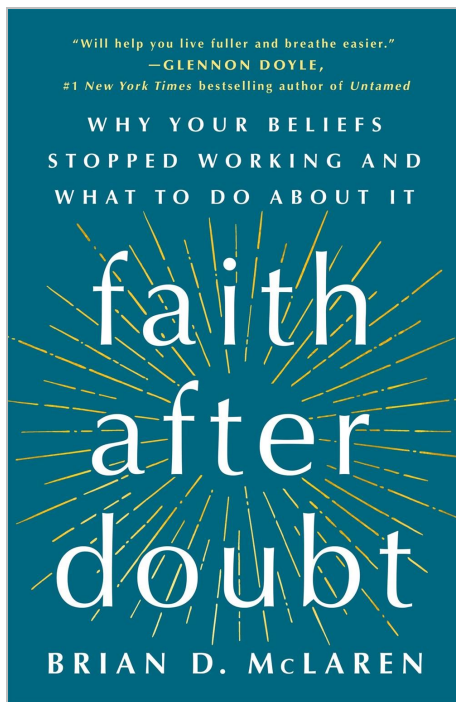




ST. MARTIN'S
ESSENTIALS

**SELF-HELP / SPIRITUAL**

St. Martin's Essentials | 5/3/2022

9781250828378 | \$17.99 / \$23.99 Can.

Trade Paperback | 256 pages | Carton Qty: 32
8.3 in H | 5.4 in W

6 b+w charts t/o

Subrights: UK Rights: Foundry Literary + Media
LLCTranslation Rights: Foundry Literary + Media
LLC**Other Available Formats:**

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* Goodreads Promotion

* Organizational Outreach

* Discussion Guide Bound in Book

* Author Twitter: @BrianMcLaren (63.5K
followers)* Author Facebook: /mclaren.brian (45K
followers)

* Author Instagram: brian_mclaren

* Author Website: brianmclaren.net

Faith After Doubt

Why Your Beliefs Stopped Working and What to Do About It

Brian D. McLaren

From the author of *A New Kind of Christianity* comes a bold proposal: only doubt can save the world—and your faith

Sixty-five million adults in the U.S. have dropped out of active church attendance and about 2.7 million more are leaving every year. *Faith After Doubt* is for the millions of people around the world who feel that their faith is falling apart.

Using his own story and the stories of a diverse group of struggling believers, Brian D. McLaren, a former pastor and now an author, speaker, and activist, shows how old assumptions are being challenged in nearly every area of human life, not just theology and spirituality. He proposes a four-stage model of faith development in which questions and doubt are not the enemy of faith, but rather a portal to a more mature and fruitful kind of faith. The four stages—Simplicity, Complexity, Perplexity, and Harmony—offer a path forward that can help sincere and thoughtful people leave behind unnecessary baggage and intensify their commitment to what matters most.

PRAISE**Praise for *Faith After Doubt*:**

"An honest, vital conversation... will help you live fuller and breathe easier. He illuminates the reality that belief and doubt are not opposites" —Glennon Doyle, #1 *New York Times* Bestselling author of *Love Warrior*

"Important book...Helps you find a deeper and wiser faith " —Fr. Richard Rohr, OFM, author of *The Universal Christ*

"If you thought life before doubt was good... wait until you see where doubt can lead you and... teach you... Personal and gently convincing." —Kim Shippey, former features Editor for *The Christian Science Journal*

A former college English teacher, **BRIAN D. MCLAREN** was a pastor for twenty-four years. Now he's an author, activist, public theologian, and frequent guest lecturer for gatherings in the U.S. and internationally. His work has been covered in *TIME Magazine*, *Newsweek*, *USA Today*, *The New York Times*, *Washington Post*, *CNN*, and many other media outlets. The author of more than 15 books, he is a faculty member of The Living School at the Center for Action and Contemplation. McLaren lives in Florida.



Seven Ways to Unlock Your Heart
and Manifest Happiness

SARAH PROUT

**BODY, MIND & SPIRIT /
INSPIRATION & PERSONAL
GROWTH**

St. Martin's Essentials | 5/10/2022

9781250797414 | \$28.99 / \$38.99 Can.

Hardcover with dust jacket | 288 pages | Carton

Qty: 24

8.3 in H | 5.4 in W

Subrights: UK Rights: Park & Fine

Translation Rights: Park & Fine

Other Available Formats:

Ebook ISBN: 9781250797421

Audio ISBN: 9781250852762

MARKETING

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*National Print publicity

*Online Publicity

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Pre-order Campaign

Bookseller Mailing

Be the Love

Seven Ways to Unlock Your Heart and Manifest Happiness

Sarah Prout

Filled with practical guidance, soulful exercises, and nuggets of wisdom, *Be The Love* is your invitation to use the power of your emotions to achieve happiness.

Be The Change

Be The Grace

Be The Joy

Be The Strength

BE THE LOVE

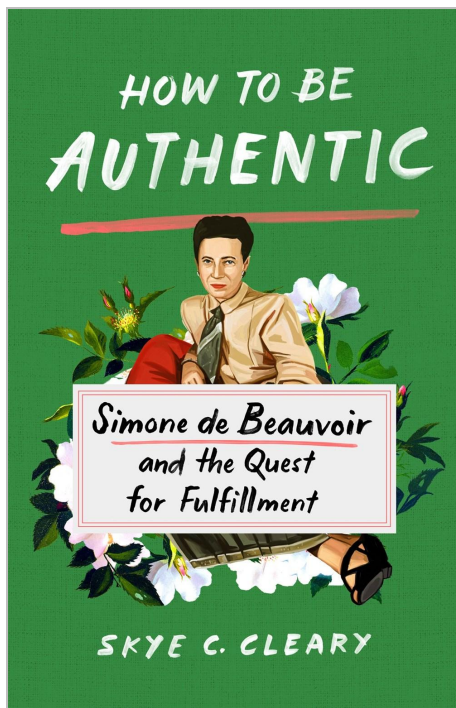
Emotional empowerment expert Sarah Prout shares with readers how to BE THE LOVE – specifically, the seven lessons she has learned through difficult experiences that will explain what it means to be the love you believe you deserve, and how to do it by embracing simple but powerful lessons such as overcoming comparison traps, finding freedom in forgiveness, and accepting that making choices is how life happens, but living with your choices is how growth happens. These lessons are illustrated by Prout's own raw, personal stories that range from humorous to harrowing.

