Unsettling Tales Reimagined

Dahlia Adler, editor

“A superb collection of young adult short stories inspired by Edgar Allan Poe’s work...that works equally well as an introduction, a tribute, and a loving critique” (The New York Times Book Review...)

Edgar Allan Poe may be a hundred and fifty years beyond this world, but the themes of his beloved works have much in common with modern young adult fiction. Whether the stories are familiar to readers or discovered for the first time, readers will revel in both Edgar Allan Poe's classic tales, and in the 13 unique and unforgettable ways that they’ve been brought to life.


PRAISE

Junior Library Guild Selection
Nominated to ALA’s Best Fiction for Young Adults List

“A superb collection of young adult short stories inspired by Edgar Allan Poe's work...The volume is divided between the new stories and Poe’s originals, which makes for a delightful reading experience. Adler’s anthology brims over with fierce delight and uncanny invention; the stories here vary in their effect nearly as much as Poe’s do. And if you haven’t read Poe before, His Hideous Heart works equally well as an introduction, a tribute and a loving critique.” —The New York Times Book Review

“Presenting 13 reinterpretations of Poe’s works alongside the origin...

Dahlia Adler (editor) is an editor of mathematics by day, a book blogger by night, and an author at every spare moment in between. She is the editor of the anthologies His Hideous Heart and That Way Madness Lies, and the author of of the novel Cool for the Summer. She lives in New York with her family and an obscene number of books.

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Tessa Gratton
Real Change

Mindfulness to Heal Ourselves and the World

Sharon Salzberg

From one of most prominent figures in the field of meditation comes a guidebook for how to use mindfulness to build our inner strength, find balance, and help create a better world

In today's fractured world we're constantly flooded with breaking news that cause anger, grief, and pain. People are feeling more stressed out than ever and in the face of this fear and anxiety they can feel so burnt out and overwhelmed that they end up frozen in their tracks and can't do anything. In Real Change Sharon Salzberg, a leading expert in Lovingkindness meditation, shares sage advice and indispensable techniques to help free ourselves from these negative feelings and actions. She teaches us that meditation is not a replacement for action, but rather a way to practice generosity with ourselves and summon the courage to break through boundaries, reconnect to a movement that's bigger than ourselves, and have the energy to stay active.

Consulting with veteran activists and social change agents in a variety of fields, Salzberg collects and shares their wisdom and offers the best practical advice to foster transformation in both ourselves and in society. To help tame our inner landscape or chaos, Salzberg offers mindfulness practices that will help readers cultivate a sense of agency and stay engaged in the long-term struggle for social change.

Whether you're resolving conflicts with a crochety neighbor or combating global warming, Real Change will help guide you with the fundamental principles and mindfulness practices that will lead to the clarity and confidence that lets us lift a foot and take our next step into a better...
Index

Acho, Emmanuel; Uncomfortable Conversations with a Black Man ............................................. 19
Be Water, My Friend: The Teachings of Bruce Lee; Shannon Lee ........................................ 21
Bond King, The; How One Man Made a Market, Built an Empire, and Lost It All; Mary Childs ........................................... 16
Bowdler, Michelle; Is Rape a Crime?: A Memoir, an Investigation, and a Manifesto ...................... 23
Burke, Tarana; Unbound: My Story of Liberation and the Birth of the Me Too Movement .................. 3
Caraval Paperback Boxed Set: Caraval, Legendary, Finale; Stephanie Garber .................................. 22
Childs, Mary; The Bond King: How One Man Made a Market, Built an Empire, and Lost It All ....... 16
Deeper the Roots, The; A Memoir of Hope and Home; Michael Tubbs ...................................... 10
Escandón, María Amparo; L.A. Weather: A Novel ................................................................. 5
Everyday Trauma: Remapping the Brain’s Response to Stress, Anxiety, and Painful Memories for a Better Life; Tracey Shors, PhD .................................................. 17
Feeney, Alice; Rock Paper Scissors: A Novel ................................................................................. 4
Fox, Michael J.; No Time Like the Future: An Optimist Considers Mortality .................................. 20
Garber, Stephanie; Caraval Paperback Boxed Set: Caraval, Legendary, Finale ............................ 22
Garber, Stephanie; Once Upon a Broken Heart .............................................................................. 2
Ginsburg, Melissa; The House Uptown: A Novel ................................................................. 24
Guardians of the Trees: A Journey of Hope Through Healing the Planet; Kinari Webb ..................... 14
Hausmann, Romy; Sleepless: A Novel ......................................................................................... 7
Heller, L. Alison; The Neighbor’s Secret: A Novel ................................................................. 11
His Hideous Heart; 13 of Edgar Allan Poe’s Most Unsettling Tales Reimagined ......................... 25
House Uptown, The; Melissa Ginsburg .................................................................................... 24
I’m Possible: A Story of Survival, a Tuba, and the Small Miracle of a Big Dream; Richard Antoine White .......................................................................................... 15
Is Rape a Crime?: A Memoir, an Investigation, and a Manifesto; Michelle Bowdler ...................... 23
Jago, Lucy; A Net For Small Fishes ............................................................................................. 18
L.A. Weather: A Novel; María Amparo Escandón ....................................................................... 5
Lee, Shannon; Be Water, My Friend: The Teachings of Bruce Lee ........................................... 21
Mukwege, Denis; The Power of Women: Learning from Resilience to Heal Our World .......... 8
Neighbor’s Secret, The; A Novel; L. Alison Heller ....................................................................... 11
Net For Small Fishes, A; Lucy Jago ............................................................................................ 18
No Time Like the Future: An Optimist Considers Mortality; Michael J. Fox ................................... 20
Oliver, Jamie; Together: Memorable Meals Made Easy [American Measurements] .................. 6
Once Upon a Broken Heart; Stephanie Garber ........................................................................... 2
Patel, Neel; Tell Me How to Be: A Novel ................................................................................ 13
Power of Women, The: Learning from Resilience to Heal Our World; Denis Mukwege ............ 8
Real Change: Mindfulness to Heal Ourselves and the World; Sharon Salzberg ......................... 26
Reisman, Jonathan; The Unseen Body: A Doctor’s Journey Through the Hidden Wonders of Human Anatomy ......................................................... 12
Rock Paper Scissors: A Novel; Alice Feeney ............................................................................. 4
Salzberg, Sharon; Real Change: Mindfulness to Heal Ourselves and the World ......................... 26
Shors, Tracey, PhD; Everyday Trauma: Remapping the Brain’s Response to Stress, Anxiety, and Painful Memories for a Better Life ................................................................. 17
Sleepless: A Novel; Romy Hausmann ....................................................................................... 7
Tell Me How to Be: A Novel; Neel Patel .................................................................................. 13
Together: Memorable Meals Made Easy [American Measurements]; Jamie Oliver .................. 6
Tubbs, Michael; The Deeper the Roots: A Memoir of Hope and Home ......................................... 10
Unbound: My Story of Liberation and the Birth of the Me Too Movement; Tarana Burke .......... 3
Uncomfortable Conversations with a Black Man; Emmanuel Acho ........................................... 19
Unseen Body, The: A Doctor’s Journey Through the Hidden Wonders of Human Anatomy; Jonathan Reisman ............................................................... 12
Webb, Kinari; Guardians of the Trees: A Journey of Hope Through Healing the Planet .................. 14
White, Richard Antoine; I’m Possible: A Story of Survival, a Tuba, and the Small Miracle of a Big Dream ................................................................. 15
Wild Tongues Can’t Be Tamed: 15 Voices from the Latinx Diaspora ........................................ 9