By following the seven pieces of advice and trying them out in your own life, you will create radical and magical inner transformation, and inner transformation will lead to outer results – whether that's within career, relationships, or something as simple as your own self-confidence as you walk down the street. If you live your life with self-love and self-compassion as your North Stars, then you will thrive.

PRAISE

"Be the Love will open your heart to many new and exciting possibilities. Sarah Prout reminds us how to tap into our emotions to reveal an empowering path forward. Her unique approach is inspiring and uplifting."* - Marci Shimoff, #1 New York Times bestselling author of *Happy for No Reason* and *Chicken Soup for the Woman's Soul

Inspirational speaker and emotional empowerment expert, **SARAH PROUT** runs a successful spiritual lifestyle brand alongside her husband. Named a "Manifestation Guru" by Cosmopolitan Magazine, Sarah is an award-winning entrepreneur, podcast host, bestselling author, and mother of four. She is the author of the bestselling book *Dear Universe: 200 Mini-Meditations for Instant Manifestations*. Sarah lives in Las Vegas, Nevada.



SOCIAL SCIENCE / FEMINISM & FEMINIST THEORY

St. Martin's Essentials | 5/10/2022

9781250271358 | \$27.99 / \$36.99 Can.

Hardcover with dust jacket | 256 pages | Carton

Qty: 24

8.3 in H | 5.4 in W

Subrights: UK Rights: The Science Factory

Translation: The Science Factory

Other Available Formats:

Ebook ISBN: 9781250271365

Audio ISBN: 9781250854995

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- * Tastemaker Campaign
- * Organizational Outreach
- * Author Website: skyecleary.com
- * Author Twitter: @skye_cleary (13.2K)

How to Be Authentic

Simone de Beauvoir and the Quest for Fulfillment

Skye C. Cleary

An illuminating introduction to the philosophy of Simone de Beauvoir and its relevance to modern life

In an age of self-exposure, what does it mean to be authentic?

“Authenticity” has become attenuated to the point of meaninglessness; everyone says to be yourself, but what that means is anyone’s guess. For existential philosopher Simone de Beauvoir, authenticity is not the revelation of a true self, but an exhilarating quest towards fulfillment. Her view, central to existentialism, is that we exist first and then spend the rest of our lives creating—not discovering—who we are. To be authentic is to live in pursuit of self-creation and self-renewal, with many different paths towards diverse goals.

How to Be Authentic is a lively introduction to Simone de Beauvoir's philosophy of existentialism, as well as an exploration of the successes and failures that Beauvoir and other women have experienced in striving towards authenticity. Skye C. Cleary takes us through some of life's major relationships and milestones: friendship; romantic love; marriage; children; and death, and examines how each offers an opportunity for us to stretch toward authenticity. While many people don't get to choose their path in life—whether because of systemic oppression or the actions of other individuals—Cleary makes a compelling case that Beauvoir's ideas can help us become more conscious of living purposefully, thoughtfully, and with vitality, and she shows us how to do so in responsible ways that invigorate every person's right to become poets of their...

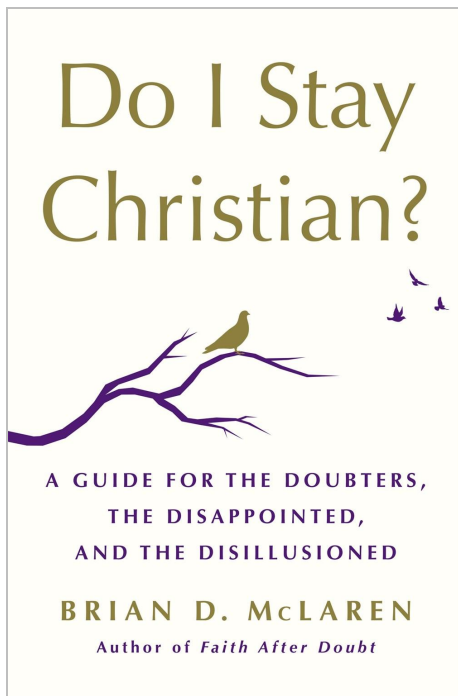
PRAISE

Praise for Existentialism and Romantic Love:

“A wonderful introduction to some key philosophical thinkers. Cleary ties together a lot of [existentialist's] larger ideas under the umbrella of romance.... An accessible approach that should interest philosophers of relationships and love.” —Christopher Sanacore, *Blue Labyrinths*

“Contains a lot of stimulating food for thought about love seen as an inextricable part or content of existence... Valuable and worthy of reading.” —Robert Zaborowski, *Metapsychology*, Vol. 20 (4), January, 2016

SKYE C. CLEARY, PhD is a philosopher and writer. She teaches at Columbia University, Barnard College, and the City University of New York, and is the author of *Existentialism and Romantic Love* and co-editor of *How to Live a Good Life*. Cleary's writing has appeared in *The Paris Review*, *Aeon*, *The Times Literary Supplement*, *TED-Ed*, and *The Los Angeles Review of Books*, among other outlets. She won the 2017 New Philosopher Writers' Award and was a 2021 MacDowell Fellow. She lives in New York City with...

**SELF-HELP / SPIRITUAL**

St. Martin's Essentials | 5/24/2022

9781250262790 | \$27.99 / \$36.99 Can.

Hardcover with dust jacket | 256 pages | Carton

Qty: 24

9.3 in H | 6.1 in W

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Other Available Formats:

Ebook ISBN: 9781250262806

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* Early Reader Review Campaign

* Reading Group Gold Selection

* Independent Bookseller Outreach

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Do I Stay Christian?

A Guide for the Doubters, the Disappointed, and the Disillusioned

Brian D. McLaren

Dubbed "a heroic gate-crasher" by *New York Times* bestselling author Glennon Doyle, Brian McLaren explores reasons to leave or stay within the church and if so, how...

Do I Stay Christian? addresses in public the powerful question that surprising numbers of people—including pastors, priests, and other religious leaders—are asking in private. Picking up where *Faith After Doubt* leaves off, *Do I Stay Christian?* is not McLaren's attempt to persuade Christians to dig in their heels or run for the exit. Instead, he combines his own experience with that of thousands of people who have confided in him over the years to help readers make a responsible, honest, ethical decision about their religious identity.

There is a way to say both *yes* and *no* to the question of staying Christian, McLaren says, by shifting the focus from *whether we stay Christian* to *how we stay human*. If *Do I Stay Christian?* is the question you're asking—or if it's a question that someone you love is asking—this is the book you've been waiting for.

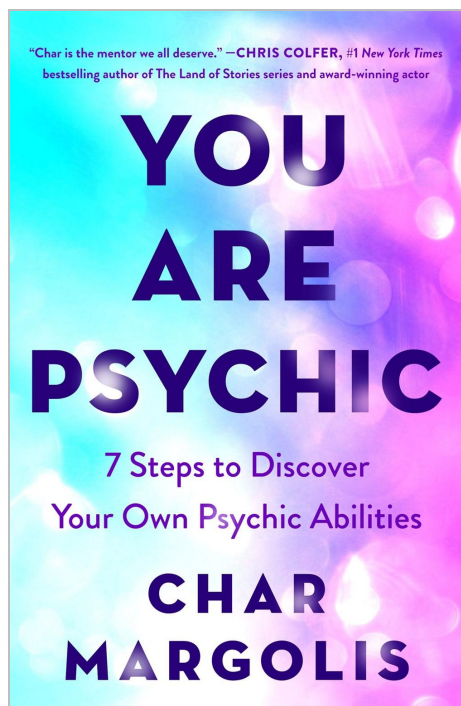
PRAISE**Praise for *Faith After Doubt*:**

"An honest, vital conversation ... will help you live fuller and breathe easier. He illuminates the reality that belief and doubt are not opposites" —Glennon Doyle, #1 *New York Times* Bestselling author of *Love Warrior*

"Important book...Helps you find a deeper and wiser faith " —Fr. Richard Rohr, OFM, author of *The Universal Christ*

"If you thought life before doubt was good... wait until you see where doubt can lead you and what doubt can teach you... Personal and gently convincing." —Kim Shippey, former features editor for *The Christian Science Journal*

A former college English teacher, **BRIAN D. MCLAREN** was a pastor for twenty-four years. Now he's an author, activist, public theologian, and frequent guest lecturer for gatherings in the U.S. and internationally. His work has been covered in *TIME Magazine*, *Newsweek*, *USA Today*, *The New York Times*, *Washington Post*, *CNN*, and many other media outlets. The author of more than 15 books, he is a faculty member of The Living School at the Center for Action and Contemplation. McLaren lives in Florida.



**BODY, MIND & SPIRIT /
CHANNELING & MEDIUMSHIP**

St. Martin's Essentials | 6/7/2022

9781250805041 | \$27.99 / \$36.99 Can.

Hardcover Paper over boards | 224 pages |

Carton Qty: 28

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Other Available Formats:

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You Are Psychic

7 Steps to Discover Your Own Psychic Abilities

Char Margolis

Tap into your own psychic abilities for a better life

America's most beloved psychic, Char Margolis shares the secret to unlocking your own psychic ability. Margolis has left clients and audiences awestruck and transformed countless lives with her profound psychic abilities, but never before has she shared how readers can access these abilities themselves. In her previous book *The Universe is Calling You*, Margolis shared how we can all tap into the vast energy of the universe, but now, in *You Are Psychic*, she opens another dimension of wisdom, teaching readers how to connect with the universal energy in a new way in order to tap into their own psychic strength.

In seven simple, yet profound steps Margolis will help you discover and embrace the natural psychic abilities that lie dormant in us all. *You Are Psychic* is an invitation to a whole new way of being that will allow you to unleash the magic within.

PRAISE

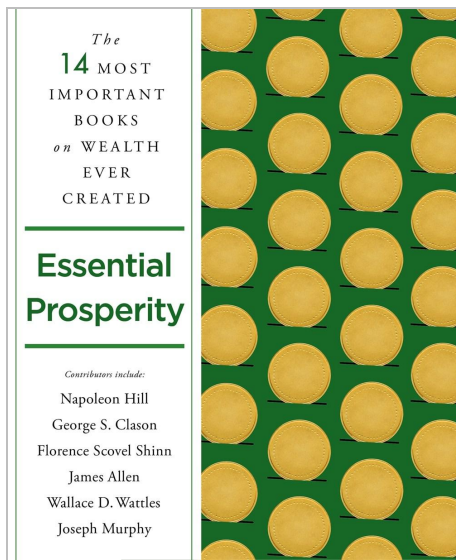
Praise for You Are Psychic:

"Char is the mentor we all deserve. In *You Are Psychic* she skillfully and compassionately helps you evolve those little whispers in the back of your mind into full-blown psychic intuition." —Chris Colfer, #1 *New York Times* bestselling author of *The Land of Stories* series and award-winning actor

Praise for The Universe is Calling You:

"Char's book is filled with answers that will guide you to finding peace and happiness. It will help you decipher between positive and negative energies and keep you on the path of positive healing. All of us have a purpose in life. This guide can help you find your soul's purpose." —RuPau...

CHAR MARGOLIS is an internationally acclaimed psychic intuitive medium who has been using her gifts to help people for more than forty-five years. She divides her time between Michigan, Los Angeles, and Palm Springs, CA.



Essential Prosperity

The Fourteen Most Important Books on Wealth and Riches Ever Written

George S. Clason; Napoleon Hill; Joseph Murphy; James Allen; Wallace Wattles; Florence Scovel Shinn; Emmet Fox; Peter B. Kyne; Arnold Bennett; Russell Conwell; Ernest Holmes; William Walker Atkinson; Elizabeth Towne; Annie Rix Militz

BUSINESS & ECONOMICS / PERSONAL SUCCESS

St. Martin's Essentials | 6/7/2022

9781250845252 | \$24.99

Trade Paperback | 800 pages | Carton Qty: 16
9.1 in H | 7.5 in W

Subrights: Public Domain (US Only)

Other Available Formats:

Ebook ISBN: 9781250845269

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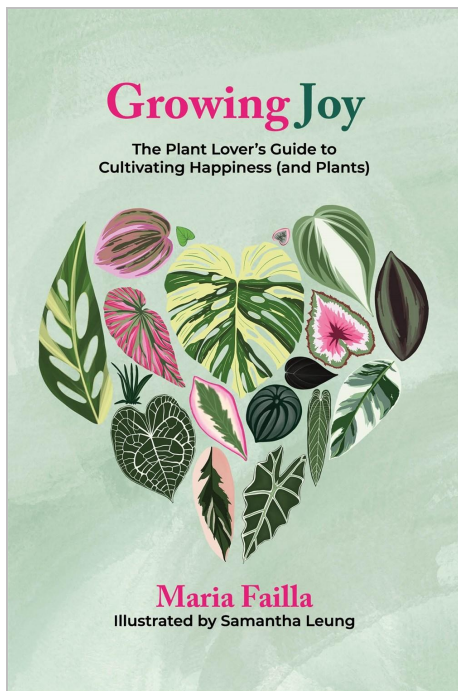
- * Online Publicity
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- * Independent Bookseller Outreach
- * Early Reader Review Campaign
- * NetGalley Promotion
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The ultimate collection of classic teachings on wealth and success

It's time to stop living your life on the margins and claim the financial success you deserve. *Essential Prosperity* is a treasury of wisdom that will empower you to move from a life of want—defined by debt, fear, and missed possibilities—to one of true success. You have the power and potential to create the life of abundance you've always imagined and *Essential Prosperity* will show you how.

Essential Prosperity includes fourteen life changing books from the thought leaders and teachers whose work has changed the world, including Napoleon Hill, George S. Clason, James Allen, Florence Scovel Shinn and more. These experts speak from every background—from self-help and spirituality to finance and business—each of them sharing the secrets to building life changing wealth and prosperity.

Essential Prosperity features works from pivotal authors like **NAPOLEON HILL, JAMES ALLEN, JOSEPH MURPHY, GEORGE S. CLASON, WALLACE D. WATTLES, FLORENCE SCOVEL SHINN, WILLIAM WALKER ATKINSON, ELIZABETH TOWNE, RUSSELL CONWELL, ARNOLD BENNETT, PETER B. KYNE, EMMET FOX, ANNIE RIX MILITZ, and ERNEST HOLMES.**



SELF-HELP / PERSONAL GROWTH / HAPPINESS

St. Martin's Essentials | 6/7/2022

9781250814890 | \$19.99 / \$26.99 Can.

Hardcover Paper over boards | 288 pages |

Carton Qty: 24

7.5 in H | 5 in W

Two Color Interior; one-color printed endpapers

Subrights: UK Rights: St. Martin's Publishing Group

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Bookstagrammer/Blog Outreach

Author Website:

<https://bloomandgrowradio.com/>

Active on Instagram:

[https://www.instagram.com](https://www.instagram.com/bloomandgrowradio)

/bloomandgrowradio (26.8K Followers)

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[https://www.facebook.com](https://www.facebook.com/BloomandGrowRadio/)

/BloomandGrowRadio/ (1.9K followers)

Active on Youtube:

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Growing Joy

The Plant Lover's Guide to Cultivating Happiness (and Plants)

Maria Failla; Illustrated by Samantha Leung

Grow your way to a happier, more peaceful life

Maria Failla, host of the beloved podcast *Bloom and Grow Radio*, was a (serial) plant-killer who blossomed into a happy plant-lady. Along the way she discovered that as she nurtured her plants, her own sense of peace and contentment flourished as well. In *Growing Joy*, readers will discover how to care for themselves and cultivate peace of mind using the power of plant.

Failla shares the wisdom she learned from her own plant journey and explores the science behind our love of plants, showing exactly how that humble aloe plant on your windowsill can increase your mental and physical wellbeing. With ideas and tips both big and small—from simply making a habit of looking at a plant first thing in the morning to creating a plant-infused oasis in your home—*Growing Joy* will help you create a meaningful wellness practice rooted in nature.

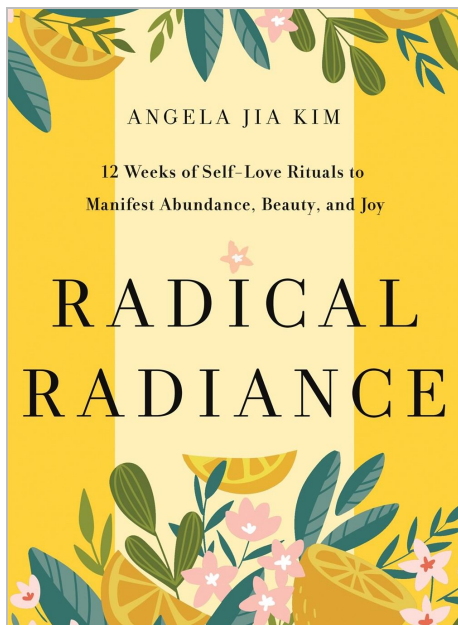
Whether you're a plant parent pro or the proud owner of a single, not-dead-yet succulent, *Growing Joy* will reveal the power of plants to create a sense of calm and wellbeing in your life.

PRAISE

"*Growing Joy* inspires you to dig deep into the emotional side of making meaningful botanical connections and cultivating a more peaceful lifestyle through plants. As always, Maria offers up a sunny dose of planty joy!" —Leslie F. Halleck: CPH, Author of *Gardening Under Lights*, *Plant Parenting*, and *Tiny Plants*

"FINALLY... it's the self-care book every screen-obsessed, stressed-out-all-the-time Millennial needs! Maria brilliantly brings the most age-old concepts to light in an easily digestible way, inspiring anyone and everyone to find the green in their own thumbs and joy in their hearts." —Lucie Fink, Video Producer, Lifestyle Host, and YouTube ...

MARIA FAILLA is a New York based "plant-killer turned happy plant-lady" with a passion to help you love plants as much as she does (or at least help you not kill them). Maria created *Bloom & Grow Radio* as her love letter to plants and to help empower others to experience the incredible change in quality of life that she had through learning to care for plants.

**SELF-HELP**

St. Martin's Essentials | 6/14/2022
 9781250853196 | \$22.99 / \$30.99 Can.
 Hardcover Paper over boards | 288 pages |
 Carton Qty: 24
 7 in H | 5 in W

Subrights: UK rights: Aevitas Creative
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 Translation: Aevitas Creative Management

Other Available Formats:

Ebook ISBN: 9781250812155
 Audio ISBN: 9781250853042

MARKETING

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Radical Radiance

12 Weeks of Self-Love Rituals to Manifest Abundance and Joy

Angela Jia Kim

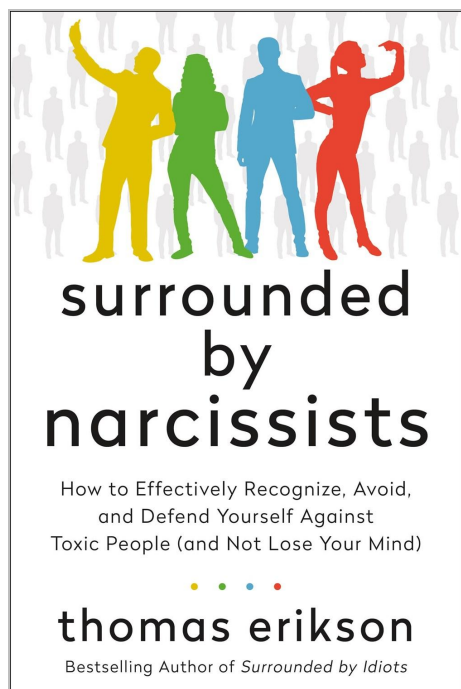
An innovative self-care program that allows the reader to hone their inner and outer beauty with twelve simple rituals based in Korean skincare regimens, from the founder and CEO of Savor Beauty ...

At one time or another we've all felt the opposite of radiant: stressed out, stretched thin, imbalanced, or just unhappy. In our unpredictable and chaotic world of today, it's easy to collapse under the weight of these feelings. And now, more than ever, we also find ourselves spending countless hours in some state of "alone." During this time, we have a unique opportunity to examine who we truly are, both inside and out, and ask ourselves: do we like what we see?

As founder and CEO of Savor Beauty + Spa, Angela Jia Kim has been studying and perfecting inner and outer beauty her whole life – first as a concert pianist, then at the helm of the Savor Beauty +Spa brand, helping to transform and inspire women everywhere. True beauty, according to Angela, is “radical radiance,” or the illumination of your most authentic self that shines from every pore of your being: your skin, your eyes, your smile, your actions, the way you live, and who you are. It's about getting to the root of who you truly are and doing the deep inner work necessary for your authentic self to radiate and thrive.

In *Radical Radiance*, Kim draws upon her Korean heritage to create an innovative self-care program that allows the reader to hone their inner and outer beauty with twelve simple rituals, which can either be followed routinely like a guided course or explored individually as needed. Each ritual allows the reader to target an important area that needs impro...

ANGELA JIA KIM is a former concert pianist and founder of Savor Beauty, a multi-million-dollar natural skincare and spa brand. She is the author of the *Savor Beauty Self-Care Planner*, which has sold over 75,000 copies to date and has helped teach hundreds of women to manifest beauty, brilliance, and balance in her masterclasses and workshops. A highly-recognized skin and self-care expert, Angela and her brands have been featured in such media outlets as *The New York Times*, *Elle*, *People*, *Goop*, *Gl...*



SELF-HELP / COMMUNICATION & SOCIAL SKILLS

St. Martin's Essentials | 6/21/2022

9781250789563 | \$27.99 / \$36.99 Can.

Hardcover with dust jacket | 256 pages | Carton

Qty: 24

8.3 in H | 5.4 in W

Four-color designed endpapers; black and white charts throughout

Subrights: UK Rights: St. Martin's Publishing Group

Translation Rights: Enberg Agency

Other Available Formats:

Ebook ISBN: 9781250789570

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MARKETING

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* eBook Downpricing Campaign

Surrounded by Narcissists

How to Effectively Recognize, Avoid, and Defend Yourself Against Toxic People (and Not Lose Your Mind)

Thomas Erikson

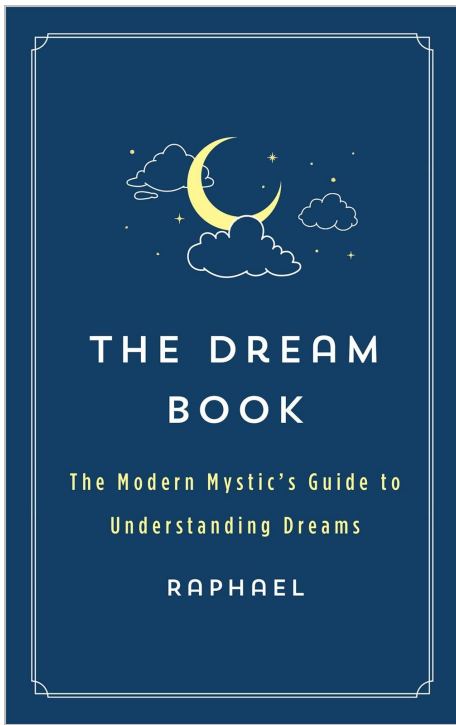
Learn to deal with toxic, narcissistic behavior

Are the narcissists in your life making you miserable? Are you worn out by their constant demands for attention, their absolute conviction they are right (even when they're clearly not), their determination to do whatever they want (regardless of the impact), and their baffling need to control everyone and everything around them?

In this thought-provoking, sanity-saving book, Thomas Erikson helps you understand what makes narcissists tick and, crucially, how to handle them without wearing yourself out in the process. With the help of the simple, four-color behavioral model made famous in *Surrounded by Idiots*, Erikson provides all the tools you need to manage not just the narcissists around you but everyday narcissistic behaviors as well –something that is becoming more widespread in the age of social media. Engaging and practical, *Surrounded by Narcissists* will help you free yourself from the thrall of others' toxic agendas so you can pursue a happier, more fulfilling and successful life.

THOMAS ERIKSON is a Swedish behavioral expert, active lecturer, and bestselling author. For more than fifteen years he has been traveling all over Europe, delivering lectures and seminars in Swedish and English to executives and managers at a wide range of companies, including IKEA, Coca Cola, Microsoft, Volvo, and KIA Motors.

Surrounded by Idiots (*Omgiven Av Idioter*) has been a Swedish runaway bestseller since it was first published in 2014. It has sold over 3 million copies worldwide, of which ...

**BODY, MIND & SPIRIT / DREAMS**

St. Martin's Essentials | 6/28/2022

9781250828750 | \$9.99 / \$12.99 Can.

Trade Paperback | 224 pages | Carton Qty: 36
7.1 in H | 4.5 in W

Subrights: Public Domain

Other Available Formats:

Ebook ISBN: 9781250828767

MARKETING*Online Publicity
Social Media Post
* Email Marketing**ALSO AVAILABLE****Reading Tea Leaves: The Modern Mystic's
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8/2022 | 9781250803764

Trade Paperback | \$9.99 / \$12.99 Can.

The Dream Book

The Modern Mystic's Guide to Understanding Dreams

Raphael

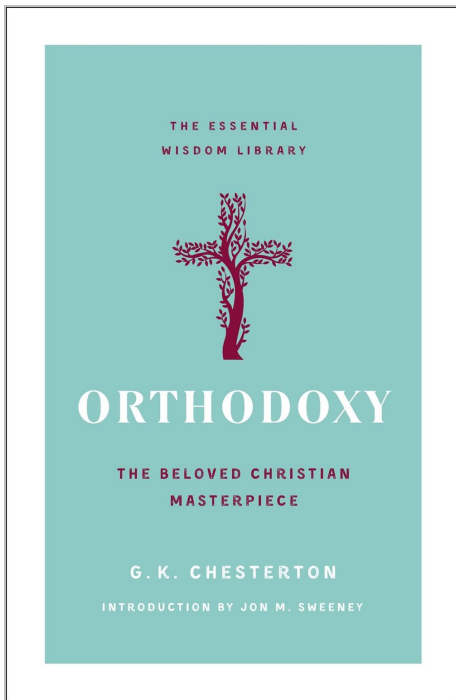
Decode your dreams!

Our dreams can be wild, beautiful, and sometimes just bizarre, but what do they *mean*? First published in the 19th century, but now updated and revised for modern readers, *The Dream Book* is your guide to untangling the meaning of every midnight reverie.

The Dream Book includes two ways to make sense of your dreams. First, guided by your intuition, you'll learn to create a unique cipher that will guide you to the meaning of your dream. The second part of the book features a dictionary of symbols—from camels to kisses, kittens to coffee (don't worry, your dream latte portends great happiness)—and their meanings.

Beautiful and baffling, sacred and scary, *The Dream Book* is a lighthearted guide to deciphering the meaning of every dream.

Several people wrote using the pseudonym Raphael, in reference to the Biblical angel, during the 19th century. The Raphael responsible for *The Dream Book* is perhaps **ROBERT THOMAS CROSS** who took up the pseudonym when he began editing *The Prophetic Messenger*, an astrological almanac. He was a prolific writer on a variety of subjects and was well known during his time for making astrology more accessible.



Orthodoxy

The Beloved Christian Masterpiece

G.K. Chesterton; Introduction by Jon M. Sweeney

A classic of Christian apologetics

Part spiritual autobiography, part apologetics, *Orthodoxy* is G.K. Chesterton's account of his own journey to faith. Chesterton didn't set out to write a defense of Christian thought, instead he hoped to recount how he personally came to faith. However, in doing so, he penned one of the great classics of Christian writing, a book that has influenced countless people and continues to speak compellingly to our modern day. Chesterton writes about his journey of faith with wit, charm, and a razor-sharp intellect, undermining casual assumptions and lazy speculations in a relentless search for truth and meaning.

Orthodoxy is the latest title in the Essential Wisdom Library, a series of books that seeks to bring spiritual wisdom—both modern and ancient—to today's readers. Featuring a foreword by Jon Sweeney, this new edition of the classic text is a must read for seekers and believers alike.

PRAISE

"Whenever I feel my faith going dry again, I wander to a shelf and pick up a book by G.K. Chesterton."

—Philip Yancey, author of *What's So Amazing About Grace?* and *The Jesus I Never Knew*

"A man of colossal genius." —George Bernard Shaw

G.K. CHESTERTON was an English writer, philosopher, and theologian who lived and wrote at the turn of the 20th century. He was a prolific writer, producing fiction and nonfiction along with essays, poetry, and plays. Chesterton is best known for his creation of the priest-detective character Father Brown and for his book *Orthodoxy* which has become a classic of Christian writing.

RELIGION / CHRISTIAN THEOLOGY / APOLOGETICS

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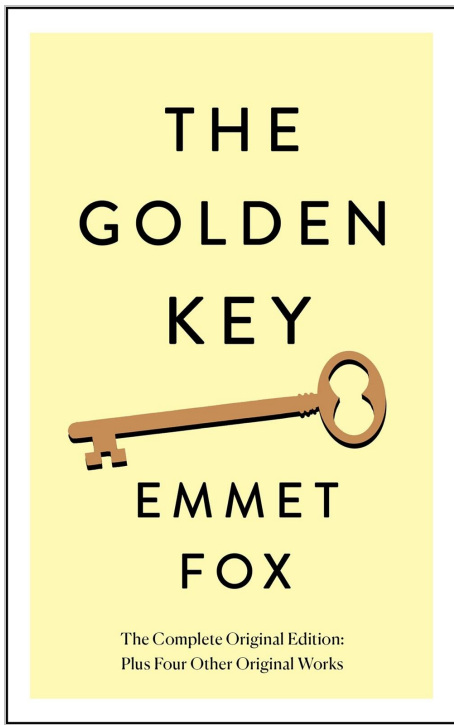
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The Golden Key: The Complete Original Edition

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Emmet Fox

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Emmet Fox was a prominent New Thought teacher who became one of the most popular spiritual leaders of the twentieth century. *The Golden Key: The Complete Original Edition* is a collection designed for the modern reader that features the original editions of his most influential writing. In it, he explores 'the golden key to harmony and happiness' sharing a message of transformational empowerment.

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EMMET FOX (1886-1951) was a leader of the New Thought movement and one of the most influential spiritual leaders of the twentieth century. His transformational message—that our reality can be shaped by our thoughts—has empowered millions. His work has impacted spiritual writers such as Wayne Dyer, Esther Hicks, and Louise Hay.

BODY, MIND & SPIRIT / NEW THOUGHT

St. Martin's Essentials | 7/12/2022

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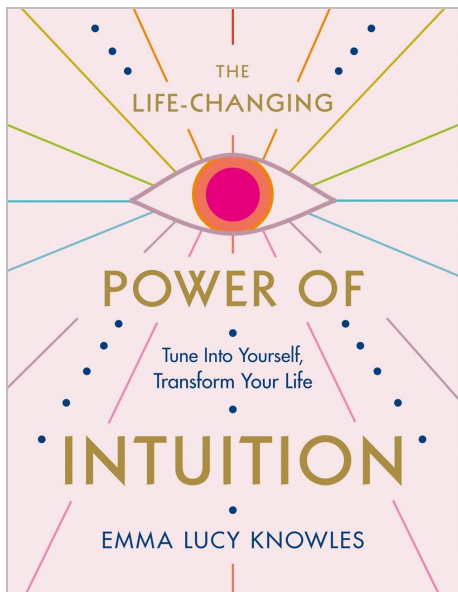
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**BODY, MIND & SPIRIT /
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St. Martin's Essentials | 7/19/2022
9781250837844 | \$17.99 / \$23.99 Can.
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The Life-Changing Power of Intuition

Tune into Yourself, Transform Your Life

Emma Lucy Knowles

Your healing journey of self-discovery starts here!

When there is so much going on in our lives how do we filter out what feels right from what feels wrong? How do we become more in tune with who we really are and what we really need?

The answer is intuition. *The Life-Changing Power of Intuition* is your guide to finding and following your own inner voice. Full of practical advice, exercises and meditations, author Emma Lucy Knowles will show you how to develop your intuition and deepen your connection to your authentic self. Learning to be guided by your intuition creates positive change in all areas of your life, from improving your relationships and healing your stresses and anxieties, to nailing that big work presentation, to achieving your fitness goals or breaking bad habits.

The secret to changing your life is already inside you!

PRAISE

"True intuitives are rare. Having someone know your thoughts, read your body, and decipher your energy without knowing you should be impossible, but it's not. Knowles is a living, breathing intuitive..." —GOOP

"Emma's book is a masterclass in helping us to tune into all the empowering signals coming from within us." - *You Magazine, Mail on Sunday*

EMMA LUCY KNOWLES is an intuitive hands-on healer, clairvoyant, and meditation teacher. She has worked with crystals and energy for over 15 years, helping people and souls from all over the world heal their pain, find joy, and achieve success. She's also the go-to crystal expert for lifestyle magazines, and has been featured on *This Morning*, and in *Cosmopolitan*, *Grazia*, *Harpers Bazar*, *Women's Health* and *Elle*. Follow @your_emmalucy on Instagram.

The Gift of Rumi

Experiencing the Wisdom of the Sufi Master

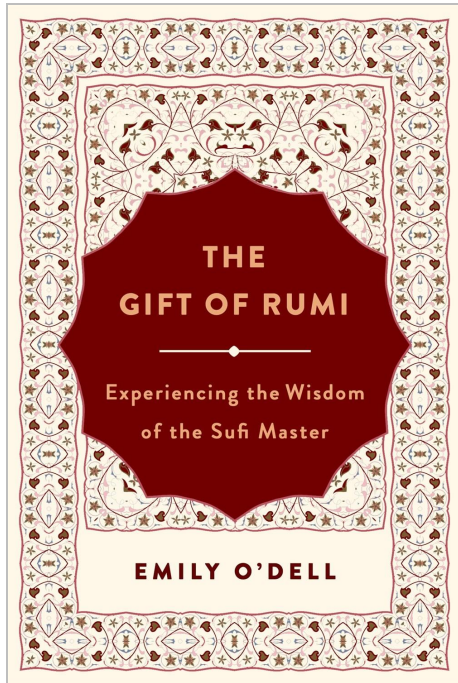
Emily Jane O'Dell

An authentic exploration of the real Rumi

As one of the world's most loved poets, Rumi's poems are celebrated for their message of love and their beauty, but too often they are stripped of their mystical and spiritual meanings. *The Gift of Rumi* offers a new reading of Rumi, contextualizing his work against the broader backdrop of Islamic mysticism and adding a richness and authenticity that is lacking in many Westernized conceptions of his work. Author Emily O'Dell has studied Sufism both academically, in her work and research at Harvard, Columbia, and the American University of Beirut, and in practice, learning from a Mevlevi master and his whirling dervishes. She weaves this expertise throughout *The Gift of Rumi*, sharing a new vision of Rumi's classic work.

At the heart of Rumi's mystical poetry is the "religion of love" which transcends all religions. Through his majestic verses of ecstasy and longing, Rumi invites us into the religion of the heart and guides us to our own loving inner essence. *The Gifts of Rumi* gives us a key to experiencing this profound and powerful invitation, allowing readers to meet the master in a new way.

DR. EMILY JANE O'DELL is an Associate Professor at Sichuan University-Pittsburgh Institute in China. She has served as the Whittlesey Chair of History and Archaeology at the American University of Beirut, an Islamic Law and Civilization Research Fellow at Yale Law School, and an editor for Harvard Law School's SHARIASource. Stateside she has taught at Columbia, Brown, and Harvard, where she received a teaching excellence award. Her research can be found in the *Journal of Global Slavery*, *Journal ...*



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Way of the Horse

Equine Archetypes for Self-Discovery

Linda Kohanov and Kim McElroy

The classic book of exploration, now revised and enlarged with 42 cards!

Way of the Horse is a profound book-and-card set that invites readers to explore our sacred connection with horses in an entirely new way. The newly revised and expanded edition of the beloved deck from Linda Kohanov and Kim McElroy features two new cards along with a completely redesigned and updated guidebook.

Forty-two beautifully designed cards introduce readers to the hidden world of equine wisdom. In each chapter, Kohanov explores key concepts surrounding the corresponding cards, leading readers on a journey of discovery and exploration. Cards like *The Keeper of Mysteries* and *The Silent Way* capture the unique wisdom of the equine spirit. The book reveals the practical meaning behind horse behavior as well as the powerful symbolic and spiritual significance of these amazing animals. Sure to interest anyone fascinated by horses, *Way of the Horse* offers profound insights into the human-equine relationship.

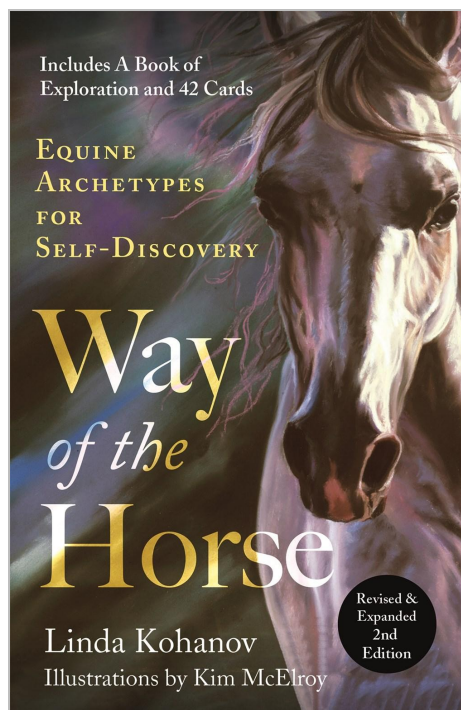
PRAISE

“To produce a singular work — like no other in equine literature — is what Linda and Kim have done with *Way of the Horse*. This archetypal exploration of the wisdom that horses offer us is totally intriguing.”

— Robert Vavra, author and photographer

LINDA KOHANOV speaks and teaches internationally. She established Eponaquest Worldwide to explore the healing potential of working with horses and to offer programs on everything from emotional and social intelligence, leadership, stress reduction, and parenting to consensus building and mindfulness. She lives near Tucson, Arizona.

KIM MCELROY is known for her exquisite equine artwork, which reveals the horse's powerful spiritual and emotional presence. She lives in Kingston, Washington.



BODY, MIND & SPIRIT / ANGELS & SPIRIT GUIDES

St. Martin's Essentials | 8/2/2022

9781250823649 | \$34.99 / \$46.99 Can.

Trade Paperback | 272 pages | Carton Qty: 20
6.9 in H | 4.8 in W

42 full color cards along with a black and white guidebook

Subrights: Translation Rights: St. Martin's Publishing Group (excludes France and Germany)

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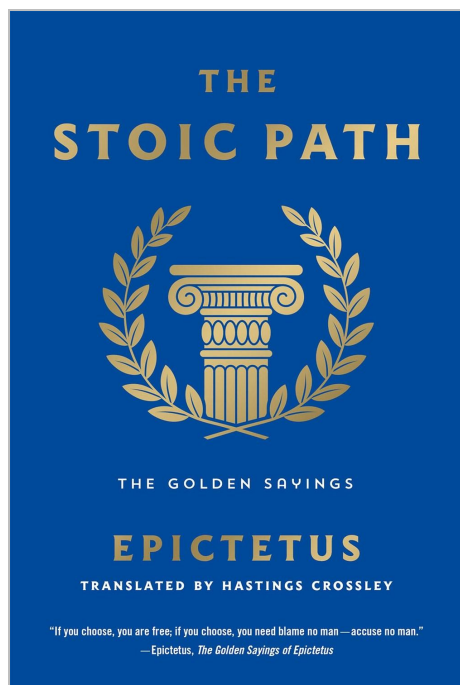
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Author website: <https://spiritofhorse.com/>



SELF-HELP / PERSONAL GROWTH / SUCCESS

St. Martin's Essentials | 8/9/2022

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The Stoic Path

The Golden Sayings

Epictetus; Translated by Hastings Crossley

A classic work of stoic philosophy for the modern reader

The Stoic Path is your essential guide to a better life. Countless leaders, athletes, and thinkers have been shaped by the tenants of Stoicism, with its rational acceptance of the present moment and uncompromising insistence on virtue. The principles that form the backbone of Stoic thought are timeless—offering a refreshingly honest clarity to the complexity of modern life.

The Stoic Path is a collection of the wisdom of Epictetus, who was one of the greatest Stoic philosophers. Hastings Crossley translated the original text from Greek and compiled Epictetus's most potent wisdom to create an accessible, compelling distillation of stoic thought. Originally published as *The Golden Sayings of Epictetus*, this new edition has been redesigned with a modern package for today's reader while maintaining the authenticity of the original translation.

Epictetus was born into slavery in ancient Greece in 50 AD. He founded his own school of philosophy and became one of the foundational thinkers of Stoic philosophy. His discourses were transcribed and shared by his student Arrian and his work has influenced countless readers over the centuries, from Marcus Aurelius to Tom Wolfe.

HASTINGS CROSSLEY was born in 1846 and published several books focusing on Ancient Greece.

Reading Tea Leaves

The Modern Mystic's Guide to Tea Leaf Divination

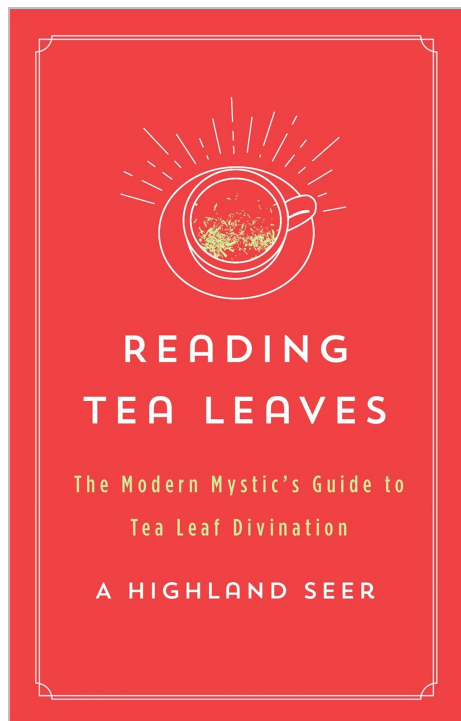
A Highland Seer

Read your fortune among the leaves

Reading Tea Leaves is your ultimate guide to the ancient art of tasseography—divination with tea leaves. Traditionally a homespun form of divination often practiced by women, tea-leaf reading gave glimpses into the drama of daily life—who was stopping by after supper and if a letter was on the way. The process is simple: brew yourself a cup of loose-leaf tea, settle down somewhere comfy, and sip it intentionally. Once you've reached the bottom of the cup, the tea leaves that remain will take the form of shapes and symbols that can give you guidance, spark your intuition, and even give you a hint of the future.

Originally published in 19th century but now updated for modern readers, *Reading Tea Leaves* will teach you everything you need to know to begin reading the leaves yourself. Inside you'll find a dictionary of symbolic meanings to help you successfully interpret the images you see in the cup, along with ten illustrated example readings to allow you to hone your interpretive skills. The art of reading tea leaves is a warm-hearted invitation to celebrate the small, magical moments we encounter every day.

Reading Tea Leaves was written in 1881 by the unnamed "Highland Seer." Though their book continues to live on, the Seer's identity has been long forgotten.



BODY, MIND & SPIRIT / DIVINATION

St. Martin's Essentials | 8/16/2022

9781250803764 | \$9.99 / \$12.99 Can.

Trade Paperback | 128 pages | Carton Qty: 60
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6/2022 | 9781250828750

Trade Paperback | \$9.99 / \$12.99 Can.

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Secret of The Ages



And Other Essential Works

ROBERT COLLIER
 Foreword by Joel Fotinos

BODY, MIND & SPIRIT / NEW THOUGHT

St. Martin's Essentials | 8/23/2022

9781250845276 | \$24.99 / \$32.99 Can.

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Robert Collier

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The Secret of the Ages is part of *The Library of Spiritual Wisdom*, a beautifully-designed series of curated classics written by some of the greatest spiritual teachers of all time. With books covering topics ranging from prosperity and motivation to the occult and metaphysical thought, *The Library of Spiritual Wisdom* is a definitive collection of texts from some of the most revolutionary thought leaders of the last two centuries and belongs on the shelves of home libraries everywhere.

ROBERT COLLIER was a self-help and New Thought writer who lived and wrote during the first half of the 20th century. He is best known for his book *The Secret of the Ages* which sold hundreds of thousands of copies during his lifetime.

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